

KOSHER FOR PASSOVER PRODUCT LIST

BVK-RABBI MOSHE TAUB/2017

OK WITHOUT 'KOSHER FOR PASSOVER' SYMBOL	REQUIRES 'KOSHER FOR PASSOVER' SYMBOL	NOT OK on PASSOVER	BEST TO PURCHASE <u>BEFORE</u> PASSOVER
---	---	--------------------------	---

Children's Chewable Medication and Antacid List are found at the end of this list

ALCOHOL: ISOPROPYL - ALL (FOR EXTERNAL USE)	✓			
ALCOHOL: ETHYL - ALL			✓	
ALMOND MILK- see footnote #18 for list		✓		
ALUMINUM FOIL - ALL	✓			
AMMONIA – ALL	✓			
BABY CARROTS ¹	✓			
BABY FOOD – Gerber Baby Food (from the OU): 1. Jars of Carrots and Squash are acceptable for Passover <i>P'hatchila</i> (even for adults) when bearing the OU. 2. Gerber Baby Food: Green Beans and Peas are <i>Kitniyot</i> when bearing the OU. 3. First Choice Baby Food: Apple Sauce, Carrots, Pears and Sweet Potatoes are approved when bearing an OU-P or OU Kosher for Passover symbol.		✓		
BABY WIPES – ANY BRAND W/OUT ALCOHOL	✓			
BABY OILS	✓			
BAKING SODA - ALL	✓			
BLEACH - ALL	✓			
BLUSH / ROUGE: POWDERED - ALL	✓			
BODY SOAP – ALL VARIETIES	✓			
BODY WASH – ALL VARIETIES	✓			
CARROTS – ALL (SEE ENTRY 'BABY CARROTS')	✓			

¹ Baby carrots are best with a 'kosher for Passover' symbol but may be purchased without one (the chemical that prevents oxidation sometimes is made from Kitniyos).

COCOA – ANY 100% PURE COCOA²	✓			
COCONUT FLOUR Coconut Secrets Trader Joes Organic Coconut Flour both may be purchased without a KFP		✓		
COCONUT-MILK MUST HAVE A KFP, UNLESS FROM THE FOLLOWING BRAND: COCONUT DREAM Trader Joes Organic (canned) Coconut Milk		✓		
COCONUT- OIL MUST HAVE A KFP, UNLESS FROM THE FOLLOWING BRANDS: Spectrum Organic Virgin/Crude Coconut Oil Trader Joes Organic triple filtered virgin coconut oil GE Abound (UNREFINED) NATURE'S BASKET Unrefined Organic E.V. coconut oil Coconut Dream (MILK) are all ok without a KFP			✓	
COCONUT-Shredded	✓			
COFFEE: REG GROUND UNFLAVORED - ANY³ (non-instant) See 'KEIRUG' Below	✓			
COFFEE: <u>INSTANT</u> (PLAIN) – The following is OK even without a KFP: FOLGERS (including Decaf); NESCAFE, TASTER'S CHOICE (<u>NOT</u> including Decaf)		✓		
CHEWABLE CHILDREN'S MEDICINE⁴		✓		
COFFEE: INSTANT <u>DECAF</u> -ONLY Folger's Instant DECAF MAY be purchased w/o a KFP		✓		
CONTACT LENS SOLUTION	✓			
CONTACT PAPER	✓			
CREAMS / OINTMENTS	✓			
DENTAL FLOSS: UNFLAVORED – WAXED OR NON-WAXED	✓			
DEODERANTS / ANTIPERSPIRANTS: POWDER AND SOLID STICK POWDER - ALL	✓			
Liquid DEODERANT / ANTIPERSPIRANTS⁶: LIQUID⁵ see footnote			✓	

² North-American made.

³ See entry 'Keurig.'

⁴ See CHILDREN'S MEDICINE LIST and ANTACID LIST following Product guide

⁵ This applies to deodorants / antiperspirants that have restorable denatured alcohol. This stringency only applies to items in a pure liquid form. The following are acceptable even in aerosol cans (liquid): **Arrid; Dry Idea; Right Guard**

DETERGENTS - ALL	✓			
DISHWASHING SOAP – All (Palmolive and Ajax are best)	✓			
EGGS - ALL ⁶				✓
EYE SHADOW	✓			
EYE-LINER	✓			
FISH: FROZEN RAW (wash before using). Should have a year-round certification ⁷	✓			
FRUIT: FROZEN ⁸ HOWEVER, <u>ALL</u> CANNED AND DRIED FRUIT NEED A KFP	✓			
FURNITURE POLISH – ALL	✓			
GLOVES: RUBBER (LATEX) – W/OUT INNER POWDER COATING	✓			
HAND SANITIZER (ALCOHOL FREE) PURELL is NOT recommended	✓			
HYDROGEN PEROXIDE – ALL	✓			
ICE – BAGGED	✓			
INFANT FORMULA – ⁹ SEE FOOTNOTE FOR FORMULA BRANDS THAT MAY BE PURCHASED WITHOUT KFP		✓		

⁶ Due to changes in how chickens and cows are fed one could indeed purchase milk and eggs on Pesach without any concern. We left the chart as is to avoid confusion.

⁷ To assure the buyer that this is truly a kosher fish. Studies have shown that fish sold –especially in restaurants –is very likely not to be the fish they are claiming it is

⁸ All whole or sliced frozen fruit is acceptable without a specific ‘Kosher for Passover’ symbol assuming it is unsweetened, additive free without syrup citric acid or ascorbic acid.

⁹ Must use separate utensils due to *kitniyos*. Here is the OU list of acceptable brands without a KFP when bearing an OU: **Nutritional Supplements** -Arginaid, Arginaid Extra, Benecalorie, Beneprotein, Boost Glucose Control, Boost High Protein, Boost Nutritional Pudding, Boost Plus, Diabetishield, Enlive, Ensure Complete Nutrition Shake Ensure Healthy Mom Shake Ensure High Calcium Shake Ensure High Protein Shake Ensure HN, Ensure Homemade Shake, Ensure Plus, Ensure Plus HN, Ensure Plus Next Generation Ensure Shake, Ensure TwoCal, Fibersource HN, Glucerna, Glucerna 1.0, Jevity 1.0, 1.2, and 1.5, Liquid Diabetisource AC, Liquid Fibersource HN, Liquid Isosource, Liquid Isosource HN with Fiber Nepro, Nepro Vanilla, Nepro with Carb Steady Flavored Novasource Renal, Nutren (Product line) Nutrisource, Benefiber, Osmolite 1.0, 1.2 and 1.5 Osmolite HN (unflavored), Perative, Promote (except Promote with fiber), Pulmocare, Resource 2.0, Resource Dairy Thick

JUICES: FROZEN – ANY 100% PURE GRAPEFRUIT OR ORANGE¹⁰	✓			
JUICES: LEMON OR LIME – ONLY REALIME, REALEMON (LIQUID) MAY BE PURCHASED WITHOUT KFP, other brands needs a KFP		✓		

Resource Diabetic Resource Milk Shake Mix, Resource Thicken Up, Resource Thickened Juice, Resource Shake Plus Simply Thick, Thick & Easy - All Thick-It, Vivonex Pediatric, Vivonex Plus, Vivonex Ten;

Pediatric Supplements - Boost Kid Essentials 1.0, 1.5 Boost Kid Essentials with Fiber D-Vi-Sol
 Enfamil 5% Glucose Water Fer-In-Sol Drops, Pediasure Peptide, Pediasure Vanilla Powder, Pediasure Shakes, Poly-Vi-Sol Drops, Resource Just for Kids with Fiber Tri-Vi-Sol Drops

Pediatric Electrolytes -Bright Beginnings Comforts for Baby Cottontails, CVS Pharmacy Goodness, H-E-B Baby, Home 360 Baby Meijer, Mom to Mom Naturalyte, Parent’s Choice Pedialyte (all flavors) ShopRite, Top Care, Walgreen’s, Western Family

Infant Formula -365 Everyday Value, Ameribella, America’s Choice for Baby Babies R US , Baby Basics Baby’s Choice, Baby’s Only Organic Bear Essentials, Belacta, Belacta Premium, BelactaSure, Berkley & Jensen, Bright Beginnings Cottontails, CVS, Daily Source Discount Drug Mart Earth’s Best, EleCare, EnfaCare, Enfalac, Enfamil, Enfapro, Food Lion, Full Circle, Fulton Street Market Gerber Good Start Giant, Giant Eagle Baby, Hannaford, H-E-B, Heinz Nurture Home 360 Baby Hy-Vee, Isomil, Kirkland Signature Kuddles, Laura Lynn, Life Brand, Little Ones, Meijer Baby Member’s Mark Mom to Mom, Moo Moo Buckaroo Mother’s Choice, My Organic Baby Nature’s Place, Nestle Good Start Next Step NutraEnfant ,O Organic Baby Parent’s Choice Premier Value President’s Choice, Price Chopper, Publix , Rite Aid – Tugaboos, Shopko, Similac ,Simply Right Stop and Shop Sunrise Supervalu Target , Tippy Toes by TopCare Top Care, Topco,Up & Up, Vermont Organics Walgreen’s, Wegman’s, Well Beginnings Western Family

¹⁰ Cannot contain sweeteners, additives, preservatives or enrichments.

KEURIG COFFEE CUPS ¹¹ (see footnote)		✓		
LACTAID MILK				✓
LAUNDRY DETERGENT - ALL	✓			
LIPSTICK (<i>chametz</i> ingredients) ¹²		✓		
LOTION - HAND	✓			
MAKE UP: DRY/POWDERED – ALL VARIETIES	✓			
MASCARA	✓			
MEAT: FROZEN – Whole Pieces -ALL (SEE NEXT ENTRY)	✓			
MEAT:- GROUND and/or SEASONED		✓		

¹¹ Here is a list of acceptable K-Cups even with NO KFP, so long as non-Decaf and non-flavored (the BVK does not recommend *koshering* a Keurig coffee maker for Pesach, although it may be *koshered* the rest of the year). If you would like more information relating to *koshering* Keurig coffee makers for Pesach, please contact the BVK.

(OU)

BUSCH'S
 CARIBOU COFFEE
 CHOCK FULL O'NUTS COFFEE ICON
 DONUT HOUSE COLLECTION DUNKIN' DONUTS
 EIGHT O'CLOCK
 EMERIL'S GOURMET COFFEE

FOLGERS
 FREDMEYER
 FREEDOM RIDGE
 GIANT EAGLE MARKET

GREAT VALUE
 GREEN MOUNTAIN COFFE HILLS BROS.
 JOFFREY'S COFFEE & TEA COMPANYKAUAI COFFEE
 KIRKLAND SIGNATURE

LAUGHING MAN
 LAVAZZA
 MARKET BASKET NEWMAN'S OWN NEWMAN'S OWN ORGANICS PEET'S COFFEE
 PRICERITE
 PRIVATE SELECTION
 SEATTLE'S BEST COFFEE SECOND CUP
 SHAZAM
 SHOPRITE
 SMART & FINAL
 STARBUCKS
 THE ORIGINAL DONUT SHOP

TIM HORTONS
 TIMOTHY'S
 TOPS
 TULLY'S COFFEE
 VAN HOUTTE
 WAWA
 WEGMANS
 WELLSLEY FARMS
 WILD HARVEST ORGANIC

¹² If the lipstick contains *chametz* it should not be used and a fresh stick should be started on Pesach.

MEDICINE - CHEWABLES & ANTACIDS – <u>SEE LIST FOLLOWING THIS GUIDE</u>		✓		
MINERAL OIL – ALL (no additives)	✓			
MILK ¹³				✓
MOUTHWASH All ‘SCOPE’ AND ‘COLGATE’ brand mouthwashes are ok WITHOUT A KFP; AS ARE, ‘Listerine-Cool Mint’, ‘Listerine-Soft Mint’, ‘Listerine-Winter Fresh’ and ‘Total-Care Zero’		✓		
NAIL POLISH	✓			
NUTS: <u>RAW</u> – WHOLE, CHOPPED OR GROUND ¹⁴ (However, see <u>PECANS</u> below)	✓			
OIL		✓		
OLIVE OIL-LIGHT OR REFINED		✓		
PURE 100% VIRGIN OLIVE OIL	✓			
OINTMENTS / CREAMS	✓			
PAPER GOODS	✓			
PAPER TOWEL ROLLS - ANY ¹⁵	✓			
PLAY-DOH			✓	
PECAN PIECES (and MIDGET PECANS)		✓		
PET FOOD ¹⁶		✓		
PLASTIC DISPOSABLES	✓			
PLASTIC WRAP	✓			
POWDER – FACE AND FOOT (INK & PAINT)	✓			
PURELL HAND SANITIZER (see ‘hand sanitizer’)			✓	
QUINOA ¹⁷		✓		

¹³ Due to changes in how chickens and cows are fed one could indeed purchase milk and eggs on Pesach without any concern. We left the chart as is to avoid confusion.

¹⁴ So long as it/they does not contain added preservatives, or other additives such as **BHT or BHA**. Shelled Pecans do require a KFP.

¹⁵ The first three sheets and the last sheet attached to the cardboard should not come in direct contact with food as a corn starch based glue may be used.

¹⁶ It is biblically prohibited to serve pet food to one’s pet on Pesach should it contain Chometz; Kitniyos is fine. For a complete list, see http://www.kashrut.com/Passover/pdf/crc_passover_2017_pets.pdf

¹⁷ It is best to find a brand that has a reliable ‘kosher for passover’ symbol. If one cannot find such a brand he may purchase a brand that does not have a ‘kosher for passover’ symbol provided that he carefully checks the grains before Pesach for any extraneous matter. Some rabbis do not permit quinoa on Pesach.

RICE MILK ¹⁸ see footnote		✓		
RUBBER GLOVES (W/O POWDER COATING)	✓			
SALT: NON-IODIZED, W/O DEXTROSE OR POLYSORBATES	✓			
SELTZER – ALL PLAIN VARIETIES ¹⁹	✓			
SILVER POLISH	✓			
SHAMPOO – ALL VARIETIES	✓			
SOAP - ALL ²⁰	✓			
SOY MILK see footnote #18 for list		✓		
STEVIA		✓		
SUGAR – GRANULATED, CANE ²¹	✓			
SUGAR - BROWN ²² -see Footnote for those that MAY be purchased without a KFP			✓	
TAPIOCA STARCH		✓		

¹⁸ Soy and Rice are *kitniyos* and their ‘milk’ may contain *chometz*. Under normal circumstances one mustn’t consume them on Pesach. Those found in the list below are *chometz* free and may be consumed by someone who is allowed to eat *kitniyos* (e.g. one who is ill). Of course, one can choose to purchase **Almond milk** from the list provided by that entry, or one can make it at home for Pesach. *Should someone have a choice between Soy Milk and Rice Milk then Soy Milk is the better choice as Soy wasn’t introduced to Europe until about 100 years, ago long after the kitniyos decree. It is recommended that those who require these products ideally purchase them before Pesach.*

SOY MILK LIST FOR THOSE YOUNG OR ILL (From OU and CRC): 365 Everyday Value (Original, Light, and Unsweetened) Best Choice Clearly Organic, Fit & Active Organic, Fit & Active, Fresh & Easy Soysense, Giant, Green Way, Harris Teeter Naturals Organic Harvest Farms, Hy-Vee, Market Basket, Unsweetened Meijer, Natural Directions Organic, Nature’s Place, Nature’s Promise Organic O Organics, Shop Rite Organic, Shop Rite, Silk, Smart Menu Organic, Soy Dream, Stop & Shop, Western Family Aseptic, Winn-Dixie Organic, For further brands and updates, see <http://oukosher.org/passover/guidelines/food-items/soy-milk-almond-milk/>

RICE MILK LIST FOR THE YOUNG AND ILL (From OU and CRC) Full Circle, Harris Teeter, Hy-Vee, Market Basket Enriched Meijer, Nature’s Place, Price Chopper Enriched, Rice Dream Enriched Unsweetened, RiceSense Enriched Shop Rite, Wild Harvest Enriched For further brands and updates, see <http://oukosher.org/passover/guidelines/food-items/soy-milk-almond-milk/>

¹⁹ This refers to brands that have a ‘kosher’ symbol on them, even though they do not have a ‘Kosher for Passover’ symbol.

²⁰ It is commendable to purchase Passover brands.

²¹ All pure, no dextrose added.

²² The following BROWN SUGAR may be purchased in non-decaf and non-flavored only even without a KFP (OU): ALBERTSON'S, AMERICA'S CHOICE BEST YET, BETTER VALUE BI-LO, COLONIAL SUGAR, DIXIE CRYSTALS, FOOD CLUB, HOLLY SUGAR, HY-TOP, IMPERIAL, JEWEL, KROGER, MARKET PANTRY, MONARCH, PARADE, PIONEER, SAVANNAH GOLD, SHOPRITE, SHURFINE, SOUTHERN HOME, SYMPLE, WEST CREEK, WINN-DIXIE

INSTANT TEA - <u>ONLY NESTEA BRAND</u> – UNFLAVORED/UNDECAF INSTANT MAY be purchased without KFP		✓		
<u>DECAF TEA BAGS</u> ONLY LIPTON brand DECAF BAGS (UNFLVD) MAY BE PURCHASED WITHOUT A KFP		✓		
TEA BAGS –NON DECAF AND UNFLAVORED only, (pure white, green or black)	✓			
TOOTHPASTE ²³ THE FOLLOWING ARE FINE WITHOUT A KFP: COLGATE, CLOSE-UP, AIM are fine in all varieties; ACT BRACES CARE; BABY OREJEL; ORIJEL; PEPSODENT	✓			
VASELINE	✓			
WAX PAPER	✓			
WINDEX	✓			

IMPORTANT NOTES

1 - ALL JOYVA PRODUCTS (UNDER R' SHEINKOFF JUST FOR PESACH) ARE STRONGLY DISCOURAGED AND OFTEN CONTAIN REAL KITNIYOS ²⁴

2 - All types of ointments, creams, nail polish, body wash, shampoo, hand lotions (as opposed to hand sanitizers), eye shadow, eyeliner, mascara, blush, foot and face powders, and ink and paint **may be used regardless** of its ingredients.

3- Colognes, perfumes, hairspray, shaving lotions and deodorants that have restorable denatured alcohol should not be used. THIS STRINGENCY ONLY APPLIES TO ITEMS IN A PURE LIQUID FORM. In cases of need, or to find out about specific brands, one should speak to their Rabbi.

4 - Lipstick that contains chometz should not be used and a fresh stick should be started on Pesach.

²³ If no “kosher for Passover” toothpaste is available, one may rely on the many lenient views, but should only purchase Colgate or Aim (all varieties).

²⁴ Although mixtures containing non-majority amounts of *kitniyos* are fine to eat on Pesach, nevertheless these products should be avoided (a) because they were nullified on purpose for all Jews and not just *sefardim* and (b) this rabbi allows certain ingredients that are not acceptable by most even for *all year round use*.

Recommended CHILDREN'S & ADULT CHEWABLES and LIQUIDS

-For The United States ONLY-

Advil - Children's Suspension in all flvs; **Advil** Infant Drops;

Allegra – Allegra Allergy Infant Drops, Allegra Allergy Children Oral Suspension (CRC, however, does not recommend Allegra products for Pesach, our inclusion comes from HaRav Gershon Bess shlit'a);

Bayer Children's Aspirin; Benadryl –Children's Allergy Chewables, Liquid, Allergy Plus Congestion, Children's Dye-Free liquid–**BAYER CHERRY AND ORNAGE FLV.- AVOID IF POSSIBLE**);

Benadryl - Children's Allergy Chewables and Liquid, Allergy Plus Congestion;

Claritin - Chewable Tablets (NOT the redi-tabs) and Syrup. Note; CRC does not recommend Claritin products for Pesach);

Hyland's – 4Kids Cold Cough Day and Night GRAPE, Baby Mucus Cold relive, Earache Drops, Baby Tiny Cold Tablets, 4kids Calm and Rested, 4kids Bumps&Bruises Ointment, 4kids Cough w/honey

4KIDS SNIFFLES&SNEEZES CONTAINS CHOMETZ

Motrin- Children's Suspension (Berry- Reg, as well as 'Dye-Free'), Concentrated Infant Drops (Berry- Reg & Dye-Free and Reg.);

Simply Saline – Children's Cold Formula and Children's Allergy

Singulair - Chewables, Oral Granule (Speak to a doctor about measurements);

Sudafed –Children's Nasal Decongestant, PE Children's Nasal Decongestant, PE Children's Cold and Cough

Tylenol Children Suspension Cherry; **Tylenol** Concentrated Drops Cherry, Grape and Dye Free (Infant); Sore Throat Daytime & Nighttime Liquid

Walgreens - Extra Strength Pain Reliever **Acetaminophen** (Cherry Flavor) (Liquid), Walgreens Junior Strength **Ibuprofen** 100 Chewable Tablets (assorted flavors);

Zicam –Kids Cold Relief Soft Chews –KITNOYIS, give if needed;

Recommended ANTACIDS

United States ONLY

AlkaSeltzer Original Tabs, and Xtra Strength;

Imodium AD Multisymptom Relief Caplets;

PeptoBismal (plain, liquid); *PeptoBismol* Chewable 5 Symptom Relief Caplets;

Pepcid AC Chewable; *Pepcid Complete* Chewable (check if DAIRY);

AlkaSeltzer (original tabs);

Metamucil Course Milled and Unflavored;

Rolaids & Tums- KITNIYOS

Hyland's –Upset Stomach

- For Pet Food see:

http://www.kashrut.com/Passover/pdf/crc_passover_2017_pets.pdf

PILL-FORM MEDICATION

IT HAS BEEN THE POLICY OF THE BVK FOR THE PAST 10 YEARS THAT **ALL MEDICATION IN PILL FORM THAT ARE SWALLOWED – AND NOT CHEWED – ARE PERMITTED FOR USE ON PESACH REGARDLESS OF ITS INGREDIENTS (K'SAV SOFER 111; IGROS MOSHE 2:92; CHAZON ISH 116:8; MINCHAS SHLOMO 1:17, INTER ALIA). VITAMINS (PILL FORM) TAKEN ON DOCTOR'S ADVICE ARE INCLUDED. PLEASE SPEAK TO YOUR RABBI FOR A FINAL RULING ON PILL-FORM MEDICINE, AS SOME MAY DISAGREE WITH THIS RULING OF R' MOSHE FEINSTEIN, ET AL.**