

# A GUIDE TO CHODOSH

For the Year 5780 ('19-'20)

Price \$12.00

NEW TEXTING SERVICE: Questions can be texted to 914-522-0096 and will be answered via text. DO NOT call this number with questions!! For more information see page 4.

BY R' YOSEPH HERMAN Z"l  
WITH THE ASSISTANCE OF C. ROSSKAMM

לזכר נשמת יוסף בן יהושוע וקראסיל קרינדיל עטרה בת אסתר הרמן

## לעילוי נשמות

## אבי מורי ר' יהושע בן ר' משה ע"ה

## ואמי מורתי בריינדל בת ר' יקותיאל הלוי ע"ה

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Note: The above dedication to Reb Yaakov ZT"L and Reb Moshe ZT"L is an expression of gratitude for the support and advice that they gave to the publication of this Guide. It should not imply that they gave any haskomo to this Guide or that they paskened that everyone must avoid eating all foods

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קונטרס זה  
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ונאמנות ואחריות גדולה עד יומו האחרון.

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בקשתנו שטוחה מכל הנהנה מיגיעו של אבינו המחבר זצ"ל שיואיל לגמול לו חסד ולעשות לטובת ולעילוי נשמתו ע"י חיקוי דרכיו בהתחדשות מתמדת בעבודת ה', זיכוי הרבים והרבות כבוד שמים - ובשומו אל לבו הלקח הגדול שהנחילנו שאין דבר טוב שא"א להשיגו ע"י רצון ועבודה מתמדת בעמל ובהשקעה... וודאי שהלומד מדרכיו ועושה כן, או הלומד משניות לעילוי נשמתו - בפרט משך השנה הראשונה- הינו מראה בזה כלפיו 'הכרת הטוב' עצומה

'יה"ר שהקונטרס והחזיקים יהיו לעילוי נשמתו ושנוכה לראות בקרוב בקיום היעוד 'הקיצו וירננו שוכני עפר

המשפחה

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# PREFACE

## CHANGES TO PROJECT CHODOSH

As Project Chodosh moves on, under the leadership of Moshe Herman, R' Yoseph Herman's son, some changes need to be made.

The guide is continuing and building on the work and research of Rabbi Herman Z"l. His signature is visible on every page as his work continues to guide us.

## TEXTING SERVICE

The guide is beginning to explore the option of answering questions via text message. Questions can be texted to 914-522-0096. We hope to answer all questions by text each evening, Sunday-Wednesday, and BE"Y Thursday as well, as much as possible. DO NOT call this number with questions. The owner of the line will not be able to help you and it will just be a disturbance to them. A special thanks for allowing the guide to use their line for this service.

Please note that every text needs to be processed. Please do not text back thank you.

## CHODOSH HOT LINE

**If you have questions DO NOT CALL the home telephones of M. Herman or C. Roskamm. Instead DO CALL THE CHODOSH HOT LINE at 718-305-5133, 24 hours per day.**

The Chodosh hotline will be operational with questions being answered Sundays in box 3-1 and Wednesdays in box 3-2, Rosh Chodesh Elul until Chanukah and then once a week until Pesach. This may change based on need.

## THE GUIDE'S NEW FORMAT

Last year the guide had a major revision. It now consists of three principle sections: Section 4.1- Alphabetical listing of packaged foods, Section 4.2 -Alphabetical listing of establishments and services, and Section 4.3 - Subject index. Sections 1-3 have been left out of the preliminary guide and will be printed in the main guide.

Section 4.1 lists items by company name, including all items made by that company for which we have Chodosh-related information. For example, under Kemach are listed all products such as ice cream cones, noodles, cereals, flour, pie crusts, etc. If any company or food items is not listed it means that we have no information about that company or item. If that item is supposed to be under hashgocho for Yoshon and it does not have a Yoshon label, it means that the mashgiach had not supplied relevant information to the Guide in time to be printed in the Guide. In such cases, we suggest that you contact the mashgiach directly for updates.

Section 4.2 is a similar alphabetical listing of all establishments and services, organized by city. For example, under New York City are listed all bakeries, pizza shops, catering services, restaurants, etc., anywhere in the New York City area, all in alphabetical order by the name of the establishment.

Section 4.3 is a subject index. For example, if one is interested in knowing which cereals may be Yoshon, he would check under "Cereals". That provides all companies listed in the Guide, the ,τ κ ,ג categories that are available, and the page number of Section 4.1 where they may be found.

For the details you would have to turn to that page. Note that the subject index of Section 3 only references the list of packages foods in Section 4.1.

We trust and hope that you will find this new format more useful than the old one.

### **An Appeal for Donations**

The Guide to Chodosh is a non-profit project (tax-deductible, Tax ID 45-447-5432), dedicated to the gathering and dissemination of Chodosh-Yoshon information of practical value to the consumer. Our expenses include printing, telephone and fax related charges, and the salaries of part-time helpers who make the Guide possible. Most, but not all of these costs are covered by the paid subscriptions. However, donations would be appreciated to cover the balance of our budget. Tax deductible payments may be made by check to "Project Chodosh" and be mailed to Project Chodosh, c/o Rosskamm, 963 Armstrong Ave. Staten Island, NY 10308. Alternatively, call our Guide order phone number, 646-278-1189. Record your name and credit card number as requested. Be sure to specify that your call is to make a donation and the amount of the donation.

### **A Note Regarding Hashgochos for Yoshon**

We have made several attempts to notify all mashgichim and hashgocho organizations who have in the past been involved in supervising Yoshon. We emphasized to them that all of their hashgocho information must have been received by us by Aug 15 '19 to be included in the Preliminary Guide and by Nov 15 '19 to be included in the final Guide. We apologize, but due to the time constraints on our staff, we need to enforce these dates. If the foods of interest to you that have been under hashgocho for Yoshon in the past are not included in our Guides, we suggest that you contact the responsible mashgichim directly for updates.

### **HOW TO CONTACT THE GUIDE TO CHODOSH**

To contact the Guide with questions and comments there are two principle options:

- (1) Call the Hot Line at 718-305-5133.
- (2) Send email to [yherman40@gmail.com](mailto:yherman40@gmail.com)

### **WHEN DID CHODOSH START?**

We expect the Chodosh grain started to appear in products as follows:

- 1) **Freshly baked items using spring wheat**, including breads, challahs, bagels, rolls, pizza and some cakes and cookies may be Chodosh in the Midwest after the PURCHASE DATE of August 15. Elsewhere in the US, this date would be Aug 23.
- 2) **Packaged foods from spring wheat** may be Chodosh after the PACKING date of August 15, or the PURCHASE date of Aug 23.
- 3) **Noodles and pasta** may be Chodosh after the PACKING date of Aug 22 and the PURCHASE date of Sept 2.

- 4) **Barley**, such as pearled barley, may be Chodosh after the PACKING date of August 13 and PURCHASE date of Aug 22.
- 5) **Oats**: Oats in all products, including cereals, may be Chodosh starting with a PACKING date of August 2, PURCHASE date of Aug 16. An exception is the oats in General Mills cereals that may be Chodosh starting with a packing date of Sept 15.
- 6) **Barley malt** (also listed in the ingredients as “malt”) may be Chodosh as of the packing date of **Dec 15**. Package codes should be checked after the purchase date of **Dec 15** for **beer** made from barley malt and **Mar 15** for malt in other products.

## THE ONGOING WINTER WHEAT-SPRING WHEAT PROBLEM

### MATZOS, GEFILTE FISH, PRETZELS, CAKES AND CRACKERS

A few years ago, we became aware of a new problem. Namely, since the inception of the Guide more than 40 years ago, people in the milling and baking industry had a rule of thumb that all soft and crumbly baked products including crackers, matzos and pretzels are always made from winter wheat which is Yoshon. We learned that over the last few years the winter wheat crops have been so low in protein, that many of these products now have spring wheat flour mixed in, making them possibly Chodosh. Even ingredients labeled “winter wheat” may, by law, have even more than 50% spring wheat content without mentioning the spring wheat! This has required us to reexamine all products that have in the past been labeled Yoshon following the old rules that “winter wheat” is always Yoshon. This reexamination is an ongoing process. This issue of the Guide lists those crackers and pretzels that have at the time of this printing been confirmed as being Yoshon.

**MATZOS** From our investigations it appears that chametz matzos and matzo meal, sold all year around is from winter wheat and is Yoshon. However, Pesach matzos are different. A few hand matzo bakeries may be using flour that may be Chodosh. Therefore, we suggest that you confirm with the mashgichim of pesach matzos that their bakery only produces Yoshon.

**GEFILTE FISH** Since, as noted above, chametz matzos are Yoshon, all chametz gefilte fish where the only potential problem is matzo meal are also Yoshon. However, those gefilte fish that list bread crumbs in the ingredients or are made for Pesach and are grebrachs need to be individually investigated to be sure that they are Yoshon.

**PRETZELS, CAKES AND CRACKERS** We have found that the situation for pretzels is far more complex. There are many different pretzel flours in use. We cannot recommend any pretzels as Yoshon unless specifically certified as such by the mashgiach. The same caution is recommended for crackers and cookies.

### WARNING ABOUT CHODOSH IN UNEXPECTED PRODUCTS

Consumers have noted that some products, including those packaged by grocery stores have ingredients such as wheat flour that may be Chodosh. These include tuna fish salads that contain bread crumbs, some chocolate and candy items and some seed preparations. Consumers are urged to check the list of ingredients of items that they purchase and avoid repackaged items where no ingredients are listed.

### WORDS OF CAUTION TO MASHGICHIM

This section is addressed to mashgiachim who are giving hashgocho for Yeshon, to make sure that they are aware of all areas that need to be checked to make sure that all aspects of production do not introduce problems of Chodosh. It is not enough to only check on the Yeshon status of the wheat flour that is being used. The following is a checklist of some recent problems that have been reported that should be checked by the mashgiach.

- **Wheat starch**: For revised guidelines for wheat starch, please see the “Wheat Starch” entry below.
- **Dough Conditioners and mixes**: Many bakeries use dough conditioners in some baked product. These must be checked to be sure they are Yeshon. All prepared mixes should also be checked.
- **Vital wheat gluten** when used should be checked for Yeshon.
- **Ingredients**: Any ingredient that has a chometz problem, in theory may also have a Chodosh problem and needs to be investigated. When using ingredients certified as Yeshon by other mashgiachim, check the standards used by their hashgocho. For example, some flour may be labelled “winter wheat” and may still be more than 50% spring wheat and be Chodosh.
- **Package control**: Systems should be set up to avoid mix-ups of Yeshon and Chodosh products in similar containers. Such mix-ups have been reported when workers mix up bags of Chodosh and Yeshon flour, sometimes even at the distributor level. This has also been a problem in catering establishments that produce Yeshon and non-Yeshon affairs on different days or in different halls on the same day. Dating codes or hashgocho symbols should be checked.
- **Matzos and matzo meal** have always been assumed to be Yeshon. With the new winter wheat-spring wheat problem it cannot be automatically assumed that matzos and matzo meal are Yeshon.
- **Pizza shop and restaurant** problems: All fried foods may have problems of Chodosh if they are fried in the same oil and fryer that are used for spicy fries that contain flour in the ingredients. In addition, some pizza shops line their ovens with semolina flour. Such flour is usually Chodosh. Other materials should be substituted, for example potato starch. Finally, sometimes Chodosh and Yeshon may be in the same oven at the same time. This should not be permitted.
- **Check utensils** that may have been used for Chodosh. Is koshering required after use for Chodosh?
- **Bagel shop problems**: Some bagel shops have been selling Yeshon regular bagels from Yeshon flour and Chodosh bagels from Chodosh whole wheat flour. They did not realize the halachic problems posed by using the same boiler to cook up the Chodosh and Yeshon bagels prior to baking. Sometimes both types of bagels were cooked even the same time!
- **Caterer cautions**: Breads, challehs, rolls, frankfurter and hamburger buns, bagels, wraps, frozen doughs and blankets, some cakes and cookies, ice cream cakes should all be from sources under hashgocho for Yeshon. Sometimes the same company will produce both Chodosh and Yeshon. For example, “6-grain” or “whole grain” breads often are not Yeshon.
- **Bread crumbs** must come from Yeshon sources. Corn flake crumbs contain malt which may be Chodosh if packed after Dec. 15.
- **Flour** used as a thickening agent **in soups** may be Chodosh.
- **Wheat germ**, and other wheat products should be checked
- **Oats based ingredients** A mashgiach mistakenly allowed “Kemach Yeshon” to be printed on a label on an item where the main ingredient was Yeshon wheat flour. He did not take note of the fact that the ingredients also included oats that may be Chodosh.
- **Flavoring additives** Check for additives which may be using wheat or malt products. For example, wheat flour is included in the ingredients of a red pepper spice mixture used to flavor some wraps.
- **Barley** for example used by caterers in soups or cholent should be checked to make sure that it is Yeshon.
- **Spelt or rye** products. If made in the USA, these are Yeshon. From other countries they have to be checked out.
- **Tuna fish mixes and salads** used by restaurants may contain bread crumbs or flour.

- **Policy regarding malt** should be verified.

## **ADDITIONAL COPIES OF THE GUIDE**

Copies of the Guide can be ordered by US mail, can be purchased locally in several cities or can be downloaded by computer e-mail.

### **Purchase copies to be sent by US mail**

To request literature. Copies of this Guide are available by subscription. This issue is the only full issue for this year. A subscription of \$14 will pay for this issue and urgent updates to be sent to you by US mail to anywhere in the USA. For overseas, including Israel the cost of this issue and urgent updates to be mailed is US \$20. For Canada and Mexico, it is US \$18. It is preferred that you use the credit card method of payment. Please call 646-278-1189 and record your full credit card information. Checks should only be used as a last resort if credit/debit cards are really not available. However, if you need to use a check, please make out the check to Project Chodosh and mail it to Project Chodosh, c/o Mrs. C. Rosskamm, 963 Armstrong Ave., Staten Island NY 10308. Please DO NOT mail credit card information to Mrs. Rosskamm.

### **Purchase of Guide from Local Distributors**

The purchase price of this issue at the distributors is \$12. Cash may be paid at the local distributors. Please use the credit card method of payment Please call 646-278-1189 and record your full credit card information. Checks should only be used as a last resort if credit/debit cards are really not available. However, if you need to use a check, please make out the check to Project Chodosh and mail it to Project Chodosh, c/o Mrs. C. Rosskamm, 963 Armstrong Ave., Staten Island NY 10308.

The following is a list of distributors where this issue may be purchased.

- **Baltimore**: Dr. Avrohom Nelkin, 3831 Labyrinth Road, (410) 358-4975. The Guide will be sold from the home.
- **Brooklyn**: Rabbi Zev Katz, 1515 East 13th Street. Copies of the Guide will be stored in a self-service box near the front door. The \$12 per copy may be pushed in through the mail slot at the bottom of the front door.
- **Chicago**: Rabbi Shmuel Yehudah Levin, 5118 North Drake, Chicago, (773) 588-1349. Guide will be sold from a self-service box on the stoop, with money to be put into slot in door.
- **Lakewood**: Rabbi Shimon Greenfeld, 1 Kew Gardens Drive, (732) 364-7576. Also Rabbi Aaron Quinn, 606 6th St, (732-901-7949).
- **Monsey**: Rabbi Ami Cohen, 6 Regina Rd, South Monsey. Copies of the Guide will be stored in a self-service box near the front door. The \$12 per copy may be pushed in through the mail slot at the bottom of the front door.
- **Yerushalayim**: Rabbi Yekusiel Herman, R' Chizkiyohu Shabtai 11/17 Ramot, Yerushalaim (02) 571-0229.

### **How to Order the Guide to Chodosh to Be Sent To You by E Mail**

You can order the Guide to be sent to you by E mail, free of charge. The guide is available only in PDF form.

To order the PDF version of the Guide by E mail

>DO NOT send any message to me at yherman@earthlink.net

>DO send a message to: chodosh@moruda.com

You will get the Guide back by automatic response, via E-mail. If you do not get a response, check your spam filters to make sure that the Guide is not trapped there.

## How to Contact Us For More Information by Telephone, Fax, or E-mail

### The Telephone Hot Line

**NOTE: If you have questions DO NOT CALL the home telephones of Y. Herman or C. Roskamm. Instead DO CALL THE CHODOSH HOT LINE at 718-305-5133, 24 hours per day.** Record your questions and call back within 7 days for possible answers recorded to your questions. Questions will be answered twice a week, usually Sunday and Wednesdays.

### Faxes

The Guide to Chodosh can no longer accept questions by fax

### Email

It is possible to send E mail directly to the Guide by addressing it to yherman40@gmail.com. As an additional service, the Guide operates a computer E-mail-based mailing list dedicated to Chodosh and Yoshon. This mailing list is kept private, used only by the Guide to Chodosh and not given to any other person or organization. Urgent news and other information is sent at regular intervals automatically to all those on the list. There is no charge for this service. Those who have access to E-mail can join this group by sending a message to:

chodosh-subscribe@lists.projectgenesis.org

To discontinue the E-mail service, send a message to

chodosh-unsubscribe@lists.projectgenesis.org

Those who subscribe will get fast E-mail notification of important new developments, before it is possible to print them in corrected Guides. They will also automatically get email copies of the new Guides when they become available. Those who receive E mail bulletins should note that they normally contain preliminary information, subject to change.

Please note that all requests to join to the mailing list should be sent to the “chodosh-subscribe” address listed above. All **other** E-mail correspondence should go to yherman40@gmail.com. Do not send email to the yherman address to ask to subscribe to this free service. You should subscribe automatically by sending E mail directly to the E mail address given above. It is also very important that you do us the favor of unsubscribing yourself before discontinuing an E mail service or before you allow your free E mail service to be discontinued due to lack of use.

### Acknowledgements

The author thanks the following for their ongoing support of the Chodosh Project.

- Rav Avrohom Greenfeld. Rav Greenfeld has been a behind-the-scene support of the Guide to Chodosh for many decades, from its first day. He has acted as an advisor and sounding board. He has proof read each and every issue of the Guide before publication. He helped formulate and submit halachic questions to rabbonim and other poskim. The Guide would not have matured to its current state without his ongoing support.
- Mrs. Tzippy Bier has been handling most of the tasks related to the subscriptions to the printed literature. This task is being carried out flawlessly and is necessary and much appreciated.
- The ladies who are assisting with transcribing the hotline and contacting companies

Others who have contributed significantly over the past years:

- Xchange Telecom of Brooklyn, NY has provided the telephone Hot Line service that is the backbone of the daily support the Guide tries to provide to the public. Their facility provides incoming phone lines that are never busy, and a message system that callers can manipulate for their convenience.
- Rabbi Yaakov Menken and his Project Genesis whose computers are used to distribute email bulletins throughout the season to a list of more than 2100 people.
- Mr. Maurice Mizrahi allows us to use his moruda.com computer, to allow people to download the Guide by the means of an email request to chodosh@moruda.com
- Tova at 6DaysCreations, 6dayscreations@gmail.com for creating the cover used in this issue.
- Those who distribute the Guide in local cities, including Dr. & Mrs Nelkin in Baltimore, Rabbi and Mrs. Katz in Brooklyn, Rabbi & Mrs. Levine in Chicago, Rabbi Greenfeld, Rabbi Quinn and their wives in Lakewood, and Rabbi and Mrs. Yekusiel Herman in Yerushalaim.
- Finally we acknowledge the talmidim of Harav Hagoan Shmuel Faivelson ZT”L, who shared with us a starting file of Yoshon information that they compiled while they were at Mesiftha Beth Shraga, in Monsey.

# 1. PRACTICAL GUIDE TO CHODOSH

## 1. An Introduction to Chodosh

This Guide is meant to provide practical guidance for those who wish to know which foods in the marketplace are Yoshon. As such, this is not the place for a detailed technical discussion on the agricultural and manufacturing factors relevant to the production of Yoshon. Here we present a very brief summary of these factors.

### 1.1 The definition of Chodosh

Chodosh is defined as including only grains in five categories: wheat, barley, oats, rye, and spelt. Any of these grains that took root before Pesach become Yoshon after the second day of pesach. (According to some poskim this means that the planting has to occur not later than 3 days before the second day of Pesach, others require 2 weeks before the second day of Pesach.) If one of these grains missed this planting deadline, then it is considered as having been planted too late to be Yoshon for this year. This grain will be harvested several months later. From the time of its harvest (typically the July-August period) until the Pesach of the following year, this grain is defined as Chodosh. This is the forbidden Chodosh grain, whose avoidance is the subject of this Guide.

Note that only these five types of grain can be Chodosh. Other grains such as buckwheat, rice, corn, etc. never have the problem of Chodosh.

There exist two kinds of crops: winter crops and spring crops. In the Northern Hemisphere (such as in America) winter crops are planted in the fall, remain in the ground through the winter (and more importantly for us, through pesach) to be harvested in the early summer. Since these crops were in the ground through pesach, by the time they are harvested they are Yoshon. In the USA, rye and spelt are both winter crops and are Yoshon (caution, “rye bread” contains wheat flour in addition to the rye and could thus be Chodosh). Spelt flour from Canada is also mostly Yoshon. However, rye or spelt products imported from elsewhere could be Chodosh.

Spring crops in the USA are usually planted after pesach and are harvested towards the end of the summer. Therefore, from the harvest until the following pesach they are Chodosh. In the USA most of the oats and barley are Chodosh until the pesach that follows the harvest.

Wheat in the USA is grown as two distinct crops, winter wheat and spring wheat. These two wheats differ chemically. Winter wheat is Yoshon. Its chemical properties make it best for most cookies, crackers, pretzels, cakes, matzos and other baked products that are soft or crumbly. (However, see Preface above that in the last few years spring wheat has been added in some of these applications.) Thus, the wheat ingredients in most of these products used to be Yoshon (however,

for practical guidance, please see the specific foods below. The exception to this rule is a small part of the Far West USA, near Los Angeles, where the cake and cookie flours could contain some spring wheat.

Spring wheat is used for most breads, challehs, and pasta products such as noodles, macaroni and spaghetti. Therefore, these items may be Chodosh from approximately the end of the summer until pesach.

Exactly which items are Chodosh depends on the type of grain, the time of the year and the region of the country. Please see specific items below for more details.

## 1.2 Which foods may have a Chodosh problem?

Foods that contain wheat, oats or barley may be Chodosh. This includes many items using “malt” which is derived from barley. With regard to wheat, the important question is whether a wheat ingredient in a food is

- only from winter wheat and is Yoshon (but see Preface above that flour marketed as “winter wheat” may have spring wheat mixed in.)
- from spring wheat and may be Chodosh

It is also important to know the manufacturing or packing date on which we should suspect that item to be Chodosh. These questions are answered in detail for specific products in the following sections.

The following is a partial list of items, often found at kiddushim and similar social occasions, or in the homes of others, that one has to check to make certain that they are free from Chodosh: bread, chalah, rolls, bagels, cakes, cookies, cereals, soups, farfel, pita, pizza, noodles, macaroni, spaghetti, soup and vegetable croutons, chow mein noodles, noodle kugel, ready to eat frozen dough products including knishes, fish sticks and blintzes, breaded and stuffed items such as stuffed fowl and food covered with bread crumbs, barley, snack foods, and items containing barley products such as cholent, and some alcoholic beverages including beer, vodka, gin, cordials and prepared cocktail mixes. To this list must be added many foods that contain malt that could be a problem each year after mid-November for beer and mid-December for items such as many cereals, pretzels and other items listing malt in the ingredients.

A word of caution is offered to those who wish to eat away from home during the Chodosh season. From this Guide it should be obvious that avoidance of Chodosh requires being up to date about a continuously changing situation and understanding complicated items such as package codes. We have found that people do not always keep up with the changes. Therefore, they are in all honesty claiming that their food is Yoshon, while following outdated guidelines. This has been especially true for people who themselves do not observe the dinim of Yoshon, but wish to prepare Yoshon for kiddushim or Purim, for example. It is important to reemphasize that the Chodosh situation keeps changing and last year’s (or maybe even last month’s) rules may no longer be valid. For example see the Preface regarding of adding spring wheat to winter wheat in many applications over the past few years. We try to spread the word on ongoing changes through the telephone Hot Line, urgent updates of this Guide, and email.

In addition, within the revised guidelines observed by the Guide to Chodosh, we can no longer recommend many foods without hashgocho for Yoshon. People not up to date to this change may still claim they are serving Yoshon, based on outdated guidelines or claims of Yoshon without the hashgocho needed to back up such claims.

## 1.3 Basics of the Yoshon Kitchen

Some foods are always Yoshon. These are permitted, from the point of view of the dinim of Chodosh, all year around. Other foods have a Chodosh problem during the Chodosh season, which extends nominally from about the August-September time frame till Pesach. This section introduces the beginner to the topic of Chodosh. These are only general rules. In specific instances only items under reliable hashgocho for Yoshon or if the item is produced before Chodosh is available on the market, should be used. The Guide is intended to produce practical guidance in this respect.

### 1.3.1 General rules about foods that are Yoshon or Chodosh

Foods produced in the USA that do not contain any wheat, oats, spelt or barley never have Chodosh problems.

Thus for example, buckwheat is never Chodosh. However corn flakes cereal may be Chodosh because it contains malt that comes from barley.

- Rye flour is Yoshon in the United States.

On the other hand, “rye bread” is made from a mixture of a minority of rye flour and a majority of spring wheat flour. Therefore, it may have Chodosh problems. Rye crackers made in the U.S. may be Yoshon if they contain no malt, wheat or oats. Many rye products from other countries have not been investigated.

- Items which have been confirmed to contain only winter wheat and no spring wheat, barley, or oats are Yoshon.
- Spelt grown in the USA is always Yoshon. About 80% of the spelt grown in Canada is also Yoshon. Therefore, we assume that spelt in all items produced in the USA or Canada is Yoshon.

Commercial bakeries use flours that differ from flour that is sold in groceries for home baking. Commercial bakery wheat flours, other than cake and cookie flours, may be Chodosh. This includes the flour used for bread, chalah, rolls, bagels, danishes, pizza and many cereals. It also includes most whole wheat and graham flour products. In addition many local bakeries add Chodosh flour to some of their cakes and cookies. If the baker uses pure cake or cookie flour, or pure rye, then it is Yoshon (except maybe in the Far West.) If it contains other flours, it could be Chodosh.

- Malt can start becoming Chodosh each year after November 15 for beer and Dec 15 for other foods with malt in the ingredients.

Malt is used in many foods such as cereals, pretzels, candies, etc. For a discussion of malt please see “malt” in Section 4.1 below.

The above list is not complete. It is only presented to provide an introductory set of examples. Please see the remainder of this Guide for more detailed information.

### 1.3.2 Storing Yoshon-Avoiding worm problems

The Chodosh harvest starts around July-August. Products made from the new Chodosh crop start becoming available in the market place each year in the mid July-September time frame. Starting Chodosh dates are given below for specific items. The Chodosh season ends on Pesach. Some foods that people want are not available in Yoshon form during the Chodosh season. These foods that could become Chodosh in the fall must be stored so that they last until the following Pesach. Storage of perishable foods could result in worm contamination unless proper precautions are exercised.

Yoshon flour used by Yoshon bakeries, pizza shops and such for bread, chalahs, rolls, coffee cake, pizza, etc. is available from several sources. The only method that used to be available years ago used flour milled at the end of the summer from Yoshon wheat before the Chodosh came into the mill. The milled flour was stored in 100-pound bags for the 6-7 month duration until Pesach. Such flour that is under hashgocho for Yoshon is usually stored under refrigerated conditions, to prevent the hatching of worms. A newer approach that was used the first time during the 04-05 season, has a mill storing Yoshon wheat in separate silos, along the silos of Chodosh wheat. The Yoshon wheat is sealed by a mashgiach and is only opened and ground into flour under the supervision of the mashgichim. This Yoshon wheat is being milled each week and being shipped directly to the distributors and bakeries without the need to store flour before shipment. The malt that is added is always stored Yoshon malt. Therefore, this Yoshon flour has the same freedom from worms that the freshly ground Chodosh flour has. (This freshly ground flour is only available in large 100-pound bags sold to bakeries. It is not sold to consumers.) It should be noted, that almost every year, so far as we know, there were no reported problems in flour produced either by the new freshly ground method or the refrigerated storage method.

- Flour that consumers buy in small bags, such as the 5-pound bags, have a greater danger of worm contamination. The seal on these bags is not as secure as the big bakery bags. Therefore, use the dating code when available to make sure that the bag was not made too long before your purchase date. It is quite possible that flour bags stored in warehouses or on grocery shelves may have picked up worms from the outside through incompletely sealed openings. It is also advisable that you store these bags at home under worm-free conditions. (See below) Sifting of flour is also recommended.
- Noodles, pasta and barley may become wormy if not stored properly. Special care must be taken with these items. These can easily become wormy even at the grocery storage and store facilities.
- Rabbi Efraim Israelowitz of the Yeshiva of Brooklyn reported a number of years ago that noodles and pasta stored in airtight plastic or cellophane bags are the most secure in terms of preventing worms from entering from the outside. Cardboard boxes and paper bags are much more vulnerable, especially when damaged in handling. He reported that some barley sold in the groceries is often stored in cellophane bags that have holes in them. These holes are there to aid in ventilating the barley. However, the same holes provide easy entry to worms. Thus all barley, whether stored for Yoshon or recently purchased, should be checked for worms before use.
- **RECOMMENDED STORAGE METHODS**
  - The best storage method to avoid worm contamination, the only one recommended without hesitation, is in refrigerators and freezers.
  - Sealed plastic bags and containers may be useful.
  - Long term storage without the above protection, especially in the warm weather, is not advisable

## 2. OTHER IMPORTANT INFORMATION

### 2.1 Glossary of important terms used in this Guide

There are three important terms used in this Guide that are related to dates for items in Section 4.1. All together, they are referred to by the general term “Chodosh date”.

**Package code:** For packaged foods, there is usually some code to indicate when that item was packed. When used with the Chodosh cutoff dates in Section 2.3 below, the package code can be used to determine whether the contents of the package are Yoshon or may be Chodosh. Such codes can be in the form of a “Best if used by...” date or some non-obvious set of numbers and letters. These codes are usually stamped or embossed on the package. They are not part of the regular printed label and they are not the bar code.

**Alphabetical order usually abbreviated “alph order”:** Some package codes list the month of the packing in an alphabetical order as part of the dating code, where a different letter is used for each month. Unless stated otherwise, this will be as follows: A=Jan, B=Feb, C=Mar, D=Apr, E=May, F=June, G=July, H=Aug, I=Sep, J=Oct, K=Nov, L=Dec.

**Day of the year:** Used in some package codes indicates the number of days that have passed since the previous Dec 31. For example, 032 would be Feb 1. This is also sometimes referred to as the “Julian” date.

**Winter wheat vs Yoshon:** If we are reasonably certain that all ingredients in a food are completely Yoshon, then we use the term “Yoshon”. If we know that the item uses winter wheat, but it may have other ingredients that may pose a Chodosh problem, then we use the term “winter wheat”. Thus, for example, for cereals or cookies where the Guide states that they are from “winter wheat”, it is important that the ingredients should be checked for malt or other items that could be Chodosh.

### 2.2 Yoshon categories used in this Guide

⌘- This designation indicates that the item or establishment has a hashgocho that certifies that the products are always Yoshon (no further checking is required).

⊃ -This designation indicates cases where the hashgocho for Yashon does not include every item, or cover the entire season, or may not cover malt. The consumer has to check for exceptions, as noted in each case.

⊂-This category was used in earlier years and has been discontinued.

⊄-Indicates cases where the item is Yashon without hashgocho for Yashon. The Yashon recommendation is either based on the Yashon status being determined from sources independent of the company or based on a cutoff date derived from the US Department of Agriculture harvest information, plus a package dating code.

⊅- This category indicates items that are believed to be Chodosh.

⊆-This indicates cases where the manufacturer may claim that the item is Yashon. However, the Guide cannot recommend the item as Yashon due to lack of hashgocho for Yashon, or more information is needed.

I – General Information

### 2.3 Chodosh cutoff dates based on harvest data

In earlier years, the Guide would try to ask each company when they begin to use the newly harvested Chodosh crops (see A.3 above). Under the current guidelines described above, we no longer rely on such information provided by individual companies. Instead, when hashgocho is not available for packaged foods, we use crop harvest data supplied by the U. S. Department of Agriculture in their public reports and similar data not originating with each company

When it comes to effective cutoff dates for spring wheat we will recognize the fact that the majority of the harvested crops are transferred to central shipping points or stored. We have developed an estimate that at least 10-17 days should pass from the first reported start of the harvest before the Chodosh would start to be used. For beer derived from barley malt, we now use November 15 as the Chodosh production cutoff date. For other items containing malt, this date is Dec 15

Regarding spelt, we learned in '07 that all spelt whether grown in the USA or in Canada can be assumed to be Yashon, as detailed later in this Guide.

In the table below we summarize the cutoff dates recommended by the Guide for this year, based on estimates of the US Government supplied harvest data. The “Packing date” indicates that all packaged goods with dating codes that were before that date should be Yashon. Starting with the “Packing date” and later, they may be Chodosh. The “Purchase date” is the first date for which we feel it is no longer safe to purchase the foods without checking for dating codes. We also give the first recommended date to stop purchasing freshly baked items produced at the local bakeries.

### 2.4 The local bakery problem

The housewife often uses the same flour for a variety of different baked goods. Bakeries are different. In general, bakers have different flour mixes for different products. The following general rules should be noted about commercial flours used in bakeries. The following is being supplied as background information only. In this Guide, we only recommend as Yashon those bakeries, pizza shops, and other establishments that have hashgochos for Yashon.

White cake and cookie professional bakery flours are usually 100% Yashon (with the possible exception of the Los Angeles area.) However, with the addition of spring wheat the last few years to flours that used to be from pure winter wheat, we are no longer sure of this rule.

The following types of bakery flours may be Chodosh after a given Chodosh date: high-gluten, high-strength, bread-flours, patent, clear, whole-wheat, graham, and pizza flours.

Thus if the baker uses only cake or cookie flour, the item may be Yashon everywhere except in the Far West USA. This is more likely for the case for soft and crumbly cakes such as sponge and marble cakes, as well as for some crumbly cookies. Cakes that are hard, chewy, and bread-like will usually be made from bread flour that could be Chodosh. Examples are yeast cakes, bobkes and danishes.

It was noted earlier that pure rye flour is always Yeshon in the USA. However the “rye bread” sold in bakeries contains about 70% spring wheat flour and may be Chodosh.

Spelt flour has been used lately, for example to produce matzos, rolls, crackers or cookies for those who are allergic to wheat. Spelt in items made in the USA are Yeshon.

## 2.5 Food produced in Israel

All food items produced in Israel under reliable hashgocho for kashrus are always Yeshon. In addition, all items under the hashgocho of the Badatz of Yerushalaim and produced anywhere in the world are also always Yeshon.

# 3. HOW TO TELL IF THE ITEM IS YESHON?

## 3.1 Packaged foods

### 3.1.1 Brief overview

- If there is a Yeshon statement on the package in addition to the kashrus hashgocho, then the item is Yeshon,
- If there is no Yeshon label, check the Guide to see if the item is listed as Yeshon.
- If it does not have a Yeshon label, and it is not listed in the Guide, then you can call the consumer information telephone line of the company that makes your package. Find out how to tell from the code on the package what was the manufacturing date of the item. It may be Chodosh if it contains
- Oats and oats flour that was manufactured Jul 26 or later, unless noted otherwise.
- wheat and was manufactured Jul 29 or later
- noodles or pasta or barley (not barley malt) if it was manufactured Aug 13 or later.
- If the above do not provide answers, try to call the Chodosh Hot Line at 718-305-5133 and leave your question. (However, you should get a quicker answer if you do your own investigation, as above.)

### 3.1.2 “Yeshon” labels and kashrus hashgochos printed on the same package

Does a “Yeshon” label on a package guarantee that it is Yeshon? Maybe not. Such a label may not be any more of a guarantee than the letter “K” on a package guaranteeing kashrus. It all depends on who is behind such a label. It may be that all of the ingredients are Yeshon. On the other hand maybe only the wheat flour is Yeshon. It is also possible that the company may claim Yeshon whereas the hashgocho takes responsibility only for kashrus and not the Yeshon status.

- For those packaged foods that are listed in this Guide as being category  $\aleph$  or  $\beth$  for Yeshon, the organization responsible for verifying Yeshon is stated in the Guide.
- All packaged foods packed in Israel under a reliable hashgocho for kashrus will always be Yeshon, with or without Yeshon on the label.
- All packaged foods packed under hashgocho for kashrus of the Eida Hachereidis Badatz Yerushalaim, Rabbi O. Y. Westheim of Manchester, Kedassia of London, or Rabbi Schneebag will always be Yeshon, with or without Yeshon on the label. This is true regardless of where these were packed.
- All items that have any one or more of the following hashgochos for kashrus AND a Yeshon label on the package are guaranteed to be Yeshon, including the malt if it is used: O-U, Star-K of Baltimore, O-K Laboratories, CRC-Hisachdus (not to be confused with the cRc of Chicago), Rabbi Weissmadl, Rabbi Shlomo Stern (the Debrecener Rav), Mechon Lakashrus of New Square-Rabbi Mordechai Unger, Rabbi Aaron

Teitelbaum (Nirbater Rav), Rabbi Yechiel Babad (Tartekover Rav), Bais Din of New Square, Vaad Harabonim of Monsey, Volover Rav Rav Nochum Efraim Teitelbaum.

- All items that have one of the following hashgochos for kashrus AND a Yoshon label on the package are guaranteed to be Yoshon. However the malt if it is used is not checked for Yoshon (see Section 3.1.3 directly below): KAJ, Kof-K, Rabbi Gruber, cRc (Chicago Rabbinical Council, not to be confused with the CRC-Hisachdus), Kehilah Kashrus (of Brooklyn). Therefore, after Dec 15, items under these hashgochos may contain Chodosh malt.
- Other “Yoshon” label situations have to be investigated on a case-by-case basis.

### 3.1.3 Policy regarding malt

It is explained in Section 10.1 below that malt or barley malt, when listed in the ingredients of a packaged food, can be used for one of two purposes: (1) added to most baking flours as a chemical agent to allow the yeast to react with the water and air to make the dough rise, and (2) as a sweetening coloring agent. Chodosh malt may start to become a problem this year after Dec 15 for items other than beer. If that malt is made from Chodosh barley, then the halacha may depend on the application as follows:

- Some Rabbonim are completely machmir and hold that Chodosh malt is not botul in either application (1) or (2).
- Others hold that Chodosh malt is botul in application (1), but not (2). This is the psak I got from Harav Hagoan Yaakov Kaminecki ZT”L and others and is the one that I personally follow in my home.
- Others yet hold that malt in items other than beer is either always botul, or for other reasons is not necessary to check for. In past years, one such reason was the fact that malt becomes a problem much later in the season (after Dec 15) and in many application only small amounts of malt are used. Therefore, they assumed that the malt is probably old.

In Section 3.1.2 above, when we mention that a hashgocho is not makpid on malt. That means they follow the third opinion for one reason or another. They do check for the Yoshon status of all ingredients, but they do not check into the status of any malt that is used.

## 3.2 Bakeries, restaurants, pizza shops, catering halls and similar establishments producing ready-to-eat foods

The Guide recommends that you accept foods only from producers where there is a mashgiach that takes responsibility for Yoshon, not just kashrus.

### 3.2.1 Policy regarding spicy fries and use of ovens

Many pizza shops and similar establishments serve spicy (potato) fries. These fries often contain flour that may be Chodosh. That potential Chodosh problem is compounded by the fact that the establishment often uses the same oil for other fried foods that contain no Chodosh ingredients. Therefore, all fried foods in such establishments have a possibility of containing Chodosh flour. All responsible hashgochos either make sure that spicy fries are Yoshon or they advise that fried foods not be treated as Yoshon.

Another problem area that has been found regards the use of an oven to heat Yoshon and Chodosh in the same oven at the same time. (Use of the same oven even at different times may pose halachic problems.) Maashgichim should make sure that this practice is not allowed when they certify Yoshon. (For example, in shops where the hashgocho for Yoshon only certifies the pizza, other non-Yoshon items should not share the same oven.)

### 3.2.2 “Yoshon” claims at catering halls and other establishments

The claim of “Yoshon” at catering halls, restaurants, pizza shops and other such establishments should be treated like a claim for kashrus. One has to know what and who is behind such a claim. If it is backed up by a reliable, competent hashgocho organization or mashgiach then that is a good assurance of the reliability of the Yoshon. If not, then one can face some of the following scenarios based on some real-life situations:

- “Of course, the baked products are Yoshon. We get them from a fine frum bakery who told us that they are Yoshon.”
- “We order all our noodles and other supplies from XYZ Distributors who have Yoshon supplies.” (Did anyone check if only Yoshon was delivered? Delivery mix-ups occur sometimes.)
- “We are all Yoshon. The barley in the soup? I am not sure let me ask. ...Yes, the cook told me that the delivery man told him that the barley is Yoshon.”
- We checked for Yoshon. It did not occur to us to check for the Yoshon status of the breading of the chicken.
- Last night you had a non-Yoshon affair at your hall. Did anyone check if the unopened Chodosh boxes that were left over from yesterday were not used by mistake for tonight’s Yoshon affair?

Due to such possible problems and others, the Guide will not list any establishment as being Yoshon, unless the Yoshon status is confirmed by a hashgocho.

\* \* \* \* \*

**This is the end of Part One of the Guide. Specific product information is provided directly below.**

## **Section 4.1. AN ALPHABETICAL LISTING OF ALL PRODUCTS**

**24/6** ⌘ **Foods**, including the **Kosher Select** and **Pomodori** Brands, Brooklyn, Pizza Dough/Crusts, Breads, Bagels,, Rolls and Buns are Yoshon under the Hashgocho of the OK Kosher.

⌘ **Aldi Potato Latkes** are Yoshon under the hashgocho of Rabbi Yehuah Shain of the Double U Kosher.

⌘ **Alpen Cereal** has a Chodosh code of Aug 15, 2020. (1 year after packing).

⚠ **American Beauty Pasta** Chodosh code for egg noodles is Aug 22 21 (2 years after packing). All other pasta: Aug 22 22 (3 years).

⚠ **Anderson's Pretzels:** Chodosh code: 15AUG20 (12 months after packing).

⌘ **Angel's Bakery**, Yerushalayim, Israel. Frozen dough products are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerusalayim.

⚠ **Anthony noodles.** Chodosh code egg noodles 082221 (08=month, 22=day, 21=year of expiration). All other noodles 082222.

⚠ **Apollo Filo dough by Athens Foods** the code is Aug 15, 2020 (1 year after packing). Please note that this information does NOT apply to the organic doughs for which code information is not available.

⚠ **Ardent Mills Flour** Yoshon with Kof-K Hashgocho and a Yoshon label that was packaged in Albany, NY or Puerto Rico is Yoshon. It is freshly milled from stored Yoshon wheat. This applies to all purpose, whole wheat flour and high gluten flours.

⚠ **Arrowhead Mills Organic Pastry Flour:** Chodosh code of Aug 15, 2020 (1 year after packing).

⚠ **Arrowhead Mills Whole Wheat Flour** has a code of Aug 15, 2020 (1 year after packing).

⚠ **Arrowhead Mills Cereals:** All cold cereals including Multigrain, Puffed Kamut, Oat Bran Flakes. Instant Oatmeal has a code of Aug 2, 2021, (2 years after packing). Organic Oat Flour has a code of Aug 2, 20 (1 year after packing). Steel Cut Oats have a code of Jan 23, 21 (540 days after packing).

⚠ **Arrowhead Mills Kamut Flakes** have a code of Aug 15, 2020, (1 year after packing). Organic Bulgar has a code of Feb 5, 21 (540 days after packing).

⚠ **Arrowhead Mills Vital Wheat Gluten** in 10 oz packages have a Chodosh Code of Aug 15, 21 (2 years after packing). Vital Wheat Gluten in 25-pound bags have a code of Aug 8, 21 (724 days after packing).

⚠ **Attune Foods Cereals:** Uncle Sam Cereals have a code 1 year after packing. For wheat, the code is Aug 15, 2020. Erewhon Cereals have a code that is 12 months after packing. For Oats that would be a code of Aug 2, 2020.

**I Audolized yeast** no known Chodosh problems

⚠ **Aunt Gussie's Cookies** that contain wheat have a Chodosh code Aug 15 19. This is the date it was packaged. Those that contain oats may be Chodosh starting with the package code of Aug 2, 19. For Cracker Flats the codes are the same. Spelt in the cookies does not have any Chodosh problems.

⚠ **Aunt Jemima Self-Rising Flour** has a code of May 15, 2020 (9 months after packing).

⚠ **Aunt Jemima Pancakes and Waffles** (please note that some of these mixes may not be Kosher, or may be dairy, not Cholov Yisroel). Frozen pancakes have a code of May 15, 2020 (9 months after packing). Frozen Waffles have a code of August 15, 2020 (12 months after packing). Pancake and waffle mixes have a code of August 15, 2020 (12 months after packing). Cake Mixes containing wheat have a code of August 15, 2020 (1 year).

⚠ **B'Gan Bread Crumbs** Yoshon with a Yoshon label only, under the Hashgocho of Rabbi Aaron Teitelbaum, The Nirbarter Rav.

⌘ **B'Gan Cake Mixes**, as well as cake batter, are Yoshon under the Hashgocho of Rabbi Aaron Teitelbaum

⊃ **B’Gan cookies, cakes and muffins, pretzels, Fruit Pies, Chocolate pies, Meringue Pies and Coconut Pies** are Yoshon with a Yoshon label only, Under the hashgocho of Rabbi Teitelbaum, the Nirbarter Rov.

⊃ **B’Gan Noodles and Pasta** Yoshon only with a Yoshon label, under the hashgocho of Rabbi Aaron Teitelbaum, the Nirbarter Rav. **Couscous** is Yoshon even without a Yoshon label.

⊃ **B’Gan Onion Rings, mushroom rings, Breaded Eggplant Cutlets, Shlishkes, Borekas, French Toast, French Toast Sticks, Knishes, Breaded Cauliflower, Croutons, Broccoli Kugel, Cauliflower Kugel, Vegetable Kugel, Pierogi, and Stuffing Mix** are Yoshon under the hashgocho of Rabbi Aaron Teitelbaum, the Nirbarter Rav.

⊃ **B’Gan Pie Crusts, Pie Shells** are Yoshon under the Hashgocho of Rabbi Aaron Teitelbaum, the Nirbarter Rov.

⊃ **B’Gan Matzo Balls and Matzo Ball Mix** are Yoshon under the Hashgocho of Rabbi Aaron Teitelbaum, the Nirbarter Rov.

⊃ **B’Gan Wraps and Egg Roll Wrappers** are Yoshon with a Yoshon label only under the Hashgocho of Rabbi Aaron Teitelbaum, the Nirbarter Rov.

⊃ **Bagel Distribution** bulk frozen bagels with a Yoshon stamp on the label are Yoshon under the hashgocho of the Star-K of Baltimore.

⊃ **Baker’s Joy Baking Spray** uses winter wheat.

I **Baker’s Yeast**, whether for home or bakery use are not known to have any Chodosh problems.

⊃ **Baker’s Harvest Graham Crackers and saltines**, best if used by date, Chodosh code: Feb 15, 2020. (6 months after packing).

I **Baking Flour** Note: Almost all baking flour contains a small amount of barley malt, as noted in the list of ingredients on the package. According to the poskim we have consulted barley malt in baking flour (but not in other applications) is botul and the mixture may be used even if the malt would be Chodosh. However, since some poskim may disagree with this psak, we will provide dating codes for those who want to avoid malt in flour that may be Chodosh. Note that malt is not a problem until a packing date of Dec 15. (See below, Barley Malt)

⊃ **Barbara Cereals:** High Fiber Original and High Fiber Ultimate Flax and Granola, Morning Oat Crunch – all varieties, and Multigrain Puffins: for oats, Aug 2, 2020 ( 1 year) and for wheat, Aug 15 20. Puffins Original: June 15 20 (10 months).

⊃ **Barilla Pastas:** The codes for different pastas are as follows: Protien Plus Pasta which contains oats and barley: code Aug 2, 2021 (1 year after packing). Whole Grain Pasta code Feb 22, 2021 (18 months after packing.). Oven ready lasagna Code: April 22, 2021 (20 months) Straight Semolina Pasta, Penne Pasta and Orzo code April 22, 2022 (32 months).

I **Barley Malt** and **Malt** are used interchangeably among the list of ingredients of packaged foods. Unless specified otherwise, whenever a list of ingredients mentions “malt” it is malt produced from barley. Based on many years of experience, we will use Dec 15 as the Chodosh packing date for malt, unless indicated otherwise. Where the package code is not known, we estimate that for all products using malt if they are purchased before March 15, the malt will probably still be Yoshon. An exception is beer, see below.

The following applications of malt pose a problem of Chodosh. Malt is used for several purposes. Check with your Rav or posek on whether foods using malt for flavoring or coloring may or may not be used if they are made from Chodosh barley. Such malt may be Chodosh if purchased after March 15. Applications of malt for flavoring or coloring include

cereals flavored with malt such as Corn Flakes and Rice Crispies. Beer is also included in the category of items which are Chodosh because of malt.

We have received psak halochos many years ago from Harav Hagoan Yaakov Kaminetzky ZT”L and others that baking flour that lists barley malt in the ingredients does not pose a Chodosh problem, because in this application only, the malt is botul. (We have included dating codes for some baking flour for those who do not want to rely on this psak that this malt may be used. Call the Hot Line for details of this psak.)

To summarize: malt produced after Dec 15 may be Chodosh. Some poskim allow such malt to be used in baking flour. Many poskim do not allow such Chodosh malt when used for flavoring and coloring, such as in cereals, cookies and pretzels. Consult your own posek for guidance. This Guide will note when such malt may become Chodosh and provide dating codes if applicable and available.

NEW ITEM **⊠ Barron’s Baked Goods** Yoshon with OK hashgocho and Yoshon on the label.

⌘ **Barth's Kimmel cookies** are from Israel and are Yoshon. Under the hashgocho of Chug Chasam Sofer.

⌠ **Bay State Bouncer Flour** has a Chodosh code of AA081519 (Production date).

⌠ **Bear Naked Granola** has a code of Aug 2, 2020 (12 months after packing).

⌠ **Beechnut Baby Food** boxes and jars are marked with a date and a code. Look only at the top code, at the first 4 digits. For oats the Chodosh Code is 9802 (9-year, 8-July, 02-day), for wheat the code for Aug 15 is 9815. NOTE: Many Beechnut products are no longer kosher. Please check.

⌠ **Beer** made from barley malt, if the dating code is known, it may be Chodosh if packed on Nov.15 or later. If the code is not given in the Guide you should try to call the company to find out what is the dating code for Nov. 15. If the dating code is not known, then beer purchased after Dec 15 should be assumed to be Chodosh. (As stated above we recommend that for items containing malt it can be assumed that the malt in packages on the store shelves is Yoshon up to a purchase date of March. 15. However, since some beers have a manufacturer’s recommended shelf life of only 4 months, we have revised the purchase cutoff date for beers to Dec. 15, unless dating codes are known and it can be determined that the beer was packed before Nov 15.) Note that the above applies only to Beer made from Barley Malt and NOT TO BEER MADE FROM WHEAT!

⊠ **Beigel’s Cookies**, only with Yoshon label under the hashgocho of the O-K LABS and the CRC. Cookies sold individually from big boxes in stores are yoshon even without sign or label.

NEW ITEM **⊠ Bella’s Baked Goods** are Yoshon with OK Hashgocho and Yoshon on the label.

⌠ **Ben and Jerry’s Ice Cream:** Cookies and Cream, Vanilla Crunch, Chocolate Crunch and any other flavor with wheat, have a Chodosh code of Feb1521 (18 months after packing).

⊠ **BenZ’s Parve Kishke** is Yoshon under the Hashgocho of the Star K with a Yoshon label only.

⌘ **Bessy’s Famous biscotti** Yoshon under the hashgocho of the O-K Labs.

⌠ **Betty Crocker Cake Mixes** Chodosh code is Aug 21 20 (372 days after packing.)

⊠ **Blok Chocolatier** Yoshon under the hashgocho of the OK with a Yoshon label only.

⊠ **Blooms Cookies and Pretzels** are Yoshon with a Yoshon label only, under the Hashgocho of the OU.

⚠ **Blooms Rice Cakes** which do not list any Chodosh grains as ingredients and are Yoshon. Rice. Spelt and buckwheat are not Chodosh.

⚠ **Bob's Red Mills Cereals.** All cereals containing oats have a code of 02 8 2021 (02-day, 8-months, 2021, 2 years after packing). If they contain wheat but no oats, the code is 15 8 2021 (15-day, 8-month, 2021-year, 2 years after packing.) Wheat Germ and flaxseed have a code of 02 8 2020 (02-day, 8-month, 2020-year, 1 year after packing). The oat flour has a code of 02 2 2021 (02-day, 2-month 2021-year, 18 months after packing).

⚠ **Bob's Red Mill** Many products are certified as Yoshon. For specific product information, please email [info@ok.org](mailto:info@ok.org) with the exact product name and code information.

⚠ **Bravo Pasta** Chodosh code for egg noodles is Aug 22 21 (2 years after packing). For other pasta Aug 22 22. (3 years after packing)

⚠ **Brewer's Yeast** It is questionable whether this poses a Chodosh problem or not. Brewer's yeast is listed as an ingredient in some foods such as some potato chips.

⚠ **Btam Bread Crumbs** in large, 25 pound bags are available and Yoshon. They have the hashgocho of the Badatz Eida HaChareidus of Yerushalayim. Call 908-862-8200.

⚠ **Budweiser Beer**, code "Born on March 15 20" (110 days after packing)

⚠ **C & F Barley** Chodosh code Aug 13, 2020 ( 1 year after packing.)

⚠ **Carb for Life** gluten-free low-carb products are Yoshon if there are no Chodosh-related items in the list of ingredients.

⚠ **Carmel Matzo Co. Crackers** from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Cascadian Farms Cereals.** Chodosh Codes: Cinnamon Raisin Granola: April 2 20 (8 Months after packing), Raisin Bran, Purely O's: May 2 20, (9 months after packing). Hearty Morning, Oats and Honey Granola, Honey oat crunch and Honey Nut O's, Multi Grain Squares: June 2, 20 (10 months after packing).

⚠ **Catella Whole Wheat Macaroni** has a Chodosh code of AUG2222 (3 years after packing)

⚠ **Celestial Seasoning Teas** containing oats have a Chodosh code Aug 2, 21 (2 years after packing). Those with wheat, but no oats, have the code of Aug 15 2021. With barley (not malt) Aug 13 2021. Teas with barley malt have a Chodosh code Dec 15, 2021.

⚠ **Ceresota White Flour** for home baking has a Chodosh date of Feb 15, 21 (18 months after packing.)

⚠ **Ceresota Whole Wheat Flour** Chodosh code Aug 15, 20 (1 year after packing.)

⚠ **Challah By Robin Tobias** is Yoshon with OK hashgocho and Yoshon on the label.

⚠ **Chef's Kingdom.** All products are Yoshon under the hashgocho of Rabbi Moshe Shimon Bineth

⚠ **Chopsie Frozen Products**, Brooklyn, NY. All products with a Yoshon label are Yoshon under the hashgocho of the Star-K of Baltimore.

⚠ **Cliff Bars** have a Chodosh code of July 2, 2020 (11 months after packing).

⚠ **Columbia Pasta** from Zerega & Co., Columbia egg noodles, whole wheat noodles and whole grain noodles have a Chodosh code of Aug 22, 20 (1 year after packing). The macaroni, spaghetti and other pasta have a code of Aug 22 21 (2 years after packing.)

⚠ **Coors Beer**, Code -3 15 20 (3-March, 15-date, 20-year. This date is 4 months after packing).

⚠ **Courtelyou Snacks Corp**, yoshon with OK Hashgocho and Yoshon on the label.

⚠ **Cream of Wheat Farina** made by BG Foods. The Chodosh code is Aug 15, 2021 (2 years after packing.)

⚠ **Creamette Pasta** Chodosh code for egg noodles is Aug 22 21 (2 years after packing). For other pasta Aug 22 22 (3 years after packing).

⚠ **Crisco Baking Spray** no longer uses wheat.

⚠ **Crispy Os cereal** is kosher for Pesach and does not contain any Chodosh ingredients.

⚠ **C-Town Pasta**, Chodosh code Aug 22 2021 (2 years after packing).

⚠ **Darell Lee Licorice** made in Australia has a Chodosh code of October 1, 2020 (1 year after packing).

⚠ **De Boles Organic Whole Wheat Pasta** by Shreveport Macaroni Co. Chodosh code Feb 22 2021 (18 months after packing).

⚠ **De Cecco Pasta**: Chodosh Code for whole wheat pasta is Aug 2020 (1 year after packing). Egg Pasta, tricolor pasta and pasta with spinach is Aug 2021 (2 years after packing). Semolina and organic pasta has a code of Aug 2022 (3 years after packing).

⚠ **Dependable Noodles, and Pasta**. Yoshon through October 2019 under the hashgocho of Rabbi Taub.

⚠ **Dependable All-Purpose White and Whole Wheat Flour** sold in groceries in 5, 6 or 7 pound bags are Yoshon if there is a Yoshon stamp on the package under the Hashgocho of Rabbi Taub.

⚠ **Dependable High Gluten Flour**: all purpose and whole wheat sold in groceries in 5, 6 or 7 pound bags are Yoshon if there is a Yoshon stamp on the package. Under the hashgocho of Rabbi Taub.

⚠ **Dependable Wraps and Eggroll Skins** as well as Wonton skins and Lo Mein, bread crumbs, Croutons, Frozen Blintzes, breaded eggplant, eggplant cutlets, egg rolls, falafel balls, frozen potato fries, including seasoned, French toast, kishkeh, pizza bagels, pizza crusts, pizza dough, pan cakes, waffels and shlishkes are Yoshon under the Hashgocho of Rabbi Taub.

**Dough Conditioners** are used by many bakers to improve the quality of their breads, rolls and challehs. These bakers are trying to produce Yoshon, using Yoshon flour. However, some have not realized that dough conditioners are usually Chodosh.

⚠ **Dr. Prager's Sensible Foods Products** containing oats have a code of Aug 2, 2021. If they contain wheat but no oats, the code is Aug 15, 2021 (2 years after packing).

⚠ **Duncan Hines** (some are dairy, not cholov Yisroel): All mixes for brownies and muffins, have a code of Feb 15, 2021. (18 months after packing.) All other mixes have a code is Aug 15 '20 (12 months after packing.) Candies in the mix do not affect the code.

⚠ **Duso Co.** (formerly Mountain Commodities) Sid Leiser, 800-582-4770. Duso carries Yoshon and non-Yoshon items. This company sells General Mills and Cargill flour. General Mills flour from Buffalo (mill code BF) Chodosh code Aug

15 9 BF. For the Cargill and other flours the Chodosh code is either 9227, or Aug 15 19, which is the date the flour was milled.

⚠ **Eden Foods Whole Wheat Flour** has a Chodosh code of H-15-9 (H-August in alph. order, 15-date, 9-year).

⚠ **Eden Foods, Edensoy** Carob, Edensoy Vanilla, Edensoy Extra Vanilla, Edensoy Original, and Edensoy Extra Original contain barley extract. Chodosh code August 13, 2020 (1 year after packing).

⚠ **Elite wafers and other products** if under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim are Yoshon.

⚠ **EnviroKidz Cereals:** See Nature's Path

⚠ **Erewhon Cereals** have a code that is 12 months after packing. For Oats that would be a code of August 2, 2020.

⚠ **E-Z Gourmet** gluten-free, low carb products are Yoshon if there are no Chodosh-related items in the list of ingredients.

⚠ **Ezekiel bread** from sprouted grain is probably Chodosh. In the making of this product, several grains, including wheat, oats and barley are sprouted (grow partly in water). The sprouted grains are pressed together to form the dough which is baked into the bread. The wheat, oats and barley may be Chodosh at this time.

⚠ **Farina Mills**, Creamy Hot Wheat Cereal, Chodosh code Aug 15, 2021 (2 years after packing.)

⚠ **Fiber Gourmet Crackers** - Chodosh code: August 15 20. (1 year after packing)

⚠ **Fiber Gourmet Pasta** has a Chodosh code of Aug 22, 21, (2 years after packing).

⚠ **Fiber1 Chewy Snack Bars** have a date that is 248 days after packing with a chodosh code of April 6, 2020.

⚠ **Fifteenth Ave Food Corp** is Yoshon under the hashgocho of the OK. This includes all products in their bakeries and all packaged goods with a Yoshon label. This includes **Korn's, Stern's, Bella's, Brooklyn Kosher Bakery, and Nitzzy's**.

⚠ **Fine Frozen Pastry Products/Mechels Puffed Pastry**, 41 Lincoln Ave, New Square, Spring Valley, NY. All items are Yoshon under the hashgocho of the Star-K.

⚠ **Food Should Taste Good Company** products no longer contain chodosh related ingredients.

**I Food starch** is usually made from corn and is not Chodosh according to the O-U.

⚠ **Foulds Macaroni and Cheese** has a package date that is 15 months after packing. The Chodosh code would be November 22, 20. (This may not be Cholov Yisroel.)

⚠ **Freeda Vitamins** do not contain any of the 5 grains and do not pose any Chodosh problems (they do contain Kitniyos) under Hashgocho of the Beis Din of New Square

⚠ **French's French Fried Onions**, original only, Chodosh code August 15 21 (24 months after packing.) French's Crispy Jalapenos: Chodosh code Aug 15, 2020 (1 year after packing).

⚠ **Gabillas Knishes** sold at Costco have a code of Sept 29, 2019.

⚠ **Gattegno Brothers Cookies** are Yoshon under the hashgocho of Rav Landau of Bne Brak.

⚠ **Gedilla Products:** Cookies and Circle N Square Crackers made in Israel under Badatz Eida HaChareidus hashgocho are always Yoshon. Snack Crackers and Fruit bars not produced in Israel: Yoshon status cannot be verified.

⌘ **Gefen Barley** is Yoshon under the hashgocho of Rabbi Friedman. (Rabbi Friedman only supervises the Yoshon aspects of the barley. His name does not appear on the package.)

⌘ **Gefen Bread Crumbs** are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim. This also includes whole wheat bread crumbs and whole wheat matzo meal. Gefen corn flake crumbs without malt in the ingredients are Yoshon.

⌘ **Gefen Cake and Cookie Mixes** are produced in Israel with any reliable Hashgacho and are Yoshon.

⌘ **Gefen Chicken and Bar-b-q Seasoning** contains semolina which is from spring wheat. This has a code of 09###222. (09-Aug ## not important 22-date 2-year of expiration).

⌘ **Gefen Cereal** and other cereals from Israel are Yoshon under any reliable kashrus hashgocho. Gefen Granola Cereal Clusters have a Chodosh code of Aug 2, 2020. Gefen Granola Bars have the same code as well (12 months after packing)

⌘ **Gefen Cups of Soups** are Yoshon under the hashgocho of the OU.

⌘ **Gefen Egg Roll Wraps and Won Ton Wraps** as well as frozen noodles have a Chodosh code 1519HX (15-day, 19-year, H-month in alph order, other characters not important).

⌘ **Gefen Products Made in Israel** including Matzo under any reliable Israeli kashrus hashgocho are Yoshon. Gefen matzos with American O-U hashgocho are Yoshon as well.

⌘ **Gefen Pasta and Noodle Products** made in Israel are Yoshon. Raiman Noodles are Yoshon as well. Gefen Pasta with Yoshon label and OU Hashgocho are Yoshon under the OU. Pasta with the Volover Hashgocho and a Yoshon label are Yoshon as well.

⌘ **General Mills Cake Flour** is Yoshon under the hashgocho of the OU.

⌘ **General Mills Cereals.** According to the O-U, all wheat used in General Mills cereals is always Yoshon. Wheat starch is not a problem of Chodosh. Barley (but not barley malt) may be Chodosh stating with a packing date of August 13. Oats in general mills cereals may be Chodosh starting with a packing date of September 15. This date has been verified by the O-U. Cereals containing barley, the Chodosh date for the barley is Aug 19 '20. All General Mills Cereals dates are 372 days after packing). All cereals that contain oats but no wheat germ or barley, like Cheerios, the Chodosh date is Sept 22, 20. If the only questionable ingredient is malt, then the Chodosh code is Dec 22, 2020. (Note: These products are not formally under the hashgocho of the O-U for Yoshon.).

⌘ **General Mills/Nestle Cereals sold in Israel.** Cereals under the hashgocho of the Manchester Beis Din are Yoshon, Cereals manufactured in America have the same Chodosh code as given above for General Mills cereals. However, this is only true if the box states General Mills, Minneapolis, MN and also has an O-U kashrus symbol. Cereals made in Poland are Yoshon under the OU.

⌘ **Gerber Baby Food** for cereals in plastic containers the date on the package is 456 days after packing. Use Chodosh Code of Oct 31, 2020 for oats and Nov 13, 2020 for wheat and Nov 11, 2020 for Barley. Baby food in plastic cups have a code of 1 year. For wheat: Aug 15 20 and for oats Aug 2, 20. For Baby Puffs, it is 15 months after packing. Use Chodosh code of Nov 2 20 for oats and Nov 15, 20 for wheat.

⌘ **Giant White Flour** Chodosh date August 15 ,code Aug 15, 2020 (1 yr after packing.)

⌘ **Glick's Baking Spray** with flour has a code of ##### 22719 #####. These are numbers 9-13 of the code. (227-day of year, 19-year).

- ⚠ **Glick's Graham Cracker Pie Crust:** Chodosh code: August 15, 2020 (1 year after packing).
- ⚠ **Gold Medal White Flour** from factory KC uses only winter wheat. Malt may be Chodosh after Dec 15, code Jun 25 21 (558 days after packing.). For other factories, the flour may be Chodosh after the packing date of August 15, code Feb 23 21. (Factory code consists of the letters just before or after the date on the package.)
- ⚠ **Gold Medal Whole Wheat Flour** Chodosh code Feb 17 20. (186 days after packing).
- ⚠ **Gold Medal Bread Flour** and Bread Wheat Blend Flour from factory KC uses only winter wheat. Malt may be Chodosh after Dec 15, code Jun 25 21, (558 days after packing.)
- ⚠ **Gold Confections Granola Bars** have a Chodosh code of #1H9. (#-not important, H-August, 1 and 9- year).
- ⌘ **Golden (Old Fashioned Kitchen, Co.) Latkes,** Potato, vegetable, broccoli, sweet potato, and Mexican pancakes are Yoshon under the Hashgocho of Rabbi Shain of the Double U Kosher. This includes the Golden Potato Pancakes sold by Costco.
- ⌘ **Golden Fluff Products,** including onion rings, potato flutes, whole wheat pretzels, and soft pretzels are Yoshon under the Hashgocho of Rabbi Mordechai B. Klein of Lakewood.
- ⚠ **Golden Bowl Won Ton Wraps:** Chodosh code of 151908 (15-day 19-year 08-month). Golden Bowl Spring Roll Wrappers: Chodosh code August 15, 2020 (1 year after packing).
- ⚠ **Good N' Hearty Cereals** with the Ungar label. The date on the package is one year after packing. Chodosh code for oats, Aug 2, 2020. For wheat, but no oats in the ingredients the code is Aug 15, 2020.
- ⚠ **Goodman's Rice with Vermicelli:** See Manischewitz Pasta below.
- ⌘ **Grab 1 Bars,** all flavors: Yoshon under the hashgocho of the OU.
- ⊠ **Green's Baked Products** Yoshon under the O-K Labs and the CRC with Yoshon label only.
- ⊠ **Greenfield Noodles,** bowties, farfel. If the package is marked Yoshon then they are Yoshon under the hashgocho of Rabbi Berel Broyde.
- ⌘ **Hadar** (Hadar with one "d") **Baked Products** imported by Gefen from Israel are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim or the O-U, as listed on the package.
- ⚠ **Heckers White Flour** contains 100% winter wheat, as determined by independent sources. Flour is milled in a facility that only has winter wheat. Probable Chodosh date for malt is Dec 15, code best by use date of June 15 21 (18 months after packing.)
- ⚠ **Heckers Whole Wheat Flour** Chodosh code Aug 15 20 (1 year after packing.)
- ⚠ **Heiniken Beer** has a code of Nov 15, 2020 (1 year after packing).
- ⚠ **Heinz Specialty Vinegars** made from concentrated sources of malt, such as malt vinegar, tarragon vinegar and salad vinegar. Chodosh cutoff for malt is Dec 15. Malt vinegar has a Chodosh code of 1662 (30 months after packing.) (166-day of year, 2-year, 2022). Tarragon and salad vinegars have a Chodosh code of 3492.
- ⚠ **Herr's Honey Wheat Pretzels** and other pretzels. Have a Chodosh code of Nov 7, 2019 (12 weeks after packing).
- ⚠ **Hershey** (Y. S. Brand) licorice uses only winter wheat and is Yoshon.

⌈ **Hodgson Mills Pasta:** all noodles and other pastas including whole wheat Chodosh code 02 22 22 (02=month, 22 day, 22=year, 30 months after packing).

⌈ **Hodgson Mills Flours,** Chodosh code is 02 15 21 (18 months after packing.)

⌈ **Hodgson Mills Cereals.** For oats the code is 02 02 21 (18 months after packing.) For wheat the code is 02 15 21.

⌈ **Hodgson Mills Whole Wheat Cous Cous** Chodosh date August 22, 20 (1 year after packing.)

⌈ **Hodgson Mills Vital Wheat Gluten** Chodosh code 02 15 21 (18 months after packing.)

⌘ **Home Style Cookies from Israel** are Yoshon under the hashgocho of Rav Landau of Bnei Brak.

⌘ **Israel Beer Breweries:** The following beers are Yoshon under the Hashgocho of the OK in the following sizes: **Holsten Beer**, 500 mL; **Stela Artois Beer**, 330 ml; **Malty Beer** 330 ml; **1664 Blanc**-Citrus Flavored Beer, 330 ml, only with a Best by date of 30.60.2020; **Diet Malty Beer**, 1.5 L and 330 ml; **Tuborg Beer** and Green Beer, .5L and 330 ml; **Carlsberg Beer** .5L and 330 ml.

⌘ **J&J Products: Cheese blintzes and Potato Blintzes** are Yoshon under the Hashgocho of Rabbi Yehuda Shain of the Double U Kosher. **Ice Cream Sandwiches** may be Chodosh.

⌈ **Jack Rabbit Barley** Chodosh Date Aug 13 20 (1 year).

⌈ **Jason Bread Crumbs** have a Chodosh code of Aug 15, 2021 (2 years after packing).

⌘ **Jolly Rancher Candies** are Yoshon under the hashgocho of the OU.

⌈ **Joray Fruit Rollups** contain wheat flour. and have a Chodosh code of August 15, 2020, one year after packing. Fruit IQ Rollups by Joray have a code of Nov 15, 2020 (15 months after packing).

⌘ **Just Baked NYC** Yoshon with OK hashgocho and Yoshon on the label.

⌈ **Kansas Diamond Flour** has a Chodosh code of 9227 (9-year, 227-day of year).

⌈ **Kashi Cookies,** Chodosh code Feb 2, 20 (6 months after packing).

⌈ **Kashi Cereals.** For most cereals and granola bars that use oats the code of Aug 2, 20 (1 year after packing). For cereals and granola bars containing wheat but no oats, the code is Aug 15 20 (1 year after packing). The following are exceptions: Soft Baked cereal bars: May 2 20 (9 months after packing), Pilaf: Aug 2, 21 (2 years after packing). All Cookies containing oat flour: Feb 2, 20 (6 months after packing).

⌘ **Kedem Baked Products** such as tea biscuits, whole-wheat crackers and animal cookies imported from Israel are all Yoshon under the hashgocho of the Badatz Arugas Habosem.

⌘ **Kedem Cereal Bars** imported from Israel are Yoshon under the hashgocho of the Badatz Arugas Habosem.

⌈ **Kedem Soup Mixes** Chodosh code 9225# (9-year, 225-day of the year, #=not important).

⌈ **Keebler's Pie Crusts** have a Chodosh code of Aug 15 20 (1 year after packing).

⌈ **Kellogs Corn Flake Crumbs,** The only problem is the malt which has a code of Dec 15 2021 (2 years after packing.)

⌈ **Kellogs Cereals** come in a great variety. We are relying on you to check the ingredients to see if they contain oats, wheat, barley, or barley malt. Then for the appropriate Chodosh code choose the earliest of the following: oats Aug 2 20, wheat Aug 15 20, barley (not malt) Aug 13 20, malt Dec 15 20. The code on the package is a date 1 year after packing for

all items except Kelloggs Corn Flake Crumbs, for Corn Flake crumbs it is 2 years with a code of Dec 15 21. Malt in cereals may be a problem after December 15.

⌘ **Kemach Cones** are Yoshon. Under hashgocho of Rav Nussen N. Horowitz.

⌘ **Kemach Matzos, Matzo Meal, and Matzo Ball Mix** are Yoshon, as stated on the packaging under the Hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach Pasta** Heimishe egg noodles are Yoshon through December 31, 2019. After that date, Yoshon with Yoshon stamp on package. Pasta is Yoshon at least through a code of Sep 26 2021 (2 years after packing).

⌘ **Kemach Chow Mein Noodles** are Yoshon through December 2019. After that date, look for a Yoshon label on the bag.

⌘ **Kemach All-Purpose Flour**, the wheat and malt are Yoshon, Under the hashgocho of Rabbi Nussen N. Horowitz

⌘ **Kemach Whole Wheat Flour**, is Yoshon, including the malt in this flour Under the hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach High Gluten Flour**, the wheat and malt is Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach Matzo Meal** in 25 pound bags is Yoshon. Crispy Bake chicken coating is Yoshon, as stated on the label. Under the hashgocho of Rabbi Nussen N. Horowitz

⌘ **Kemach Cereals:** Toasted Oats, Honey Nut Toasted Oats, Fruit Whirls, Honey Crunch, Corn Crisp, Bunch 'o Krunch, Sugar Puffed Wheat and Multigrain Toasted Oats are Yoshon through a Best by Date of Nov 1, 2020. Bran Flakes, Corn Flakes, Crisp Rice and Frosted Flakes are Yoshon through a purchase date of December 30, 2020. Kemach Nougat Nuggets. Whole wheat flakes, Cocoa Munchees, and Crunchy Cinnamon Bites do not contain malt and are always Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach Pie Crusts:** Graham Pie Crust is Yoshon at least through a code of Aug 16, 2020 (365 days after packing.) Chocolate pie crusts are always Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach Soups** in tubes or boxes: onion and split pea soups are always Yoshon. Vegetable soups have a Chodosh code of H9301 and Minestrone soups have a code of H9303, Under the hashgocho of Rabbi Nussen N. Horowitz

⌘ **Kemach Cookies and Crackers:** **Kemach Snackers, Honey Grahams and Cinnamon Grahams and Chocolate grahams** are made from winter wheat and are always Yoshon. These do not contain malt. These items are Yoshon even though they DO NOT have Yoshon marked on the packaging. All **cookies** without oats are Yoshon, even whole wheat and graham. The cookies contain no malt. **Oatmeal cookies** and **Iced oatmeal cookies** are Yoshon through a code of at least March 3, 2020. All items with a Yoshon label are Yoshon. **Bread sticks** are Yoshon through at least a code of 24 SEP 2020. **Flat Breads** are Yoshon at least through a code of 02 OCT 2020. **Chip-a-Riffic, Chunky Chip-a-Riffic Chocolate chip cookies, sugar cookies, softbite cookies and sandwich cookies** are Yoshon as printed on the bag. **Kemach Kem Kem & Whole Wheat Crackers** are made from winter wheat and are Yoshon as printed on the boxes. **Everything Flatbread Crisps** have a Chodosh code of 1/1/2020 **Sea Salt Pita Chips and multigrain pita chips** have a Chodosh code of at 4/1/2020. **Artisanal Flats** are Yoshon at least through a code of 9/11/2020. Under the hashgocho for Yoshon of Rabbi Nussen N. Horowitz.

⌘ **Kind Healthy Grains Granola Bars.** Bars containing oats have a Chodosh code 02 May 20. (9 months after packing).

⌘ **Kineret Bread Crumbs** when produced in Israel are Yoshon.

- ⚔ **King Arthur White Flour** all-purpose home baking flour 5lb bags have a chodosh code of Aug 15, 2020 (1 year after packing). The 50-pound bags are marked with the date of production with a Chodosh code of Aug 15, 2019.
- ⚔ **King Arthur Whole Wheat Flour** and white whole wheat flour, Chodosh code Aug 15 20 (1 year after packing.) The 50-pound bags are marked with the date of production with a Chodosh code of Aug 15 19.
- ⚔ **King Arthur Special for Machine Bread Flour**. Chodosh code is August 15, 2020 (1 year after packing).
- ⊠ **Kingsway Pita Products** All baked goods are Yoshon with a Yoshon label under the Hashgocho of the OK Labs.
- ⌘ **Kineret Onion Rings** are Yoshon under the Hashgocho of Rabbi Weissmandl.
- ⚔ **Kitov and Matamim Products:** French Twists and Melba Snacks have a Chodosh code of May 15, 2020 (9 months after packing). Soft bite Cookies: Dec 15, 19 (4 months after packing). Flatbreads, Honey Wheat Pretzels, Breadsticks and Thin Breadsticks: Aug 15, 20 (1 year after packing).
- ⌘ **KJ Poultry Ready Meals** are Yoshon under the Hashgocho of the OU.
- ⚔ **Kontos** Frozen Pita, Nan, and Pita Crust have a code of Aug 15, 2020.
- ⌘ **Kosherific Fish Sticks** are Yoshon under the Hashgocho of Rabbi Weissmandl.
- ⌘ **Kosher Mills Rice Cakes** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- ⌘ **Kosher Mills Hot and Cold Cereals** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- ⚔ **Krasdale All Purpose flour** Chodosh code Aug 15, 2020 (1 year after packing).
- ⚔ **Krasdale Oats Cereal**. (Cold Cereal) Chodosh code Aug 2, 2021 (2 year after packing.) Krasdale Oatmeal has a code of Aug 2, 2021 (2 years after packing). The single serve packets of instant oatmeal have a code of Jan 23, 2021 (18 months after packing).
- ⚔ **Kretschmer Wheat Germ** Chodosh code Feb 5, 2021 (540 days after packing).
- ⚔ **Kroger Frozen Bread Dough** has a Chodosh code of May 11, 2020. (270 days after packing).
- ⊠ **La Choy Chow Mein Noodles** are not recommended due to ambiguities in the dating code used.
- ⌘ **Laish Croutons** are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- ⊠ **Landau Whole Wheat Crackers** as well as any other products with OU Hashgocho and Yoshon label are Yoshon.
- ⚔ **Landau Whole Wheat Pretzels** have a Chodosh code of Aug 15, 2020 (12 months after packing). Landau's OAT Pretzels have a code of Feb 2, 2020. (6 months after packing.)
- ⚔ **Landau Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon.
- ⊠ **Landau Pasta** Packages stamped Yoshon are Yoshon under the Hashgocho of the CRC-Hisachdus.
- ⌘ **Lasova Bakery** gluten-free baked products from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- ⊠ **Le Chocolate** Chocolate and candies with a Yoshon label are Yoshon under the Hashgocho of the OK.
- ⚔ **Leonardo Pasta** has a Chodosh code 08 16 20 (08=month, 16=day, 20=year, 360 days after packing).

⌘ **Lieber's Bread Crumbs**, plain and flavored, are Yoshon under the hashgocho of Rabbi Weissmandl.

⌘ **Lieber's Chow Mein Noodles** have a Chodosh code of 265S, under the Hashgocho of Rabbi Weissmandl.

⌘ **Lieber's Cones** are Yoshon under the hashgocho of Rav M. Weissmandl.

⌘ **Liebers Cookies, Crackers and Snackers** made in the USA: The Following cookies are Yoshon: ABC Cookies, Aleph Beis Cookies, Animal Cookies, Butter Thins, Chocolate Chip Cookies – All varieties, Graham Crackers – All, Chocolate Grahams, Snackers – All, Wheat Snacks – All, Saltines, Chookies – All, Minios – All, Iced Oatmeal Cookies, Duplex crème cookies – All, Cookies from Israel are always Yoshon. Whole wheat crackers from Brazil are Yoshon. The malt in these items may be Chodosh if purchased after Jan. 15. Under the hashgocho for Yoshon of Rabbi Weissmandl.

⌘ **Lieber's Pretzels** Yoshon Under the hashgocho of Rabbi Weissmandl, even those containing premixed oats and Honey Wheat Pretzels, including the malt.

⌘ **Light N'Fluffy Noodles** Chodosh code egg noodles: Aug 22 21 (2 years after packing). For all other pasta it is Aug 22 22, (3 years after packing).

⌘ **Lightlife** Smart Ground Original and Smart Ground Mexican Style: Chodosh date of Dec 13, 2019 (120 days after packing).

⌘ **Lipton Herbal Teas** may contain wheat in the ingredients. If there is wheat in the ingredients, then the Chodosh code 0H15 (0-year of expiration, H-Aug, 15=date).

⌘ **Luxury noodles.** Chodosh code Aug 22 21 for egg noodles (2 years after packing) and Aug 22 22 for all other pasta (3 years after packing.)

⌘ **Macabee Frozen Pizza** and frozen pizza bagels: Chodosh code of Feb 15, 2021. (18 months after packing).

⌘ **Maltex Cereals** with oats Chodosh code Feb 2 21 (18 months after packing). Cereals with wheat the code is Feb 15, 21.

**I Maltodextrin** when used as an ingredient in foods produced in the USA does not have any Chodosh problems according to the O-U. However when used in foods produced in Europe, it may be made from wheat which could be Chodosh. It is not clear whether wheat must be listed in the ingredients in that case.

⌘ **Malt-O-Meal Cereals:** WARNING: Some cereals that used to be Kosher are no longer Kosher. Always check each box for the Kosher symbol. Check the ingredients. Cereals with oats may be Chodosh starting with a packing date of August 2. All Wheat used in Malt-O-Meal cereals is Yoshon. Wheat starch still needs to be checked. For barley (not barley malt) the Chodosh packing date would be August 13. For Chodosh codes, add the following months to these dates. Following 9 months: Berry Colossal Crunch, and Colossal Crunch; Following 10 months: Coco Roos, Honey Nut Scooters; Following 12 months: Apple Zings, Tootie Fruities, Honey and Oat Blenders, Honey and Oat Blenders with Almonds, and Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Raisin Bran, Golden Puffs, Frosted Flakes, and Corn Bursts Crispy Rice; Following 15 months: Hot Wheat Malt-O-Meal Cereal: Chocolate, and Maple and Brown Sugar; Following 24 months: Hot Wheat Malt-O-Meal Cereal: Original.

⌘ **Man Cookies and Wafers** are Yoshon under the hashgocho of Rav Landau of Bnei Brak.

⌘ **Manischewitz Matzo Products**, as well as tam tam crackers, and whole wheat matzos are Yoshon. This includes the matzo ball mix. Under the hashgocho of the O-U and Rabbi Aaron Teitelbaum, the Nirbater Rav

⌘ **Manischewitz Whole Wheat Matzos** are Yoshon under the hashgocho of the O-U.

⌘ **Manischewitz Pasta** Chodosh code Aug 22 2021 (2 years after packing).

⌘ **Manischewitz Cake Mixes** which are kosher for pesach are Yoshon under the hashgocho of the O-U.

⌘ **Manischewitz Soups.** With barley, the Chodosh code is August 13, 2021. With noodles or pasta, the Chodosh code is August 22, 2021. (2 years after packing).

⌘ **Masbia Noodles, Pasta and Egg Barley:** See Dependable above.

⌘ **Masbia Pie Crusts** in 3, 6 and 9 inch sizes Yoshon through a code of 07/23/2019 under the hashgocho of Rabbi Taub.

⌘ **Masbia/Dependable Pastry Dough** All Yoshon products will have a Yoshon label. Under the Hashgocho of Rabbi Taub.

**I Matzos** From our investigations it appears that chametz matzos and matzo meal, sold all year around is from winter wheat and is Yoshon. However, Pesach matzos are different. A few hand matzo bakeries have been using flour that may be Chodosh. Therefore, we suggest that you confirm with the mashgichim of Pesach matzos that their bakery only produces Yoshon.

⌘ **Matzos made in Israel.** All reliable hashgochos in Israel also take full responsibility to make sure that the items under their hashgocho are Yoshon.

⌘ **Maxi Health** Vitamin and nutrition products: The only products with potential chodosh problems are Naturemax and Fibermax powders. The Fibermax pills have no Chodosh ingredients. All other products no problem. For the above products use the date of 8-23 (this is August 2023) (4 years after packing).

⌘ **Maypo Oats** Chodosh code August 2 20 (1 year after packing). Cereals with wheat the code is August 15 20.

⌘ **Mazor Dough Products** Yoshon under hashgocho of Rabbi Moshe Bussu even without a label. In addition, the O-K Labs also certifies the Yoshon status if there is a Yoshon label on the package.

⌘ **Matt's Cookies and Crackers** are Yoshon under the Hashgocho of the OK except items containing whole wheat or oats.

⌘ **McCain Spicy Fries** and other items containing wheat, the Chodosh date is August 15, 2020 (12 months after packing).

⌘ **Meal Mart Frozen Foods** as all Meal Mart products are Yoshon under the hashgocho of Rav Aharon Teitelbaum, the Nirbator Rav. This only applies to items made in the Meal Mart central kitchen. This includes Gani Kishke. Items made in local stores are not covered by this hashgocho for Yoshon. On those rare occasions when a problem develops the item will carry a Chodosh sticker. The same applies for Amazing Meals and Allie Processing made by Meal Mart.

⌘ **Mechel's Puffed Pastry** as well as the fine frozen pastry Dough is Yoshon under the hashgocho of the Star-K.

⌘ **Mendelsohn's Frozen Products** are all Yoshon under the hashgocho for Yoshon of Rabbi Binyomin Gruber. This also includes items such as falafel balls and the line of "Mealtime Favorites". In addition, the pizza is also Yoshon under the O-U (including the malt.) (Warning: Rav Gruber's hashgocho does not check the Yoshon status of malt which may be a problem after Dec 15. For a discussion of malt, see the malt date in the Preface.)

⌘ **Merlino's Pasta** Chodosh code 2341 (234=day of the year, 1=year of expiration).

⌘ **Miller Brewing Co** code=3 14 20 (3-Mar, 14-date, 19-year) this date is 4 months after packing).

⌘ **Millville Oatmeal** by Aldi has a Chodosh code of August 2, 2021 (2 years after packing.)

⌘ **Mishpacha Baking Spray** with flour is Yoshon under the hashgocho of Rav Aaron Teitelbaum, the Nirabator Rav. Product will also have a Yoshon label.

⌘ **Mishpacha Bread Crumbs**, flavored bread crumbs, corn flake crumbs, regular and flavored and graham crumbs are Yoshon under the Hashgocho of Rabbi Aaron Teitelbaum, the Nirbater Rav.

⌘ **Mishpacha Flour**: white baking flour, whole wheat flour, white whole wheat flour and high gluten flour are Yoshon, including the malt, under the hashgocho of Rav Aaron Teitelbaum, the Nirbator Rav. Product will also have a Yoshon label.

⌘ **Mishpacha Noodles and Pasta**, including whole wheat items, tri-color noodles, lasagna and egg noodles are all Yoshon, Packages will also have a Yoshon label. Under the hashgocho of Rabbi Aaron Teitelbaum, the Nirbater Rav. Note that the Yoshon label may be written in English on the back of the packages. (Chow Mein is NOT Yoshon)

⌘ **Mishpacha Matzos**, regular and whole wheat matzo meal, and Tam Tams are all Yoshon under the hashgocho of Rav Aaron Teitelbaum, the Nirbater Rav. Matzos will also have a Yoshon label.

⌘ **Mishpacha Matzo Ball Soup Mix** is Yoshon under the hashgocho of Rabbi Aaron Teitelbaum, the Nirbator Rav. Product will also have a Yoshon label.

⌘ **Mishpacha Pie Crusts**: Graham pie crust and Chocolate Graham pie crust are Yoshon under the hashgocho of Rav Aaron Teitelbaum the Nirbator Rav.

**I Modified Food Starch** is usually made from corn and is not Chodosh according to the O-U

⌘ **Mon Cuisine Frozen Products**, see Meal Mart above.

⌘ **Morning Star Farms Chick Patties Original**: Chodosh code: NOV15 20, (15 months after packing. Griller's Prime Veggie Burgers contain oats and have a code of FEB2 21 (18 months after packing). Burgers containing wheat have a code of FEB15 21.

⌘ **Mother's Noodles and Pasta** Chodosh code 2341 (234=day of year, 1-year of expiration).

⌘ **Mother's Cereals**, see Quaker.

⌘ **Mother's Wheat Germ** has a Chodosh code of Feb 15, 2021. (18 months after packing).

⌘ **Mother's Graham Cracker Pie Crust**. Chodosh code 0227 (0-year of expiration, 227-day of the year).

⌘ **Mrs. Pure's Ginger Snaps** have a chodosh code of August 15 20 (1 year after packing).

⌘ **Mueller Co. Noodles**: The Chodosh code for egg noodles is Aug 22 21 (2 years after packing.) For all other pasta, the code is Aug 22 22 (3 years after packing).

⌘ **Nasoya Food Co.** egg rolls and won ton wrappers have a Chodosh code Oct. 4, 2019 (50 days after packing).

⌘ **Nature's Bakery Fig Bars** have a Chodosh code of May 2, 2020. (9 months after packing).

⌘ **Nature Valley Granola Bars**. WARNING: Often the outside box that holds a number of granola bars which may have a different date on it than the individual bars inside. Each individual bar must be checked since the date on the bars, not the date on the outside package, is relevant. The Chodosh code for all "Crunchy" granola bars with oats in the ingredients, Chodosh code is Aug 8, 2020. (372 days after packing.). This may not hold with bars with Spanish print on them that are being produced in South America. Granola Bars made in Spain and sold in Israel are Yoshon under the OU.

⚭ **Nature's Path and EnviroKidz Cereals**, made in Canada with mixture of American and Canadian wheat. Chodosh date on the package: Hot Cereals, All Oatmeals and Pumpkin Flax Granola: Feb 2, 2021 (18 months after packing); Heritage O's, Multigrain Flakes, Heritage Flakes, August 2, 2020 (12 months after packing) Optimum Blueberry, May 16, 2020 ( 288 days after packing) Millet Rice Flakes, Smart Bran, June 2, 2020 ( 10 months after packing); Flax Plus Red Berry Crunch, Flax Plus Maple Pecan Crunch, May 2, 2020 (9 months after packing) ; Ancient Grains Granola: April 2, 2020 (8 months after packing). Flax Plus Flakes, Flax Plus Raisin Bran, Flax Plus Pumpkin Raisin Crunch Feb 2, 2020 (6 months after packing).

⚭ **Near East Food Products**, Wheat Salad Mix and Wheat Pilaf Mix, cous cous, kabuli-bulgur, brown rice pilaf with orzo as well as other mixes containing wheat: Chodosh code August 15 20 (1 year after packing). Mixes containing barley have a code of August 13, 2020 (1 year after packing).

⚭ **New England Kosher Fish Products** are Yoshon with a Yoshon label only, under the Hashgocho of the OU.

⚭ **New York Pretzels** have a Chodosh code of: August 15, 2020 (365 days after packing).

⚭ **New Mill Pasta** Chodosh code for egg noodles is Aug 22 21 (2 years after packing). For all other pasta use Chodosh code of Aug 22 22 (3 years after packing.)

⚭ **New York Select-Amnon** falafel and other wholesale products Yoshon with Yoshon label and O-U hashgocho.

⚭ **Norman's Dairy Products**: All Norman's product are Yoshon except those containing granola, under the Hashgocho of Rabbi Aron Teitelbaum, the Nirbater Rav.

⚭ **Oat Dream** liquid from the makers of Rice Dream. The Chodosh code is August 2, 20 (1 year after packing.)

⚭ **Oberlander Bakery**: The following products are Yoshon under the Hashgocho of the Kof-K: Hamantashen, Bowties, Chocolate Babka, Vanilla, Cinnamon, and Chocolate Buns, Chocolate Chip Cookies, Chocolate Dip Cookies, Chocolate Mandelbread, Cinnamon and Chocolate Rugale, Dreidel Cookies, Honey Cookies, Mini Cup Cakes, and Rainbow Cookies.

⚭ **Old London Crackers** contain wheat and oats and have a Chodosh code of August 2, 2020 (12 months after packing).

⚭ **Old London Melba Toast** contain wheat and oats and have a Chodosh code 08 02 20 or 02 AUG 20. (1 year after packing).

⚭ **Oreo Cookies** by Nabisco produced in the USA have a chodosh code of May 15, 2020 (9 months after packing)

⚭ **Oronoque Frozen Pie Crusts**, have a date that is 540 days after packing, code Feb 5, 2021.

⌘ **Osem Crackers** from Israel are Yoshon under the hechsher of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Osem Pasta** including the cous cous from Italy and elsewhere, is under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim, and is always Yoshon.

⌘ **Osem Bread Crumbs** produced in Israel are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Osem Cous Cous**, under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim is Yoshon.

⚭ **Osem Soups** when made in Israel are Yoshon under the Hasgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Ostreichers Cookies**: ALL **Ostreicher's** cookies including the **Osties Cookies by Ostreichers** are Yoshon under the Hashgocho of the Beis Din of New Square.

⚠ **Ovaltine beverage** contains malt. Chodosh code 3499 (349-day of year, 9-year).

⚠ **Pabst Brewing Co.** Chodosh code =0 135 ((0=year, 135=day of the year), 6 months after packing).

⚠ **Pam Baking Spray** Some contain no flour. Check the ingredients. Some do contain flour. If they do, then the Chodosh code is August 15, 2021 (24 months after packing.)

⚠ **Panko Bread Crumbs** by Kikkoman have a code of 227BA (227-day of year, BA-year) or Feb 15, 2021 (18 months after packing).

⌘ **Papouchado Cookies** from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Paskesz Items** under the hashgocho of Rabbi Westheim of Manchester are Yoshon even without a Yoshon label, including candies listed below.

⚠ **Paskesz Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon. Rice cakes under the hashgocho of Rav Westheim are always Yoshon.

⚠ **Paskesz Candy:** Award candy is made in Israel and is Yoshon. Paskesz Encore, licorice, Sour Ropes and Sour Sticks candy, are Yoshon under the hashgocho of Rav Westheim of Manchester. Other Paskesz candies may be Chodosh.

⚠ **Pasta La Bella:** Code for Egg Noodles is Aug 22, 2021 (2 years after packing). All other pasta has a code of Aug 22, 2022 (3 years).

⚠ **Peak Barley,** Chodosh Date August 13 20 (1 year)

⚠ **Pennant/Fresh Star Bakeries** French Puff Pastry Dough Chodosh code T9227 (9-year, 227-day of year).

⚠ **Pennsylvania Dutch Pasta** code for egg noodles is Aug 22 21 (2 years after packing.) For all other pasta use the Chodosh code of Aug 22 22 (3 years after packing).

⚠ **Pepperidge Farm** Frozen dough products have a code of August 15, 2020. (1 year after packing).

⚠ **Pillsbury Flour:** regular all-purpose white flour and bread flour for home use, Chodosh code Feb 15 2021 (18 months after packing.) Whole wheat flour has the probable Chodosh date on the package of August 15, 2020 (1 year after packing).

⚠ **Post Cereals** come in a great variety. We are relying on you to check the ingredients to see if they contain oats, wheat, barley, or barley malt. The date on the package is 1 year after packing. Check the ingredients and use the earliest applicable cutoff code: The wheat flour is all Yoshon and does not need to be checked. Wheat starch may still be a Chodosh problem. Barley (not malt) -August 13, 2020, oats-September 15, 2020, malt=Dec 15 20. The later oat date has been verified by the OU.

**I Pretzels** We have found that the situation for pretzels is far more complex. There are many different pretzel flours in use. We cannot recommend any pretzels as Yoshon unless specifically certified as such by the mashgiach.

⌘ **Pride of the Farm** Cookies and Cream Ice Cream and any other products with flour are Yoshon under the hashgocho of the Star K.

⚠ **Prince Pasta.** Chodosh code for egg noodles is Aug 22 21 (2 years after packing). For other pasta Aug 22 22. (3 years after packing).

⚠ **Pringle Potato Chips** with wheat products in the ingredients (however, wheat starch is not a Chodosh problem, see Preface), Chodosh code 9227 (9-year, 227-day of the year. The code is preceded by “L” or by “LOT”). Ignore the “Best

by use” date. For barley malt use a code of 9349. **Note that pringles recently reformulated and many products are no longer Kosher. Please check before purchasing.**

**I Professional Bakery Flour** and other bakery ingredients Yoshon flour used by Yoshon bakeries, pizza shops and such for bread, challahs, rolls, coffee cake, pizza, etc. has been available one of three ways:

1. Yoshon wheat has been stored in separate silos, along the silos of Chodosh wheat. The Yoshon wheat has been sealed by the O-U and is only opened and ground into flour under the supervision of the O-U mashgiach. This Yoshon wheat would be milled each week and was shipped directly to the distributors and bakeries without the need to store flour before shipment. Therefore, this Yoshon flour has the same freedom from worms that the freshly ground flour has all year around. (This freshly ground flour has been only available in large 50 and 100-pound bags sold to bakeries. It was not sold to consumers.)

2. Flour made from winter wheat, which is always Yoshon and is freshly ground. Since such flour does not have a high enough protein level, the protein is increased by adding winter-wheat derived vital wheat gluten or some stored, Yoshon spring wheat. This year, once more, a version of this type of Yoshon flour is being produced under the hashgocho of the Kof-K.

3. The third approach is the one that was most often used in the past years and is still being used. The flour is produced at the end of the summer before the Chodosh wheat enters the mill. It is then stored and used on an ongoing basis until Pesach. If this flour is stored in cold storage, then the problem of worms developing in the flour is virtually zero.

⚠ **Publix Pasta** has a Chodosh code of Aug 22, 2021. (2 years after packing)

⚠ **Publix Flour** has a Chodosh code of May 11, 2020 (270 days after packing).

⚠ **Publix Cereals** containing oats have a code of August 2, 2020. (52 weeks after packing) Those containing wheat, but no oats have a code of August 15, 2020. Those which have only malt have a code of Dec 15, 2020.

⚠ **Publix Waffles** have a code of August 15, 2020 (1 year after packing) Multigrain waffles contain oats and have a code of August 2, 2020. French Fries has a code of Feb 5, 2021 (540 days after packing).

⚠ **Puratos Bagel Improver** is a dough conditioner that is used by several bagel shops. Even though the company may claim that it is made from winter wheat, the Kof-K that provides the hashgocho for this product will not certify that claim. Therefore, as of a packaging date of August 15, this item may be Chodosh. The code for August 15 is 04150### (04=month, 15=day, 0=year, ### not important.) This date is 8 months after packing. Yoshon stored supplies of this item are available from Velenti Co. 718-565-1300 speak to Bob Cory. Please check with your local bagel shops. Many may not be aware of the fact that this or other dough conditioners may be Chodosh!

⚠ **Quaker Oats Co. Barley** Chodosh code is Feb 3 2021 (540 days after packing).

⚠ **Quaker Cereals** (same for Mothers) come in a great variety. Because of the large amount of data, you need to take a multi-step process to find the Chodosh code.

(NOTES: All of this information also is valid for USA packed cereals sold in Israel. Quaker oats cereals made in England and sold in Israel and Europe are Yoshon under the hashgocho of the London Federation of Synagogues when bearing the KF symbol. [Note: Some people in Israel use the term “Quaker” to refer to all hot oats cereals that need to be cooked. In this Guide, the term Quaker is used to refer only to all products made by the Quaker Company, including cereals eaten with cold milk.] Dates given here do not apply to Quaker cereals sold in Canada. For cereals made in Canada and sold in

the USA there is a special mention in the Quaker table. Also, hot and cold oat bran have different dates. Single serving packages of hot cereals have the same codes as the large packages.)

For Quaker cereals packed in the USA, the wheat may be Chodosh with a starting date of August 15<sup>th</sup>. Whole grain barley (not barley malt) may be Chodosh if packed August 13 or later. The oats may be Chodosh starting with the packing date of August 2. To help you translate these packing dates to the “best if used by” or shelf life dates on the packages, use the following system:

Steps to check for Quaker cereals:

- 1 Check the ingredients to see if they contain oats, wheat, barley, or barley malt.
- 2 Find the name of your cereal in the “Shelf-life” list below.
- 3 Then choose the earliest of the dates and the appropriate Chodosh package code from the Quaker table given here.

QUAKER AND MOTHERS SHELF LIFE LIST: CAUTION: This dating code list was given to us by Quaker. We have not checked the kashrus of each item! CHECK KASHRUS BEFORE USING! This information is to be used with the Quaker/Mothers brands.

180 Days: Breakfast Cookies – All; Chewy Granola Bars – 25% less sugar; Oatmeal to Go Granola Bars; Soft Baked Bars – All; Real Medleys Hot Cereals – All;

240 Days: Chewy Granola Bars; Chewy 90 Calories Low Fat Granola Bars; Granola Bites 90 Calories.

270 Days: Cocoa Bumpers; Graham Bumpers; Peanut Butter Bumpers; Toasted Oat Bran; High Fiber Instant Oatmeal Packets; Cap’n Crunch – All; Corn Bran Crunch; King Vitaman; Natural Granola; Oatmeal Squares –All; Oh!’s – All; Puffed Wheat; Quisp.

360 Days: Chocolate Chip Instant Oatmeal Packets; Life Cereal – All. (Some Life Cereal is manufactured in Canada. Please check each box.)

540 Days: Oat Bran; Instant Oats; Rolled Oats; Old Fashioned Oats; Quick 1- Minute Oats; Steel Cut Oats; Instant Oatmeal Packets – Original; Apples & Cinnamon; Fruit & Cream; Maple & Brown Sugar; Raisin, Date, & Walnut; Raisins & Spice; Lower Sugar – All; Consult the Quaker table given in the box for each of the categories listed above.

<b>Quaker Shelf life Codes</b>				
	Oats	Wheat	Barley	Barley Malt
180 days	Jan 29, 20	Feb 11, 2020	Feb 9, 2020	June 12, 2020
240 Days	March 29, 2020	April 11, 2020	April 9, 2020	Aug 11, 2020
270 Days	April 28, 2020	May 11, 2020	May 9, 2020	Sept 10, 2020
360 Days	July 27, 2020	August 9, 2020	August 7, 2020	Dec 9, 2020
540 Days	Jan 23, 2021	Feb 5, 2021	Feb 5, 2021	June 7, 2021
360 Days-Canada	Sept 19, 2020			
540 Days-Canada	March 9, 2021			

⚠ **R&F Pasta.** Egg noodles Chodosh code Aug 22 21 (2 years after packing.) All other pasta: Aug 22 22, (3 years after packing.)

⚠ **Ralph Pasta,** Chodosh code Aug 22 22 (3 years after packing).

⚠ **Ralston Cereals:** instant and Regular Ralston cereals the code for cold, ready to eat cereals is 1 year after packing and is 18 months after packing for hot cereals. For oats products, code for cold cereals, Aug 2, 20, for hot cereals Feb 2 21. For cereals containing wheat, the code for cold cereals is Aug 15 20, for hot cereals it is Feb 15 21. When the only problem is malt, the code for cold cereals is Dec 15 20, for hot cereals it is Jun 15 21.

⚠ **Rhodes** frozen rolls and frozen dough have a Chodosh code May 15 20 (9 months after packing.)

⚠ **Rice Select Pasta** has a Chodosh code of Aug 22, 2022 (3 years after packing).

⚠ **Rice Dream Beverages** no longer contain any Chodosh related ingredients.

⚠ **Rite Aid Oatmeal**, single serve packets have a Chodosh code of Feb 2, 2021 (18 months after packing).

⚠ **Ronco Pasta.** Chodosh code for egg noodles Aug 22 21 (2 years after packing). All other pasta use Chodosh code of Aug 22 22. (3 years after packing).

⚠ **Ronzoni Pasta** made in the USA (Egg noodles, healthy harvest, garden delight: Aug 22 21, (2 years after packing.) Smart taste pasta contains oats and has a code of Aug 2, 21 (2 years after packing). For all other pasta use the date of Aug 22 22, (3 years after packing).

⚠ **Ronzoni** (Catelli & Lancia) Pasta made in CANADA: Regular (white) pasta Chodosh code of OCT 27 22 (3 years after packing). Smart, Whole Wheat, Egg and Vegetable pasta Chodosh code of OCT 27 20 (2 years after packing). Multigrain – Chodosh code of OCT 16 20 (2 year after packing).

⚠ **Sallie Mishaan's Gourmet Kaak** is Yoshon with a Yoshon label only under the Hashgocho of the OK.

⚠ **Sam Adams Beer** from wheat has a Chodosh code of April 2020, under the Hashgocho of the Star K.

⚠ **San Giorgio Pasta** Chodosh code for egg noodles is Aug 22 21 (2 years after packing). For all other pasta Aug 22 22. (3 years after packing).

⚠ **Sara's Muffin Mix:** corn muffin mix and bran muffin mix are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Savion Croutons** Chodosh code P2279 (P=not important, 227=day of the year, 9=year.)

⚠ **Savion Cous Cous**, kosher for Passover is made from matzo meal and is Yoshon.

⚠ **Schaefer Brewing Co.** Chodosh code=0 135 (0=year, 135=day of the year), 6 months after packing).

⚠ **Sea Diamond Frozen Products** are Yoshon, if there is an O-U plus a Yoshon label on the package.

⚠ **Sensible Portions Veggy Straws** and other items from this company, the package date is 180 days after packing. For items containing wheat, the Chodosh code is Feb 11 20.

⚠ **Shibolim Crackers and Crisp Breads** are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Shibolim Matzos** whole wheat, light whole wheat and spelt are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Shibolim Pasta:** orzo, croutons and other pasta products are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Shibolim Oats** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Shibolim Matzo Ball Mix** is Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalaim.

⌘ **Shindler Fish Products** Yoshon under the Hashgocho of the OU with a Yoshon label only.

⌘ **Shneider Crackers** Yoshon under the hashgocho of Rabbi Schneebag.

⌘ **Shoprite Pasta**, Chodosh code 08 22 21 (2 years after packing.)

⌘ **Shoprite Flour** All-purpose flour has a Chodosh code Aug 15 20 (1 year after packing.)

⌘ **Shoprite Cereals:** Due to inconsistencies in the dating codes used we are no longer able to provide codes for the Shoprite cereals – hot and cold. Please call customer service at 1-800-746-7748 and ask them when the package you have was produced. Please have the UPC code to give to the agent. If it contains oats and was produced before August 2, 2019, it is Yoshon. After that point, it may be Chodosh. For wheat use the date of August 15, 2019, for barley August 13, 2019 and for Malt use the date of December 15, 2019.

⌘ **Shoprite Canned Soups** Canned soups have a Chodosh code of August 15 21 (2 years after packing.) except tomato soup which has a Chodosh code of Feb 15, 21. Dry soup mixes have a Chodosh code of Feb 15 21, (both 18 Months after packing).

⌘ **Skinner Pasta** Chodosh code for egg noodles is Aug 22 21 (2 years after packing). For all other pasta Aug 22 22. (3 years after packing).

⌘ **Smackin Good Cereals** with the Unger label, use the information given in the Guide for Malt-O-Meal.

⌘ **Smacking Good Cookies** are Yoshon under the Hashgocho of Rabbi Weissmandl.

⌘ **Snack Factory Pretzel Crisps**, has a Chodosh code of August 15, 2020. (1 year after packing).

**I SOY, TERRIAKI AND TAMARI SAUCES** Summary: It would seem that soy, terriaki and tamari sauces that have wheat in the ingredients may be Chodosh. In fact, these are surely Yoshon at least up to the packing date of Jan 15 (5 months after Aug 15, the Chodosh date for wheat) and may be free of Chodosh problems completely. Even if one wants to be machmir on the Jan 15 packing date, whatever you find on the grocery shelves until at least mid February should still probably be all Yoshon.

Details: After being alerted by some mashgichim, we discussed the method of production of these sauces with expert chemists who actually produce them. Here is what we learned:

- All these sauces that contain wheat are fermented over a period of time that is 5 months or longer. All sauces that are produced in a shorter time do not contain any wheat.
- The flour when used may be from spring wheat that may be Chodosh.
- In the production of the fermented soy sauce, wheat flour and some spores are added at the same time to start the fermentation. The spores produce the fermentation, the wheat flour is added only to allow the spores to be more evenly distributed in the liquid and to do a better job. The wheat flour, which at the start is about 7% of the starting volume, is almost completely consumed during the fermentation.
- Terriaki sauce is produced the same way, except they start with only about 3.5% wheat.
- Tamari sauce uses much less wheat. From a halachic point of view, this production method seems identical to the question we raised many years ago regarding plain white household vinegar. The vinegar is produced from non-Chodosh alcohol. There, some barley malt plus other chemicals are used in combination to cause the alcohol to ferment into

vinegar. In the process, the malt is virtually eliminated (much less than 1/60.). There we consulted several poskim who all ruled that the barley malt is botul. Based on that we believe that in the case of these sauces, as well, the wheat flour may be botul. Please consult your own posek regarding the question of bitul. However, since it takes at least 5 months to complete the fermentation of these sauces, there cannot be any Chodosh problem before Jan 15, 2020 in any case.

⚡ **Stacy's Pita Chips:** Chodosh code Feb 1, 2020 (182 days after packing)

⚡ **Start Fresh Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon.

⚡ **Stella D'Oro Products:** Chodosh codes: Breakfast Treats, Toast, and Biscotti, Feb 11 20.(180 days after packing) Sponge-All, Swiss Fudge Cookies Dec 13 19 (120 days after packing). 100 Calorie Breakfast Treats, Apr 11 20. (240 days after packing).

⚡ **Stop & Shop Cereals.** Boxed cereals containing oats: Aug 2, 2020 (1 year after packing). Boxed cereals containing wheat, but no oats – Aug 15, 2020. Oatmeal: Aug 2, 2020.

⚡ **Stop & Shop Flour:** white all-purpose flour Chodosh code Aug 15 20 ( 1 year after packing).

⚡ **Stop & Shop Pearled Barley,** Chodosh code Aug 13 20 (1 year after packing).

⚡ **Stop & Shop Pasta** Chodosh code Aug 22 22 (3 years after packing).

⌘ **Strauss Products:** Baflot Cubes, KefKef Patzpatzim/Stix, Pesek Zman, Thin Wafers are Yoshon under the Hashgocho of the OK.

⌘ **Streits Matzo Products** including matzo crackers are Yoshon under the hashgocho of Rabbi Moshe Soloveichik and the Kof K. This includes the Foodman's Matzola Products.

⌘ **Streits Pasta** is Yoshon under the hashgocho of Rabbi Moshe Soloveichik and the Kof K.

⚡ **Streits Chow Mein Noodles** are Yoshon under the hashgocho of Rabbi Moshe Soloveichik. Check for updates as noodles usually become Chodosh later in the season.

⚡ **Streits Soups,** soup mixes and cup soups Yoshon under supervision of Rav Moshe Soloveichik and the Kof K.

⚡ **Sturm and Village Farms** oats cereals and oatmeal in cans (quick and old fashioned) Chodosh packing code Aug 2, 21 (2 years after packing.) For Farina the Chodosh code is Aug 15 20. (1 year after packing.) Oatmeal packets Feb 15 2021 (18 months after packing).

⌘ **Sweet N'Low Cookies.** Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚡ **Sysco Wide Egg Noodles,** Chodosh code 22089 (22=date, 08=Aug, 9=year).

⌘ **Taaman Pasta Products** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚡ **Taanug Oats Cereals** have a code of Aug 2, 20. (1 year after packing.)

⚡ **Taanug Corn Flake Crumbs.** The only Yoshon problem is malt. The code is 19349 (19-year, 349-day of year).

⚡ **Tabachnick Soups** Chodosh code for frozen soups is 051520 (05=April, 15=date, 20=year), (9 months after packing).

⚡ **TAP (Tanya Approved Products)** The following TAP products are Yoshon under the Hashgocho of the Kehilla Kashrus of Flatbush: Muffins, Pizza, Eggplant, Ziti, Burrito, Blintzes

⚠ **Teriyaki and Tamari Sauces:** See Soy Sauce.

⚠ **Tofurky** Pepered, Hickory Smoked, Oven Roasted, and Italian Deli Slices, Kielbasa, and Italian Sausage, Smoky Bacon Tempeh, and Sesame Garlic Tempeh have a Chodosh code of 11/23/19 (100 days after packing). Tofurky Spinach Pesto Artisan Sausage, Andouille Artisan Sausage, Jumbo Hot Dogs, Roast Beef, and Bologna Deli Slices, Plant-Based Chik'n (All flavors) have a Chodosh code of 11/10/19.

⚠ **Tofuti Cuties** have a Chodosh code of 2279 (227=day, 9=year.)

⚠ **Torula Yeast** has no known Chodosh problems.

⚠ **Trader Joe Potato Pancakes** are Yoshon under the hashgocho of Rabbi Yehuda Shain of Double U Kosher. This only applies to the plain potato pancakes and not to any other products such as the spinach pancakes.

⚠ **Trader Joe Flour** Trader Joe flours including white unbleached flour, whole wheat unbleached flour and white whole wheat unbleached flour have a Chodosh code of Aug 1, 2020 (365 days after packing).

⚠ **Trader Joe Cereals** Clusters Almond Granola Cereal has a code of May 2, 2020. (9 months after packing).

⚠ **Tradition Soups.** Have one of two forms of code, either Chodosh code of N9227, (N-plant information, 9-year, 227-day of year) or the code BB Aug 15, 2021 (2 years after packing).

⚠ **Trinidad Barley:** Chodosh date: Aug 13 20 (1 year after packing)

⚠ **Triscuits Crackers** by Nabisco produced in the USA have a Chodosh code of March 15, 2020 (7 months after packing)

⚠ **Tuscanini Pizzas** are Yoshon under the Hashgocho of Rabbi Weissmandl and the Euro-K.

⚠ **Tuv Taam Products** are Yoshon, with a Yoshon label only, under the hashgocho of the CRC and the OK Labs.

⚠ **Twizzlers** uses winter wheat only. This has been verified by the OU.

⚠ **Uncle Sam Cereals** have a code 1 year after packing. For wheat, the code is Aug 15, 2020.

⚠ **Ungar Fish Products,** have a Chodosh code of AU1915 (AU-Month 19-year 15 – day.)

⚠ **Unger Cereals** with oats the code is Aug 2 20 (1 year after packing). For wheat code is Aug 15, 20. Corn Flakes and other cereals where the only problem is malt, the code is Dec 15 20. If the cereal also has a Malt-O-Meal label, use the dates given for Malt-O-Meal.

⚠ **Universal Frozen Foods** under the Delectable Gourmet and Kosher'US Labels Yoshon under the CRC-Hisachdus.

**I USA SPELT PRODUCTS NOT CHODOSH:** There should be no Chodosh problem at all with spelt products produced in the USA based on the following facts:

1. The spelt s in the USA is always a winter crop and is Yoshon.
2. About 80% of the spelt grown in Canada is a winter crop, only about 20% is a spring crop that may be Chodosh. Most of the spelt in Canada is grown in Ontario, which is on the eastern part of Canada. This spelt is almost 100% winter crop. The climate in Ontario can support either winter or spring crops. However the winter crops usually yield a much bigger harvest. So Ontario will only produce a spring spelt under the rare occurrence of a failure of the winter crop. Factories that use spelt that are in the eastern half of the USA would most likely use either USA grown spelt or the spelt that comes from the nearby Canadian region of Ontario. In either case, this would be a winter crop. The 20% spring spelt

is grown in Western Canada. Therefore, our conclusion that the spelt used in products made in the USA can be assumed to be free from Chodosh problems is based on the following. As always, for halacha, check with your own Rav or Posek.

1. It is quite likely that spelt products made in the USA should use locally grown spelt that is Yoshon.
2. Even if they use Canadian spelt, 80% of that is a winter crop and is Yoshon.
3. In the eastern part of the USA, it is probable that much more than 80% of the imported Canadian spelt should be Yoshon. This is because Ontario which is in the east part of Canada basically produces only winter spelt. The spring spelt is produced in Western Canada almost exclusively.
4. Even if the Canadian spelt should be a spring crop, it may be last year's and would be Yoshon. We would like to thank Rabbi Norman of the COR in Toronto and Rabbi Jaffee of the kashrus organization in Montreal who pointed out that our assumptions about Canadian spelt being mostly Chodosh may not be correct. We were able to confirm their information independently from industry and university sources.

⚠ **Utz Honey Wheat Pretzels** may be Chodosh starting Aug 15, code Dec 5 2019 (16 weeks after packing).

⚠ **Venus Fat Free Crackers.** The multigrain mix in the ingredients contains wheat and oats. Chodosh date is 9214#####. (9=year, 214=day of year, numbers # following are shift information).

⚠ **Vered Cereals** from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Village Farm Oatmeal** - See Sturm above

⚠ **Vitacost Grain Products:** Items containing oats have a code of Aug 2, 2021 and those containing wheat but no oats have a code of August 15, 2021. (2 years after packing).

⚠ **Vitelli Noodles and Pasta** Chodosh code Aug 22 2022 (3 years after packing.)

⚠ **Wacky Mac Macaroni and Cheese** from New World Pasta has a Chodosh code of August 22, 2021, (2 years after packing). Note that this product is not Chalav Yisroel.

⚠ **Walmart Great Value Flour** with a W in the code before the best by date is 100% winter wheat and is Yoshon. This has been verified by the OU.

⚠ **WalMart Great Value Pasta:** Spaghetti and macaroni For these items call the company at 877-505-2267. Have the product UPC code to give to the agent. and ask for the package code for August 22, 2019.

⚠ **WalMart Great Value Products:** Quick oats Chodosh code Jan 28, 21 (545 days after packing). Bran Flakes Aug 15, 2020 (12 months after packing), for other items call the company at 877-505-2267. Have the product UPC code to give to the agent and ask for the package code for Aug 2 for oats cereals or Aug 15 for wheat.

⚠ **Wan Ja Shan Soy Sauce** has a Chodosh code of 15/AUG/22, 3 years after packing.

⚠ **Wasa CrispBread** has a Chodosh code for oats of Oct 2, 2020 and for wheat of Oct 15, 2020 (14 months after packing.)

⚠ **Weetabix cereals** with oats, the code is Aug 2, 2020 (1 year after packing.). The wheat in all non-organic cereals is winter wheat and is Yoshon. Barley, Aug 13, 2020. For organic cereal the Chodosh code for the wheat is Aug 15, 2020 (1 year after packing.) The malt in all organic cereals is Yoshon. For non-organic cereals, malt may be a problem starting with a code of Dec 15 20.

⚠ **Wegmans Pasta** in the red boxes: Chodosh code August 22, 2021. (2 years after packing).

⚠ **Wegmans White Whole Wheat Flour** as well as Regular Whole Wheat Flour have a code of Aug 15, 2020 (1 year after packing).

⚠ **Weight Wise by Rokeach** rice cakes check list of ingredients. Those which do not list any Chodosh grains as ingredients are Yoshon.

**I WHEAT STARCH:** Wheat starch is used in many cereals, some cookies and other products. In the past we assumed that wheat starch can be made from spring wheat as well as winter wheat. Therefore, we advised that one should be machmir and assume that starting with a packing date shortly after the start of the spring wheat harvest, all wheat starch may be Chodosh. This is still advisable lechatchila when possible. Since wheat starch is used in so many products and in so many ways, that it is often not possible to be certain that the wheat starch is vadai Yoshon. When such certainty is not possible, we were advised that it is permitted to be maikil and assume that all wheat starch is Yoshon. This assumption is based on the following arguments:

(1) There is no advantage in making wheat starch from spring wheat over winter wheat.

(2) About 70% of all wheat grown in the USA is winter wheat. This makes winter wheat certainly the rov of all wheat available. (However, this winter wheat cannot be used by bakeries for breads, challahs and many other products. Those need spring wheat flour.) It also makes winter wheat cheaper.

(3) We apply the sfek sfeika of the Rema since the wheat starch could be from last year. Even if it were freshly manufactured, it is more likely to come from winter wheat which is Yoshon. We consulted the following Rabbonim Shlita who agreed that since it is not possible to clarify the matter beyond what is written above, that it is justified to be makil on wheat starch. (Names in alphabetical order) Harav Hagoan Yisroel Belsky ZT”L, Harav Hagoan Moshe Heinemann Shlita, Harav Hagoan Shmuel Kaminezky Shlita and Harav Hagoan Shlomo Miller, Shlita. This will be the policy of the Guide. For those who wish to be machmir, the chumra packing date for wheat starch would be Aug 15, 2019. As always, consult your own Rav or posek.

⚠ **Wheatena** cereal has a code of Feb 15, 21 (18 months after packing).

⚠ **Wholly and Wholesome pie shells** (sold in Israel and England) are Yoshon under the OU, with a Yoshon label only.

⚠ **Winco Crackers:** Saltines-All, Crispy Snack Crackers -All, Crispy Veggie Crackers, Woven Wheat Crackers-All, Gourmet Crackers-All, Chicken Crisp Crackers 7.5 oz, Dairy Oyster Crackers, Dairy Crackers-All, Chodosh code: March 15, 2020 (7 months after packing). Granola Bars-All, Chodosh Code May 2, 2020 (9 months after packing).

⚠ **Winco All Purpose Flour:** Chodosh code August 15, 2020 (1 year after packing)

⚠ **Winco Pasta Products:** Chodosh Code August 22, 2021 (2 years after packing)

⚠ **Winco Pearled Barley:** Chodosh Code August 13, 2020 (1 year after packing)

⚠ **Winco Cereals:** For oats the code is Aug 2, 2020, For wheat the code is August 15, 2020 (1 year after packing) Oatmeal-All varieties Chodosh code: Feb 15, 2021; (18 months after harvesting).

⚠ **Winco Ice Cream Cones:** Sugar Cones ⚠ contain oats code: Aug 2, 2021 all other cones Aug 15, 2021 (2 years after packing)

⚠ **Winco Cookies:** Vanilla Wafers, Animal Cookies, Iced Oatmeal Cookies, Old-Fashioned Oatmeal Cookies, Sugar Cookies, Cookies Ginger Snaps, Mint Creme Cookies, Chocolate Cream Cookies, Chocolate Double Cream Cookies, Clear Savings Cookies – All, Chocolate Chip Cookies -All Chodosh code: March 15, 2020 (7 months after packing)

Lemon Shortbread Cookies, Fudge Graham Cookies, Coconut Caramel Fudge Cookies, Fudge Striped Shortbread Cookies May 15, 2020 (9 months after packing).

⚠ **Winco Snacks:** Pretzels: Chodosh code: Dec 15, 2019 (4 months after packing) Potato Chips: Feb 15, 2020 (6 months after packing).

⚠ **Winco Frozen Products:** Frozen Waffles, Frozen Molten Lava Cakes Aug 15, 2020 (1 year after packing). Frozen tarts contain oats and have a code of Aug 2, 2020.

⚠ **Wise Potato Chip Products.** Some flavored potato chips have flour listed in the ingredients. This may be spring wheat flour. Chodosh packing date is Aug 15. 1.25 and .75 oz. bags Chodosh code is Jan 2 20 (20 weeks after packing) For 3.25 oz. bags the code is Nov 28 19 (15 weeks after packing). For the 8.75 oz bags the code is Nov 7 19, (12 weeks after packing).

⚠ **Won Ton Food Co.:** Won Ton Crackers Chodosh Code of 81519AAAA (8-month, 15-day 19-year, Letters following are packing and shift info).

⌘ **Yehuda Matzos,** Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Zerega Pasta,** Chodosh code 2279 (227=day of year, 9=year.) Some products have a best if used by date. For egg noodles, whole wheat noodles and whole grain noodles the code is Aug 22 20 (1 year after packing). For all other pasta the code is Aug 22 21 (2 year after packing).

⚠ **ZonePerfect Bars** by Abbot Nutrition have a date of Aug 15, 20 for Wheat (12 months after packing).

## Section 4.2. ESTABLISHMENTS AND SERVICES

Please note that many Hashgochos have still not submitted their information. Therefore, many listings are missing. See preface for more information.

DISCLAIMER: The Guide to Chodosh does not give hashgochos for kashrus or Yoshon. The listing of any facility in this Guide does not mean that we investigated its kashrus. For kashrus and Yoshon assurance, look for the certification by responsible kashrus organizations or individual mashgichim.

**WARNING:** One time it was found that a bagel bakery was making regular bagels from Yoshon flour and whole wheat bagels from Chodosh flour. Bagels have to be cooked before baking. It was found that the Yoshon bagels were being cooked in the same utensils that were being used each day to cook the Chodosh whole wheat bagels. The problems at this bakery were corrected, under the guidance of the responsible hashgocho organization. However, there is no guarantee that such problems were unique to this bakery alone. Mashgichim and consumers who deal with bagel bakeries making both Yoshon and Chodosh bagels must make sure that the same boiler is not used for both.

**SPICY FRIES WARNING:** Many restaurants, pizza shops and similar establishments offer fried foods. The menu of fried foods includes fried potatoes. Many of the “spicy fries” and some of the regular french-fried potatoes contain flour that may be Chodosh. The same oil is used to fry other items including falafel balls. Ask you posek or Rav whether those careful about Yoshon are allowed to eat these other fried foods that are inherently not Chodosh, but are fried in the same oil as the fries that contain possibly Chodosh flour. It should be noted that many such establishments have double fryers. This means that the pot of oil may have two baskets immersed in it at the same time. So therefore, it is possible that the questionable fried potatoes and the other non-Chodosh item share the same oil at the same time. Unless certified otherwise, all fried items have this suspicion. We thank Kehilah Kashrus for originally pointing out this problem.

**WARNING:** Some tuna fish and tuna fish salads used in restaurants contain bread crumbs or flour. Care must be taken to make sure that such ingredients are Yoshon.

## 4.2.1 New York City

▣ **Beigels Bakery Products** Yoshon with Yoshon label under the hashgocho of the O-K Labs and the CRC. This includes the Frozen Ready to Bake Doughs. Products sold individually from big boxes in stores do not have label are Yoshon even without a Yoshon label.

▣ **Benny Pizza**, 4514 13th Ave, Brooklyn. (718) 438 2369. Pizza only under hashgocho for Yoshon of the Star-K of Baltimore. Please note that onion rings and fried foods may be Chodosh.

▣ **Chantilly Bakery** or the World of Chantilly in Brooklyn is Yoshon under the hashgocho of the OK.

⌘ **Fifteenth Ave Food Corp**, selling baked goods in groceries under the names of Korn, Sterns, Kohen, and New York Kosher, Laromme baked items are Yoshon. The whole wheat bread and the 12-grain bread are also Yoshon. There are NO exceptions. Yoshon items under the hashgocho of the OK Labs and the CRC.

▣ **Glick’s Bakery** items in bakery as well as packaged items with a Yoshon Label, Yoshon under the hashgocho of the OK-Labs.

▣ **Green’s Baked Products** Yoshon with a Yoshon label, as well as products sold in their bakery under the Hashgoho of the OK.

▣ **Gotta-Getta-Bagel** baked products with a Yoshon label are Yoshon under the hashgocho of the OK Labs.

▣ **Kings Highway Glatt** 497 Kings Highway, Brooklyn, NY 11223, 718-382-7655. All in house products yoshon under the Hashgocho of the OU.

▣ **Kohen Baked Products**, see Fifteenth Ave Food Corp.

▣ **Korn Baked Products**, see Fifteenth Ave Food Corp.

⌘ **L’Esti’s Desserts** 180 27th Street, Brooklyn, Yoshon under the Hashgocho of Rabbi Yechiel Babad and the OU.

⌘ **Lilly’s Bake Shop** is Yoshon under the Hashgocho of the OU.

- ⊃ **Muffins and More/Hoing Food Corp.** Yoshon if they have a Yoshon label plus the OK kashrus symbol.
- ⊃ **New York Kosher** baked products, see Fifteenth Ave Food Corp.
- ⊃ **Pita Express Pita**, Pita is Yoshon under the Hashgocho of the OU.
- ⌘ **Reisman Bakery** (Brooklyn) All baked products are Yoshon. Under the hashgocho the CRC.
- ⌘ **Sprinkles Ice Cream Store** is Yoshon under the hashgocho of the Tartikover Beis Din.
- ⊃ **Steinberg's Bakery**, 20 Atlantic Ave, Oceanside. Items are Yoshon if they are sealed with a Yoshon label plus the OK kashrus symbol, under the hashgocho of OK Labs.
- ⊃ **Stern's Baked Products**, see Fifteenth Ave Food Corp.
- ⊃ **Urban Pops**, Brooklyn All products with a Yoshon label are Yoshon under the Hashgocho of the OK. Please note many of these pops do not have any problematic ingredients.
- ⌘ **Weiss Kosher Bakery**, 5011 13th Avenue, Brooklyn (718) 438-0407 Yoshon under the hashgocho of the OK Labs and CRC even without a Yoshon label.

## 4.2.2 Kew Gardens, Kew Gardens Hills, Other Queens and Long Island

- ⊃ **New Star Caterers** at Congregation Ohr Torah of North Woodmere, 100 Hempstead Ave, Rockville Center, NY 718-891-8100. Yoshon available upon request under the Hashgocho of the OU.
- ⌘ **Zomick's Bakery**, 444 Central Ave, Cederhurst. All items are Yoshon under the hashgocho of OK Labs. No Exceptions.

## 4.2.3 Five Towns, Long Island

- ⊃ **Zomicks**, 85 Inip dr., Inwood - Items with Yoshon label are Yoshon under the hashgocho of the OK. Multigrain bread is Yoshon. Changes will be posted.

## 4.2.4 Monsey

No information was submitted for this location at the time of printing.

## 4.2.5 New Jersey

Fairlawn

- ⊃ **Zadies Bake Shop**, Yoshon with a label only under the Hashgocho of the Star-K.

## 4.2.6 Lakewood

Local Contact: Rabbi Yoseph Greenfeld, 1172 Tiffany St, Lakewood, (732) 364-1979 and Rabbi Shimon Greenfeld, 1 Kew Gardens Rd, (732) 364-7576.

- ⊃ **Capri**, Summerton Plaza, 335 Route 9 South. 732-673-9978. Only the pizza is Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore, Star K.

⌘ **Hershey's Bakery** Howell (Lakewood), NJ, Yoshon under the hashgocho of Rabbi Yehuda Shain of the Double U Kosher.

⌘ **Kosher Experience** Takeout counter at the following Shoprites near Lakewood: Boundbrook Shoprite, East Brunswick Shoprite, East Windsor Shoprite, Malboro Shoprite, Neptune Shoprite, Shoprite of Aberdeen and the Shoprite of Lawrenceville. All items made at these takeout facilities are Yoshon under the hashgocho of the O-U. This applies ONLY to items made on premises and not items sold there that are brought in from elsewhere.

## 4.2.7 Baltimore

Local contact: Star-K of Baltimore, (410)484-4110.

⌘ **Caramel's Pizza Store**, 700 Reisterstown Road, (410) 486-2365. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Catering by Alan Weiss**, 6505 Baythorne Road, Baltimore. (443) 394-8338. Yoshon upon request. Hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Catering by Yaffa**, (410)486-3325. Yoshon available on request. Yoshon hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Chef on Call/Chef Dan**, All Pizza and store made items are Yoshon. Yoshon hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Delightfully Sweet** - Yoshon available upon Request. Under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Dougie's BBQ**, Yoshon available upon Request. Under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

CHANGE IN STATUS ⌘ **Goldberg's New York Kosher Bagels**, Bagels, Bialys are Yoshon. Inquire in store for other items under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K). Note: The store in Timonium **is not** under this hashgocho for Yoshon.

⌘ **Kosher Bite/KB Szechuan**, 6309 Reisterstown Road, (410) 358-6349. Yoshon available by request only. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Milk & Honey Bistro**, 1777 Reisterstown Road, (410) 486-4344. Only the following items are Yoshon: cheese blintzes, French toast, pizza, pasta, soups, waffles, pancakes, assorted kugels and soufflés.. Other items are available as Yoshon upon request. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **O'Fishel Catering** (410) 764-3474. Ask for Fishel Gross. Challah, rolls, and cholent are Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Pariser's Bakery**, 6711 Reisterstown Rd. (410) 764-1700. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Pearlstone Conference & Retreat Center**, 5425 Mt. Gilead Rd, Reistertown, MD 21136, 410-429-4400. Yoshon available on request. Under the hashgocho of the OU.

⌘ **Rosendorff's bakery** (wholesale), Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Royal Restaurant**, 7002-A Reisterstown Road, in the Colonial Village Shopping Center. Baltimore. (410)484-3544. Yoshon available on request. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Seasons Supermarket**, Bakery and Takout Departments are Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Seven Mile Market**, Dairy, Deli and Fish Departments are Yoshon under the Hashgocho of the Star K of Baltimore.

⌘ **Sion's Bakery**, 302 Reisterstown Road, Baltimore, MD, (443) 548-0370.. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Sweet and Good Catering**, Yoshon available on request. Yoshon hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **The Knish Shop**, 508 Reisterstown Road, Baltimore, (410) 484-5850. Yoshon available upon request, under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

## 4.2.8 Boston area

No information was submitted for this location at the time of printing.

## 4.2.9 California

Local contact: Rabbi Nachman Morgan, 343 N. Detroit, 323-938-2428

No information was submitted for this location at the time of printing.

## 4.2.10 Cleveland area

⌘ **Unger's Kosher Market**, bakery department only, 1831 South Taylor road, Cleveland Heights, Ohio, telephone number 216-321-7176. Yoshon under the hashgocho of Cleveland Kosher.

⌘ **Kinneret Kosher Restaurant**, 1869 S. Taylor Road, Cleveland Heights, is Yoshon under the Hashgocho of Vaad HaRabonim HaCharreidus of Cleveland, Rabbi Mordechai Kaplowitz, except for the spicy fries.

## 4.2.11 Chicago

Local contact: Chicago Rabbinical Council cRc (773) 465-3900. (Note this cRc should not be confused with the CRC (Central Rabbinical Congress-Hisachdus, located in Brooklyn.)

⌘ **Emma's Bagel Cafe**, 9306 Skokie Blvd, Skokie, IL 60076 (847) 673-3030., Bread and Bakery items are Yoshon under the hashgocho of the cRc. (Chicago). This does not include pastas and items fried in non Yoshon fryer.

⌘ **Tel Aviv Bakery**, 2944 West Devon, Chicago, (773) 864-8877. Yoshon under the hashgocho of the O-U.

## 4.2.12 Detroit, Oak Park, Southfield MI

Local contact: Rabbi Berel Broyde, 15130 Burton, Oak Park, MI, (248) 968-3057. Hashgocho for Yoshon: Vaad Harabonim of Greater Detroit (COR) 248-559-5005

Note: All the following under the hashgocho for Yoshon of the Vaad Harabonim of Greater Detroit (COR) 248-559-5005 for the items listed.

⌘ **Jerusalem Pizza** - 26025 Greenfield Rd. (248)552-0088. Only the plain pizza (white flour, without toppings) is certified as Yoshon.

CHANGE IN STATUS ☛ **One Stop Kosher Food Market** Fresh Bakery Dept and Pizza Counter- 25155 Greenfield Road, Southfield. (248) 569-5000. Products are Yoshon except items listed on signs posted at store.

☛ **The Bake Station Bakery** - 30760 Southfield Rd. (248)723-9000. Products are Yoshon except items listed on sign posted at store.

☛ **Zeman's New York Bakery** - 25258 Greenfield Rd. (248)967-3905. Products are Yoshon except items listed on sign posted at store.

## 4.2.13 Phoenix, Arizona

⌘ **Cafe Chinar**, 1601 E. Bell Rd., Ste A-11, Phoenix, AZ 85022, [\(602\) 354-4505](tel:6023544505). All items including bread and desserts are Yoshon under the hashgacha of Rabbi Pinchas Nisanov.

## 4.2.14 Florida

### Miami

Local contact: Rabbi Manish Spitz, 4510 Post Ave., Miami Beach, Fla. 33140, (305)672-1240. If help is needed, contact Rabbi Spitz.

## 4.2.15 Washington DC, Silver Springs area

Local Contact:

Rabbi Gedalia Walls cell: 703-328-5588 [gedaliawalls@gmail.com](mailto:gedaliawalls@gmail.com)

### Rockville/Potomac Locations:

☛ **Siena's Pizzeria and Restaurant**, 12303 Twinbrook Parkway, Rockville Maryland 20852, (301) 770-7474. Pizza is Yoshon under the Hashgocho of the Capitol K.

### Silver Spring Locations:

CHANGE IN STATUS ☛ **Ben Yehuda Café and Pizzeria**, 1370 B Lambertson Drive, Silver Spring, MD 20902, (301)681-8900. All items are Yoshon EXCEPT soup crackers and coated French Fries. Under the Hashgocho of the Capitol K.

☛ **The Kosher Pastry Oven**, 1372 Lambertson Drive Silver Spring, MD 20902, (301) 592-8844 Bakery is Pareve and Yoshon under the Hashgocho of the Capitol K.

☛ **Sunflower Bakery**, 8507 Ziggy Lane, 240-361-3698, all bakery products are Yoshon excluding products containing oats, under the hashgocho of the Capitol K.

## 4.2.16 Massachusetts

☛ **Cafe Eilat** 406 Harvard Street, Only pizza is Yoshon under the hashgocho of KVH.

⌘ **Rosenfeld Bakery**, 1280 Centre St, Newton. 617-926-8080 Yoshon under the KVH.

☛ **The Butcheri**: Fresh baked challah only is Yoshon under the hashgocho of the KVH.

## 4.2.17 Israel

### Food exported by Israel

Food produced in Israel under hashgochos considered reliable for kashrus are also always Yoshon. In addition, all items produced under the hashgocho of the Badatz of Yerushalayim are also always Yoshon, even if they are packed outside of Israel.

### Food imported to Israel

Many of the American-brand-name food items that are sold in Israel and other countries are produced under contract outside of the USA. The information printed in this Guide should not be assumed to apply to any food items purchased outside of the USA, unless you have a clear indication that that item was indeed produced in the USA. This Guide cannot vouch for the relevance of information printed in the Guide for such items produced in other countries.

⌘ **Kedassia, London.** Everything with this hashgocho on it Yoshon everywhere in the world.

⊃ **Kellogs Cereals** manufactured in Europe and sold in Israel and Europe are Yoshon under the Hashgocho of the Manchester Beis Din.

⌘ **London Federation of Synagogues** advised that to their knowledge all crackers and biscuits produced in Europe are Yoshon. Obviously not all of these are under the hashgocho of the Federation. All packaged products with the Federation's KF symbol are always Yoshon, whether sold in Israel or elsewhere.

⌘ **Morning Flakes oats cereal** sold in Israel and Europe is Yoshon under the hashgocho of the Manchester (England) Beth Din.

⌘ **Quaker cereals** sold in Israel have the same codes and dates as the listing for the same items sold in the USA, as stated in Section 1.1 of this Guide. Quaker oats cereals made in England and sold in Israel and elsewhere in the world are Yoshon, under the hashgocho of the London Federation of Synagogues, if there is a KF symbol on the package. (Note: Some people in Israel use the term "Quaker" to refer to all hot oats cereals that need to be cooked, regardless of the company which manufactures it. In this Guide, the term Quaker is used to refer only to products made by the Quaker Company, including cereals eaten with cold milk.)

⌘ **Rabbi O. Y. Westheim.** Everything under his hashgocho is always Yoshon everywhere in the world. This includes Bobbie's fish products sold in Europe.

⌘ **Speedycook Oats** manufactured in Ireland are Yoshon under the Hashgocho of the Manchester Beis Din.

IMPORTANT NOTE: As mentioned above, food produced in Israel itself under reliable hashgocho is always Yoshon. However, we have ample evidence that many packaged goods are being imported to Israel with no concern about the possibility that they may be Chodosh. Importers often paste their own labels, in Hebrew on such packages, describing the foreign kashrus organization that vouches for the kashrus, but not the Yoshon status, of the contents. The general public in Eretz Yisroel is more strict about Chodosh than the majority of people in Chutz L'Aretz. Nevertheless, this public is often not aware that some of the hashgochos in Chutz L'Aretz are not usually actively avoiding Chodosh. We are warning our brothers and sisters in Eretz Yisroel about this problem and we urge our readers to also spread the word.

## 4.2.18 Elsewhere in the world

### **Antwerp, Belgium**

The locally grown wheat is always Yoshon. The bakeries use local wheat flour for breads and chalabs, making these Yoshon. Some of the bread-like cakes, such as yeast cakes may be Chodosh. For pasta, ask for Israeli products, which are always Yoshon. Barley that is locally grown is Yoshon. However, apparently, during some years, most of the barley used for cholent comes from North America and may be Chodosh. For up to date information, contact Rabbi S. Golovenshitz, 011-323-230-8537. We are not aware of any facilities producing Yoshon under hashgocho in Antwerp.

## Canada

### Toronto

Local contact: COR, Rabbi Yehoshua Norman (416) 635-9550. The COR publishes several Chodosh Bulletins during the season. Consumers in Canada should contact the COR directly for copies of these bulletins.

### Montreal

For Chodosh information about Canada in general and Montreal in particular, contact Rabbis Peretz Jaffee or Y. Wenger of the Jewish Community Council of Montreal, 5491 Victoria Ave., Montreal, (514)739-6363. This organization publishes several Chodosh Bulletins during the season. Contact this organization directly for copies of these bulletins.

## England

### London

Local contact: Rabbi Michoel Scharf of Kedassia. Office phone: 011-44-208-800-6833, Fax: 011-44-208-809-7292

All packaged items, under the hashgocho of Kedassia are certified Yoshon. Most bakeries are Yoshon. The season starts in Nov. or later. Contact them for updated bakery lists.

Federation of Synagogues, London. Telephone number 011- 44 - 208 - 202 - 2263. Dayan Moshe Elzas. All packaged products with the Federation's KF symbol are always Yoshon, whether sold in Israel or elsewhere.

London Beth Din, Rabbi Gershon Feinsilver. Telephone number 011 - 44 - 208 - 343 - 6253. Contact them for some Yoshon information.

### Manchester

Local contact: Manchester Beth-Din, 00-44-161-740-9711 Many services are Yoshon under the Beth Din, check with them.

### Gateshead

Local contact: Rabbi Elozor Lieberman, 37 Grasmere St West, Gateshead. Telephone 011-44-191-477-1598. All food establishments in Gateshead, England are Yoshon under the hashgocho of Rabbi Lieberman.

## Johannesburg, South Africa

Up to date Yoshon information is available from the UOS, The Union of Orthodox Synagogues of South Africa in Johannesburg. Their Yoshon Bulletin may be accessed on the Web at the address [www.uos.co.za](http://www.uos.co.za). Look for the Kashrus Guide. Under that look for Yoshon Update. You can also call them at 011-27-11-485-4865.

## Melbourne, Australia

For local information, contact Kolel Bais Hatalmud, 362A Carlisle St. Balaclava, Melbourne (3183). We are not aware of any facilities producing Yoshon under hashgocho in Australia

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