



Current as of January 16, 2024

The Yoshon season is now in full swing. Dates below are based on information obtained from the listed companies and their hashgachos. Items marked with an asterisk * means specific info is not yet available, and dates shown are based on the following general cutoff times agreed to by all the relevant kashrus agencies: Wheat (incl. semolina & durum) and Oats: 9-1-23. Barley: 9-15-23. For products not listed here, visit yoshon.com.

INGREDIENTS OF CONCERN

- Any type of **Grain** or **Grain Flour** (Wheat, Barley, Oats)
- **Malt**
- **Wheat Germ**

INGREDIENTS NOT OF CONCERN

- **Spelt** (in/from USA and Canada)
- **Maltodextrin** (USA only; Europe may be *chodosh*)
- **Rye**
- **Food Starch**
- **Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
 1. Rabbi O.Y. Westheim of Manchester
 2. Kedassia of London
 3. Rabbi Schneebalg
- **Soy, Teriyaki and Tamari** sauces

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Sept 1, 2023)
- Soft **PACKAGED** baked goods – Sept 1, 2023
- **Noodles and Pasta** – Sept 1, 2023
- **Barley** – Sept 15, 2023
- **Oats** – Sept 1, 2023 (GENERAL MILLS Oats Cereals – Dec 1, 2023)
- **Malt** – Mar 15, 2024
- **Beer** – Dec 15, 2023

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2323), represent the Julian date (232 is the day and 3 is the year). If the listed code is 2323 (i.e. Aug 20, 2023) then the code on the package can be 232 or lower.

BAKED PRODUCTS

1. **BETTY CROCKER Mixes** – mixes are *yoshon*; pizza crusts – 8/27/24
2. **Cookies and Crackers**
 - ALDI'S Graham Crackers – Feb 28, 2024
 - BLOOM'S Cookies – always *yoshon*
 - KEMACH
 - Grahams & Crackers – always *yoshon*
 - Cookies – with *yoshon* label only
 - Breadsticks – *yoshon* thru at least Feb 2024
 - Flat breads – *yoshon* thru at least Feb 2024
 - Ice Cream Cones – with *yoshon* label only
 - LIEBER'S Cookies and Crackers – always *yoshon*
 - PAS – with *yoshon* label only.
 - SHOPRITE BOWL & BASKET Graham Crackers – Feb 28, 2024
 - STELLA D'ORO
 - Breakfast treats, toast and biscotti – Feb 24, 2024*
 - Sponge Swiss Fudge Cookies – Dec 26, 2023*
 - 100 Calorie Packs – Apr 25, 2024*
3. **DUNCAN HINES MIXES**
 - Brownies, Cookies, Muffins – Mar 1, 2025
 - All other mixes – Sept 1, 2024
4. **Matza** (including **Matza Meal**) – always *yoshon*

5. Pretzels (Hard)/Snacks

- **HADDAR** – with *yoshon* label only
- **HERR'S** – Nov 27, 2023*
- **LANDAU'S** – Sept 1, 2024* | w/ oats – Mar 1, 2024*
- **LIEBER'S** – always *yoshon* (except malt)
- **NEW YORK PRETZELS** – Sept 1, 2024
- **UTZ Honey Wheat Pretzels** – Dec 25, 2023
- **PRINGLES** (some contain wheat) – code L3232*
- **WISE**
 - .75 oz. & 1.75 oz – Jan 21, 2024*
 - 3.25 oz. – Dec 17, 2023*
 - 8.75 oz. – Nov 26, 2023*
- **GOLDEN FLUFF** – always *yoshon*
- **KITOV** – Sept 1, 2024*
- **SNACK FACTORY** – Sept 1, 2024*
- **BLOOM'S** – *yoshon* (malt may be *chodosh*)

6. Waffles & Pancakes

- **EGGO Waffles and Pancakes:**
 - With oats – Dec 2, 2024*
 - Just wheat – Dec 1, 2024*
- **EGGO Thick & Fluffy French Toast/Pancake Bites** (single serve packets) – Sept 1, 2024*
- **KEMACH Pancake Mix** – BB Nov 30 2023 or earlier is *yoshon*
- **PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
 - Pancakes – Oct 17, 2024*
 - Waffles – Jan 20, 2024*
 - Frozen:
 - Pancakes – Jun 2, 2024*
 - Waffles – Jan 16, 2024*

BAKING SPRAY WITH FLOUR (If they don't have flour, there is no concern)

1. **BAKER'S JOY** and **CRISCO** – always *yoshon*
2. **PAM** – Aug 20, 2025
3. **GLICKS** – *yoshon* until November

BARLEY

QUAKER – Sept 15, 2024

BEER

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12/15/23

BREAD AND CORN FLAKE CRUMBS

1. **GEFEN** – always *yoshon*
2. **JASON** – always *yoshon*
3. **KELLOGG'S** – Dec 15, 2025*
4. **KINERET (Made in Israel)** – always *yoshon*
5. **LIEBER'S** – *yoshon* if purchased before 10/15/23
6. **KIKKOMAN PANKO** – Mar 3, 2025*
7. **B'GAN** – with *yoshon* label only

CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley, use date Sept 15, 2023*. For oats, use Sept 1, 2023*.)

1. **BARBARA**
 - Oats – Sept 1, 2024*
 - Wheat – Sept 1, 2024*
 - Original – Apr 25, 2024*



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2. CASCADIAN FARMS

- Granolas – May 1, 2024
- Other cold cereals – Sept 5, 2024

3. CREAM OF WHEAT – Sept 1, 2024***4. GENERAL MILLS**

- Oats – Dec 7, 2024
- Wheat – always *yoshon*
- Barley – Sept 15, 2024*

5. KASHI

- Oats – *yoshon* until October at least*
- Wheat – always *yoshon*

6. KELLOGG'S (if made in Europe always *yoshon*)

- Oats – Sept 1, 2024*
- Wheat – Sept 1, 2024*
- Barley – Sept 15, 2024*
- Malt – Dec 15, 2024*

7. KEMACH

- Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
- Corn Crisp, Bunch 'O Krunch – BBD Nov 2024

8. MALT-O-MEAL

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

- if contains only oats – Sept 1, 2023* packing date
- if contains only wheat – Sept 1, 2023* packing date
- if contains only barley – Sept 15, 2023* packing date
- 9 mos from packing – Berry Colossal Crunch
- 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
- 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
- 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
- 18 mos from packing – Quick Rolled Oats
- 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina

9. NATURE VALLEY – Sept 3, 2024 (except if produced in S America)**10. POST**

- Oats – Nov 1, 2024
- Wheat – *yoshon*
- Barley – Sept 15, 2024
- Malt – Dec 15, 2024*

11. QUAKER (USA) [In EY and EU with KF *hechsher* are always *yoshon*]

- Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – June 4, 24
- Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – Apr 5, 2024
- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!'s, Puffed Wheat, Quisp – July 4, 24
- Life – Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Choc Chip, All Lower Sugar) – Oct 2, 2024
- Oats (Rolled, Instant, Old Fashioned) – March 30, 2025

12. SHOPRITE BOWL & BASKET

- Instant Oatmeal – Feb 27, 2025
- Cold Cereal – info not available

13. STOP & SHOP/GIANT

- Cereal
 - With oats – Sept 1, 2024*
 - With wheat – Sept 1, 2024*
- Oatmeal – Sept 1, 2024*

14. TARGET GOOD & GATHER

- Instant Organic Oatmeal – Sept 1, 2024

15. WALMART

- Quick Oats – Feb 29, 2025*
- Bran Flakes – Sept 1, 2024*

CHOW MEIN NOODLES

1. **EDEN** – with *yoshon* label only
2. **KEMACH** – 1023L
3. **STREIT'S** – always *yoshon* unless labeled *chodos*
4. **LIEBER'S** – currently *yoshon*
5. **LA CHOY** – info not available

EGG ROLL/WONTON WRAPPERS

1. **GEFEN Egg Roll and Won Ton Wrappers** – *yoshon*
2. **GOLDEN BOWL**
 - Won Ton Wraps – code 012309*
 - Spring Roll Wrappers – Sept 1, 2024*
3. **DEPENDABLE** – always *yoshon*
4. **NASOYA Egg Roll and Won Ton Wrappers** – Oct 5, 2023
5. **WON TON FOOD CO.** – code 90123* (any letters are irrelevant)
6. **B'GAN** – with *yoshon* label only

FLOUR

1. **All Purpose Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GIANT/STOP & SHOP** – Aug 20, 2024
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL (KC)** winter wheat (if *machmir* for *bitul*) – 8-19-24; also has malt.
 - **GOLD MEDAL (other mills)** winter wheat (if *machmir* for *bitul*) – 8-9-24; also has malt.
 - **HECKERS** – always *yoshon* (if contains malt – Dec 15, 2023)
 - **KEMACH** – with *yoshon* label only
 - **KING ARTHUR** – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
 - **PILLSBURY** – Aug 20, 2024
 - **SHOPRITE** – Aug 20, 2024
 - **TARGET/MARKET PANTRY Flour** – Aug 20, 2024
2. **Whole Wheat Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GOLD MEDAL KC** – Aug 19, 2024
 - **GOLD MEDAL (other mills)** – Aug 9, 2024
 - **HECKERS** – always *yoshon* (if contains malt – Dec 15, 2022)
 - **KEMACH** – with *yoshon* label only
 - **KING ARTHUR** – 5lb bags Aug 27, 2024, 50lb bags Aug 27, 2023
 - **PILLSBURY** – Aug 15, 2024
 - **TARGET/MARKET PANTRY** – Aug 20, 2024
3. **Bread Flour (High-Gluten Flour)**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL KC)** winter wheat (if *machmir* for *bitul*) – 8-19-24; also has malt.



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- **GOLD MEDAL** (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; also has malt.
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
- **PILLSBURY** – Aug 20, 2024
- **TRADER JOE'S** – Aug 20, 2024
- **HECKERS** – always *yoshon*

FROZEN/MISCELLANEOUS

1. **ALLE/MEAL MART Frozen Products** – always *yoshon*
2. **APOLLO Fillo Dough** – Sept 1, 2024* or 2434*
3. **DR. PRAEGER'S**
 - Oats – TBD
 - Wheat – TBD
4. **FRENCH'S French Fried Onions**: Sept 1, 2025*
5. **GOLDEN**
 - Blintzes – Sept 1, 2025*
 - Potato pancakes – TBD
6. **MCCAIN Fries** (that contain flour, e.g. spicy fries): no *yoshon* info
7. **MEHADRIN Cookies & Cream Ice Cream** – always *yoshon*
8. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
 - Pancakes – Jun 2, 2024*
 - Waffles – Sept 1, 2025*
9. **PRIDE OF THE FARM Cookie Dough Ice Cream** – always *yoshon*
10. **SHINDLER'S Products** – always *yoshon*
11. **TOFUTTI Cuties** – Code 2433*
12. **TRADER JOE'S Potato Pancakes** – TBD
13. **UNGAR'S Fish** – always *yoshon*

ICE CREAM CONES

The following brands of sugar cones, cake cones and waffle cones are always *yoshon*: **ESSENTIAL EVERYDAY, JOY, SHOPRITE BOWL & BASKET, TRADER JOE'S, WALMART GREAT VALUE, WHOLE FOODS 365**

KISHKE

The following brands are always *yoshon*: **A&B, BENZ'S, MEAL MART, UNGER'S**

LICORICE/CANDY

1. **DARRELL LEA** – Sept 1, 2024*
2. **JOLLY RANCHERS** – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **PASKESZ Sour Sticks/Belts** – always *yoshon*
5. **RED VINES** – Jun 1, 2024
6. **SOUR PUNCH Twists** – Sept 1, 2024
7. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*

NOODLES/PASTA

1. **ALDI Pasta & Egg Noodles** – Sept 1, 2025
2. **BARILLA**
 - ProteinPLUS Pasta – Aug 6, 2024*
 - Whole Grain – Feb 27, 2025*
 - Lasagna – Apr 27, 2025*
 - Other pastas and orzo – Apr 27, 2026*
3. **CALIFORNIA DELIGHT** – always *yoshon*
4. **EDEN** – with *yoshon* label
5. **ESSENTIAL EVERYDAY** – Aug 31, 2025
6. **GEFEN Ramen Noodles** – Not *yoshon*

7. **GIANT/STOP & SHOP** – Aug 31, 2025
8. **GOODMAN'S**
 - Pasta – Aug 27, 2026*
 - Egg noodles – Aug 27, 2026*
9. **HODGSON MILLS Couscous** – TBD
10. **KEMACH**
 - Egg noodles – *yoshon* thru the end of Dec 2023
 - Other pasta products – Sept 1, 2025
11. **MANISCHEWITZ** – Aug 27, 2025* or 2344*
12. **MOTHER'S** – code 2395*
13. **SAN GIORGIO**
 - Egg Noodles, Oven Ready Lasagna – Aug 31, 2025
 - Pasta – Aug 31, 2026
14. **NEAR EAST Couscous, Pilaf with Orzo** – Sept 1, 2024
15. **NO YOLKS** – Sept 1, 2024
16. **PENNSYLVANIA DUTCH Egg Noodles** – Aug 31, 2025
17. **RALPH'S** – Sept 1, 2025
18. **SHOPRITE Bowl & Basket**: Sept 1, 2026
19. **STREIT'S** – always *yoshon* (except chow mein)
20. **TRADER JOE'S Pasta** – 9/1/26; Organic/Specialty Pasta - 9/1/25

PIE CRUSTS/PASTRY DOUGH

1. **APOLLO Fillo Dough** – Sept 1, 2024
2. **GEFEN Pie Crusts** – TBD
3. **GLICKS Graham Cracker Pie Crusts** – *yoshon* until Feb 2024
4. **KEEBLER Pie Crusts** – TBD
5. **KEMACH**
 - Chocolate Pie Crust – always *yoshon*
 - Graham Pie Crust – Aug 7, 2024
6. **MECHEL'S** – All *yoshon*
7. **MOTHER'S Graham Cracker Pie Crust** – TBD
8. **UNGAR'S Pastry Dough** – always *yoshon*

SOUP/SOUP MIXES

1. **GEFEN Noodle Soup Cup** – not *yoshon*
2. **KEDEM** – TBD
3. **KEMACH**
 - Onion, split pea – with *yoshon* label only
 - Vegetable – Nov 19, 2025
 - Minestrone – Nov 12, 2025
4. **LIEBER'S** – always *yoshon*
5. **MANISCHEWITZ**
 - Barley – Sept 1, 2023* or 2433*
 - Noodle/Pasta – Aug 27, 2023* or 2394*
6. **SHOPRITE**
 - Soup mixes – TBD
 - Canned (except tomato) – TBD
 - Canned Tomato Soup – TBD
7. **STREIT'S** – always *yoshon*
8. **TRADITION** – always *yoshon*

VINEGAR

1. **Regular Vinegar** has no *chodosh* concern.
2. **Malt, Tarragon, or Salad Vinegar** (purchased after Dec 15, 2023)
HEINZ
 - Malt vinegar Jun 15, 2026*
 - Tarragon and Salad Dec 15, 2026*