

## Orange Juice

[bearing the following plant numbers  
(in parentheses)]

Dierbergs (17-37) **when bearing Star-D P**

Marsh (17-37) **when bearing Star-D P**

Orchard Pure (17-37) **when bearing Star-D P**

\*Roundy's (55-851) When bearing P-16

ValuTime (17-37) **when bearing Star-D P**

## Resorts

Gateways Organization, Inc.

[www.gatewaysonline.org](http://www.gatewaysonline.org)

Kosher Mountain Retreats, KMR Inc.

[www.kmrtours.com](http://www.kmrtours.com)

Weekend Connections

[www.weekendconnections.com](http://www.weekendconnections.com)

## Supermarkets

Hungarian Kosher Foods – 847/674-8008

Carryout meals will be available from

\* Hungarian Kosher Foods – 847/674-8008

Pre-ordered meals and a la carte will be available from:

\* Mizrahi Grill – 847/831/1400

\* Zelda's Kosher Gourmet – 847-647-0033

\* These companies have cRc endorsement throughout the year.

# Medicines and Cosmetics



The cRc's general guidelines on medicines, cosmetics, and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

## Medicines Guidelines

The cRc's general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

- All pill medication – with or without *chametz* – that one swallows is permitted.
- Rav Schwartz, Shlit"ra, has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements, which require *hashgachah* for Passover. If a doctor prescribes a specific vitamin which does not have Passover supervision, please review your specific situation with your doctor and Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill.
- For laws of taking medicine on *Shabbos* and *Yom Tov*, please consult your Rabbi.

## Medicine and Toiletry Details

Items marked "Possible *Chametz*" contain edible ingredients whose *chametz*-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search [www.ASKcRc.org](http://www.ASKcRc.org) or on our smartphone apps.

**Allergy**

Adwe Allergy Relief (Liquid)..... Recommended  
 Allegra Children’s Liquid Suspension..Possible chametz  
 Allegra Children’s Orally Disintegrating Tablet  
 ..... Possible chametz  
 Claritin Children’s Chewable ..... Possible chametz  
 Zyrtec Children’s Allergy Indoor & Outdoor Allergies  
 ..... Possible chametz  
 Zyrtec Dissolve Tabs ..... Possible chametz

**Antacid / Digestion / Gas**

Adwe Calcium Heartburn Relief..... Recommended  
 Adwe Ko-Lanta Antacid Anti-gas..... Recommended  
 Alka Seltzer Alka-Seltzer Xtra Strength  
 (Effervescent Tablets)..... Possible chametz  
 Alka Seltzer Original Effervescent Tabs  
 ..... Possible chametz  
 Culturelle Digestive Health Capsules..Possible chametz  
 Culturelle Kids Chewables..... Possible chametz  
 Culturelle Kids Packets .....Not Recommended  
 Gas-X Extra Strength Chewables Cherry Crème  
 ..... Possible chametz  
 Gas-X Extra Strength Chewables Peppermint Crème  
 ..... Possible chametz  
 Gas-X Extra Strength Thin Strips (Meltaway)  
 ..... Possible chametz  
 Gaviscon Extra Strength Cherry (Chewables)  
 ..... Possible chametz  
 Gaviscon Extra Strength Original (Chewable)  
 ..... Possible chametz  
 Imodium AD For Ages 6 & Up Liquid  
 ..... Possible chametz  
 Imodium AD Liquid..... Possible chametz  
 Imodium AD Multisymptom Relief Caplets  
 ..... Recommended  
 Kaopectate Max Peppermint (Liquid)  
 ..... Possible chametz  
 Kaopectate Vanilla Regular Flavor (Liquid)  
 ..... Possible chametz  
 Pepcid Complete Berry Flavor Chewables (Dairy)  
 ..... Possible chametz  
 Pepcid Complete Cool Mint Chewables (Dairy)  
 ..... Possible chametz  
 Pepto Bismol 5 Symptom Relief Caplets  
 ..... Recommended  
 Pepto Bismol 5 Symptom Relief Cherry (Liquid)  
 ..... Possible chametz  
 Pepto Bismol 5 Symptom Relief Chewable  
 ..... Possible chametz  
 Pepto Bismol Children’s Pepto Bubble Gum Flavor  
 (Chewable)..... Possible chametz  
 Pepto Bismol Max Strength..... Possible chametz  
 Tums (all varieties) ..... Possible chametz

**Blush** ..... All are recommended**Body Soap** ..... All are recommended**Cologne**Only recommended if known to be *chametz*-free**Cough, Cold & Flu**

Adwe Cough Syrup Tussin (Liquid) ..... Recommended

Alka Seltzer Plus Severe Cold & Flu Formula  
 (Effervescent Tablets)..... Possible chametz  
 Cold-EEZE Daytime QuickMelts (Meltaway  
 ..... Possible chametz  
 Cold-EEZE Nighttime QuickMelts (  
 Quickmelt tablet) ..... Possible chametz  
 Diabetic Tussin Nighttime Cold & Flu Formula  
 (Liquid)..... Possible chametz  
 Dr Cocoa Nighttime Cough and Cold (Liquid)  
 .....Not Recommended  
 Dr Cocoa Non-Drowsy Cough (Liquid)  
 .....Not Recommended  
 Theraflu Multi-Symptom Severe Cold (Packets)  
 ..... Possible chametz  
 Thera-Flu Nighttime Severe Cold and Cough Powder  
 (Powder)..... Possible chametz  
 Triaminic Children’s Night Time Cold and Cough  
 (Liquid).....Not Recommended  
 Triaminic Day Time Cold & Cough Cherry Flavor  
 (Liquid)..... Chametz (not recommended)  
 Triaminic Night Time Cough and Cold (Liquid)  
 .....Not Recommended  
 Tylenol Cold Sore Throat Cool Burst (Liquid)  
 ..... Possible chametz  
 Vicks Nyquil Children’s Cold and Cough (Liquid)  
 ..... Possible chametz  
 Vicks Nyquil Liquid Cold and Flu (Liquid)  
 ..... Possible chametz  
 Zicam Rapid Melt Tablets..... Possible chametz  
 Delsym Children’s 12 Hour Cough Liquid  
 ..... Possible chametz  
 Delsym Children’s 12 Hour Cough Liquid  
 ..... Possible chametz  
 Delsym Liquid Cough Suppressant  
 ..... Possible chametz  
 Diabetic Tussin DM Max Strength Cough  
 Suppressant/Expectorant ..... Possible chametz  
 Little Remedies Honey Cough Syrup (liquid)  
 ..... Possible chametz  
 Mucinex Chest Congestion Mini-Melts for Kids  
 (Dissolving Granules) ..... Possible chametz  
 Vick’s DayQuil Cough (Liquid) ..... Possible chametz  
 Vicks Nyquil Cough (Liquid) ..... Possible chametz  
 Zarbee’s Children’s Nighttime Cough Syrup Grape  
 Flavor (Liquid) ..... Possible chametz  
 Zarbee’s Naturals Children’s Cough Syrup (Liquid)  
 ..... Possible chametz

**Creams** ..... All are recommended**Deodorant**General Recommendation

Gel..... All are recommended  
 Liquid..... Possible *chametz*  
 Spray..... Possible *chametz*  
 Stick ..... All are recommended

Specific Products

Arrid Extra Dry XX ..... Recommended  
 Arrid Extra Extra Dry XX..... Recommended  
 Axe Deodorant (most varieties) ..... Possible chametz

Axe White Label Dry Spray Antiperspirant	Recommended	Benefiber Stick Packs (unflavored) (Powder)	Chametz (Not Recommended)
Degree Antiperspirant Spray	Recommended	Citrucel Caplets (Caplets)	Recommended
Degree Dry Spray	Recommended	Dulcolax Suppository (Suppository)	Recommended
Degree Men Dry Spray	Recommended	Epsom Salt (pure) Generic or Branded versions (Powder)	Recommended
Old Spice Refresh Body Spray	Possible chametz	Ex-Lax Tablets (Tablets)	Recommended
Right Guard Sport (original)	Recommended	Fibercon Caplets (Caplet)	Recommended
Right Guard Sport 3-D Odor Defense	Recommended	Metamucil Original Coarse (Powder)	Recommended
Secret Deodorant	Recommended	Mineral Oil (pure, liquid)	Recommended
Secret Refresh Body Spray	Possible chametz	Miralax Powder (Powder)	Recommended
<b>Fiber Supplements</b>	see Laxatives	Pedia-Lax Suppository (Suppository)	Recommended
<b>Face Powder</b>	All are recommended	Peri-Colase Tablets	Recommended
<b>Fever Reducer / Pain Relief</b>		Phillips Milk of Magnesia Caplets	Recommended
Adwe Fever-Ex (Liquid)	Recommended	Phillips Milk of Magnesia Original Liquid (unflavored)	Recommended
CVS Extra Strength Pain Relief Adult Liquid Acetaminophen Rapid Burst (Cherry)	Recommended	Prunelax Ciruelax Tablets	Recommended
[consult with doctor for children's dosaging]		Senokot Tablets	Recommended
Up & Up Children's Acetaminophen Melty Tabs (tablet)	Recommended	Senokot-S Tablets	Recommended
Walgreens Extra Strength Pain Reliever Acetaminophen (Cherry Flavor) (Liquid)	Recommended	Walgreens Mineral Oil (Liquid)	Recommended
[consult with doctor for children's dosaging]		Phillips Milk of Magnesia Fresh Mint (Liquid)	Possible chametz
Walgreens Junior Strength Ibuprofen 100 Chewable Tablets (Orange or Grape flavor)	Recommended	<b>Lipstick</b>	
<b>Foot Powder</b>	All are recommended	Almay Liquid Lip Balm	Recommended
<b>Gas</b>	see Antacid/Digestion/Gas	Almay Smart Shade Butter Kiss	Recommended
<b>Hairspray and Mousse</b>		Bare Minerals Loud and Clear Lipsheer	Recommended
Alberto VO5 Hairspray (assorted varieties)	Possible chametz	Bare Minerals Marvelous Moxie Lipgloss	Recommended
Consort Hairspray for Men	Possible chametz	Bare Minerals Marvelous Moxie Lipgloss-Hypnotist	Recommended
Dove Dry Spray	Recommended	Bare Minerals Marvelous Moxie Lipstick-Break Away	Recommended
Dove Hairspray	Possible chametz	Bare Minerals Marvelous Moxie- Live Large	Recommended
Dove Men Care Dry Spray	Recommended	Bare Minerals Marvelous Moxie- Raise the Bar	Recommended
Dove Mousse	Recommended	Bare Minerals Marvelous Moxie Lipstick in Take Charge	Recommended
Herbal Essences Mousse	Recommended	Bare Minerals Modern Pop Marvelous Moxie Lipstick in Dream Big	Recommended
L'oreal Mousse	Recommended	Bare Minerals Pop of Passion Lip Oil-Balm	Possible chametz
Matrix Hairspray (assorted varieties)	Possible chametz	Bare Minerals Pretty Amazing Lipcolor	Possible chametz
Pantene Hairspray	Possible chametz	Bobbie Brown Sheer Lip Color	Recommended
Pantene Mousse	Recommended	Bobbie Brown Creamy Lip Color	Possible chametz
Paul Mitchell Hairspray (assorted varieties)	Possible chametz	Bobbie Brown Creamy Matte Lip Color	Recommended
Redken Full Frame 07 Mousse	Recommended	Bobbie Brown Lip Color	Recommended
Redken Hairspray	Possible chametz	Bobbie Brown Lip Color in Shimmer Finish	Not Recommended
Rusk Hairspray	Possible chametz	Bobbie Brown Rich Lip Color	Possible chametz
Sebastian Hairspray	Possible chametz	Lancome Color Design Jason Wu Collection Lip Color	Recommended
Suave Hairspray	Possible chametz	Lancome Color Design Sensational Effects	Recommended
Suave Max Hold Mousse	Recommended		
TRESemme Hairspray	Possible chametz		
TRESemme Mousse	Recommended		
White Rain Hairspray	Possible chametz		
<b>Indigestion</b>	see Antacid/Digestion/Gas		
<b>Laxatives / Fiber Supplements</b>			
Benefiber Healthy Shape (Powder)	Chametz (Not Recommended)		
Benefiber Powder (powder)	Chametz (Not Recommended)		

Lancome Baume In Love .....	Recommended	Dramamine Chewables Orange Flavor	
Lancome Color Design Limited Edition		.....	Possible chametz
.....	Recommended	Femcon Fe (brown and white pills) (chewable tablet	
Lancome Color Design Matte Lip Color		(Dairy) .....	Possible chametz
.....	Recommended	Fixodent Extra Hold (Powder) .....	Recommended
Lancome Color Design Matte Lip Crayon		Fixodent Food Seal (Gel) .....	Possible chametz
.....	Recommended	Fixodent Free (Gel) .....	Recommended
Lancome L'absolu Nu .....	Recommended	Fixodent Original (Gel) .....	Recommended
Lancome L'absolu Rouge Advanced Replenishing &		FlavorX (assorted flavors) (liquid) .....	Possible chametz
Reshaping Lipcolor Pro-Xylane .....	Recommended	Floss, flavored .....	Possible chametz
Lancome L'absolu Rouge Definition ....	Recommended	Floss, unflavored .....	Recommended
Lancome L'absolu Rouge Long-Wear Advanced		Lip Balm Assorted.....	Recommended
Replenishing & Reshaping Lipcolor		Listerine PocketPaks Assorted varieties	
.....	Recommended	(Dissolving strip) .....	Not Recommended
Lancome L'absolu Velours .....	Recommended	NoDoz Alertness Aid (Pill) .....	Recommended
Lancome Rouge In Love .....	Recommended	Polident 3 Minute (Tablet) .....	Possible chametz
Lancome Shine Lover.....	Recommended	Polident Overnight Whitening (Tablet)	
L'oreal Colour Caresse Wet Shine Stain		.....	Possible chametz
.....	Possible chametz	Polygrip Free (Gel).....	Recommended
L'oreal Colour Riche Collection Exclusive Red		Polygrip Original (Gel) .....	Recommended
Lipcolor.....	Recommended	Vivarin (Tablet) .....	Recommended
L'oreal Colour Riche Le Gloss.....	Recommended	<b>Mouth Pain Relief</b>	
L'oreal Colour Riche Lipcolour .....	Recommended	Abreva Gel.....	Recommended
L'oreal Extraordinaire By Colour Riche		Orajel Mouth Sores Triple Medicated (Gel)	
Recommended		.....	Recommended
L'oreal Infallible 8 Hr Le Gloss.....	Recommended	Anbesol Maximum Strength Liquid	
L'oreal Infallible 8 Hr Plumping Gloss		.....	Possible chametz
.....	Possible chametz	Kanka Mouth-pain Liquid.....	Possible chametz
L'oreal Infallible Le Rouge.....	Recommended	Orajel Maximum Strength Toothache (Gel)	
L'oreal Infallible Pro-Matte Gloss .....	Recommended	.....	Possible chametz
Revlon Colorstay Overtime Lipcolor Basecoat		<b>Mousse</b> .....	see Hairspray and Mousse
.....	Recommended	<b>Mouthwash</b>	
Revlon Colorstay Overtime Lipcolor Topcoat		Only recommended if known to be <i>Chametz</i> -free	
.....	Recommended	<b>Nail Polish</b> .....	All are recommended
Revlon Colorstay Ultimate Suede Lipstick		<b>Ointments</b> .....	All are recommended
.....	Recommended	<b>Perfume</b>	
Revlon Just Bitten Lip Balm.....	Recommended	Only recommended if known to be <i>Chametz</i> -free	
Revlon Just Bitten Lipstain .....	Possible chametz	<b>Shampoo</b> .....	All are recommended
Revlon Super Lustrous High Shine Lipstick		<b>Shaving cream</b>	
.....	Recommended	Cream.....	All are recommended
Revlon Super Lustrous Lipstick Cream..	Recommended	Gels .....	All are recommended
Revlon Super Lustrous Matte.....	Recommended	Liquid.....	Possible chametz
Revlon Super Lustrous Pearl.....	Recommended	Lotion.....	All are recommended
<b>Lotions</b> .....	All are recommended	<b>Sleep Aids</b>	
<b>Mascara</b> .....	All are recommended	Unisom PM Pain SleepCap (Caplet) ....	Recommended
<b>Miscellaneous</b>		Unisom Sleep Tab (Tablet).....	Recommended
Asthma Inhalers, all types (Liquid Vapor)		Unisom QuickMelts (Meltaway) .....	Possible chametz
.....	Recommended	Vicks ZzzQuil Liquid .....	Possible chametz
Bayer Low Dose Baby Aspirin Chewables		<b>Toothpaste</b>	
.....	Possible chametz	Only recommended if known to be <i>Chametz</i> -free	
Bonine Bonine Complete Raspberry Flavored		<b>Vitamins</b> .....	See Guidelines above
(Chewable).....	(Dairy) Possible chametz	<b>Wipes</b>	
Castor Oil (pure, liquid) .....	Recommended	Only recommended if free of ethyl alcohol, a.k.a.	
Chapstick Active.....	Recommended	SD Alcohol (many are)	
Chapstick Classic Original.....	Recommended	Huggies Baby Wipes (assorted varieties)	
Chapstick Moisturizer.....	Recommended	.....	Recommended
Citrus Magic Air Freshener .....	Recommended	Pampers Baby Wipes (assorted varieties)	
Crest 3D White Whitestrips 1 Hour Express		.....	Recommended
.....	Recommended		