**Medicines and Cosmetics**

The cRc’s general guidelines on medicines, cosmetics, and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

**Medicines Guidelines**

The cRc’s general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

- All pill medication – with or without chametz – that one swallows is permitted.
- Rav Schwartz, Shlit”a, has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements, which require hashgachah for Passover. If a doctor prescribes a specific vitamin which does not have Passover supervision, please review your specific situation with your doctor and Rabbi.
- Liquid and chewable medications that may contain chametz should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains chametz, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**
- Liquid and chewable medications that contain kitnios may be consumed by someone who is ill.
- For laws of taking medicine on Shabbos and Yom Tov, please consult your Rabbi.

**Medicine and Toiletry Details**

Items marked “Possible Chametz” contain edible ingredients whose chametz-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search [www.ASKcRc.org](http://www.ASKcRc.org) or on our smartphone apps.

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**Orange Juice**

[bearing the following plant numbers (in parentheses)]
- Dierbergs (17-37) **when bearing Star-D P**
- Marsh (17-37) **when bearing Star-D P**
- Orchard Pure (17-37) **when bearing Star-D P**
- *Roundy’s (55-851) When bearing P-16*
- ValuTime (17-37) **when bearing Star-D P**

**Supermarkets**

Hungarian Kosher Foods – 847/674-8008
- Carryout meals will be available from
  * Hungarian Kosher Foods – 847/674-8008
- Pre-ordered meals and a la carte will be available from:
  * Mizrahi Grill – 847/831/1400
  * Zelda’s Kosher Gourmet – 847-647-0033

**Resorts**

Gateways Organization, Inc.
- [www.gatewaysonline.org](http://www.gatewaysonline.org)
- Kosher Mountain Retreats, KMR Inc.
  - [www.kmrtours.com](http://www.kmrtours.com)
- Weekend Connections
  - [www.weekendconnections.com](http://www.weekendconnections.com)
Allergy
Adwe Allergy Relief (Liquid)............Recommended
Allegra Children’s Liquid Suspension..Possible chametz
Allegra Children’s Orally Disintegrating Tablet ...........................................Possible chametz
Claritin Children’s Chewable ............Possible chametz
Zyrtec Children’s Allergy Indoor & Outdoor Allergies ....................................Possible chametz
Zyrtec Dissolve Tabs ........................Possible chametz

Antacid / Digestion / Gas
Adwe Calcium Heartburn Relief ........Recommended
Adwe Ko-Lanta Antacid Anti-gas ........Recommended
Alka Seltzer Alka-Seltzer Xtra Strength  
(Effervescent Tablets) ...............Possible chametz
Alka Seltzer Original Effervescent Tabs .....................................................Possible chametz
Culturelle Digestive Health Capsules..Possible chametz
Culturelle Kids Chewables ...............Possible chametz
Culturelle Kids Packets .................Not Recommended
Gas-X Extra Strength Chewables Cherry Crème ...........................................Possible chametz
Gas-X Extra Strength Chewables Peppermint Crème ........................................Possible chametz
Gas-X Extra Strength Thin Strips (Meltaway) ................................................Possible chametz
Gaviscon Extra Strength Cherry (Chewables) ................................................Possible chametz
Gaviscon Extra Strength Original (Chewable) ...............................................Possible chametz
Imodium AD For Ages 6 & Up Liquid ............................................................Possible chametz
Imodium AD Liquid .........................................................Possible chametz
Imodium AD Multisymptom Relief Caplets .......................................................Recommended
Kaopectate Max Peppermint (Liquid) ............................................................Possible chametz
Kaopectate Vanilla Regular Flavor (Liquid) ....................................................Possible chametz
Pepcid Complete Berry Flavor Chewables (Dairy) ...........................................Possible chametz
Pepcid Complete Cool Mint Chewables (Dairy) ................................................Possible chametz
Pepcid Complete Children’s Pepto Bubble Gum Flavor (Chewable) ....................Possible chametz
Pepcid Complete Max Strength .................Possible chametz
Tums (all varieties) ........................Possible chametz

Blush .............................................. All are recommended

Body Soap ....................................... All are recommended

Cologne
Only recommended if known to be chametz-free

Cough, Cold & Flu
Adwe Cough Syrup Tussin (Liquid) ....Recommended

www.crcweb.org
Foot Powder

Indigestion

Fever Reducer / Pain Relief

Face Powder

Foot Powder

Gas

Hairspray and Mousse

Laxatives / Fiber Supplements

Lipstick

Lancome Color Design Sensational Effects

Bobbie Brown Lip Color in Shimmer Finish

Bobbie Brown Lip Color

Bare Minerals Marvelous Moxie Lipstick

Bare Minerals Marvelous Moxie Lipstick in Charge

Bare Minerals Marvelous Moxie Lipstick in Dream Big

Bare Minerals Marvelous Moxie Lipstick in Take Charge

Bare Minerals Marvelous Moxie Lipstick

Bare Minerals Marvelous Moxie Lipstick

Bare Minerals Marvelous Moxie Lipstick

Bare Minerals Marvelous Moxie Lipstick

Bare Minerals Marvelous Moxie Lipstick

Bobbie Brown Sheer Lip Color

Bobbie Brown Creamy Lip Color

Bobbie Brown Lip Color

Bobbie Brown Lip Color in Shimmer Finish

Bobbie Brown Rich Lip Color

Lancome Color Design Jason Wu Collection Lip Color

Lancome Color Design Sensational Effects
Lancôme Baume In Love ...................... Recommended
Lancôme Color Design Limited Edition
.................................................. Recommended
Lancôme Color Design Matte Lip Color
.................................................. Recommended
Lancôme Color Design Matte Lip Crayon
.................................................. Recommended
Lancôme L’absolu Nu ......................... Recommended
Lancôme L’absolu Rouge Advanced Replenishing & Reshaping Lipcolor Pro-Xylene .... Recommended
Lancôme L’absolu Rouge Definition .... Recommended
Lancôme L’absolu Rouge Long-Wear Advanced Replenishing & Reshaping Lipcolor
.................................................. Recommended
Lancôme L’absolu Velours ................... Recommended
Lancôme Rouge In Love ...................... Recommended
Lancôme Shine Lover.......................... Recommended
L’Oréal Colour Caresse Wet Shine Stain
.................................................. Possible chametz
L’Oréal Colour Riche Collection Exclusive Red Lipcolor......................... Recommended
L’Oréal Colour Riche Le Gloss .............. Recommended
L’Oréal Colour Riche Lipcolour .......... Recommended
L’Oréal Extraordinaire By Colour Riche Recommended
L’Oréal Infallible 8 Hr Le Gloss .......... Recommended
L’Oréal Infallible 8 Hr Plumping Gloss
.................................................. Possible chametz
L’Oréal Infallible Le Rouge............... Recommended
L’Oréal Infallible Pro-Matte Gloss ...... Recommended
Revlon Colorstay Overtime Lipcolor Basecoat
.................................................. Recommended
Revlon Colorstay Overtime Lipcolor Topcoat
.................................................. Recommended
Revlon Colorstay Ultimate Suede Lipstick
.................................................. Recommended
Revlon Just Bitten Lip Balm ............... Recommended
Revlon Just Bitten Lipstain ............... Possible chametz
Revlon Super Lustrous High Shine Lipstick
.................................................. Recommended
Revlon Super Lustrous Lipstick Cream .. Recommended
Revlon Super Lustrous Matte .............. Recommended
Revlon Super Lustrous Pearl .......... Recommended

Lotions ........................................ All are recommended
Mascara ........................................ All are recommended

Miscellaneous
Asthma Inhalers, all types (Liquid Vapor)
.................................................. Recommended
Bayer Low Dose Baby Aspirin Chewables
.................................................. Possible chametz
Bonine Bonine Complete Raspberry Flavored (Chewable) .......... (Dairy) Possible chametz
Castor Oil (pure, liquid) ....................... Recommended
Chapstick Active .......................... Recommended
Chapstick Classic Original .................. Recommended
Chapstick Moisturizer ...................... Recommended
Citrus Magic Air Freshener .............. Recommended
Crest 3D White Whitestrips 1 Hour Express
.................................................. Recommended
Dramamine Chewables Orange Flavor
.................................................. Possible chametz
Femcon Fe (brown and white pills) (chewable tablet)
(Dairy) ........................................ Possible chametz
Fixodent Extra Hold (Powder) ............ Recommended
Fixodent Food Seal (Gel) .................. Possible chametz
Fixodent Free (Gel) ......................... Recommended
Fixodent Original (Gel) .................... Recommended
FlavorX (assorted flavors) (liquid) .... Possible chametz
Floss, flavored ............................. Possible chametz
Floss, unflavored ......................... Recommended
Lip Balm Assorted ......................... Recommended
Listerine PocketPaks Assorted varieties
(D Dissolving strip) ......................... Not recommended
NoDoz Alertness Aid (Pill) ................ Recommended
Polident 3 Minute (Tablet) ............... Possible chametz
Polident Overnight Whitening (Tablet)
.................................................. Possible chametz
Polygrip Free (Gel) ....................... Recommended
Polygrip Original (Gel) ................. Recommended
Vivarin (Tablet) .......................... Recommended

Mouth Pain Relief
Abreva Gel .................................. Recommended
Orajel Mouth Sores Triple Medicated (Gel)
.................................................. Recommended
Anbesol Maximum Strength Liquid
.................................................. Possible chametz
Kanka Mouth-pain Liquid ................. Possible chametz
Orajel Maximum Strength Toothache (Gel)
.................................................. Possible chametz

Mousse ........................................ see Hairspray and Mousse

Mouthwash
Only recommended if known to be Chametz-free

Nail Polish ................................... All are recommended

Ointments .................................... All are recommended

Perfume
Only recommended if known to be Chametz-free

Shampoo ..................................... All are recommended

Shaving cream
Cream ........................................ All are recommended
Gels .......................... All are recommended
Liquid ...................................... Possible chametz
Lotion ...................................... All are recommended

Sleep Aids
Unisom PM Pain SleepCap (Caplet) .... Recommended
Unisom SleepTab (Tablet) ............... Recommended
Unisom QuickMelts (Meltaway) ....... Possible chametz
Vicks ZzzQuil Liquid ..................... Possible chametz

Toothpaste
Only recommended if known to be Chametz-free

Vitamins ....................................... See Guidelines above

Wipes
Only recommended if free of ethyl alcohol, a.k.a.
SD Alcohol (many are)
Huggies Baby Wipes (assorted varieties) ..................................... Recommended
Pampers Baby Wipes (assorted varieties) ..................................... Recommended