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5786 General Chodosh Cut-Off Start Date Chart for the USA Only.

Dates marked with * are Tentative Dates and *subject to change*.

Revised: January 5, 2026

This page lists the packing date cutoff of the last day that a product is yoshon. Therefore, if a product was made *on or before that date*, it is yoshon. These are NOT Best By dates. See [Yoshon.com](https://www.yoshon.com) for specific product entries. For items with multiple grains, use the earliest grain's date. The base Julian date code is listed for convenience. The year code (1-2 digits) can appear either before or after the base date code. **Note:** Pure 100% Spelt and Rye from North America are winter crops and are always *yoshon*.

BARLEY PRODUCTS (Excluding Barley Malt – See Below)

| General Item: | Packing Date Must be On or Prior to: | Julian Day | Julian Year |
|----------------------------|--------------------------------------|------------|-------------|
| Raw Unprocessed Barley | SEP 15 2025 (09 15 25) | 258 | 5 or 25 |
| Products containing Barley | OCT 01 2025 (10 01 25) | 274 | 5 or 25 |

OAT PRODUCTS

| General Item: | Packing Date Must be On or Prior to: | Julian Day | Julian Year |
|--|--------------------------------------|------------|-------------|
| Raw Unprocessed Oats (Steel, Old Fashioned, Quick) | SEP 15 2025 (09 15 25) | 258 | 5 or 25 |
| All Quaker Cereals containing only Oats | OCT 04 2025 (10 04 25) | 277 | 5 or 25 |
| All Post Cereals containing only Oats | SEP 15 2025 (09 15 25) | 258 | 5 or 25All |
| General Mills Cereals containing only Oats | SEP 15 2025 (09 15 25) | 258 | 5 or 25 |
| All Other Products containing Oats | OCT 01 2025 (10 01 25) | 274 | 5 or 25 |

WHEAT PRODUCTS

FRESHLY BAKED WHEAT PRODUCTS & BAKERY GOODS

Must Be Purchased On or Before:

| | | | |
|--|------------------------|-----|---------|
| Fresh Daily-Baked Items from Bakeries | SEP 15 2025 (09 15 25) | 258 | 5 or 25 |
| Soft Packaged Baked Items Sold in Grocery Stores | OCT 01 2025 (10 01 25) | 274 | 5 or 25 |

| General Item: | Packing Date Must be On or Prior to: | Julian Day | Julian Year |
|--|--------------------------------------|------------|-------------|
| All products containing Wheat (except noted below) | OCT 1 2025 (10 01 25) | 274 | 5 or 25 |
| General Wheat Flour (brands not listed on site) | SEP 02 2025 (09 02 25) | 245 | 5 or 25 |
| Wheat Kernels or Berries (All Wheat Types) | SEP 02 2025 (09 02 25) | 245 | 5 or 25 |
| Wheat Germ or Wheat Bran (Falls under "Wheat") | OCT 01 2025 (10 01 25) | 274 | 5 or 25 |
| Wheat Starch from USA or Canada | Status: Yoshon | N/A | |
| Soy Sauce and Teriyaki Sauce with Wheat | Status: Yoshon | N/A | |
| Pasta & Noodles | SEP 01 2025 (09 01 25) | 244 | 5 or 25 |
| Matzo and Matzo Meal | Status: Yoshon | N/A | |
| Winter Wheat and Bulgur Wheat | Status: Yoshon | N/A | |
| Gefilte Fish (Made with Matzo Meal or Potato Starch) | Status: Yoshon | N/A | |

Specific Cereal Brands Having Their Own Mills/Dates

BEST BY DATE (if applicable) Must be On or Prior to:

| | | | |
|---|------------------------|-----|---------|
| All General Mills Cereals with Wheat ONLY | Status: Yoshon | N/A | |
| Malt-O-Meal Golden Puffs Puffed Wheat Cereal ONLY | SEP 01 2025 (09 01 25) | 244 | 5 or 25 |
| Kashi Wheat-Only Cereals | Status: Yoshon | N/A | |
| Post Cereals made with Wheat Flour ONLY | Status: Yoshon | N/A | |
| Post Golden Crisp Puffed Wheat Cereal ONLY | SEP 01 2025 (09 01 25) | 244 | 5 or 25 |

BARLEY MALT PRODUCTS (Ingredient can be listed as Malt, Barley Malt, Malt Syrup, or Barley Malt Extract)

| General Item: | Packing Date Must be On or Prior to: | Julian Day | Julian Year |
|--------------------------|--------------------------------------|------------|-------------|
| Products containing Malt | DEC 15 2025 (12 15 25) | 349 | 5 or 25 |

| BEER | Packing Date Must be On or Prior to: | Julian Day | Julian Year |
|----------------------------|--------------------------------------|------------|-------------|
| Made From Barley Malt ONLY | DEC 15 2025 (12 15 25) | 349 | 5 or 25 |

NOTE: Date only applies to *barley malt beer*. Beers made from wheat or other grain may have an earlier Chodosh date.