

## NON-FOOD ITEMS

The consensus of the OU's poskim (rabbinic authorities) is that the following may be used on Passover without certification:

ALUMINUM FOIL	STYROFOAM)	NAPKINS (PAPER)
ALUMINUM FOIL BAKING PANS	DEODORANTS	OVEN CLEANERS
BABY OINTMENTS	DETERGENTS	PAPER TOWELS
BAGS (PAPER OR PLASTIC)	DISHWASHING DETERGENTS	PERFUMES
BODY WASH	DRAIN OPENERS	PLASTIC CONTAINERS
BOWL AND TUB CLEANERS	FABRIC PROTECTORS	PLATES (PAPER, PLASTIC OR STYROFOAM)
CANDLES	FURNITURE POLISH	SCOURING PADS AND POWDERS
CARDBOARD	GLASS CLEANERS	SHAMPOOS
CARPET CLEANERS	HAIR GELS, SPRAYS AND MOUSSE	SHAVING CREAM AND GEL
CHARCOAL	HAIR REMOVERS AND TREATMENTS	SHAVING LOTION
CHEESE CLOTHS	HAND SANITIZER	SILVER POLISH
CONDITIONERS	INSECTICIDES	SKIN CREAM
COPPER AND METAL CLEANERS	ISOPROPYL ALCOHOL	SOAPS
CORK	JEWELRY POLISH	SUNTAN LOTION
COSMETICS (EXCEPT POSSIBLY LIPSTICKS, SEE BELOW)	LAUNDRY DETERGENTS	TALCUM POWDER (100% TALC)
CUPCAKE HOLDERS	LOTIONS	TOILET BOWL CLEANER
CUPS (PAPER, PLASTIC OR		WATER FILTERS

## ORAL HYGIENE

### Oral Hygiene (Toothpaste, Mouthwash) & Flavored Lip Treatment (Lipstick, Lip Balm) Products:

Rabbinical authorities disagree as to whether kosher certification of these items is required (both for Passover and year-round). Consult your Rabbi. Please see product pages in the Passover Guide for OU certified toothpaste.

## GUIDELINES FOR MEDICINES

**1.** Exercise extreme caution and consult with your doctor and rabbi before making a decision not to take a medicine.

**2.** Known and tested medications in the form of creams, non-chewable pills and injections may be owned, used and consumed on Pesach, even if they contain *chametz* or *kitniyot*, since they are inedible. This covers most medicines used by adults. However, if an equally effective *chametz*-free alternative is available or procurable, this should be used instead.

**A.** It is permissible to grind pills and mix the powder into food items so that a child can take medicine on Pesach. However, a doctor must be consulted to make sure that the child is getting the correct dosage and that the potency of the pill is not compromised by altering its consistency.

**3.** Liquid medicines, chewable pills and pills coated with a flavored glaze are considered palatable and may contain *chametz*.

Also gelcaps may present a problem because they may contain non-kosher edible gelatin. Therefore:

**A.** If possible, they should be replaced, under the direction of a doctor, with a non-chewable, uncoated pill.

**B.** If substitution is not possible and the person is in a state of *sakana* or *safek sakana* (any possible danger to human life), the medication may be owned and consumed. The same applies if the condition is not yet a *safek sakana* but may deteriorate to that point. A rabbi should be consulted as to whether it is preferable to purchase the medicine before or during Pesach, and as to how to dispose of the medicine once the danger passes.

**C.** If substitution is not possible and a doctor determines that there is no possibility of *sakana* if the person does not take the medicine, a rabbi should be consulted. He may be able to determine that the medicine does not contain *chametz* and/or *kitniyot*, or he may decide that the medicine may be consumed due to the seriousness of the patient's condition.

**4.** Unless an equivalent alternative is available, medicinal items which contain *kitniyot* are permitted for people who are ill. Questions on this issue should be directed to your rabbi.

**5.** These guidelines do not address the more general prohibition of consuming medicines on Shabbat and *yom tov*.