



SKA PASSOVER GUIDE

5786/2026

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SKA Certified List

The vegetables listed are in frozen form and do not require checking by the consumer.

Company/Brand	Product	Kitniyot Status	Logo required	Vegan
Aldi	British Petits Pois (700g)	Yes	No	Yes
Aldi (Four Seasons)	Broccoli & Cauliflower Floret Mix (1kg) ¹	No	No	Yes
Aldi (Four Seasons)	Vegetable Medley (1kg) ¹	Yes	No	Yes
Aldi (Four Seasons)	British Garden Peas ¹	Yes	No	Yes
Aldi (The Deli)	Butternut Squash Falafel	Yes	No	Yes
Aldi (The Deli)	Mediterranean Style Falafel	Yes	No	Yes
Aldi (The Deli)	Moroccan Style Falafel	Yes	No	Yes
Aldi (The Deli)	Sweet Potato Pakora	Yes	No	Yes
Gosh!	Beetroot Falafel	Yes	SKA-P	Yes
Gosh!	Broad Bean & Quinoa Bites	Yes	SKA-P	Yes
Gosh!	Falafacini Basil & Pesto	Yes	SKA-P	Yes
Gosh!	Falafacini V'duja	Yes	SKA-P	Yes
Gosh!	Gaon Cauliflower Bites	Yes	SKA-P	Yes
Gosh!	Sweet Potato Pakora	Yes	SKA-P	Yes
Gosh!	Classic Mediterranean Falafel	Yes	SKA-P	Yes
Gosh!	Moroccan Falafel	Yes	SKA-P	Yes
Gosh!	Spinach & Pinenut Bites	Yes	SKA-P	Yes
Gosh!	Aloo Tikki Bites	Yes	SKA-P	Yes
Gosh!	Street Food Katsu Bites	Yes	SKA-P	Yes
Gosh!	Sweetcorn & Quinoa Bites	Yes	SKA-P	Yes
Gosh!	Sweet Potato Sausage	Yes	SKA-P	Yes
Gosh!	Original Falafel	Yes	SKA-P	Yes
Gosh!	Beetroot Burgers	Yes	SKA-P	Yes
Gosh!	Veggie Sausages	Yes	SKA-P	Yes
Gosh!	Veggie Cocktail Sausages	Yes	SKA-P	Yes
Gosh!	Mexican Style Bean Burger	Yes	SKA-P	Yes
Lidl (Freshona)	Supersweet Corn (1kg)	Yes	No	Yes
Lidl (Freshona)	Mixed Vegetables (1kg) ¹	Yes	No	Yes
Lidl (Freshona)	Garden Peas (900g) ¹	Yes	No	Yes
Lidl (Green Grocer's)	Vegetable Medley (1kg) ¹	Yes	No	Yes
Lidl (Vemondo)	Plant! Basil Pesto Falaficini	Yes	No	Yes
Lidl (Vemondo)	Plant! BBQ Corn & Sweet Potato Falafel	Yes	No	Yes
Lidl (Vemondo)	Plant! Middle Eastern Falafel	Yes	No	Yes

¹ When bearing a batch code beginning with 'P' or 'C'

Lidl (Vemondo)	Vegan Beetroot Burgers	Yes	No	Yes
Lidl (Vemondo)	Vegan Mexican Bean Burger	Yes	No	Yes
Lidl (Vemondo)	Vegan Moroccan Style Burgers	Yes	No	Yes
Lidl (Vemondo)	Vegan Sausages	Yes	No	Yes
M&S Food	Broccoli	No	No	Yes
M&S Food	Chantenay Carrots (500g)	No	No	Yes
M&S Food	Cauliflower (750g)	No	No	Yes
M&S Food	Sliced Leeks (500g)	No	No	Yes
M&S Food	Kale	No	No	Yes
M&S Food	Leaf Spinach (900g)	No	No	Yes
M&S Food	Broad Beans (500g)	Yes	No	Yes
M&S Food	Extra Fine Green Beans (500g)	Yes	No	Yes
M&S Food	Supersweet Corn (500g)	Yes	No	Yes
M&S Food	Broad Bean,Edamame & Pea Mix (500g)	Yes	No	Yes
M&S Food	Petits Pois & Sweetcorn Mix (500g, 1kg)	Yes	No	Yes
M&S Food	Vegetable Medley (500g, 1kg)	Yes	No	Yes
M&S Food	Garden Peas (750g, 1.25kg)	Yes	No	Yes
M&S Food	Petits Pois (750g, 1.25g)	Yes	No	Yes
McCain	Jacket Potatoes	No	SKA-P	Yes
Mr Freed's	Potato Latkes	No	SKA-P	Yes
Mr Freed's	Fish Balls	No	SKA-P	No
Mr Freed's	Tuna Bites	No	SKA-P	No
Mr Freed's	Mediterranean Style Falafels	Yes	SKA-P	No
Mr Freed's	Spicy SweetPotato & Chickpea Pakora	Yes	SKA-P	Yes
Mr Freed's	Traditional Falafels	Yes	SKA-P	Yes
Ocado	Kale	No	No	Yes
Ocado	Leaf Spinach	No	No	Yes
Ocado	Steam Bags:Cauliflower Rice	No	No	Yes
Ocado	Edamame Beans (600g)	Yes	No	Yes
Ocado	Steam Bags:Broccoli, Carrot & Sweetcorn	Yes	No	Yes
Ocado	Steam Bags: Peas, Sweetcorn, Broccoli & Spinach	Yes	No	Yes
One Stop	Farmhouse Mixed Vegetables	Yes	No	Yes
One Stop	Petits Pois (1kg)	Yes	No	Yes
Tesco	Broccoli Florets ²	No	No	Yes

² When bearing one of the following batch codes: 0354FK, TFK or P 0239

Tesco	Savoy Cabbage (750g)	No	No	Yes
Tesco	Chantenay Carrots (600g)	No	No	Yes
Tesco	Sliced Carrots (1kg)	No	No	Yes
Tesco	Cauliflower (900g)	No	No	Yes
Tesco	Broccoli and Cauliflower Mix ²	No	No	Yes
Tesco	Casserole Vegetables (1kg)	No	No	Yes
Tesco	Diced White Onion (500g)	No	No	Yes
Tesco	Sliced Red Onion (500g)	No	No	Yes
Tesco	Leaf Spinach (900g)	No	No	Yes
Tesco	Steam Bag: Cauliflower Rice	No	No	Yes
Tesco	Sliced Green Beans (850g)	Yes	No	Yes
Tesco	Fine Whole Green Beans (900g)	Yes	No	Yes
Tesco	Mini Corn on the Cob (875g)	Yes	No	Yes
Tesco	Supersweet Sweet Corn	Yes	No	Yes
Tesco	Farmhouse Mixed Vegetables (1kg)	Yes	No	Yes
Tesco	Classic Mixed Vegetables	Yes	No	Yes
Tesco	Organic Garden Peas (500g)	Yes	No	Yes
Tesco	Steam Bag: Carrot, Broccoli & Corn	Yes	No	Yes
Tesco	Steam Bag: Mixed Greens & Corn	Yes	No	Yes
Tesco	Steam Bag: Long Grain Rice	Yes	No	Yes
Tesco (Finest)	Supersweet Sweetcorn (1kg)	Yes	No	Yes
Tesco (The Grower's Harvest)	Sweetcorn (907g)	Yes	No	Yes
Tesco (The Grower's Harvest)	Garden Peas (900g)	Yes	No	Yes
Waitrose	Steamers: Shredded Leaf	No	No	Yes
Waitrose	Steamers: Cauliflower & Broccoli	No	No	Yes
Waitrose	Steamers: Garden Vegetables	Yes	No	Yes
Waitrose	Steamers: Fine Cut Vegetable	Yes	No	Yes
Waitrose (Cook's Ingredients)	Soffritto Mix (500g)	No	No	Yes
Waitrose (Cook's Ingredients)	Mediterranean Vegetables (650g, 800g)	No	No	Yes
Waitrose (Duchy Organic)	Leaf Spinach (500g)	No	No	Yes

Waitrose (Duchy Organic)	Supersweet Sweetcorn (500g)	Yes	No	Yes
Waitrose (Duchy Organic)	Mixed Vegetables (750g)	Yes	No	Yes
Waitrose (Duchy Organic)	Garden Peas (500g)	Yes	No	Yes
Waitrose (Duchy Organic)	Petits Pois (500g)	Yes	No	Yes
Waitrose (Essential)	Whole Leaf Spinach (750g)	No	No	Yes
Waitrose (Essential)	Broccoli	No	No	Yes
Waitrose (Essential)	Baby Broad Beans (500g)	Yes	No	Yes
Waitrose (Essential)	Supersweet Sweetcorn (750g)	Yes	No	Yes
Waitrose (Essential)	Chunky Vegetable Mix	Yes	No	Yes
Waitrose (Essential)	Pea & Bean Mix (750g)	Yes	No	Yes
Waitrose (Essential)	Mixed Vegetables (750g)	Yes	No	Yes
Waitrose (Essential)	Garden Peas (725g, 1.25kg)	Yes	No	Yes
Waitrose (Essential)	Petits Pois (725g, 1.25g)	Yes	No	Yes
Waitrose (Essential)	Edamame Beans (500g)	Yes	No	Yes
Waitrose (Essential)	Extra Fine Whole Green Beans (500g)	Yes	No	Yes
Waitrose (Essential)	Supersweet Sweetcorn (750g)	Yes	No	Yes

SKA Approved List

This list has been compiled based on correspondence with manufacturers.

It is preferable to purchase products which are certified Kosher for Passover when possible.

Kitniyot items are marked with an asterisk ().*

Raw Kitniyot require checking for extraneous matter before use.

Anchor Butter Spreadable ³	Longley Farm Natural Cottage Cheese ^{3 7}
Anchor Butter Spreadable Lighter ³	Longley Farm Fat Free Natural Cottage Cheese ^{3 7}
Arla Lactofree Whole Milk Drink ³	Longley Farm Full Fat Cream Cheese ^{3 7}
Arla Lactofree Semi Skimmed Milk Drink ³	Longley Farm Cottage Cheese with Chives ^{3 7}
Arla Lactofree Skimmed Milk Drink ³	Longley Farm Cottage Cheese with Chives Fat Free ^{3 7}
Arla Lactofree Slightly Salted Spreadable Butter ³	Longley Farm Cottage Cheese with Pineapple ^{3 7}
Alpro Organic Soya Drink*	Maca Root Powder
Alpro Nutty Almond Milk Drink	McCain Hash Browns ⁸
Alpro Soya Growing Up Drink*	McCain Air Fryer Hash Brown Bites ⁸
Alpro Plain Soya Dairy Free Greek Style Yogurt*	McCain Smiles ⁸
Bicarbonate of Soda	M&S Made Without Wheat Choco Pops*
Butter (plain/salted) ³	M&S Made Without Wheat Rice Pops*
Cocoa (Beans and Nibs)	M&S Gluten Free Baking Powder*
Cocoa Powder and Cacao Powder	M&S Made Without Wheat Gluten Free Self Raising Flour*
Chosen Foods Avocado Oil Spray	M&S Made Without Wheat Gluten Free Plain Flour*
Clipper Organic Decaffeinated Instant Coffee	Meat, raw (kosher, unprocessed)
Desiccated Coconut	Milk ³
Coffee (Beans or Instant – not decaf)	Nuts (ground/whole; raw/blanched; not roasted)
Eggs	Potato starch
Extra Virgin Coconut Oil	Pulses (raw)*
Extra Virgin Olive Oil	Raisins (including with Sunflower Oil)
Freee Cornflakes*	Real Foods Corn Thins: Multigrain*
Freee Buckwheat Flour*	Real Foods Corn Thins: Original*
Freee Rice Flour*	
Freee Plain White Flour*	
Freee Self Raising White Flour*	

³ For those who are not particular during the year to purchase supervised dairy.

⁷ For those who hold that Gevinat Yisrael is not required for soft cheeses.

⁸ With SKA logo

Freee White Bread Flour Blend*
Freee Brown Bread Flour Blend*
Freee Gram Flour*
Freee Tapioca Flour*
Freee Brown Rice Tortiglioni Pasta*
Freee Organic Maize & Rice Pasta*
Freee Organic Buckwheat Penne Pasta*
Freee Organic Maize & Rice Lasagne*
Freee Brown Rice Spaghetti*
Freee Brown Rice Penne Pasta*
Freee Multigrain Pasta with Buckwheat and Quinoa*
Freee Maize & Rice Fusilli Pasta*
Freee Maize & Rice Penne Pasta*
Freee Red Lentil Pasta*
Frozen Fish (raw)⁴
Fruit, Fresh (whole)
Fruit, Frozen⁵
Fruit Juice (with no antioxidants)⁶
Hermesetas Mini
Honey
Kettle Lightly Salted Crisps
Kirkland Almond Flour
Kirkland Organic Blue Agave
KTC Lemon Juice

Real Foods Corn Thins: Sesame*
Rude Health Organic Corn Crackers*
Rice (dried)*
Sainsbury's So Organic Peanut Butter⁹
Sainsbury's Smooth Peanut Butter⁹
Sainsbury's Crunchy Peanut Butter⁹
Sainsbury's 100% Smooth Peanut Butter⁹
Sainsbury's 100% Crunchy Peanut Butter⁹
Salt (preferably non-iodized)
Seeds (raw)¹⁰
Spices: Garlic, Onion, Ginger, Cinnamon (powder or granules)
Stamford Street Co Crunchy Peanut Butter⁹
Icing Sugar (not Fondant Icing)
Sugar, White
Sunflower oil
Tapioca Starch
Tea (black, white, green – not decaf)
The Tofoo Co Naked Tofu*
Tinned Salmon¹¹
Tinned Tuna¹¹
Tomato Puree¹²
Toothpaste¹³
Vegetables, Fresh
Vegetables, Frozen⁵
Water, bottled (still or naturally sparkling)
Yoghurt (plain, e.g. Greek Style)³

⁴ Some skin (bearing easily detachable scales) must be attached and visible.

⁵ Without citric or ascorbic acid

⁶ Not grape juice

⁹ Some say Kitniyot. See Igrot Moshe O.C. 3:63.

¹⁰ Consult kitniyot charts if necessary

¹¹ In oil, water or brine

¹² Without citric acid

¹³ Without Sorbitol

Kitniyot Chart

Kitniyot	Some say Kitniyot	Not Kitniyot
Buckwheat	Alfalfa	Almond
Caraway	Amaranth	Brazil nut
Cardamon	Anise	Cashew
Chickpeas	Canihua	Chestnut
Corn	Cotton Seed	Chia
Edamame	Flaxseed	Coconut
Fennel Seeds	Kiwicha	Coffee bean
Frenugreek	Peanut	Cumin
Hemp Seed	Quinoa	Guar Gum
Lentil		Hazelnut
Millet		Locust bean gum
Mustard Seed		Maca seed
Pea		Macadamia
Poppy Seed		Mongongo
Pumpkin		Pecan
Rapeseed		Pine nut
Sorghum		Pistachio
Soybeans		Safflower
Sunflower Seed		Safron
Teff Seed		Walnut
Watermelon Seed		

SKA KOSHER FOR PASSOVER LICENSEES

BLUE SMOKE MEAT

bluesmokemeat@gmail.com

FLAX'S FOODS

43 High Rd, Bushey WD23 1EE

Phone: 020 8950 4749

KOSHER DELI

Golders Green, Temple Fortune, Hendon, Edgware,
Borehamwood, Manchester

MENACHEM'S GLATT KOSHER BUTCHERS

15 Russell Parade, Golders Green Rd, London NW11
9NN

SAM STOLLER & SON

28 Temple Fortune Parade, London NW11 0QS

020 8458 1429