



The Green List

Products that don't need a special Pesach hechsher

In the interest of assisting the community with their Pesach requirements, the Kosher SA team has done extensive research on many products, and we are so pleased to be able to provide this list to the community. **These products may be used on Pesach with a regular BD logo unless stated otherwise and DO NOT require a special Pesach logo.** Some people are meticulous to use only products that have a special Pesach logo as these products are under full-time supervision. **This list is only for Pesach 5782/2022 and will be subject to review annually.**

THE FOLLOWING ITEMS MUST BE NEW AND UNOPENED:

Fresh and Long-life Milk and Cream

This should preferably be bought before Pesach.

Lactose-free milk and dairy-free milk requires a Pesach hechsher.

Sour Cream requires a Pesach hechsher.

Butter

Butter from Clover, MooiRiver and Springbok, both salted and unsalted, with a regular BD logo or the KLBD kosher logo.

Clover Springbok from Uruguay is NOT suitable for Pesach.

Butter from Genuine Foods, with a regular BD logo.

Oils

Extra virgin olive oil, with or without a BD logo.

Spray Cook Olive Oil is not suitable for Pesach.

Avocado oil, unflavoured with a regular BD logo.

Eggs

Eggs, with or without BD logo.

Honey

Honey is often adulterated with other ingredients (such as corn syrup).

Raw Honey, is therefore not recommended unless it has a regular BD logo or you know the direct source of the farm.

Processed honey, even with the words "pure honey" on the label, requires a Pesach hechsher.

Salt, Bicarbonate of Soda & Cream of Tartar

Cerebos Table Salt, (iodated, iodised or non iodized), with a regular BD logo.

All iodated or 100% Sea Salt, with or without a BD logo.

Himalayan "Pink" Salt, with no additives, with or without a BD logo.

Bicarbonate of soda, must state "B.P" on the packaging, as this confirms that no additives have been added.

Cream of tartar, must state "B.P" on the packaging, as this confirms that no additives have been added.

Spices

Whole spices, such as bay leaves, whole dried chillis, whole allspice berries, cinnamon sticks, whole cloves and peppercorns.

Coriander it is not considered Kitniyot, as long as it is checked before Pesach to ensure that no other grains (eg. wheat) could be in the packet.



**Quinoa and chia seed**

Quinoa and chia seed, with or without BD logo. Due to the fact that quinoa and chia seeds are often grown in close proximity to chametz, these products need to be carefully checked for other grains before Pesach.

Waters & Ice

All unflavoured still water, however sparkling water requires a reliable Pesach certification (see list below) as it may be carbonated using CO2 from a brewing (grain) source which would constitute as chametz.

Aquazania, Aquartz, Nestlé, VODE, Bené, San Pellegrino (Italy), Pick n Pay Brand, Woolworths Brand and Tsitsikamma unflavoured sparkling water are acceptable for Pesach with or without BD logo. **SodaStream and BIBO fizz gas cylinders** are acceptable to use for Pesach without a BD logo.

Coffee & Teas

Unflavoured coffee beans and ground coffee that is dry-roasted, that is dry-roasted, as long as they are not decaffeinated, with or without a BD logo, however instant coffee, freeze-dried coffee, coffee pods and capsules require reliable Pesach certification.

Jacobs coffee, in jars, including Original, Gold & Decaf, without a kosher logo, as they are produced and packed in Germany.

Jacobs Coffee in sachets and packets are NOT suitable for Pesach.

All unflavoured teas, such as Five Roses, Joko, rooibos, green tea, chamomile and herbal teas.

Fruit and flavoured teas require a reliable Pesach hechsher.

**Meat & Fish**

Raw meat, whole pieces only (eg. roasts, steak, ribs, chops, goulash, stir fry cut, etc.). This should be rinsed thoroughly before Pesach. Chicken, boerewors, cold meat and mince require a Pesach hechsher.

Raw fish. This should be rinsed before Pesach.

I&J and Sea Harvest, plain frozen, whole and filleted hake and cape whiting only, with or without a BD logo.

Woolworths frozen filleted hake and Norwegian salmon portions with or without a regular BD logo.

Fruit, Vegetables & Nuts

All fresh fruit and vegetables are fine to eat during Pesach with or without BD logo as long as they do not contain kitniyot. They should preferably be thoroughly washed first prior to use.

Some also have the custom to peel the skin from all fruits and vegetables.

Pre-cut fresh vegetables and fruit are fine to use, including sharp items when purchased from any reputable supplier such as Pick n Pay, Woolworths and Checkers, and should preferably be rinsed before use. However, it is ideal to purchase from a supplier that has a Pesach hechsher as it has been supervised with a full-time supervisor.

Dried fruit requires a reliable Pesach hechsher. **ONLY the Safari/SAD dried fruits, apple rings, prunes, peaches, apricots** (not Turkish) and **raisins and sultanas** are kosher for Pesach without a Pesach logo.

McCain frozen vegetables, with the regular Beth Din certification are fine to use as long as they do not contain kitniyot in the ingredients, such as peas, corn or beans – once purchased the contents should be checked for kitniyot.

**Any potato products, such as wedges and chips, would require a reliable Pesach hechsher.*

Raw unprocessed nuts, with or without a BD logo, excluding Pistachios, which are often processed.

**Kitchen Consumables**

Foil products, with or without a BD logo.

Wax paper, with or without a BD logo.

Baking paper, available locally, manufactured by Sylko, Glad, Pick n Pay and Twinsaver are fine to use with or without a BD logo, however imported baking paper, (with the exception of Glad and Pick n Pay baking paper), requires a reliable Pesach hechsher.

Paper plates and cups, and all other similar products, with or without a BD logo.

Dishwashing Liquid

Dishwashing Liquid with or without a BD logo.

Dental Hygiene

Toothpaste, with or without a BD logo. However, kids' toothpaste should be avoided.

Mouthwash, with or without a BD logo. For those who are machmir, the Listerine range is fine to use.

Dental floss (unflavoured), with or without a BD logo.

