

Purchasing *Chometz* After Pesach

If *chometz* has been in a Jew's possession over Pesach, it is subsequently forbidden for consumption.

- All Scroll K-certified establishments have been verified to be free of this concern.
- The following is a list of entities which either sold their *chometz* properly to a non-Jew over Pesach or are owned by non-Jews.

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| • 7-Eleven | • Häagen-Dazs Cherry Creek location | • Safeway |
| • Amusemints | • Hammond's Candies | • Sam's Club |
| • Bavarian Bakery | • High Point Creamery | • Simcha Spot |
| • BitCoin Grill | • HipPOPs | • Sprouts |
| • Bliss Caterers | • Izzio's Artisan Bakery | • Sweet's Candy Co. |
| • Bonnie Brae Ice Cream | • Josh's Smoke House | • The Braided Loaf |
| • Brooklyn Pizza | • KC Kosher Coop | • Trader Joe's |
| • CJ Kosher | • King Soopers | • Udi's Granola |
| • Cookies By Adina | • Mordy's Falafel | • Vitamin Cottage (Natural Grocers) |
| • Costco | • Natural Grocers (Vitamin Cottage) | • Walmart |
| • Culinary Masters Catering (previously Canteen Catering and La Vie Catering) | • Occasions Catering | • Whole Foods |
| • David's Delights | • Restaurant Depot | |
| • East Side Kosher Deli | • Rocky Mountain Spice | |
| • Enstrom | • Rosenberg's Kosher | |

KITNIYOS

AND OTHER PRODUCTS CUSTOMARILY NOT EATEN ON PESACH

These items are avoided by those of Ashkenazi descent. The custom of many Sephardi communities is to allow many, or all, of these items. These items (when there is no *chometz* concern) may be kept in your possession over Pesach.

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| • Anise ⁴ | • Corn | • Millet |
| • Ascorbic Acid, | • Cumin ⁴ | • MSG (possibly <i>chometz</i>) ³ |
| • Aspartame ¹ | • Dextrose (possibly <i>chometz</i>) | • Mustard Flour |
| • Beans (including Green Beans, Edamame, etc.) | • Emulsifiers ³ | • NutraSweet ² |
| • Bean Sprouts | • Fennel ⁴ , | • Peanuts ⁵ |
| • BHA (in corn oil) | • Fenugreek ⁵ , | • Peas |
| • BHT (in corn oil) | • Glucose ³ | • Rice ⁶ |
| • Buckwheat | • Green Beans | • Seeds (Caraway, Poppy, Sesame, Sunflower) |
| • Calcium Ascorbate ^{2,3} | • Guar Gum ³ | • Sodium Citrate ¹ (possibly <i>chometz</i>) |
| • Canola Oil (Rapeseed) | • Hemp seed and Hemp oil are <i>kitniyos</i> according to some authorities. This is not to be confused with CBD oil, which is discussed elsewhere in this guide. | • Sodium Erythorbate ¹ |
| • Caraway Seeds | • H.V.P. (possibly <i>chometz</i>) | • Sorbitan |
| • Chickpeas | • Isolated Soy Protein | • Sorbitol |
| • Citric Acid ^{2,3} (possibly <i>chometz</i>) | • Isomerized Syrup | • Soybeans |
| • Confectioner's Sugar generally contains cornstarch (<i>kitniyos</i>) and may possibly contain <i>chometz</i> . Certified KFP varieties are available which substitute tapioca starch for cornstarch. | • Kasha (Buckwheat) | • Starch |
| • Coriander | • Lecithin | • String Beans |
| | • Lentils | • Tofu |
| | • Malto-Dextrin ² (possibly <i>chometz</i>) | • Vitamin C1 ^{1,2} (possibly <i>chometz</i>) |

This information was gleaned from 'Kitniyos By Any Other Name' by Rabbi Tzvi Rosen and other sources.

¹*Kitniyos Shenishtanu*. Some hashgacha agencies will certify products for Pesach use when containing *kitniyos shenishtanu*.

²Unless bearing a reliable Passover certification.

³Only acceptable when the certifying agency has documented that all *chometz* issues have been resolved.

⁴The bulbs, root, and greens of these items are not *kitniyos*; it is only the seeds we avoid.

⁵Should be avoided on *Pesach*.

⁶Those who eat rice on *Pesach* should confirm their rice is Kosher *L'Pesach* and free of problematic additives. For more information, see Pesach Item List above