

# Chicago Rabbinical Council

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## MEDICINES, COSMETICS & TOILETRIES FOR PESACH

### MEDICINES

FOR LAWS OF TAKING MEDICINE ON *SHABBOS* AND *YOM TOV*,  
PLEASE CONSULT YOUR RABBI

- All pill medication – with or without *chametz* – that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon.] Vitamins and food supplements do not necessarily fall into this category, and each person should consult with their Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill.

**Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**


- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill. An otherwise healthy person, who would like to consume a liquid or chewable medicine to relieve a minor discomfort, should only do so if the product is known to be free of *kitnios*.


### COSMETICS & TOILETRIES

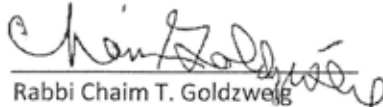
- All varieties of blush, body soap, conditioners, creams, eye shadow, eyeliner, foundations, ink, lotions, mascara, nail polish, ointments, paint, shampoo, and stick deodorant are permitted for use on *Pesach* – regardless of the ingredients contained within them.
- Many varieties of cologne, liquid deodorants, hairspray, mousse, perfume, shaving lotion, and wipes contain denatured alcohol, and therefore should only be used on *Pesach* if they do not contain alcohol or the alcohol is known to be free of *chametz*. Such products manufactured in the United States may be used, regardless of whether the ingredient list includes denatured alcohol.
- Lipstick, mouthwash and toothpaste which contain *chametz* should not be used.

  
Rabbi Gedalia Dov Schwartz  
Rosh Beis Din, Chicago Rabbinical Council

  
Rabbi Yona Reiss  
Av Beis Din, Chicago Rabbinical Council

  
Rabbi Dovid Zucker  
Rosh Kollel, Chicago Community Kollel

  
Rabbi Shmuel Fuerst  
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Rabbi Chaim T. Goldzweig  
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# Medicines and Cosmetics

## MEDICINE GUIDELINES

The cRc’s general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

- All pill medication – with or without *chametz* – that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon.]
- Rav Schwartz, Shlit”a, has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements, which require *hashgachah* for Passover. If a doctor prescribes a specific vitamin which does not have Passover supervision, please review your specific situation with your doctor and Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill.
- For laws of taking medicine on *Shabbos* and *Yom Tov*, please consult your Rabbi.

## MEDICINE AND TOILETRY DETAILS

Items marked “Possible *chametz*” contain edible ingredients whose *chametz*-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search [www.ASKcRc.org](http://www.ASKcRc.org) or our smartphone apps.



### ALLERGY

Adwe Allergy Relief (Liquid)	Recommended
Allegra Children’s Suspension (Liquid)	Possible <i>chametz</i>
Allegra Children’s Orally Disintegrating Tablet	Possible <i>chametz</i> (dairy)
Claritin Children’s (Chewable)	Possible <i>chametz</i>
Zyrtec Children’s Allergy Indoor & Outdoor Allergies (Liquid)	Possible <i>chametz</i>
Zyrtec Dissolve Tabs (Tablets)	Possible <i>chametz</i>



### ANTACID / DIGESTION / GAS

Adwe Calcium Heartburn Relief (Chewable)	Recommended
Adwe Ko-Lanta Antacid Anti-gas (Liquid)	Recommended
Align (Capsules)	Recommended
Alka Seltzer Original Effervescent Tabs (Tablets)	Possible <i>chametz</i>
Alka Seltzer Xtra Strength (Effervescent Tablets)	Possible <i>chametz</i>
Culturelle Digestive Health (Capsules)	Possible <i>chametz</i>
Culturelle Kids (Chewable)	Possible <i>chametz</i>
Culturelle Kids Packets (Powder)	Possible <i>chametz</i>
Gas-X Extra Strength Chewables	
Cherry Crème	Possible <i>chametz</i>
Gas-X Extra Strength Peppermint Crème (Chewable)	Possible <i>chametz</i>

Imodium AD For Ages 6 & Up (Liquid)	Possible <i>chametz</i>
Imodium AD (Liquid)	Possible <i>chametz</i>
Imodium AD Multisymptom Relief Caplets	Recommended
Kaopectate Max Peppermint (Liquid)	Possible <i>chametz</i>
Kaopectate Vanilla Regular Flavor (Liquid)	Possible <i>chametz</i>
Pepcid Complete Berry Flavor (Chewables)	Possible <i>chametz</i> (dairy)
Pepcid Complete Cool Mint (Chewables)	Possible <i>chametz</i> (dairy)
Pepto Bismol 5 Symptom Relief (Caplets)	Recommended
Pepto Bismol 5 Symptom Relief (Chewable)	Possible <i>chametz</i>
Pepto Bismol 5 Symptom Relief Cherry (Liquid)	Possible <i>chametz</i>
Pepto Bismol Children's Pepto Bubble Gum Flavor (Chewable Tablets)	Possible <i>chametz</i>
Pepto Bismol Max Strength Cherry Flavor (Liquid)	Possible <i>chametz</i>
Tums (all varieties)	Possible <i>chametz</i>

## BLUSH

All are recommended

## BODY SOAP

All are recommended

## COLOGNE

Only recommended if free of (denatured) alcohol or if manufactured in the United States

## COUGH, COLD & FLU

Adwe Cough Syrup Tussin (Liquid)	Recommended
Alka Seltzer Plus Cold Effervescent Tabs (includes Night Cold Formula) (Tablets)	Possible <i>chametz</i>
Alka Seltzer Plus Severe Cold & Flu Formula (Effervescent Tablets)	Possible <i>chametz</i>
Cold-EEZE Daytime QuickMelts (Mixed Berry flavor) (Meltaway)	Possible <i>chametz</i>
Cold-EEZE Nighttime QuickMelts (Mixed Berry flavor) (Quickmelt tablet)	Possible <i>chametz</i>
Delsym Children's 12 Hour Cough (Grape Flavor) (Liquid)	Possible <i>chametz</i>

Delsym Children's 12 Hour Cough (Orange Flavor) (Liquid)	Possible <i>chametz</i>
Delsym Cough Suppressant (Liquid)	Possible <i>chametz</i>
Mucinex Chest Congestion Mini-Melts for Kids Bubble Gum Flavor (Dissolving Granules)	Possible <i>chametz</i>
Mucinex Cough Mini-Melts for Kids Orange Creme Flavor (Dissolving Granules)	Possible <i>chametz</i>
Theraflu Multi-Symptom Severe Cold (Packets)	Possible <i>chametz</i>
Theraflu Nighttime Severe Cold and Cough Powder (Powder)	Possible <i>chametz</i>
Triaminic Children's Night Time Cold and Cough (Liquid)	Not Recommended
Triaminic Day Time Cold and Cough (Liquid)	Not Recommended
Vicks DayQuil Cough (Liquid)	Possible <i>chametz</i>
Vicks NyQuil Cough (Liquid)	Possible <i>chametz</i>
Vicks NyQuil Cold and Flu (Liquid)	Possible <i>chametz</i>
Zicam Rapid Melt (Tablets)	Possible <i>chametz</i>

## CREAMS

All are recommended

## DEODORANT

Gel	All are recommended
Liquid	Recommended if free of (denatured) alcohol or if manufactured in the United States
Spray	Recommended if free of (denatured) alcohol or if manufactured in the United States

## FIBER SUPPLEMENTS

see *Laxatives*

## FEVER REDUCER / PAIN RELIEF

Adwe Fever-Ex (Liquid)	Recommended
Signature Care Junior Strength Ibuprofen Chewable (Tablet)	Possible <i>chametz</i>

## GAS

see *Antacid/Digestion/Gas*

## HAIRSPRAY AND MOUSSE

Recommended if free of (denatured) alcohol or if manufactured in the United States

## INDIGESTION

see *Antacid/Digestion/Gas*

## LAXATIVES / FIBER SUPPLEMENTS

Benefiber Healthy Shape (Powder)	<i>Chametz</i> , Not Recommended
Benefiber (powder)	<i>Chametz</i> , Not Recommended
Benefiber Stick Packs (unflavored) (Powder)	<i>Chametz</i> , Not Recommended
Citrucel (Caplets)	Recommended
Dulcolax Overnight Relief (Tablets)	Recommended
Dulcolax Pink (Tablets)	Recommended
Dulcolax (Suppository)	Recommended
Epsom Salt (pure), Generic or Branded versions (Powder)	Recommended
Ex-Lax (Tablets)	Recommended
Fibercon (Caplet)	Recommended
Metamucil 4 in 1 MultiHealth Fiber Original Smooth (Powder)	Possible <i>chametz</i>
Metamucil Original Coarse (Powder)	Recommended
Mineral Oil (pure), Generic (Liquid)	Recommended
Miralax (Powder)	Recommended
Pedia-Lax Stool Softener (Liquid)	Possible <i>chametz</i>
Pedia-Lax (Suppository)	Recommended
Peri-Colase (Tablets)	Recommended
Phillips' Milk of Magnesia (Caplets)	Recommended
Phillips' Milk of Magnesia Fresh Mint (Liquid)	Possible <i>chametz</i>
Phillips' Milk of Magnesia Original (unflavored) (Liquid)	Recommended
Polyethylene Glycol (pure) Generic or Branded versions (Powder)	Recommended
Prunelax Ciruelax (Tablets)	Recommended
Senokot Tablets (Tablets)	Recommended
Senokot-S Tablets (Tablets)	Recommended



## LIPSTICK

### ALMAY

Color + Care Liquid Lip Balm	Recommended
Smart Shade Butter Kiss	Recommended

### BAREMINERALS

Gen Nude Matte Liquid Lipstick	Recommended
Gen Nude Radiant Lipstick	Recommended
Marvelous Moxie Lipgloss	Recommended
Moxie Plumping Lip Gloss	Recommended
Statement Luxe-Shine Lipstick	Recommended
Statement Matte Liquid Lipstick	Recommended

### BOBBI BROWN

Creamy Matte Lip Color	Possible <i>chametz</i>
Creamy Lip Color	Recommended
Lip Color	Recommended
Rich Lip Color	Possible <i>chametz</i>
Sheer Color Lip Gloss	Recommended
Shimmer Lip Gloss	Recommended

### CLINIQUE

Almost Lipstick	Recommended
Chubby Stick Intense Moisturizing Lip Colour Balm	Recommended
Pop Lip Shadow Cushion Matte Lip Powder	Recommended
Sweet Pots Sugar Scrub & Lip Balm	Recommended
Different Lipstick	Recommended
Long Last Glosswear	Recommended
Long Last Lipstick	Not Recommended
Long Last Soft Matte Lipstick	Recommended
Marimekko X Clinique Pop Lip Colour + Primer	Not Recommended
Quickliner For Lips Intense	Recommended

### COLOR ICON

Lipliner Fab Fuchsia	Recommended
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### DIOR

Addict Lip Tattoo	Recommended
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Double Rouge	Recommended	Super Lustrous Lipstick Cream	Recommended
Metalizer	Recommended	Super Lustrous Matte	Recommended
<b>ESTEE LAUDER</b>		Super Lustrous Pearl	Recommended
Pure Color Envy Hi-Luster Light Sculpting Lipstick	Not Recommended	Super Lustrous Shine Lipstick	Recommended
Pure Color Envy Metallic Matte Sculpting Lipstick	Recommended	<b>ULTA3</b>	
Pure Color Love Lipstick	Not Recommended	Lip Glaze Oil – Alluring	Recommended
All Day Lipstick	Recommended	Lip Glaze Oil - Blissful	Recommended
Pure Color Envy	Not Recommended	Lip Glaze Oil - Divine	Recommended
Pure Color Envy Sheer Matte Sculpting Lipstick	Not Recommended	Liquid Lip Shine	Recommended
<b>GIORGIO ARMANI</b>		Matte Lipstick	Possible <i>chametz</i>
Beauty Ecstasy Shine Lipstick	Recommended	Moisturizing Lipstick	Recommended
Beauty Rouge Ecstasy Express Moisture	Recommended	<b>URBAN DECAY</b>	
<b>L'ORÉAL</b>		1993 (Comfort Matte)	Recommended
Colour Riche Le Matte Lip Pen	Recommended	714 (Mega Matte)	Recommended
Colour Riche Lipcolour	Recommended	Accident (Metallized)	Recommended
Colour Riche Matte Lipstick	Recommended	Afterdark (Comfort Matte)	Recommended
Extraordinaire By Colour Riche	Recommended	Alpha (Mega Matte)	Recommended
Infallible Le Rouge	Recommended	Amulet (Metallized)	Recommended
Infallible Paints/Lips Matte	Recommended	Anarchy (Cream)	Recommended
Infallible Pro-Matte Liquid Lipstick	Recommended	Ud X Kristen Leanne Vice Liquid Lipstick	Recommended
<b>LANCOME</b>		Ud X Kristen Leanne Vice Liquid Lipstick Duo	Recommended
Color Design	Recommended	<b>WET AND WILD</b>	
Color Design Matte Lip Crayon	Recommended	Cheek & Lip Tint Bundle	Recommended
L'absolu Rouge	Recommended	Crystal Clear - Megaslicks Lip Gloss	Recommended
Rouge In Love	Recommended	Fantasy Makers Megalast Lip Color Fm - Hazardous Red	Recommended
Shine Lover	Recommended	Limited Edition Gloss 'Em Up Set Mega Slicks	Recommended
<b>MAYBELLINE</b>		Megalast Lip Color Pink Suga'	Recommended
Color Sensational Color Elixir Lip Lacquer	Recommended	Megalast Liquid Catsuit Matte Lipstick Fm - Purple Panic	Recommended
Color Sensational Powder Matte Lipstick	Recommended	Perfect Pair Ombré Lip Wand Pretty Pocket Pair	Recommended
Colorburst Balm Stain Lipstain	Possible <i>chametz</i>	Perfect Pout Gel Lip Liner Bare To Comment	Recommended
Colorstay Overtime Lipcolor Basecoat	Recommended	Silk Finish Lipstick A Short Affair	Recommended
Colorstay Overtime Lipcolor Topcoat	Recommended		
Colorstay Ultimate Suede Lipstick	Recommended		
<b>REVLON</b>			
Lip Balm	Recommended		

## LOTIONS

All are recommended

## MASCARA

All are recommended

## MISCELLANEOUS

Asthma Inhalers, all types (Liquid Vapor)	Recommended
Bayer Low Dose Baby Aspirin (Chewable)	Possible <i>chametz</i>
Castor Oil (pure) (Liquid)	Recommended
Chapstick Classic Original	Recommended
Chapstick Moisturizer	Recommended
Dramamine Chewables	
Orange Flavor (Chewable)	Possible <i>chametz</i>
Ensure, assorted nutritional supplements	see Nutritional Supplements Pages
Femcon Fe (brown and white pills) (chewable tablet)	Possible <i>chametz</i> (dairy)
Fixodent Original (Cream)	Recommended
FlavorX Apple, Grape, Lemon, Raspberry and Watermelon flavors (Liquid)	Possible <i>chametz</i>
Floss, Flavored	Possible <i>chametz</i>
Floss, Unflavored	Recommended
Lip Balm, Assorted	Recommended
Listerine PocketPaks, assorted varieties (Dissolving strip)	Not Recommended
NoDoz Alertness Aid (Pill)	Recommended
Pedialyte Liters and Singles (Liquid)	Recommended
Polident 3 Minute (Tablet)	Possible <i>chametz</i>
Polident Overnight Whitening (Tablet)	Possible <i>chametz</i>
Polygrip Free (Cream)	Recommended
Polygrip Original (Cream)	Recommended
Probiotics – powders, liquids, gels	Possible <i>chametz</i>
Probiotics – tablets/pills	Recommended
Unisom SleepTab (Tablet)	Recommended
Vicks ZzzQuil (Liquid)	Possible <i>chametz</i>
Vivarin (Tablet)	Recommended



## MOUTH PAIN RELIEF

Abreva (Gel)	Recommended
Anbesol Maximum Strength (Liquid)	Possible <i>chametz</i>
Kanka Mouth-pain (Liquid)	Possible <i>chametz</i>
Orajel Maximum Strength Toothache (Gel)	Possible <i>chametz</i>
Orajel Mouth Sores Triple Medicated (Gel)	Recommended

## MOUSSE

see Hairspray and Mousse

## MOUTHWASH

Only recommended if known to be *chametz*-free

## NAIL POLISH

All are recommended

## OINTMENTS

All are recommended



## PERFUME

Recommended if free of (denatured) alcohol or if manufactured in the United States

## SHAMPOO

All are recommended

## SHAVING CREAM

Cream	All are recommended
Gels	All are recommended
Liquid	Possible <i>chametz</i>
Lotion	All are recommended

## TOOTHPASTE

Only recommended if known to be *chametz*-free



## VITAMINS

See Guidelines above

## WIPES

Recommended if free of (denatured) alcohol or if manufactured in the United States