**MEDICINES, COSMETICS & TOILETRIES FOR PESACH**

This letter refers to *Pesach*-specific concerns; Please consult your Rabbi regarding the use of medicines, cosmetics, and toiletries on *Shabbos or Yom Tov*.

### MEDICINES

- All pill or non-chewable tablet medication— with or without *chometz* — that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon]. Vitamins and food supplements do not necessarily fall into this category, and each person should consult with their Rabbi.

- Liquid and chewable medications that may contain *chometz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chometz*, and the possibility of substituting a swallowable pill.

**Important:** Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.

- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill. An otherwise healthy person, who would like to consume a liquid or chewable medicine to relieve a minor discomfort, should only do so if the product is known to be free of *kitnios*.

### COSMETICS & TOILETRIES

- All varieties of blush, body soap, conditioners, creams, eye shadow, eyeliner, foundations, ink, lotions, mascara, nail polish, ointments, paint, shampoo, and stick deodorant are permitted for use on *Pesach*—regardless of the ingredients contained within them.

- Many varieties of cologne, liquid deodorants, hairspray, mousse, perfume, shaving lotion, sunscreen, and wipes contain denatured alcohol, and therefore should only be used on *Pesach* if they do not contain alcohol or the alcohol is known to be free of *chometz*. Such products manufactured in the United States may be used, regardless of whether the ingredient list includes denatured alcohol.

- Lipstick, mouthwash and toothpaste which contain *chometz* should not be used.
The cRc’s general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

All pill or non-chewable tablet medication – with or without chametz – that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon.]

Rav Schwartz Shlit”a has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements which require hashgachah for Pesach. If a doctor prescribes a specific vitamin which does not have Pesach supervision, please review your specific situation with your doctor and Rabbi.

Liquid and chewable medications that may contain chametz should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains chametz, and the possibility of substituting a swallowable pill. Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.

Liquid and chewable medications that contain kitnios may be consumed by someone who is ill.

For laws of taking medicine on Shabbos and Yom Tov, please consult your Rabbi.

Items marked “Possible Chametz” contain edible ingredients whose chametz-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search www.ASKcRc.org or our smartphone apps.

This year, in addition to the extensive list of lipstick brands and varieties in the list below, we’re unveiling a brand-new search feature at www.crckosher.org/lipstick. All you have to do is start typing each ingredient into the search box, and use the handy drop-down list to choose the ingredient in our database. (You can also copy and paste each ingredient from your favorite website.) Click Enter as you continue to build your lipstick component list, and once you’ve included all the ingredients you want to check, just click Submit, and you’ll find out instantly whether your lipstick is approved for Pesach use!
### ALLERGY

<table>
<thead>
<tr>
<th>Product</th>
<th>Chametz Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allegra - Children's Suspension (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Claritin - Children's Chewable (Chewable)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Signature Care - 24 Hour Children's Allergy Relief (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Zyrtec - Children's Allergy Indoor &amp; Outdoor Allergies (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Zyrtec - Children's Dissolve Tabs (Tablet)</td>
<td>Possible Chametz</td>
</tr>
</tbody>
</table>

### ANTACID / DIGESTION / GAS

<table>
<thead>
<tr>
<th>Product</th>
<th>Chametz Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Align (Capsule)</td>
<td>Recommended</td>
</tr>
<tr>
<td>Alka Seltzer - Original Effervescent Tabs (Tablet)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Culturelle - Kids (Chewable)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Culturelle - Kids Packets Daily Probiotic (Powder)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Gas X - Extra Strength Cherry Crème (Chewable)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Gas-X - Extra Strength Chewables Cherry Crème (Chewable)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Gaviscon - Extra Strength Cherry (Chewable)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Gaviscon - Extra Strength Original (Chewable)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Imodium AD - (Liquid)</td>
<td>Not Recommended</td>
</tr>
<tr>
<td>Imodium AD - For Ages 6 &amp; Up (Liquid)</td>
<td>Not Recommended</td>
</tr>
<tr>
<td>Imodium AD – Multi-symptom Relief Caplets (Caplet)</td>
<td>Recommended</td>
</tr>
<tr>
<td>Kapectate - Max Peppermint (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Kapectate - Vanilla Regular Flavor (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Mylicon - Infants Original Drops (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Pepcid - Complete Berry Flavor (Chewable)</td>
<td>Possible Chametz (dairy)</td>
</tr>
<tr>
<td>Pepcid - Complete Cool Mint (Chewable)</td>
<td>Possible Chametz (dairy)</td>
</tr>
<tr>
<td>Pepto Bismol - 5 Symptom Relief (Caplet)</td>
<td>Recommended</td>
</tr>
<tr>
<td>Pepto Bismol - 5 Symptom Relief Cherry (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Pepto Bismol - 5 Symptom Relief (Chewable)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Pepto Bismol - Children's Pepto Bubble Gum Flavor (Chewable)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Pepto Bismol - Ultra (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Prilosec OTC - Wildberry Flavor - Non-Chewable (Tablet)</td>
<td>Recommended</td>
</tr>
<tr>
<td>Tums Assorted Varieties (Chewable)</td>
<td>Possible Chametz</td>
</tr>
</tbody>
</table>

### BLUSH

All are recommended

### BODY SOAP

All are recommended

### COLOGNE

Only recommended if free of (denatured) alcohol or if manufactured in the United States

### COUGH, COLD & FLU

<table>
<thead>
<tr>
<th>Product</th>
<th>Chametz Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alka Seltzer - Plus Cold Effervescent Tabs (includes Night Cold Formula) (Tablet)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Alka Seltzer - Plus Severe Cold &amp; Flu Formula (Effervescent Tablet)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Delsym - 12 Hour Cough Relief - Orange Flavor (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Delsym - Children's 12 Hour Cough (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Little Remedies - Honey Cough Syrup (Liquid)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Mucinex - Cough Mini-Melts for Kids (Dissolving Granules)</td>
<td>Possible Chametz</td>
</tr>
<tr>
<td>Theraflu - Multi-Symptom Severe Cold (Packet)</td>
<td>Possible Chametz</td>
</tr>
</tbody>
</table>
### COUGH, COLD & FLU (continued)

<table>
<thead>
<tr>
<th>Product</th>
<th>Chametz Status</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thera-Flu - Nighttime Severe Cold and Cough (Powder)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
<tr>
<td>Triaminic - Children’s Nighttime Cold and Cough (Liquid)</td>
<td>Not Recommended</td>
<td></td>
</tr>
<tr>
<td>Triaminic - Day Time Cold and Cough (Liquid)</td>
<td>Not Recommended</td>
<td></td>
</tr>
<tr>
<td>Vick’s - DayQuil Cough (Liquid)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
<tr>
<td>Vicks - Nyquil Cough (Liquid)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
<tr>
<td>Vicks - Nyquil Liquid Cold and Flu (Liquid)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
<tr>
<td>Zarbee’s - Children’s Nighttime Cough Syrup (Liquid)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
<tr>
<td>Zarbee’s - Naturals Children’s Cough Syrup (Liquid)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
<tr>
<td>Zicam - Cold Remedy RapidMelts (Tablet)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
<tr>
<td>Zicam - RapidMelts Ultra (Tablet)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
</tbody>
</table>

### GAS

See Antacid/Digestion/Gas

### HAIRSPRAY AND MOUSSE

Recommended if free of (denatured) alcohol or if manufactured in the United States

### INDIGESTION

See Antacid/Digestion/Gas

### LAXATIVES / FIBER SUPPLEMENTS

<table>
<thead>
<tr>
<th>Product</th>
<th>Chametz Status</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benefiber - Powder (Powder)</td>
<td>Chametz, Not Recommended</td>
<td></td>
</tr>
<tr>
<td>Benefiber - Stick Packs (Powder)</td>
<td>Chametz, Not Recommended</td>
<td></td>
</tr>
<tr>
<td>Citrucel (Caplet)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Dulcolax - Overnight Relief (Tablet)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Dulcolax (Suppository)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Epsom Salt (pure) - Generic or Branded versions (Powder)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Ex-Lax (Tablet)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Fibercon (Caplet)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Metamucil - 4 in 1 Fiber with Real Sugar Unflavored (Powder)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Miralax (Powder)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Pedia-Lax (Suppository)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Peri-Colase (Tablet)</td>
<td>Recommended</td>
<td></td>
</tr>
<tr>
<td>Phillips Milk of Magnesia (Caplet)</td>
<td>Recommended</td>
<td></td>
</tr>
</tbody>
</table>

### CREAMS

All are recommended

### DEODORANT

<table>
<thead>
<tr>
<th>Type</th>
<th>Chametz Status</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gel</td>
<td>All are recommended</td>
<td></td>
</tr>
<tr>
<td>Liquid</td>
<td>Recommended if free of (denatured) alcohol or if manufactured in the United States</td>
<td></td>
</tr>
<tr>
<td>Spray</td>
<td>Recommended if free of (denatured) alcohol or if manufactured in the United States</td>
<td></td>
</tr>
</tbody>
</table>

### FIBER SUPPLEMENTS

See Laxatives

<table>
<thead>
<tr>
<th>Product</th>
<th>Chametz Status</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tylenol - Children’s Dissolve Packs (Powder)</td>
<td>Possible Chametz</td>
<td></td>
</tr>
<tr>
<td>Walgreens – Adult Pain Reliever - NOT dye free (Liquid)</td>
<td>Possible Chametz</td>
<td>*Check with doctor for children’s dosage</td>
</tr>
<tr>
<td>Walgreens - Junior Strength Ibuprofen 100 Chewable Tablets (Chewable)</td>
<td>Recommended</td>
<td></td>
</tr>
</tbody>
</table>
**LAXATIVES / FIBER SUPPLEMENTS continued**

- Phillips Milk of Magnesia - Unflavored (Liquid) .......................... Recommended
- Prunelax Ciruelax (Tablet) .................................................. Recommended
- Senokot (Tablets) ............................................................... Recommended
- Senokot-S (Tablet) ............................................................... Recommended
- Walgreens - Mineral Oil (Liquid) .............................................. Recommended

**LIPSTICK**

*See new lipstick feature - details on page 77*

**ALMAY**
- Goddess Gloss ................................................................. Recommended
- Lip Vibes Lipstick ............................................................ Recommended
- Smart Shade Butter Kiss Lipstick ............................................ Recommended

**BARE MINERALS**
- Barepro Longwear Lipstick Slim Matte Lipstick ......................... Recommended
- Gen Nude Matte Liquid Lipstick ........................................... Recommended
- Gen Nude Radiant Lipstick .................................................. Recommended
- Statement Matte Liquid Lipstick ........................................... Recommended

**BOBBI BROWN**
- Crushed Lip Color ............................................................. Recommended
- Crushed Liquid Lip ............................................................ Recommended
- Lip Color .............................................................................. Recommended
- Luxe Lip Color ................................................................. Recommended
- Luxe Liquid Lip Velvet Matte ................................................. Recommended
- Luxe Matte Lip Color .......................................................... Recommended

**CHANEL**

- Rouge Allure Ink Fusion Beige Naturel Ultrawear Intense Matte Liquid Lip Colour .......................... Recommended
- Rouge Allure Ink Fusion Berry Ultrawear Intense Matte Liquid Lip Colour ........................................ Recommended
- Rouge Allure Ink Fusion Mauvy Nude Ultrawear Intense Matte Liquid Lip Colour .......................... Recommended
- Rouge Allure Ink Fusion Pink Brown Ultrawear Intense Matte Liquid Lip Colour .......................... Recommended
- Rouge Allure Ink Fusion Vibrant Pink Ultrawear Intense Matte Liquid Lip Colour .......................... Recommended
- Rouge Allure Rouge Délicieux Luminous Intense Lip Colour .......................................................... Recommended
- Rouge Allure Rouge Magnifique Luminous Intense Lip Colour .......................................................... Recommended
- Rouge Allure Rouge Majestueux Luminous Intense Lip Colour .......................................................... Recommended
- Rouge Allure Rouge Noble Luminous Intense Lip Colour .......................................................... Recommended
- Rouge Allure Rouge Spectaculaire Luminous Intense Lip Colour .......................................................... Recommended
- Rouge Allure Velvet Extrême Éternel Intense Matte Lip Colour .......................................................... Recommended
- Rouge Allure Velvet Extrême Extrême Intense Matte Lip Colour .......................................................... Recommended
- Rouge Allure Velvet Extrême Impressive Intense Matte Lip Colour .......................................................... Recommended
- Rouge Allure Velvet Extrême Muted Fuchsia Intense Matte Lip Colour .......................................................... Recommended
- Rouge Coco Flash Bohème Hydrating Vibrant Shine Lip Colour .......................................................... Recommended
- Rouge Coco Flash Désir Hydrating Vibrant Shine Lip Colour .......................................................... Recommended

**CLINIQUE**

- Almost Lipstick ................................................................. Recommended
- Clinique Pop Glaze Sheer Lip Colour + Primer ........................ Not Recommended
**LIPSTICK (CLINIQUE) continued**

- Clinique Pop Lacquer Lip Colour + Primer ........................................ Recommended
- Clinique Pop Lip Colour + Primer ..................................................... Not Recommended
- Clinique Pop Matte Lip Colour + Primer ............................................ Recommended
- Dramatically Different Lipstick Shaping Lip Colour ............................. Recommended
- Dramatically Different Lipstick Shaping Lip Colour ............................. Recommended

**DIOR**

- Addict Lacquer Stick ........................................................................... Recommended
- Addict Stellar Shine ........................................................................... Recommended
- Rouge Dior ............................................................................................ Recommended
- Rouge Dior Liquid ............................................................................... Recommended
- Rouge Dior Ultra Care ......................................................................... Recommended
- Rouge Dior Ultra Care Liquid ............................................................. Recommended

**ELF**

- Beauty Shield Lipstick .......................................................................... Recommended
- Day to Night Lipstick Duo .................................................................. Recommended
- Essential Lipstick ................................................................................ Recommended
- Lip Balm Tint ...................................................................................... Recommended
- Lip Definer & Shaper .......................................................................... Recommended
- Lip Exfoliator ..................................................................................... Recommended
- Lip Kiss Balm ..................................................................................... Recommended
- Lip Lacquer ....................................................................................... Recommended
- Lip Liner ............................................................................................. Recommended

- Lip Lock Crayon .................................................................................. Recommended
- Lip Plumping Gloss ........................................................................... Recommended
- Lock On Lip Primer ............................................................................ Recommended
- Luscious Liquid Lipstick ...................................................................... Recommended
- Matte Lip Color .................................................................................. Recommended
- Moisturizing Lipstick .......................................................................... Recommended
- Pout Perfecter Glow ........................................................................... Recommended
- Radiant Gel Lip Stain ........................................................................... Recommended
- Sheer Matte Liquid Lipstick ................................................................. Recommended
- Tinted Lip Oil ........................................................................................ Recommended
- Velvety Matte Lipstick .......................................................................... Recommended

**ESTEE LAUDER**

- Pure Color Envy Hi-Lustre Light Sculpting Lipstick ................................ Not Recommended
- Pure Color Envy Metallic Matte Sculpting Lipstick ................................. Recommended
- Pure Color Envy Sculpting Lipstick .................................................... Recommended
- Pure Color Envy Sheer Matte Sculpting Lipstick ..................................... Not Recommended
- Pure Color Love Lipstick ...................................................................... Not Recommended

**GIORGIO ARMANI**

- Lip Magnet Liquid Lipstick .................................................................. Possible Chametz
- Rouge D’Armani Matte Lipstick ............................................................ Recommended

**L’OREAL**

- Colour Riche Shine Lipstick ................................................................. Recommended
LIPSTICK (L’OREAL) continued

Colour Riche La Lacque Lip Pen .......................................................... Recommended
Colour Riche Lipcolour ........................................................................ Recommended
Colour Riche Matte Lipstick .................................................................. Recommended
Colour Riche Plump & Shine Sheer Lipstick .............................................. Possible Chametz
Infallible Pro-Matte Liquid Lipstick ........................................................ Recommended
Rouge Signature Lasting Matte Liquid Lipstick ............................................ Possible Chametz

LANCÔME
Color Design ......................................................................................... Recommended
Color Design Nude Lip Set ..................................................................... Recommended
Color Design Red Lip Set ...................................................................... Recommended
L’Absolu Lacquer Gloss ........................................................................ Possible Chametz
L’Absolu Lacquer X Chiara Ferragni ....................................................... Possible Chametz
L’Absolu Lacquer X Chiara Ferragni ....................................................... Recommended
L’Absolu Rouge Holiday Edition ............................................................. Recommended
L’Absolu Rouge Hydrating Lipstick ........................................................ Recommended
L’Absolu Rouge Ruby Cream Lipstick ..................................................... Recommended

MARC JACOBS BEAUTY
Enamored Dazzling Gloss Lip Lacquer .................................................... Recommended
Enamored Hi-Shine Lip Lacquer Lipgloss ................................................ Recommended
Enamored Hydrating Lip Gloss Stick ....................................................... Recommended
Le Marc Lip Crème Lipstick .................................................................... Recommended
Poutliner Longwear Lip Liner Pencil ....................................................... Recommended

MAYBELLINE
Lip Studio Electric Shine Prismatic Lip Gloss Makeup ................................ Recommended
Lip Studio Glitter Fix Glitter Lip Gloss Makeup ......................................... Recommended
Superstay Ink Crayon Lipstick Matte Longwear Lipstick Makeup ............... Recommended

REVLO
Colorstay Ultimate Suede Lipstick ........................................................ Recommended
HD Ultra Matte Lipcolor .......................................................................... Recommended
Matte Is Everything By Super Lustrous ................................................ Recommended
Super Lustrous Lipstick ........................................................................ Recommended

ULTA3
Lip Gloss ................................................................................................. Recommended
Matte Lipstick ........................................................................................ Recommended
Moisturizing Lipstick .............................................................................. Recommended

URBAN DECAY
Vice Lipstick 1993 Comfort Matte ........................................................ Recommended
Vice Lipstick 69 Cream ........................................................................ Recommended
Vice Lipstick 714 Mega Matte ............................................................... Recommended
Vice Lipstick Accident (Metallized) ......................................................... Recommended
Vice Lipstick Brat (Sheer) ...................................................................... Recommended
Vice Lipstick Broken (Sheer Shimmer) .................................................... Recommended
Vice Lipstick Naked Heat Capsule Collection ....................................... Recommended

WET N WILD
Color Icon Lipliner ................................................................................ Recommended
**LIPSTICK** *(WET N WILD) continued*

- Crystal Cavern Mega Glo Lip Gloss .................. Recommended
- Fantasy Makers Megalast Liquid Catsuit
  High-Shine, Vampire’s Juice Box ............. Recommended
- Megalast Lip Color ........................................... Recommended
- Megalast Liquid Catsuit Matte Lipstick ............. Recommended
- Megalast Liquid Lip Color ................................ Recommended
- Megaslicks Lip Gloss ........................................... Recommended
- Naked Protest Velvet Matte Lip Color .............. Recommended
- Perfect Pout Jelly Balm ...................................... Recommended
- Perfect Pout Lip Color ................................... Recommended
- Perfect Pout Ombre Lip Wand ............................ Recommended
- Silk Finish Lipstick ........................................... Recommended
- Snowmelt Lip Powder ........................................ Recommended

**LOTIONS**

All are recommended

**MASCARA**

All are recommended

**MISCELLANEOUS**

- Asthma Inhalers, all types - (Liquid Vapor) ........................................... Recommended
- Bayer - Low Dose Baby Aspirin Chewables (Chewable) ......................... Possible Chametz
- Bonine - Complete (Chewable) ........................................... Possible Chametz (dairy)
- Chapstick - Classic Cherry, Strawberry, Spearmint ............................ Recommended
- Chapstick - Classic Original ........................................... Recommended
- Culturelle - Digestive Health Women’s Healthy Balance
  (Capsule) ........................................... Recommended
- Dramamine (Chewable) ........................................... Possible Chametz
- Ensure - Assorted Nutritional Supplements ....................................... See Nutritional Supplement Listings
- Femcon - Fe (brown and white pills) (Chewable) .................................. Possible Chametz (dairy)
- Fixodent - Extra Hold (Powder) ........................................... Recommended
- Fixodent - Original (Cream) ........................................... Recommended
- Floss - Flavored ........................................... Possible Chametz
- Floss - Unflavored, including waxed ........................................... Recommended
- Kanka - Mouth Pain (Liquid) ........................................... Possible Chametz
- Listerine PocketPaks - Assorted Varieties (Dissolving strip) ................. Not Recommended
- NoDoz - Alertness Aid (Tablet) ........................................... Recommended
- Polident - 3 Minute (Tablet) ........................................... Possible Chametz
- Polident - Overnight Whitening (Tablet) ........................................... Possible Chametz
- Polygrip - Free (Cream) ........................................... Recommended
- Polygrip - Original (Cream) ........................................... Recommended
- Probiotics (Powders, Liquids, Gelcaps) ........................................... Need certification
- Probiotics (Pills) .................. No certification needed
- St. Joseph - 81mg Chewable Aspirin (Chewable) .................................. Possible Chametz
- Unisom - PM Pain SleepCap (Caplet) ........................................... Recommended
- Unisom - SleepMelts (Meltaway) ........................................... Possible Chametz
- Unisom - SleepTab (Tablet) ........................................... Recommended
- Vicks - ZzzQuil (Liquid) ........................................... Possible Chametz
- Vivarin (Tablet) ........................................... Recommended
MOUSSE
see Hairspray and Mousse

MOUTHWASH
Only recommended if known to be chametz-free
Adwe - Mouthwash (Assorted Varieties)

NAIL POLISH
All are recommended

OINTMENTS
All are recommended

PERFUME
Recommended if free of (denatured) alcohol or if manufactured in the United States

SHAMPOO
All are recommended

SHAVING CREAM
Cream .................................................. All are recommended
Gels ....................................................... All are recommended
Liquid .............................................. Recommended if free of (denatured) alcohol or if manufactured in the United States
Lotion .............................................. All are recommended

TOOTHPASTE
Only recommended if known to be chametz-free

VITAMINS
See Guidelines Above

WIPES
Recommended if free of (denatured) alcohol or if manufactured in the United States

The cRc investigates the kosher status of medicinal items for Pesach and year-round (See our website at http://bit.ly/OTClist, by searching at www.ASKcRc.org, or our app.) If you have a question about something not listed there, feel free to take a picture of all sides of the package, making sure to also include the active and inactive ingredients, and send it to info@crcweb.org, so someone can help you.

In addition of proving a wealth of kashrus information on our websites and apps, the cRc is happy to answer questions submitted by members of the community. Often, these questions require time and effort to research and make sure we are providing accurate and up-to-date information; serving the public is our mission and we are happy to make that effort. Occasionally, someone eager for an answer will direct the same question to several members of our kashrus team, not realizing that all of them may wind up spending time researching the very same question, which reduces the number of questions from the public that we field during that time. Therefore, we ask that questions be submitted only to one member of our kashrus team.

Thank you for being considerate with our time and resources and helping us to better serve the community.

PESACH PREPARATION CAN BE OVERWHELMING.
CARING FOR CHILDREN CAN BE OVERWHELMING.
Yet, both need our attention!

Try to give adequate attention to Pesach preparations AND to the needs of our children.
For every hour you prepare for Pesach, spend 10 minutes listening and talking to your children.