

The background of the entire cover is a black and white photograph of wheat stalks, showing the grain and the long awns. The image is slightly blurred, giving it a soft, natural feel.

A GUIDE TO CHODOSH

For the Year 5783 ('22-'23)

Price \$15

BY R' YOSEPH HERMAN Z"l
WITH THE ASSISTANCE OF C. ROSSKAMM

לעילוי נשמות

אבי מורי ר' יהושע בן ר' משה ע"ה

ואמי מורתי בריינדל בת ר' יקותיאל הלוי ע"ה

קונטרס זה מוקדש ברגשי תודה עמוקים למרן ראש הישיבה מרנו ורבנו, הרב הגאון יעקב קמנצקי זצוק"ל. אשר האיר את עינינו והדריכנו בכל שטחי חיינו וענפיהם. קונטרס זה לא היה יוצא לאור ולא היה בר-קימא בלי עצתו הטובה ועודדו התמדי.

כמו-כן מוקדש הקונטרס לזכר נשמת מורנו ורבנו, הגאון מרן הרב משה פיינשטיין זצוק"ל אשר עצתו והכוונתו סייעו לסדורו.

Note: The above dedication to Reb Yaakov ZT"L and Reb Moshe ZT"L is an expression of gratitude for the support and advice that they gave to the publication of this Guide. It should not imply that they gave any haskomo to this Guide or that they paskened that everyone must avoid eating all foods that the Guide labels "Chodosh".

בלב קרוע ומורתח מקדישים אנו קונטרס זה לעילוי נשמת מחברו הדגול אבינו מורנו עטרת ראשנו רבי יוסף ב"ר יהושע הערמאן זצ"ל אשר טרח ועמל לזכות את הרבים בצורה נפלאה למעלה מארבעים שנה. לא יאומן כי יסופר כמה גיעות יגע וכמה עמל השקיע בזה במסירות ונאמנות ואחריות גדולה עד יומו האחרון.

דומה כי ניתן לומר שמבצעו הכביר בענין חדש היה בבחי' 'שמא קגרים', כי היה תמיד מלא התחדשות ורענונות הן בעבודת בוראו הפרטית והן בזיכוי הרבים, ונוסף לרוב עסקו לזכות את הרבים בזהירות מאיסור חדש היו עוד כמה ענינים בהם זיכה את הרבים מתוך הרגשת אחריות ואדיר חפצו להגדיל כבוד שמים.

בקשתנו שטוחה מכל הנהגה מיגיעו של אבינו המחבר זצ"ל שיואל לגמול לו חסד ולעשות לטובת ולעילוי נשמתו ע"י חיקוי דרכיו בהתחדשות מתמדת בעבודת ה', זיכוי הרבים והרבות כבוד שמים - ובשומו אל לבו הלקח הגדול שהנחילנו שאין דבר טוב שא"א להשיגו ע"י רצון ועבודה מתמדת בעמל ובהשקעה... וודאי שהלומד מדרכיו ועושה כן, או הלומד משניות לעילוי נשמתו הינו מראה בזה כלפיו 'הכרת הטוב' עצומה.

יה"ר שהקונטרס והחיזוקים יהיו לעילוי נשמתו ושנוזכה לראות בקרוב בקיום היעוד 'הקיצו וירננו שוכני עפר'.

המשפחה

The *olam HaTorah* knows of the great work of our father, Rav Yoseph Herman, *zt"l*, who toiled for over forty years to make observance of *hilchos yoshon* a reality. In his research, his writing, and his constant availability to answer questions in real time, our father was the public face of the Guide to Chodosh.

What the public never saw, however, was the *briach hatichon*, the central supporting beam, that created the framework that enabled all of his great efforts.

That was our mother, Maras Kreisel Kreindel Atara bas Rav Shraga Tzvi, *aleha hashalom*. She crafted a home of light and beauty and joy, a home infused with fervent *ahavas haTorah*. Her relationship with Hashem was palpable and personal; even as she trembled before Him, she never hesitated to demand from Him every manner of *bracha* for her beloved family and for *Klal Yisroel*.

Her respect for our father emanated from the deepest levels of her *neshama*. She took care of every mundane task so that nothing would impede his holy work, and her moral support gave him the strength and confidence to face the world each day and conquer the mountains he set out to climb.

May the mitzvos generated by this Guide serve as an everlasting *zechus* and *aliyah* for her *neshama* in Gan Eden, where she stands alongside our father for all eternity.

The Herman Family

Contents

CHANGES TO PROJECT CHODOSH	5
TEXTING SERVICE	5
THE GUIDE'S FORMAT	5
An Appeal for Donations	6
HOW TO CONTACT THE GUIDE TO CHODOSH	6
WHEN DID CHODOSH START?	6
1. PRACTICAL GUIDE TO CHODOSH	12
2. OTHER IMPORTANT INFORMATION	15
3. HOW TO TELL IF THE ITEM IS YOSHON?	18
Section 4.1 AN ALPHABETICAL LISTING OF ALL PRODUCTS.....	21
Section 4.2. ESTABLISHMENTS AND SERVICES	48
4.2.1 New York City	48
4.2.2 Kew Gardens, Kew Gardens Hills, Other Queens and Long Island.....	50
4.2.3 Five Towns, Long Island.....	50
4.2.4 Monsey	50
4.2.5 New Jersey	51
4.2.6 Lakewood	51
4.2.7 Baltimore	51
4.2.8 Boston area	53
4.2.9 California.....	53
4.2.10 Cleveland area	53
4.2.11 Chicago.....	53
4.2.12 Detroit, Oak Park, Southfield MI.....	54
4.2.13 Phoenix, Arizona	54
4.2.14 Waterbury, CT.....	54
4.2.15 Washington DC, Silver Springs area	54
No information was submitted for this location at the time of printing.....	54
4.2.16 Massachusetts	54
4.2.17 St. Louis	54
4.2.18 Israel	55
4.2.18 Elsewhere in the world.....	56

Section 4.3: Index by Subject	58
-------------------------------------	----

PREFACE

CHANGES TO PROJECT CHODOSH

As Project Chodosh moves on, under the leadership of Moshe Herman, R' Yoseph Herman's son, some changes have been made.

The guide is continuing and building on the work and research of Rabbi Herman Z"L. His signature is visible on every page as his work continues to guide us.

As of January 2023, Project Chodosh is undergoing changes to allow for prompt and reliable information to be available in a timely fashion.

TEXTING SERVICE

The guide is now answering questions via text message. Questions can be texted to 914-522-0096. We hope to answer all questions by text each evening, Sunday-Wednesday, and BE"H Thursday as well, as much as possible. DO NOT call this number with questions. The owner of the line will not be able to help you and it will just be a disturbance to them. A special thanks for allowing the guide to use their line for this service.

Please do not text any subscriptions or questions related to subscriptions. All such texts will be deleted.

Please note that every text needs to be processed. Texting back thank you is unnecessary and uses up data.

CHODOSH HOT LINE

If you have questions DO NOT CALL the home telephones of M. Herman or C. Roskamm. Instead DO CALL THE CHODOSH HOT LINE at 718-305-5133, 24 hours per day.

The Chodosh hotline will be operational with questions being answered once a week, on Sunday or Monday in box 3 from Rosh Chodesh Elul until Pesach. This may change based on need.

THE GUIDE'S FORMAT

The Guide now consists of three principle sections: Section 4.1-Alphabetical listing of packaged foods, Section 4.2 -Alphabetical listing of establishments and services, and Section 4.3 - Subject index.

Section 4.1 lists items by company name, including all items made by that company for which we have Chodosh-related information. For example, under Kemach are listed all products such as ice cream cones, noodles, cereals, flour, pie crusts, etc. If any company or food items is not listed it means that we have no information about that company or item. If that item is supposed to be under hashgocho for Yoshon and it does not have a Yoshon label, it means that the mashgiach had not supplied relevant information to the Guide in time to be printed in the Guide. In such cases, we suggest that you contact the mashgiach directly for updates.

Section 4.2 is a similar alphabetical listing of all establishments and services, organized by city. For example, under New York City are listed all bakeries, pizza shops, catering services, restaurants, etc., anywhere in the New York City area, all in alphabetical order by the name of the establishment.

Section 4.3 is a subject index. For example, if one is interested in knowing which cereals may be Yoshon, he would check under "Cereals". That provides all companies listed in the Guide, the κ , γ , τ categories that are available, and the page number of Section 4.1 where they may be found. For the details you would have to turn to that page. Note that the subject index of Section 4.3 only references the list of packaged foods in Section 4.1.

An Appeal for Donations

The Guide to Chodosh is a non-profit project (tax-deductible, Tax ID 45-447-5432), dedicated to the gathering and dissemination of Chodosh-Yoshon information of practical value to the consumer. Our expenses include printing, telephone and fax-related charges, and the salaries of part-time helpers who make the Guide possible. Most, but not all of these costs are covered by the paid subscriptions. However, donations would be appreciated to cover the balance of our budget. Tax deductible payments may be made by calling our Guide order phone number, 646-278-1189. Record your name and credit card number as requested. Be sure to specify that your call is to make a donation and the amount of the donation. PLEASE DO NOT mail checks to Mrs. Roskamm. We will send out the new address for checks as soon as it is available.

A Note Regarding Hashgochos for Yoshon

We have made several attempts to notify all mashgichim and hashgocho organizations who have in the past been involved in supervising Yoshon. We emphasized to them that all of their hashgocho information must have been received by us on time to be included in the Guide. We apologize, but due to the time constraints on our staff, we need to enforce this. If the foods of interest to you that have been under hashgocho for Yoshon in the past are not included in our Guides, we suggest that you contact the responsible mashgichim directly for updates.

HOW TO CONTACT THE GUIDE TO CHODOSH

To contact the Guide with questions and comments there are three principle options:

- (1) Call the Hot Line at 718-305-5133.
- (2) Send email to yherman20@gmail.com
- (3) [Send a text to 914-522-0096](#) DO NOT CALL THIS NUMBER!

WHEN DID CHODOSH START?

- 1) **Freshly baked items using spring wheat**, including breads, challahs, bagels, rolls, pizza and some cakes and cookies may be Chodosh in the Midwest after the PURCHASE DATE of August 18. Elsewhere in the US, this date is Aug 28.
- 2) **Packaged foods from spring wheat** may be Chodosh after the PACKING date of August 18.

κ =Yoshon with hashgocho, no checking of codes; γ =Yoshon with hashgocho must check details; τ =No hashgocho, check codes; n =Chodosh; o =sofek, uncertain I =Information

- 3) **Noodles and pasta** may be Chodosh after the PACKING date of Aug 27.
- 4) **Barley**, such as pearled barley, may be Chodosh after the PACKING date of August 10.
- 5) **Oats**: Oats in all products, including cereals, may be Chodosh starting with a PACKING date of Aug 13.
- 6) **Barley malt** (also listed in the ingredients as “malt”) may be Chodosh as of the packing date of Nov 15 for Beer and **Dec 15** for all other products containing malt. Package codes should be checked after the purchase date of **Dec 15** for beer made from barley malt and **Mar 15** for malt in other products.

Dating Codes Explained:

There are 2 main types of date codes used in the guide.

- Open codes consist of a month day and year. This can be in letters or numbers, with or without abbreviations. Examples include September 25, 2021, Sept. 25, 2021, Sept 25, 21. Open codes can also use numerals such as 09/25/2021 or 09252021, 092521
- Julian codes are a series of numbers that represent the day of the year. January 1 is 001, the next day is 002 and so forth until December 31, which is 365. The year is represented by the numbers 0-9 which is the last digit of the year. 2021 would be 1, 2022 would be 2. The year can be before or after the day.

GENERAL GUIDELINES

- All items made in Israel under a reliable kashrus hashgocho are Yoshon. Also included are items under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim, even if made outside of Israel.
- All packaged goods with Yoshon printed on the label and a reliable Kashrus hashgocho are Yoshon.

THE ONGOING WINTER WHEAT-SPRING WHEAT PROBLEM

MATZOS, GEFILTE FISH, PRETZELS, CAKES AND CRACKERS

A few years ago, we became aware of a new problem. Namely, since the inception of the Guide more than 40 years ago, people in the milling and baking industry had a rule of thumb that all soft and crumbly baked products including crackers, matzos and pretzels are always made from winter wheat which is Yoshon. We learned that over the last few years the winter wheat crops have been so low in protein, that many of these products now have spring wheat flour mixed in, making them possibly Chodosh. Even ingredients labeled “winter wheat” may, by law, have even more than 50% spring wheat content without mentioning the spring wheat! This has required us to reexamine all products that have in the past been labeled Yoshon following the old rules that “winter wheat” is always Yoshon. This reexamination is an ongoing process. This issue of the Guide lists those crackers and pretzels that have at the time of this printing been confirmed as being Yoshon.

MATZOS Note that Pesach Matzos must be checked for Yoshon status. A few hand matzo bakeries may be using flour that may be Chodosh. Therefore, we suggest that you confirm with the mashgichim of Pesach matzos that their bakery only produces Yoshon. Chametz Matzos are still Yoshon and do not need to be checked.

GEFILTE FISH Since, as noted above, chametz matzos are Yoshon, all chametz gefilte fish where the only potential problem is matzo meal are also Yoshon. However, those gefilte fish that list bread crumbs in the ingredients or are made for Pesach and are grebrachs need to be individually investigated to be sure that they are Yoshon.

PRETZELS, CAKES AND CRACKERS We have found that the situation for pretzels is far more complex. There are many different pretzel flours in use. We cannot recommend any pretzels as Yoshon unless specifically certified as such by the mashgiach. The same caution is recommended for crackers and cookies.

WARNING ABOUT CHODOSH IN UNEXPECTED PRODUCTS

Consumers have noted that some products, including those packaged by grocery stores have ingredients such as wheat flour that may be Chodosh. These include tuna fish salads that contain breadcrumbs, some chocolate and candy items and some seed preparations. Consumers are urged to check the list of ingredients of items that they purchase and avoid repackaged items where no ingredients are listed.

WORDS OF CAUTION TO MASHGICHIM

This section is addressed to mashgichim who are giving hashgocho for Yoshon, to make sure that they are aware of all areas that need to be checked to make sure that all aspects of production do not introduce problems of Chodosh. It is not enough to only check on the Yoshon status of the wheat flour that is being used. The following is a checklist of some recent problems that have been reported that should be checked by the mashgiach.

- **Wheat starch:** For revised guidelines for wheat starch, please see the “Wheat Starch” entry below.
- **Dough Conditioners and mixes:** Many bakeries use dough conditioners in some baked product. These must be checked to be sure they are Yoshon. All prepared mixes should also be checked.
- **Vital wheat gluten** when used should be checked for Yoshon.
- **Ingredients:** Any ingredient that has a chometz problem, in theory may also have a Chodosh problem and needs to be investigated. When using ingredients certified as Yoshon by other mashgichim, check the standards used by their hashgocho. For example, some flour may be labeled “winter wheat” and may still be more than 50% spring wheat and be Chodosh.
- **Package control:** Systems should be set up to avoid mix-ups of Yoshon and Chodosh products in similar containers. Such mix-ups have been reported when workers mix up bags of Chodosh and Yoshon flour, sometimes even at the distributor level. This has also been a problem in catering establishments that produce Yoshon and non-Yoshon affairs on different days or in different halls on the same day. Dating codes or hashgocho symbols should be checked.

- **Matzos and matzo meal** have always been assumed to be Yoshon. With the new winter wheat-spring wheat problem it cannot be automatically assumed that Pesach matzos and matzo meal are Yoshon.
- **Pizza shop and restaurant** problems: All fried foods may have problems of Chodosh if they are fried in the same oil and fryer that are used for spicy fries that contain flour in the ingredients. In addition, some pizza shops line their ovens with semolina flour. Such flour is usually Chodosh. Other materials should be substituted, for example potato starch. Finally, sometimes Chodosh and Yoshon may be in the same oven at the same time. This should not be permitted.
- **Check utensils** that may have been used for Chodosh. Is koshering required after use for Chodosh?
- **Bagel shop problems:** Some bagel shops have been selling Yoshon regular bagels from Yoshon flour and Chodosh bagels from Chodosh whole wheat flour. They did not realize the halachic problems posed by using the same boiler to cook up the Chodosh and Yoshon bagels prior to baking. Sometimes both types of bagels were cooked even the same time!
- **Caterer cautions:** Breads, challahs, rolls, frankfurter and hamburger buns, bagels, wraps, frozen doughs and blankets, some cakes and cookies, ice cream cakes should all be from sources under hashgocho for Yoshon. Sometimes the same company will produce both Chodosh and Yoshon. For example, “6-grain” or “whole grain” breads often are not Yoshon.
- **Breadcrumbs** must come from Yoshon sources. Corn flake crumbs contain malt which may be Chodosh if packed after Dec. 15.
- **Flour** used as a thickening agent **in soups** may be Chodosh.
- **Wheat germ**, and other wheat products should be checked
- **Oats based ingredients** A mashgiach mistakenly allowed “Kemach Yoshon” to be printed on a label on an item where the main ingredient was Yoshon wheat flour. He did not take note of the fact that the ingredients also included oats that may be Chodosh.
- **Flavoring additives** Check for additives which may be using wheat or malt products. For example, wheat flour is included in the ingredients of a red pepper spice mixture used to flavor some wraps.
- **Barley** for example used by caterers in soups or cholent should be checked to make sure that it is Yoshon.
- **Spelt or rye** products. If made in the USA, these are Yoshon. From other countries they have to be checked out.
- **Tuna fish mixes and salads** used by restaurants may contain breadcrumbs or flour.
- **Policy regarding malt** should be verified.

ADDITIONAL COPIES OF THE GUIDE

Copies of the Guide can be ordered by US mail, can be purchased locally in several cities, or can be downloaded via e-mail.

Purchase copies to be sent by US mail

To request literature. Copies of this Guide are available by subscription. This issue is the only full issue for this year. A subscription of \$18 will pay for this issue and a preseason bulletin next year. For overseas, including Israel the cost of this issue and updates to be mailed is US \$20. For Canada and

κ=Yoshon with hashgocho, no checking of codes; ג=Yoshon with hashgocho must check details; ט=No hashgocho, check codes; נ=Chodosh; ו=sofek, uncertain I=Information

Mexico, it is US \$18. It is preferred that you use the credit card method of payment. Please call 646-278-1189 and record your full credit card information. I am sorry but we are unable to accept checks at this time.

Purchase of Guide from Local Distributors

The purchase price of this issue at the distributors is \$15. Cash may be paid at the local distributors.

The following is a list of distributors where this issue may be purchased.

- Baltimore: Dr. Avrohom Nelkin, 3831 Labyrinth Road, (410) 358-4975. The Guide will be sold from the home.
- Brooklyn: Rabbi Zev Katz, 1515 East 13th Street. Copies of the Guide will be stored in a self-service box near the front door. The \$15 per copy may be pushed in through the mail slot at the bottom of the front door.
- Chicago: Mishpachas Levin, 5118 North Drake, Chicago, (773) 588-1349. Guide will be sold from a self-service box on the stoop, with money to be put into slot in door.
- Lakewood: Rabbi Shimon Greenfeld, 1 Kew Gardens Drive, (732) 364-7576. Also Rabbi Aaron Quinn, 606 6th St, (732-901-7949).
- Monsey: Rabbi Ami Cohen, 6 Regina Rd, South Monsey. Copies of the Guide will be stored in a self-service box near the front door. The \$15 per copy may be pushed in through the mail slot at the bottom of the front door.
- Yerushalayim: Rabbi Yekusiel Herman, R' Chizkiyohu Shabtai 11/17 Ramot, Yerushalaim (02) 571-0229.

How to Order the Guide to Chodosh to Be Sent to You by E Mail

You can order the Guide to be sent to you by E mail, free of charge. The guide is available only in PDF form.

To order the PDF version of the Guide by E mail

>Send a request to yherman40@gmail.com

>Send a message to: chodosh@moruda.com

You will get the Guide back by automatic response, via E-mail. If you do not get a response, check your spam filters to make sure that the Guide is not trapped there.

How to Contact Us for More Information by Telephone, E-mail or Text

The Telephone Hot Line

NOTE: If you have questions DO NOT CALL the home telephones of C. Rosskamm. Instead DO CALL THE CHODOSH HOT LINE at 718-305-5133, 24 hours per day. Record your questions and call back within 7 days for possible answers recorded to your questions. Questions will be answered once a week, usually Sunday or Monday.

Email

It is possible to send E mail directly to the Guide by addressing it to yherman20@gmail.com. As an additional service, the Guide operates a computer E-mail-based mailing list dedicated to Chodosh and Yoshon. This mailing list is kept private, used only by the Guide to Chodosh and not given to any other person or organization. Urgent news and other information are sent at regular intervals automatically to all those on the list. There is no charge for this service. Those who have access to E-mail can join this group by sending a message to:

chodosh-subscribe@lists.projectgenesis.org

To discontinue the E-mail service, send a message to

chodosh-unsubscribe@lists.projectgenesis.org

Those who subscribe will get fast E-mail notification of important new developments, before it is possible to print them in corrected Guides. They will also automatically get email copies of the new Guides, sometimes unedited, when they become available. Those who receive E mail bulletins should note that they normally contain preliminary information, subject to change.

Please note that all requests to join to the mailing list should be sent to the “chodosh-subscribe” address listed above. All **other** E-mail correspondence should go to yherman20@gmail.com. Do not send email to the yherman address to ask to subscribe to this free service. You should subscribe automatically by sending E mail directly to the E mail address given above. It is also very important that you do us the favor of unsubscribing yourself before discontinuing an E mail service or before you allow your free E mail service to be discontinued due to lack of use.

Acknowledgements

The author thanks the following for their ongoing support of the Chodosh Project.

- Rav Avrohom Greenfeld. Rav Greenfeld has been a behind-the-scenes support of the Guide to Chodosh for many decades, from its first day. He has acted as an advisor and sounding board. He has proofread each and every issue of the Guide before publication. He helped formulate and submit halachic questions to rabbonim and other poskim. The Guide would not have matured to its current state without his ongoing support.
- Mrs. Tzippy Bier has been handling most of the tasks related to the subscriptions to the printed literature. This task is being carried out flawlessly and is necessary and much appreciated.
- Mrs. Breindy Lisker who is assisting with transcribing the hotline and contacting companies

Others who have contributed significantly over the past years:

- Xchange Telecom of Brooklyn, NY has provided the telephone Hot Line service that is the backbone of the daily support the Guide tries to provide to the public. Their facility provides incoming phone lines that are never busy, and a message system that callers can manipulate for their convenience.
- Rabbi Yaakov Menken and his Project Genesis whose computers are used to distribute email bulletins throughout the season to a list of more than 2100 people.
- Mr. Maurice Mizrahi allows us to use his moruda.com computer, to allow people to download the Guide by the means of an email request to chodosh@moruda.com
- Tova at 6DaysCreations, 6dayscreations@gmail.com for creating the cover used in this issue.

- Those who distribute the Guide in local cities, including Dr. & Mrs Nelkin in Baltimore, Rabbi and Mrs. Katz in Brooklyn, Mishpachas Levine in Chicago, Rabbi Greenfeld, Rabbi Quinn and their wives in Lakewood, and Rabbi and Mrs. Yekusiel Herman in Yerushalaim.
- Finally we acknowledge the talmidim of Harav Hagoan Shmuel Faivelson ZT”L, who shared with us a starting file of Yoshon information that they compiled while they were at Mesifita Beth Shraga, in Monsey.

1. PRACTICAL GUIDE TO CHODOSH

1. An Introduction to Chodosh

This Guide is meant to provide practical guidance for those who wish to know which foods in the marketplace are Yoshon. As such, this is not the place for a detailed technical discussion on the agricultural and manufacturing factors relevant to the production of Yoshon. Here we present a very brief summary of these factors.

1.1 The definition of Chodosh

Chodosh is defined as including only grains in five categories: wheat, barley, oats, rye, and spelt. Any of these grains that took root before Pesach become Yoshon after the second day of pesach. (According to some poskim this means that the planting has to occur not later than 3 days before the second day of Pesach, others require 2 weeks before the second day of Pesach.) If one of these grains missed this planting deadline, then it is considered as having been planted too late to be Yoshon for this year. This grain will be harvested several months later. From the time of its harvest (typically the July-August period) until the Pesach of the following year, this grain is defined as Chodosh. This is the forbidden Chodosh grain, whose avoidance is the subject of this Guide.

Note that only these five types of grain can be Chodosh. Other grains such as buckwheat, rice, corn, etc. never have the problem of Chodosh.

There exist two kinds of crops: winter crops and spring crops. In the Northern Hemisphere (such as in America) winter crops are planted in the fall, remain in the ground through the winter (and more importantly for us, through pesach) to be harvested in the early summer. Since these crops were in the ground through pesach, by the time they are harvested they are Yoshon. In the USA, rye and spelt are both winter crops and are Yoshon (caution, “rye bread” contains wheat flour in addition to the rye and could thus be Chodosh). Spelt flour from Canada is also mostly Yoshon. However, rye or spelt products imported from elsewhere could be Chodosh.

Spring crops in the USA are usually planted after Pesach and are harvested towards the end of the summer. Therefore, from the harvest until the following Pesach they are Chodosh. In the USA most of the oats and barley are Chodosh until the Pesach that follows the harvest.

Wheat in the USA is grown as two distinct crops, winter wheat and spring wheat. These two wheats differ chemically. Winter wheat is Yoshon. Its chemical properties make it best for most cookies, crackers, pretzels, cakes, matzos and other baked products that are soft or crumbly. (However, see Preface above that in the last few years spring wheat has been added in some of these applications.) Thus, the wheat ingredients in most of these products used to be Yoshon (however, for practical guidance, please see the specific foods below.) The exception to this rule is a small part of the Far West USA, near Los Angeles, where the cake and cookie flours could contain some spring wheat.

Spring wheat is used for most breads, challahs, and pasta products such as noodles, macaroni and spaghetti. Therefore, these items may be Chodosh from approximately the end of the summer until Pesach.

Exactly which items are Chodosh depends on the type of grain, the time of the year and the region of the country. Please see specific items below for more details.

1.2 Which foods may have a Chodosh problem?

Foods that contain wheat, oats or barley may be Chodosh. This includes many items using “malt” which is derived from barley. With regard to wheat, the important question is whether a wheat ingredient in a food is

- only from winter wheat and is Yoshon (but see Preface above that flour marketed as “winter wheat” may have spring wheat mixed in.)
- from spring wheat and may be Chodosh

It is also important to know the manufacturing or packing date on which we should suspect that item to be Chodosh. These questions are answered in detail for specific products in the following sections.

The following is a partial list of items, often found at kiddushim and similar social occasions, or in the homes of others, that one has to check to make certain that they are free from Chodosh: bread, challah, rolls, bagels, cakes, cookies, cereals, soups, farfel, pita, pizza, noodles, macaroni, spaghetti, soup and vegetable croutons, chow mein noodles, noodle kugel, ready to eat frozen dough products including knishes, fish sticks and blintzes, breaded and stuffed items such as stuffed fowl and food covered with bread crumbs, barley, snack foods, and items containing barley products such as cholent, and some alcoholic beverages including beer, vodka, gin, cordials and prepared cocktail mixes. To this list must be added many foods that contain malt that could be a problem each year after mid-November for beer and mid-December for items such as many cereals, pretzels and other items listing malt in the ingredients.

A word of caution is offered to those who wish to eat away from home during the Chodosh season. From this Guide it should be obvious that avoidance of Chodosh requires being up to date about a continuously changing situation and understanding complicated items such as package codes. We have found that people do not always keep up with the changes. Therefore, they are in all honesty claiming that their food is Yoshon, while following outdated guidelines. This has been especially true for people who themselves do not observe the dinim of Yoshon, but wish to prepare Yoshon for kiddushim or Purim, for example. It is important to reemphasize that the Chodosh situation keeps changing and last year's (or maybe even last month's) rules may no longer be valid. For example, see the Preface regarding of adding spring wheat to winter wheat in many applications over the past few years. We try to spread the word on ongoing changes through the telephone Hot Line, urgent updates of this Guide, and email.

In addition, within the guidelines observed by the Guide to Chodosh, we can no longer recommend many foods without hashgocho for Yoshon. People not up to date to this change may still claim they are serving Yoshon, based on outdated guidelines or claims of Yoshon without the hashgocho needed to back up such claims.

1.3 Basics of the Yoshon Kitchen

Some foods are always Yoshon. These are permitted, from the point of view of the dinim of Chodosh, all year around. Other foods have a Chodosh problem during the Chodosh season, which extends nominally

κ=Yoshon with hashgocho, no checking of codes; ρ=Yoshon with hashgocho must check details; τ=No hashgocho, check codes; η=Chodosh; ο=sofek, uncertain I=Information

from about the August-September time frame till Pesach. This section introduces the beginner to the topic of Chodosh. These are only general rules. In specific instances only items under reliable hashgocho for Yoshon or if the item is produced before Chodosh is available on the market, should be used. The Guide is intended to produce practical guidance in this respect.

1.3.1 General rules about foods that are Yoshon or Chodosh

Foods produced in the USA that do not contain any wheat, oats, spelt or barley never have Chodosh problems.

Thus, for example, buckwheat is never Chodosh. However, corn flakes cereal may be Chodosh because it contains malt that comes from barley.

- Rye flour is Yoshon in the United States.

On the other hand, “rye bread” is made from a mixture of a minority of rye flour and a majority of spring wheat flour. Therefore, it may have Chodosh problems. Rye crackers made in the U.S. may be Yoshon if they contain no malt, wheat or oats. Many rye products from other countries have not been investigated.

- Items which have been confirmed to contain only winter wheat and no spring wheat, barley, or oats are Yoshon.
- Spelt grown in the USA is always Yoshon. About 80% of the spelt grown in Canada is also Yoshon. Therefore, we assume that spelt in all items produced in the USA or Canada is Yoshon.

Commercial bakeries use flours that differ from flour that is sold in groceries for home baking. Commercial bakery wheat flours, other than cake and cookie flours, may be Chodosh. This includes the flour used for bread, challah, rolls, bagels, danishes, pizza and many cereals. It also includes most whole wheat and graham flour products. In addition, many local bakeries add Chodosh flour to some of their cakes and cookies. If the baker uses pure cake or cookie flour, or pure rye, then it is Yoshon (except maybe in the Far West.) If it contains other flours, it could be Chodosh.

- Malt can start becoming Chodosh each year after November 15 for beer and Dec 15 for other foods with malt in the ingredients.

Malt is used in many foods such as cereals, pretzels, candies, etc. For a discussion of malt please see “malt” in Section 4.1 below.

The above list is not complete. It is only presented to provide an introductory set of examples. Please see the remainder of this Guide for more detailed information.

1.3.2 Storing Yoshon-Avoiding worm problems

The Chodosh harvest starts around July-August. Products made from the new Chodosh crop start becoming available in the market place each year in the mid August-September time frame. Starting Chodosh dates are given above for specific items. The Chodosh season ends on Pesach. Some foods that people want are not available in Yoshon form during the Chodosh season. These foods that could become Chodosh in the fall must be stored so that they last until the following Pesach. Storage of perishable foods could result in worm contamination unless proper precautions are exercised.

Yoshon flour used by Yoshon bakeries, pizza shops and such for bread, challahs, rolls, coffee cake, pizza, etc. is available from several sources. The only method that used to be available years ago used flour milled at the end of the summer from Yoshon wheat before the Chodosh came into the mill. The milled flour was stored in 100-pound bags for the 6-7 month duration until Pesach. Such flour that is under hashgocho for Yoshon is usually stored under refrigerated conditions, to prevent the hatching of worms.

κ=Yoshon with hashgocho, no checking of codes; ρ=Yoshon with hashgocho must check details; τ=No hashgocho, check codes; η=Chodosh; ο=sofek, uncertain I=Information

A newer approach that was used the first time during the 04-05 season, has a mill storing Yoshon wheat in separate silos, along the silos of Chodosh wheat. The Yoshon wheat is sealed by a mashgiach and is only opened and ground into flour under the supervision of the mashgichim. This Yoshon wheat is being milled each week and being shipped directly to the distributors and bakeries without the need to store flour before shipment. The malt that is added is always stored Yoshon malt. Therefore, this Yoshon flour has the same freedom from worms that the freshly ground Chodosh flour has. (This freshly ground flour is only available in large 100-pound bags sold to bakeries. It is not sold to consumers.) It should be noted, that almost every year, so far as we know, there were no reported problems in flour produced either by the new freshly ground method or the refrigerated storage method.

- Flour that consumers buy in small bags, such as the 5-pound bags, have a greater danger of worm contamination. The seal on these bags is not as secure as the big bakery bags. Therefore, use the dating code when available to make sure that the bag was not made too long before your purchase date. It is quite possible that flour bags stored in warehouses or on grocery shelves may have picked up worms from the outside through incompletely sealed openings. It is also advisable that you store these bags at home under worm-free conditions. (See below) Sifting of flour is also recommended.
- Noodles, pasta and barley may become wormy if not stored properly. Special care must be taken with these items. These can easily become wormy even at the grocery storage and store facilities.
- Rabbi Efraim Israelowitz of the Yeshiva of Brooklyn reported a number of years ago that noodles and pasta stored in airtight plastic or cellophane bags are the most secure in terms of preventing worms from entering from the outside. Cardboard boxes and paper bags are much more vulnerable, especially when damaged in handling. He reported that some barley sold in the groceries is often stored in cellophane bags that have holes in them. These holes are there to aid in ventilating the barley. However, the same holes provide easy entry to worms. Thus all barley, whether stored for Yoshon or recently purchased, should be checked for worms before use.
- **RECOMMENDED STORAGE METHODS**
 - The best storage method to avoid worm contamination, the only one recommended without hesitation, is in refrigerators and freezers.
 - Sealed plastic bags and containers may be useful.
 - Long term storage without the above protection, especially in the warm weather, is not advisable

2. OTHER IMPORTANT INFORMATION

2.1 Glossary of important terms used in this Guide

There are three important terms used in this Guide that are related to dates for items in Section 4.1. All together, they are referred to by the general term “Chodosh date”.

Package code: For packaged foods, there is usually some code to indicate when that item was packed. When used with the Chodosh cutoff dates in Section 4.1 below, the package code can be used to determine whether the contents of the package are Yoshon or may be Chodosh. Such codes can be in the form of a “Best if used by...” date or some non-obvious set of numbers and letters. These codes are usually stamped or embossed on the package. They are not part of the regular printed label and they are not the bar code.

Alphabetical order usually abbreviated “alph order”: Some package codes list the month of the packing in an alphabetical order as part of the dating code, where a different letter is used for each month. Unless stated otherwise, this will be as follows: A=Jan, B=Feb, C=Mar, D=Apr, E=May, F=June, G=July, H=Aug, I=Sep, J=Oct, K=Nov, L=Dec.

Day of the year: Used in some package codes indicates the number of days that have passed since the previous Dec 31. For example, 032 would be Feb 1. This is also sometimes referred to as the “Julian” date.

Winter wheat vs Yoshon: If we are reasonably certain that all ingredients in a food are completely Yoshon, then we use the term “Yoshon”. If we know that the item is verified to have 100% winter wheat, but it may have other ingredients that may pose a Chodosh problem, then we use the term “winter wheat”. Thus, for example, for cereals or cookies where the Guide states that they are from “winter wheat”, it is important that the ingredients should be checked for malt or other items that could be Chodosh.

2.2 Yoshon categories used in this Guide

⌘- This designation indicates that the item or establishment has a hashgocho that certifies that the products are always Yoshon (no further checking is required).

⚭ -This designation indicates cases where the hashgocho for Yoshon does not include every item, or cover the entire season, or may not cover malt. The consumer has to check for exceptions, as noted in each case.

⌘-This category was used in earlier years and has been discontinued.

⌘-Indicates cases where the item is Yoshon without hashgocho for Yoshon. The Yoshon recommendation is either based on the Yoshon status being determined from sources independent of the company or based on a cutoff date derived from the US Department of Agriculture harvest information, plus a package dating code.

⌘- This category indicates items that are believed to be Chodosh.

⌘-This indicates cases where the manufacturer may claim that the item is Yoshon. However, the Guide cannot recommend the item as Yoshon due to lack of hashgocho for Yoshon, or more information is needed.

I – General Information

2.3 Chodosh cutoff dates based on harvest data

In earlier years, the Guide would try to ask each company when they begin to use the newly harvested Chodosh crops. Under the current guidelines, we no longer rely on such information provided by individual companies. Instead, when hashgocho is not available for packaged foods, we use crop harvest data supplied by the U. S. Department of Agriculture in their public reports and similar data not originating with each company

When it comes to effective cutoff dates for spring wheat we will recognize the fact that the majority of the harvested crops are transferred to central shipping points or stored. We have developed an estimate that at least 10-17 days should pass from the first reported start of the harvest before the Chodosh would start to be used. For beer derived from barley malt, we now use November 15 as the Chodosh production cutoff date. For other items containing malt, this date is Dec 15

Regarding spelt, we learned in '07 that all spelt whether grown in the USA or in Canada can be assumed to be Yoshon, as detailed later in this Guide.

In the table above, we summarize the cutoff dates recommended by the Guide for this year, based on estimates of the US Government supplied harvest data. The “Packing date” indicates that all packaged goods with dating codes that were before that date should be Yoshon. Starting with the “Packing date” and later, they may be Chodosh. The “Purchase date” is the first date for which we feel it is no longer safe to purchase the foods without checking for dating codes. We also give the first recommended date to stop purchasing freshly baked items produced at the local bakeries.

2.4 The local bakery problem

The housewife often uses the same flour for a variety of different baked goods. Bakeries are different. In general, bakers have different flour mixes for different products. The following general rules should be noted about **commercial** flours used in bakeries. The following is being supplied as background information only. In this Guide, we only recommend as Yoshon those bakeries, pizza shops, and other establishments that have hashgochos for Yoshon.

White cake and cookie professional bakery flours are usually 100% Yoshon (with the possible exception of the Los Angeles area.) However, with the addition of spring wheat the last few years to flours that used to be from pure winter wheat, we are no longer sure of this rule. Ask the local Hashgocho Agency.

The following types of bakery flours may be Chodosh after a given Chodosh date: high-gluten, high-strength, bread-flours, patent, clear, whole-wheat, graham, and pizza flours.

Thus if the baker uses only cake or cookie flour, the item may be Yoshon everywhere except in the Far West USA. This is more likely for the case for soft and crumbly cakes such as sponge and marble cakes, as well as for some crumbly cookies. Cakes that are hard, chewy, and bread-like will usually be made from bread flour that could be Chodosh. Examples are yeast cakes, bobkes and danishes.

It was noted earlier that pure rye flour is always Yoshon in the USA. However the “rye bread” sold in bakeries contains about 70% spring wheat flour and may be Chodosh.

Spelt flour has been used lately, for example to produce matzos, rolls, crackers or cookies for those who are allergic to wheat. Spelt in items made in the USA are Yoshon.

2.5 Food produced in Israel

All food items produced in Israel under reliable hashgocho for kashrus are always Yoshon. In addition, all items under the hashgocho of the Badatz Eida HaChareidus of Yerushalaim and produced anywhere in the world are also always Yoshon.

3. HOW TO TELL IF THE ITEM IS YOSHON?

3.1 Packaged foods

3.1.1 Brief overview

- If there is a Yoshon statement on the package in addition to the kashrus hashgocho, then the item is Yoshon,
- If there is no Yoshon label, check the Guide to see if the item is listed as Yoshon.
- If it does not have a Yoshon label, and it is not listed in the Guide, then you can call the consumer information telephone line of the company that makes your package. Find out how to tell from the code on the package what was the manufacturing date of the item. It may be Chodosh if it contains
 - Oats and oats flour that was manufactured Aug 13 or later, unless noted otherwise.
 - wheat and was manufactured Aug 18 or later
 - barley (not barley malt) if it was manufactured Aug 10 or later
 - noodles or pasta if it was manufactured Aug 27 or later.
- If the above do not provide answers, try to call the Chodosh Hot Line at 718-305-5133 or text 914-522-0096, and leave your question. (However, you should get a quicker answer if you do your own investigation, as above.)

3.1.2 “Yoshon” labels and kashrus hashgochos printed on the same package

Does a “Yoshon” label on a package guarantee that it is Yoshon? Maybe not. Such a label may not be any more of a guarantee than the letter “K” on a package guaranteeing kashrus. It all depends on who is behind such a label. It may be that all of the ingredients are Yoshon. On the other hand maybe only the wheat flour is Yoshon. It is also possible that the company may claim Yoshon whereas the hashgocho takes responsibility only for kashrus and not the Yoshon status.

- For those packaged foods that are listed in this Guide as being category א or ב for Yoshon, the organization responsible for verifying Yoshon is stated in the Guide.
- All packaged foods packed in Israel under a reliable hashgocho for kashrus will always be Yoshon, with or without Yoshon on the label.
- All packaged foods packed under hashgocho for kashrus of the Eida Hachereidis Badatz Yerushalaim, Rabbi O. Y. Westheim of Manchester, Kedassia of London, or Rabbi Schneebag will always be Yoshon, with or without Yoshon on the label. This is true regardless of where these were packed.
- All items that have any one or more of the following hashgochos for kashrus AND a Yoshon label on the package are guaranteed to be Yoshon, including the malt if it is used: O-U, Star-K of Baltimore, O-K Laboratories, CRC-Hisachdus (not to be confused with the cRc of Chicago), Rabbi Weissmadl, Rabbi Shlomo Stern (the Debrecener Rav), Mechon Lakashrus of New Square-Rabbi Mordechai Unger, Rabbi Aaron Teitelbaum (Nirbater Rav), Rabbi Yechiel Babad (Tartekover Rav), Bais Din of New Square, Vaad Harabonim of Monsey, Volover Rav Rav Nochum Efraim Teitelbaum.
- All items that have one of the following hashgochos for kashrus AND a Yoshon label on the package are guaranteed to be Yoshon. However the malt if it is used is not checked for

Yoshon (see Section 3.1.3 directly below): KAJ, Kof-K, Rabbi Gruber, cRc (Chicago Rabbinical Council, not to be confused with the CRC-Hisachdus), Kehilah Kashrus (of Brooklyn). Therefore, after Dec 15, items under these hashgochos may contain Chodosh malt.

- Other “Yoshon” label situations have to be investigated on a case-by-case basis.

3.1.3 Policy regarding malt

As it is explained below that malt or barley malt, when listed in the ingredients of a packaged food, can be used for one of two purposes: (1) added to most baking flours as a chemical agent to allow the yeast to react with the water and air to make the dough rise, and (2) as a sweetening coloring agent. Chodosh malt may start to become a problem this year after Dec 15 for items other than beer. If that malt is made from Chodosh barley, then the halacha may depend on the application as follows:

- Some Rabbonim are completely machmir and hold that Chodosh malt is not botul in either application (1) or (2).
- Others hold that Chodosh malt is botul in application (1), but not (2). This is the psak I got from Harav Hagoan Yaakov Kaminecki ZT”L and others and is the one that I personally follow in my home.
- Others yet hold that malt in items other than beer is either always botul, or for other reasons is not necessary to check for. In past years, one such reason was the fact that malt becomes a problem much later in the season (after Dec 15) and in many application only small amounts of malt are used. Therefore, they assumed that the malt is probably old.

In Section 3.1.2 above, when we mention that a hashgocho is not makpid on malt. That means they follow the third opinion for one reason or another. They do check for the Yoshon status of all ingredients, but they do not check into the status of any malt that is used.

3.2 Bakeries, restaurants, pizza shops, catering halls and similar establishments producing ready-to-eat foods

The Guide recommends that you accept foods only from producers where there is a mashgiach that takes responsibility for Yoshon, not just kashrus.

3.2.1 Policy regarding spicy fries and use of ovens

Many pizza shops and similar establishments serve spicy (potato) fries. These fries often contain flour that may be Chodosh. That potential Chodosh problem is compounded by the fact that the establishment often uses the same oil for other fried foods that contain no Chodosh ingredients. Therefore, all fried foods in such establishments have a possibility of containing Chodosh flour. All responsible hashgochos either make sure that spicy fries are Yoshon or they advise that fried foods not be treated as Yoshon.

Another problem area that has been found regards the use of an oven to heat Yoshon and Chodosh in the same oven at the same time. (Use of the same oven even at different times may pose halachic problems.) Mashgichim should make sure that this practice is not allowed when they certify Yoshon. (For example, in shops where the hashgocho for Yoshon only certifies the pizza, other non-Yoshon items should not share the same oven.)

3.2.2 “Yoshon” claims at catering halls and other establishments

The claim of “Yoshon” at catering halls, restaurants, pizza shops and other such establishments should be treated like a claim for kashrus. One has to know what and who is behind such a claim. If it is backed up by a reliable, competent hashgocho organization or mashgiach then that is a good assurance of the

reliability of the Yoshon. If not, then one can face some of the following scenarios based on some real-life situations:

- “Of course, the baked products are Yoshon. We get them from a fine frum bakery who told us that they are Yoshon.”
- “We order all our noodles and other supplies from XYZ Distributors who have Yoshon supplies.” (Did anyone check if only Yoshon was delivered? Delivery mix-ups occur sometimes.)
- “We are all Yoshon. The barley in the soup? I am not sure let me ask. ...Yes, the cook told me that the delivery man told him that the barley is Yoshon.”
- We checked for Yoshon. It did not occur to us to check for the Yoshon status of the breeding of the chicken.
- Last night you had a non-Yoshon affair at your hall. Did anyone check if the unopened Chodosh boxes that were left over from yesterday were not used by mistake for tonight's Yoshon affair?

Due to such possible problems and others, the Guide will not list any establishment as being Yoshon, unless the Yoshon status is confirmed by a hashgocho.

This is the end of Part One of the Guide. Specific product information is provided directly below.

Section 4.1 AN ALPHABETICAL LISTING OF ALL PRODUCTS

⌘ **24/6 Foods**, including the **Kosher Select** and **Pomodori** Brands, Brooklyn, Pizza Dough/Crusts/pockets/bites, Frozen Foods, Breads, Bagels, Rolls and Buns are Yeshon under the Hashgocho of the OK Kosher.

⌘ **A & B Famous**: All products are Yeshon under the Hashgocho of Rabbi Osher Eckstein.

⌘ **All Trumps Flour** has a code of Aug 18, 2023. (1 year after packing).

⌘ **Alpen Cereal** has a Chodosh code of Aug 13, 2023. (1 year after packing).

⌘ **American Beauty Pasta** Chodosh code for egg noodles is Aug 27 24 (2 years after packing). All other pasta: Aug 27 25 (3 years).

⌘ **Anderson's Pretzels**: Chodosh code: 18AUG23 (12 months after packing).

⌘ **Angel's Bakery**, Yerushalayim, Israel. Frozen dough products are Yeshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Anthony noodles**. Spaghetti, all varieties Chodosh code Aug 27 24 (2 years after packing).

⌘ **Apollo Filo dough by Athens Foods** code Aug 18, 2023 (1 year after packing).

⌘ **Arrowhead Mills Organic Pastry Flour**: Chodosh code of Aug 18, 2023 (1 year after packing).

⌘ **Arrowhead Mills White Flour** has a code of Aug 18, 2023, (12 months after packing).

⌘ **Arrowhead Mills Whole Wheat Flour** has a code of Aug 18, 2023 (1 year after packing).

⌘ **Arrowhead Mills Cereals**: All cold cereals including Multigrain, Puffed Kamut, Oat Bran Flakes. Instant Oatmeal has a code of Aug 13, 2024, (2 years after packing). Organic Oat Flour has a code of Aug 13, 2023 (1 year after packing). Steel Cut Oats have a code of Feb 4, 2024 (540 days after packing).

⌘ **Arrowhead Mills Kamut Flakes** have a code of Aug 18, 2023, (1 year after packing). Organic Bulgar has a code of Feb 9, 2024 (540 days after packing).

⌘ **Arrowhead Mills Vital Wheat Gluten** in 10 oz packages have a Chodosh Code of Aug 18, 2024 (2 years after packing). Vital Wheat Gluten in 25-pound bags have a code of Aug 11, 2024 (724 days after packing).

⌘ **Attune Foods Cereals**: Uncle Sam Cereals can no longer be recommended due to differences in the manufacturing process.

⌘ **Audolized yeast** no known Chodosh problems

⌘ **B'Gan** products with a Yeshon label are Yeshon under the hashgocho of the KAJ.

⌘ **Baker's Joy Baking Spray** uses winter wheat.

⌘=Yeshon with hashgocho, no checking of codes; ⌘=Yeshon with hashgocho must check details; ⌘=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

I Baker's Yeast, whether for home or bakery use are not known to have any Chodosh problems.

7 Baker's Harvest Graham Crackers and saltines, Chodosh code: Feb 18, 2023. (6 months after packing).

I Baking Flour Note: Almost all baking flour contains a small amount of barley malt, as noted in the list of ingredients on the package. According to the poskim we have consulted barley malt in baking flour (but not in other applications) is botul and the mixture may be used even if the malt would be Chodosh. However, since some poskim may disagree with this psak, we will provide dating codes for those who want to avoid malt in flour that may be Chodosh. Note that malt is not a problem until a packing date of Dec 15. (See below, Barley Malt)

7 Barbara Cereals: All, for oats, Aug 13, 2023 (1 year) and for wheat, Aug 18, 2023.).

7 Barilla Pastas: The codes for different pastas are as follows: Protein Plus Pasta which contains oats and barley: code Aug 10, 2023 (1 year after packing). Tri color pasta, code Aug 27, 2023 (1 year after packing). Whole Grain Pasta code Feb 27, 2024 (18 months after packing.). Oven ready lasagna Code: April 27, 2024 (20 months) Straight Semolina Pasta, Penne Pasta and Orzo code April 27, 2025 (32 months).

I Barley Malt and **Malt** are used interchangeably among the list of ingredients of packaged foods. Unless specified otherwise, whenever a list of ingredients mentions "malt" it is malt produced from barley. Based on many years of experience, we will use Dec 15 as the Chodosh packing date for malt, unless indicated otherwise. Where the package code is not known, we estimate that for all products using malt if they are purchased before March 15, the malt will probably still be Yoshon. An exception is beer, which has a date of Nov 15. See below.

The following applications of malt pose a problem of Chodosh. Malt is used for several purposes. Check with your Rav or posek on whether foods using malt for flavoring or coloring may or may not be used if they are made from Chodosh barley. Such malt may be Chodosh if purchased after March 15. Applications of malt for flavoring or coloring include cereals flavored with malt such as Corn Flakes and Rice Crispies. Beer is also included in the category of items which are Chodosh because of malt.

We have received psak halochos many years ago from Harav Hagoan Yaakov Kaminetzky ZT"l and others that baking flour that lists barley malt in the ingredients does not pose a Chodosh problem, because in this application only, the malt is botul. (We have included dating codes for some baking flour for those who do not want to rely on this psak that this malt may be used. Email yherman40@gmail.com for details of this psak.)

To summarize: malt produced after Dec 15 may be Chodosh, except for beer which has a date of Nov 15. Some poskim allow such malt to be used in baking flour. Many poskim do not allow such Chodosh malt when used for flavoring and coloring, such as in cereals, cookies and pretzels. Consult your own posek for guidance. This Guide will note when such malt may become Chodosh and provide dating codes if applicable and available.

8 Barth's Kimmel cookies are from Israel and are Yoshon. Under the hashgocho of Chug Chasam Sofer.

8 Bartenura Gnocchi is Yoshon under the Hashgocho of Rabbi Weissmandl.

7 Bay State Bouncer Flour has a Chodosh code of AA081822 (Production date).

⚠ **Bear Naked Granola** has a code of Aug 18, 2023 (12 months after packing).

⚠ **Beer** made from barley malt, if the dating code is known, it may be Chodosh if packed on Nov.15 or later. If the code is not given in the Guide you should try to call the company to find out what is the dating code for Nov. 15. If the dating code is not known, then beer purchased after Dec 15 should be assumed to be Chodosh. (As stated above we recommend that for items containing malt it can be assumed that the malt in packages on the store shelves is Yoshon up to a purchase date of March. 15. However, since some beers have a manufacturer's recommended shelf life of only 4 months, we have revised the purchase cutoff date for beers to Dec. 15, unless dating codes are known and it can be determined that the beer was packed before Nov 15.) Note that the above applies only to Beer made from Barley Malt and NOT TO BEER MADE FROM WHEAT!

⚠ **Beigel's Cookies**, Yoshon only with Yoshon label under the hashgocho of the O-K LABS and the CRC. Cookies sold individually from big boxes in stores are yoshon as well.

⚠ **Ben and Jerry's Ice Cream:** Cookies and Cream, Vanilla Crunch, Chocolate Crunch and any other flavor with wheat, have a Chodosh code of Feb1824 (18 months after packing).

⚠ **BenZ's Parve Kishke** is Yoshon under the Hashgocho of the Star K with a Yoshon label only.

⚠ **Benz's Pearled Barley** is Yoshon under the Hashgocho of the Star K.

⚠ **Bessy's Famous biscotti** Yoshon under the hashgocho of the O-K Labs with a Yoshon label.

⚠ **Betty Crocker Cake Mixes** Chodosh code is Aug 25 23 (372 days after packing.)

⚠ **Birch Benders Pancake Mixes** have a code of Feb 18, 2024 (18 months after packing).

⚠ **Blooms Cookies** The following products are Yoshon under the Hashgocho of Rabbi Baruch Teitelbaum: Bloomeos Chocolate Cremes, Bloomeos Chocolate Fudge Cremes, Bloomeos Vanilla Cremes, ABC Cookie Squares, Alef-Beis Cookie Squares, Animal Crackers, Whole Grain Animal Crackers, Mini Choc Chip Cookies, Huggy Bears-All, and Pop mms.

⚠ **Blooms Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon. Rice, Spelt and buckwheat are not Chodosh.

⚠ **BluPantry Pasta and Smackers** sold in Bingo are Yoshon under the Hashgocho of the Badatz Eida HaChareidus.

⚠ **Bob's Red Mills Cereals.** All cereals containing oats have a code of 13 8 2024 (13-day, 8-months, 2024, 2 years after packing). If they contain wheat but no oats, the code is 18 8 2024. Flaxseed has a code of 18 8 2023, 1 year after packing). The oat flour has a code of 18 2 2024, 18 months after packing).

⚠ **Bob's Red Mill** Many products are certified as Yoshon under the Hashgocho of the OK-Labs. For specific product information, please email info@ok.org with the exact product name and code information.

⚠ **Brewer's Yeast** It is questionable whether this poses a Chodosh problem or not. Brewer's yeast is listed as an ingredient in some foods such as some potato chips.

⚠ **Btam Bread Crumbs** in large, 25 pound bags are available and Yoshon. They have the hashgocho of the Badatz Eida HaChareidus of Yerushalayim. Call 908-862-8200.

⚠ **Budweiser Beer**, code May 15, 2023 (6 months after packing)

⚠ **C & F Barley Chodosh** code Aug 10, 2023 (1 year after packing.)

⚠ **Carb for Life** gluten-free low-carb products are Yoshon if there are no Chodosh-related items in the list of ingredients.

⚠ **Carmel Matzo Co. Crackers** from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Cascadian Farms Cereals**. Chodosh Codes: Cinnamon Raisin Granola: April 13 23 (8 Months after packing), Raisin Bran, Purely O's: May 13 23, (9 months after packing). Hearty Morning, Oats and Honey Granola, Honey oat crunch and Honey Nut O's, Multi Grain Squares: June 13, 2023 (10 months after packing).

⚠ **Catelli Whole Wheat Macaroni** has a Chodosh code of OCT1025 (3 years after packing, made in Canada)

⚠ **Celestial Seasoning Teas** containing oats have a Chodosh code Aug 13 24 (2 years after packing). Those with wheat, but no oats, have the code of Aug 18 2024. With barley (not malt) Aug 10 2024. Teas with barley malt have a Chodosh code Dec 15, 2024.

⚠ **Ceresota White Flour** for home baking contains 100% winter wheat, as determined by independent sources. Flour is milled in a facility that only has winter wheat. Probable Chodosh date for malt is Dec 15, code best by use date of June 15 24 (18 months after packing.)

⚠ **Ceresota Whole Wheat Flour** Chodosh code Aug 18, 24 (1 year after packing.)

⚠ **Challah By Robin Tobias** is Yoshon with OK hashgocho and Yoshon on the label.

⚠ **Chef's Kingdom**. All products are Yoshon under the hashgocho of Rabbi Moshe Shimon Bineth

⚠ **Chef's Quality Panko Bread Crumbs** are marked with a packaging date and have a Chodosh code of Aug 18, 2022.

⚠ **Chef Tzali**: All products are Yoshon under the Hashogho of Rabbi Osher Eckstein.

⚠ **Chewzy** products are Yoshon under the hashgocho of the CRC-Hisachdus.

⚠ **Chopsie's Frozen Products**: Frozen pizza, frozen pizza rolls, and Bagel Poppers are Yoshon under the Hashgocho of the Star K.

⚠ **Cliff Bars** have a Chodosh code of July 18, 2023 (11 months after packing).

⚠ **Clover Valley All Purpose Flour** has a code of Feb 14, 2024 (545 days after packing). Self Rising flour has a code of Aug 18, 2023. (1 year after packing).

⚠ **Columbia Pasta** from Zerega & Co., Columbia egg noodles, whole wheat noodles and whole grain noodles have a Chodosh code of Aug 27, 23 (1 year after packing). The macaroni, spaghetti and other pasta have a code of Aug 27 24 (2 years after packing.)

⚠ **Coors Beer**, Code -Chodosh code May 15, 2023.

⚠ **Courtelyou Snacks Corp**, yoshon with OK Hashgocho and Yoshon on the label.

⚠=Yoshon with hashgocho, no checking of codes; ⚠=Yoshon with hashgocho must check details; ⚠=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

⚠ **Cream of Wheat Farina** made by BG Foods. The Chodosh code is Aug 18, 2024 (2 years after packing.)

⚠ **Creamette Pasta** Chodosh code for egg noodles, macaroni and lasagna is Aug 27 24 (2 years after packing). For other pasta Aug 27 25 (3 years after packing).

⚠ **Crisco Baking Spray** no longer uses wheat.

⚠ **C-Town Pasta**, Chodosh code Aug 27 2024 (2 years after packing).

⚠ **Darell Lee Licorice** made in Australia has a Chodosh code of January 1, 2023 (15 months after packing).

⚠ **De Boles Organic Whole Wheat Pasta** by Shreveport Macaroni Co. Chodosh code Feb 27 2024 (18 months after packing).

⚠ **De Cecco Pasta**: All Pasta has a production code, Chodosh code: 082722.

I Dough Conditioners are used by many bakers to improve the quality of their breads, rolls and challahs. These bakers are trying to produce Yoshon, using Yoshon flour. However, some have not realized that dough conditioners are usually Chodosh.

⚠ **Dr. Prager's Sensible Foods Products** containing oats have a code of Aug 13, 2024. If they contain wheat but no oats, the code is Aug 18, 2024 (2 years after packing). Please note that Dr. Prager's has recently reformulated. Please check ingredients carefully as they have changed for some products.

⚠ **Duncan Hines** (some are dairy, not cholov Yisroel): All mixes for brownies and muffins, have a code of Feb 18, 2024. (18 months after packing.) All other mixes have a code is Aug 18, 23 (12 months after packing.) Candies in the mix do not affect the code.

⚠ **Eden Foods Whole Wheat Flour** has a Chodosh code of H-18-2 (H-August in alph. order, 18-date, 2-year).

⚠ **Eden Foods, Edensoy** Carob, Edensoy Vanilla, Edensoy Extra Vanilla, Edensoy Original, and Edensoy Extra Original contain barley extract, made from malted barley. Chodosh code Dec 15, 2023 (1 year after packing).

⚠ **Eggo Waffles and Pancakes**: products containing oats have a code of Nov 11, 2023 (455 days after packing). Those containing wheat but no oats have a code of Nov 16, 2023. Single serve packets of Thick & Fluffy_French Toasts and the Pancake Bites have a code of Aug 18, 2023 (1 year after packing).

⚠ **Elite wafers and other products** if under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim are Yoshon.

⚠ **EnviroKidz Cereals**: See Nature's Path

⚠ **E-Z Gourmet** gluten-free, low carb products are Yoshon if there are no Chodosh-related items in the list of ingredients.

⚠ **Ezekiel bread** from sprouted grain is probably Chodosh. In the making of this product, several grains, including wheat, oats and barley are sprouted (grow partly in water). The sprouted grains are pressed together to form the dough which is baked into the bread. The wheat, oats and barley may be Chodosh at this time.

⚠=Yoshon with hashgocho, no checking of codes; ⚠=Yoshon with hashgocho must check details; ⚠=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain I=Information

7 **Farina Mills**, Creamy Hot Wheat Cereal, Chodosh code Aug 18, 2023 (1 years after packing.)

7 **Fiber Gourmet Crackers** - Chodosh code: Aug 18 23. (1 year after packing)

7 **Fiber Gourmet Pasta** regular has a Chodosh code of Aug 27, 25, (3 years after packing).

7 **Fiber1 Chewy Snack Bars** have a date that is 248 days after packing with a chodosh code of April 18, 2023.

8 **Fifteenth Ave Food Corp** is Yoshon under the hashgocho of the OK. This includes all products in their bakeries and all packaged goods with a Yoshon label. This includes **Korn's, Stern's, Bella's, Brooklyn Kosher Bakery**, and **Nitzy's**.

8 **Fine Frozen Pastry Products/Mechels Puffed Pastry**, 41 Lincoln Ave, New Square, Spring Valley, NY. All items are Yoshon under the hashgocho of the Star-K.

7 **Food Should Taste Good Company** products no longer contain chodosh related ingredients.

I **Food starch** is usually made from corn and is not Chodosh according to the O-U.

8 **Freeda Vitamins** do not contain any of the 5 grains and do not pose any Chodosh problems (they do contain Kitniyos) under Hashgocho of the Beis Din of New Square

7 **French's French Fried Onions**, original only, Chodosh code Aug 18, 24 (24 months after packing.)
French's Crispy Jalapenos: Chodosh code Feb 18, 2024 (18 months after packing).

8 **Fresh and Frozen Gefilta Fish** is Yoshon under the Hashgocho of Rabbi Osher Eckstein

7 **Fresh Gourmet Crispy Onions**: Code Aug 18, 2023 (12 months after packing).

2 **Fresko Airline Meals** are not generally produced Yoshon. Any Yoshon runs will have a Yoshon label in the ingredient panel, under the Hashgocho of the Star-K.

8 **Gattegno Brothers Cookies** are Yoshon under the hashgocho of Rav Landau of Bnei Brak.

2 **Gedilla Products**: Cookies and Circle N Square Crackers made in Israel under Badatz Eida HaChareidus hashgocho are always Yoshon. Snack Crackers and Fruit bars not produced in Israel: Yoshon status cannot be verified.

8 **Gefen Barley** is Yoshon under the hashgocho of Rabbi Friedman. (Rabbi Friedman only supervises the Yoshon aspects of the barley. His name does not appear on the package.)

8 **Gefen Bread Crumbs** are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim. This also includes whole wheat bread crumbs and whole wheat matzo meal. Gefen corn flake crumbs without malt in the ingredients are Yoshon.

8 **Gefen Cake and Cookie Mixes** are produced in Israel with any reliable Hashgacho and are Yoshon.

7 **Gefen Chicken and Bar-b-q Seasoning** contains semolina which is from spring wheat. This has a code of 08##185. (08-Aug ## not important 18-date 5-year of expiration).

2 **Gefen Cereal** and other cereals from Israel are Yoshon under any reliable kashrus hashgocho. Gefen Granola Cereal Clusters have a Chodosh code of Aug 13, 2023. Gefen Granola Bars have the same code as well (12 months after packing)

κ=Yoshon with hashgocho, no checking of codes; 2=Yoshon with hashgocho must check details; 7=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain I=Information

⌘ **Gefen Cups of Soups** are Yoshon under the hashgocho of the OU.

⌘ **Gefen Egg Roll Wraps and Won Ton Wraps** as well as frozen noodles have a Chodosh code 1822HX (18-day, 22-year, H-month in alph order, other characters not important). Spring roll wrappers are Yoshon.

⌘ **Gefen Products Made in Israel** including Matzo and Gal Gal Crackers under any reliable Israeli kashrus hashgocho are Yoshon. Gefen matzos with American O-U hashgocho are Yoshon as well.

⌘ **Gefen Pasta and Noodle Products** made in Israel are Yoshon. Raiman Noodles are Yoshon as well. Gefen Pasta with Yoshon label and OU Hashgocho are Yoshon under the OU. Pasta with the Volover Hashgocho and a Yoshon label are Yoshon as well.

⌘ **Gefen Puffed Pastry** is made in Israel under reliable Hashgocho and is Yoshon.

⌘ **General Mills Cake Flour** is Yoshon under the hashgocho of the OU.

⌘ **General Mills Cereals.** According to the O-U, all wheat used in General Mills cereals is always Yoshon. Wheat starch is not a problem of Chodosh. Cereals containing barley have a code of Aug 17 '23. (372 days after packing). All cereals that contain oats but no wheat germ or barley, like Cheerios, the Chodosh date is Oct 3, 23. Original Chex mix has a code of Aug 20, 2023 (372 days after packing). If the only questionable ingredient is malt, then the Chodosh code is Dec 22, 2023. (The later oats date have been verified by the OU.).

⌘ **General Mills/Nestle Cereals sold in Israel.** Cereals under the hashgocho of the Manchester Beis Din are Yoshon, Cereals manufactured in America have the same Chodosh code as given above for General Mills cereals. However, this is only true if the box states General Mills, Minneapolis, MN and also has an O-U kashrus symbol. Cereals made in Poland are Yoshon under the OU.

⌘ **Gerber Baby Food** for cereals in plastic containers the date on the package is 15 months after packing. Use Chodosh Code of Nov 13, 2023 for oats and Nov 18, 2023 for wheat and Nov 10, 2023 for Barley. Baby food in plastic cups as well as Banana Cookies, Lil' Biscuits, and soft-baked Grain Bars have a code of 1 year. For wheat: Aug 18 23 and for oats Aug 13, 23. For Baby Puffs as well as Arrowroot Cookies and Animal Graham Cookies, it is 15 months after packing. Use Chodosh code of Nov 13, 2023 for oats and Nov 18, 23 for wheat. NOTE: Some cereals that used to be certified kosher are no longer kosher. Please check each package for Hashgocho.

⌘ **Giant White Flour** Chodosh code Aug 18, 2023 (1 yr after packing.)

⌘ **Glick's Baking Spray** with flour has a code of 22230. (22-year, 230-day of year).

⌘ **Glick's Graham Cracker Pie Crust:** Chodosh code: Aug 18, 2023 (1 year after packing).

⌘ **Gold Medal Whole Wheat Flour** Chodosh code Feb 20 23. (186 days after packing).

⌘ **Gold Medal Bread Flour** and Bread Wheat Blend Flour has a Chodosh code of Feb 18, 2024 (18 months after packing.)

⌘ **Gold Medal All Purpose Flour** has a Chodosh code of Feb 18, 2024 (18 months after packing)

⌘ **Gold Confections Granola Bars** have a Chodosh code of #2H2. (#-not important, H-August, 2 and 2-year).

⌘=Yoshon with hashgocho, no checking of codes; ⌘=Yoshon with hashgocho must check details; ⌘=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

⌘ **Golden Fluff Products**, including onion rings, potato flutes, whole wheat pretzels, and sour dough pretzels and snack mix are Yoshon under the Hashgocho of Rabbi Mordechai B. Klein of Lakewood.

⌘ **Golden Bowl Won Ton Wraps**: Chodosh code of 182208 (18-day 22-year 08-month). Golden Bowl Spring Roll Wrappers: Chodosh code Aug 18, 2023 (1 year after packing).

⌘ **Golden (Old Fashioned Kitchen, Co.) Latkes**, Potato, vegetable, broccoli, sweet potato, are Yoshon under the Hashgocho of Rabbi Shain of the Double U Kosher. This includes the Golden Potato Pancakes sold by Costco.

⌘ **Good & Gather** White and Whole Wheat Flour sold in Target is made from Winter Wheat and is verified Yoshon. This flour does contain malt. This has been verified by the Kof-K.

⌘ **Good N' Hearty Cereals** with the Ungar label. The date on the package is one year after packing. Chodosh code for oats, Aug 13, 2023. For wheat, but no oats in the ingredients the code is Aug 18, 2023.

⌘ **Goodman's Rice with Vermicelli**: See Manischewitz Pasta below.

⌘ **Goya Barley** has a code of Aug 10, 2025 (3 years after packing).

⌘ **Greenfield Noodles**, bowties, farfel. If the package is marked Yoshon then they are Yoshon under the hashgocho of Rabbi Berel Broyde.

⌘ **Gross Chocolate Leaves** are Yoshon under the Hashgocho of Rabbi Weissmandl

⌘ **Hadar** (Hadar with one "d") **Baked Products** imported by Gefen from Israel are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim or the O-U, as listed on the package.

⌘ **Haddar** Honey wheat pretzels are Yoshon under the Hashgocho of the OU.

⌘ **Heckers White Flour** contains 100% winter wheat, as determined by independent sources. Flour is milled in a facility that only has winter wheat. This product does not contain malt.

⌘ **Heckers Whole Wheat Flour** Chodosh code Aug 18 23 (1 year after packing.)

⌘ **Heiniken Beer** has a code of Nov 15, 2023 (1 year after packing).

⌘ **Heinz Specialty Vinegars** made from concentrated sources of malt, such as malt vinegar, tarragon vinegar and salad vinegar. Chodosh cutoff for malt is Dec 15. Malt vinegar has a Chodosh code of June 15, 2025 (30 months after packing.) Tarragon and salad vinegars have a Chodosh code of December 15, 2025 (36 months after packing).

⌘ **Herr's Honey Wheat Pretzels** and other pretzels. Have a Chodosh code of Nov 10, 2022 (12 weeks after packing).

⌘ **Hodgson Mills Pasta**: all noodles and other pastas including whole wheat Chodosh code 02 27 25 (02=month, 27 day, 25=year, 30 months after packing).

⌘ **Hodgson Mills Flours**, Chodosh code is 02 18 24 (18 months after packing.)

⌘ **Hodgson Mills Cereals**. For oats the code is 02 13 24 (18 months after packing.) For wheat the code is 02 18 24.

⌘ **Hodgson Mills Whole Wheat Cous Cous** Chodosh date Aug 27, 23 (1 year after packing.)

⌘=Yoshon with hashgocho, no checking of codes; ⌘=Yoshon with hashgocho must check details; ⌘=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

- ⚠ **Hodgson Mills Vital Wheat Gluten** Chodosh code 02 18 24 (18 months after packing.)
- ⚠ **Home Style Cookies from Israel** are Yoshon under the hashgocho of Rav Landau of Bnei Brak.
- ⚠ **J&J Products: Cheese blintzes and Potato Blintzes** are Yoshon under the Hashgocho of Rabbi Yehuda Shain of the Double U Kosher.
- ⚠ **J&J Ice Cream Sandwiches** may be Chodosh.
- ⚠ **Jack and the Beanstalk** Pearled Barley is Yoshon under the Hashgocho of Rabbi Shmiel Berger.
- ⚠ **Jack Rabbit Barley** Chodosh Date Aug 10 23 (1 year).
- ⚠ **Jason Bread Crumbs** are Yoshon under the Hashgocho of the OU.
- ⚠ **Jolly Ranchers** Candies are Yoshon under the Hashgocho of the OU.
- ⚠ **Joray Fruit Rollups** as well as Fruit IQ roll ups contain wheat flour. and have a Chodosh code Nov 18, 2023 (15 months after packing).
- ⚠ **Just Baked NYC** Yoshon with OK hashgocho and Yoshon on the label.
- ⚠ **Kansas Diamond/Harvest Edge Flour** has a Chodosh code of 2230 (2-year, 230-day of year).
- ⚠ **Kashi Cereals.** Most cereals contain oats and have a code of Aug 13, 23 (1 year after packing). For cereals containing wheat but no oats, the code is Aug 18 23 (1 year after packing).
- ⚠ **Kashi Waffles**, Original and Blueberry 7 Grain Waffles as well as gluten free waffles containing oats and have a code of Aug 18, 2023 (365 days after packing). Protein waffles contain wheat and have a code of May 15, 2023 (270 days after packing).
- ⚠ **Kedem Baked Products** such as tea biscuits, whole-wheat crackers and animal cookies imported from Israel are all Yoshon under the hashgocho of the Badatz Arugas Habosem.
- ⚠ **Kedem Cereal Bars** imported from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- ⚠ **Kedem Soup Mixes** Chodosh code 2230# (2-year, 230-day of the year, #=not important).
- ⚠ **Keebler's Pie Crusts** have a Chodosh code of May 18 23 (9 months after packing).
- ⚠ **Kelloggs Corn Flake Crumbs**, The only problem is the malt which has a code of Dec 15 2024 (2 years after packing.)
- ⚠ **Kelloggs Cereals** come in a great variety. We are relying on you to check the ingredients to see if they contain oats, wheat, barley, or barley malt. Then for the appropriate Chodosh code choose the earliest of the following: oats Aug 13, 2023, wheat Aug 18 23, barley (not malt) Aug 10 23, malt Dec 15 23. The code on the package is a date 1 year after packing for cereals. Malt in cereals may be a problem after December 15.
- ⚠ **Kelloggs Special K Pastry Crisps** have a code of June 19, 2023 (305 days after packing).
- ⚠ **Kemach Cones** are Yoshon. Under hashgocho of Rav Nussen N. Horowitz.

⌘ **Kemach Matzos, Matzo Meal, and Matzo Ball Mix** are Yoshon, as stated on the packaging under the Hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach Noodles** Heimishe egg noodles are Yoshon through December 31, 2022. After that date, Yoshon with Yoshon stamp on package.

⌘ **Kemach Pasta** is Yoshon at least through a code of Nov 24, 2024 (2 years after packing).

⌘ **Kemach Chow Mein Noodles** have a Chodosh code of 2822I. This code may still change.

⌘ **Kemach All-Purpose Flour, Whole Wheat Flour, and High Gluten Flour**, wheat and malt are Yoshon, Under the hashgocho of Rabbi Nussen N. Horowitz

⌘ **Kemach Whole Wheat Flour**, is Yoshon, including the malt in this flour Under the hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach High Gluten Flour**, the wheat and malt is Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach Matzo Meal** is Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz

⌘ **Kemach Crispy Bake** chicken coating is Yoshon, as stated on the label. Under the hashgocho of Rabbi Nussen N. Horowitz

⌘ **Kemach Cereals:** Toasted Oats, Honey Nut Toasted Oats, Fruit Whirls Yoshon through a best by date of Sept 2023. Corn Crisp, Bunch 'o Krunch, are Yoshon through a Best by Date of Oct 2023. Sugar Puffed Wheat has a code of October 2023. Bran Flakes, Corn Flakes, Crisp Rice and Frosted Flakes are Yoshon through a Best by date of March 15, 2024 for the malt. Whole wheat flakes, Cocoa Munchees, and Crunchy Cinnamon Bites do not contain malt and are always Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach Pie Crusts:** Graham Pie Crust is Yoshon, Malt has a Chodosh date of 03/15/24 (365 days after packing.) Chocolate pie crusts are always Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.

⌘ **Kemach Soups** in tubes or boxes: onion and split pea soups are always Yoshon. Vegetable soups have a Chodosh code of Sept 21, 2024 and Minestrone soups have a code of May 2, 2024, Under the hashgocho of Rabbi Nussen N. Horowitz

⌘ **Kemach Cookies and Crackers:** The following products are always Yoshon: **Kemach Snackers, Honey Grahams and Cinnamon Grahams and Chocolate grahams** are always Yoshon. These do not contain malt. **Sugar cookies**, are Yoshon as printed on the bag. **Kemach Kem Kem & Whole Wheat Crackers** are made from winter wheat and are Yoshon as printed on the boxes. Under the hashgocho for Yoshon of Rabbi Nussen N. Horowitz.

⌘ **Kemach cookies and crackers:** The following products are not always Yoshon. Codes need to be checked. **Oatmeal cookies** and **Iced oatmeal cookies** are Yoshon through a code of at least Aug 30, 2023. **Sandwich cookies** – all, have a code of 07182. **Twist Tops** have a code of 05032. **Bread sticks** are Yoshon through at least a code of 01 FEB 23. **Flat Breads** are Yoshon at least through a code of 30 AUG 23. **Everything Flatbread Crisps** have a Chodosh code of 7/12/23. **Sea Salt Pita Chips and multigrain pita chips** have a Chodosh code of 07/31/23. Under the hashgocho for Yoshon of Rabbi Nussen N. Horowitz.

⚠ **Kikkoman Soy Sauce** has a code of 015BC (015-January 15th, BC, code for 2023).

⚠ **Kind Healthy Grains Granola Bars**. Bars containing oats have a Chodosh code 13 Feb 23. (6 months after packing).

⚠ **Kineret Bread Crumbs** when produced in Israel are Yoshon.

⚠ **Kineret Onion Rings** are Yoshon under the Hashgocho of Rabbi Weissmandl.

⚠ **Kineret Cookie Dough** is Yoshon under the Hashgocho of Rabbi Weissmandl

⚠ **King Arthur White Flour** all-purpose home baking flour as well as cake flour, 5lb bags have a chodosh code of Aug 27, 2023 (1 year after packing). The 50-pound bags are marked with the date of production with a Chodosh code of Aug 27, 2022. This later date has been verified by the OU.

⚠ **King Arthur Whole Wheat Flour** and white whole wheat flour, Chodosh code Aug 27 23 (1 year after packing.) The 50-pound bags are marked with the date of production with a Chodosh code of Aug 27, 2022. This later date has been verified by the OU.

⚠ **King Arthur Special for Machine Bread Flour**. Chodosh code is Aug 27, 2023 (1 year after packing). This later date has been verified by the OU.

⚠ **Kingsway Pita Products** All baked goods are Yoshon with a Yoshon label under the Hashgocho of the OK Labs.

⚠ **Kitov and Matamim Products**: French Twists and Melba Snacks have a Chodosh code of May 18, 2023 (9 months after packing). Soft bite Cookies: Dec 18, 22 (4 months after packing). Flatbreads, Honey Wheat Pretzels, Breadsticks and Thin Breadsticks: Aug 18, 23 (1 year after packing).

⚠ **KJ Poultry Ready Meals** are Yoshon under the Hashgocho of the OU.

⚠ **Kleins Ice Cream** products are Yoshon and will have a Yoshon label, under the Hashgocho of the CRC-Hisachdus.

⚠ **Klein's Naturals**: Packaged products with the OK kosher symbol and Yoshon label are certified Yoshon under the OK.

⚠ **Kravy Dip Dip Crackers** and other cracker products have a Chodosh code of Aug 18, 2023 (12 months after packing).

⚠ **Kontos** Frozen Pita, Nan, and Pita Crust have a code of Aug 18, 2023. Pocket Pitas contain oats and have a code of Aug 13, 2023 (one year after packing).

⚠ **Kosher Mills Rice Cakes** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Kosher Mills Hot and Cold Cereals** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Krasdale All Purpose flour** Chodosh code Aug 18, 2023 (1 year after packing).

⚠ **Krasdale Oats Cereal**. (Cold Cereal) Chodosh code Aug 13, 2024 (2 year after packing.) Krasdale Oatmeal has a code of Aug 18, 2024 (2 years after packing). The single serve packets of instant oatmeal have a code of Feb 13, 2024 (18 months after packing).

⚠=Yoshon with hashgocho, no checking of codes; ⚠=Yoshon with hashgocho must check details; ⚠=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

- ⚠ **Kretschmer Wheat Germ** Chodosh code August 18, 2023 1 year after packing).
- ⚠ **Kroger Frozen Bread Dough** has a Chodosh code of May 15, 2023. (270 days after packing).
- ⚠ **La Choy Chow Mein Noodles** are not recommended due to ambiguities in the dating code used.
- ⚠ **Laish Croutons** are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- ⚠ **Landau Whole Wheat Crackers** as well as any other Landau products with OU Hashgocho and Yoshon label are Yoshon.
- ⚠ **Landau Whole Wheat Pretzels** have a Chodosh code of Aug 18, 2023 (12 months after packing). Landau's OAT Pretzels have a code of Jan 23, 2023. (6 months after packing.)
- ⚠ **Landau Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon.
- ⚠ **Landau Pasta** Packages stamped Yoshon are Yoshon under the Hashgocho of the CRC-Hisachdus.
- ⚠ **Lasova Bakery** gluten-free baked products from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- ⚠ **Le Chocolate** Chocolate, candies and pretzels with a Yoshon label are Yoshon under the Hashgocho of the OK.
- ⚠ **Lieber's Bread Crumbs**, plain and flavored, are Yoshon under the hashgocho of Rabbi Weissmandl.
- ⚠ **Lieber's Chow Mein Noodles** are Yoshon this year, under the Hashgocho of Rabbi Weissmandl.
- ⚠ **Lieber's Cones** are Yoshon under the hashgocho of Rav M. Weissmandl.
- ⚠ **Liebers Cookies, Crackers and Snackers** made in the USA: The Following cookies are Yoshon: ABC Cookies, Aleph Beis Cookies, Animal Cookies, Butter Thins, Chocolate Chip Cookies – All varieties, Graham Crackers – All, Chocolate Grahams, Snackers – All, Wheat Snacks – All, Saltines, Chookies – All, Minios – All, Iced Oatmeal Cookies, Duplex crème cookies – All, Cookies from Israel are always Yoshon. Whole wheat crackers from Brazil are Yoshon. The malt in these items may be Chodosh if purchased after Mar. 15. Under the hashgocho for Yoshon of Rabbi Weissmandl.
- ⚠ **Lieber's Graham Pie Crusts**: yoshon under the hashgocho of Rabbi Weissmandl.
- ⚠ **Lieber's Pretzels** Yoshon Under the hashgocho of Rabbi Weissmandl, even those containing premixed oats and Honey Wheat Pretzels, including the malt.
- ⚠ **Light N'Fluffy Noodles** Chodosh code egg noodles: Aug 27 24 (2 years after packing). For all other pasta it is Aug 27 25, (3 years after packing).
- ⚠ **Lightlife** Smart Ground Original and Smart Ground Mexican Style: Chodosh date of Dec 16, 2022 (120 days after packing).
- ⚠ **Lipton Herbal Teas** may contain wheat in the ingredients. If there is wheat in the ingredients, then the Chodosh code 3H18 (3-year of expiration, H-Aug, 18-date).
- ⚠ **Luxury Pasta**. All Pasta Chodosh code Aug 27 24 (2 years after packing) .
- ⚠ **Macabee Frozen Pizza** and frozen pizza bagels: Chodosh code of Feb 18, 2024. (18 months after packing).

⚠=Yoshon with hashgocho, no checking of codes; ⚠=Yoshon with hashgocho must check details; ⚠=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

⚠ **MadeGood** Granola Products: Light & Crispy Granola, Granola Bars, and Minis have a Chodosh code of 2252Z (manufacturing code)

⚠ **Maltex Cereals** with oats Chodosh code Aug 13 23 (1 year after packing). Cereals with wheat the code is Aug 18, 23.

ⓘ **Maltodextrin** when used as an ingredient in foods produced in the USA does not have any Chodosh problems according to the O-U. However when used in foods produced in Europe, it may be made from wheat which could be Chodosh. It is not clear whether wheat must be listed in the ingredients in that case.

⚠ **Malt-O-Meal Cereals:** Cold cereals have a code of August 13, 2023 for oats, August 18, 2023 for wheat, and August 10, 2023 for barley. (1 year after packing). Hot cereals: Farina has a code of August 18, 2023. Flavored oatmeal has a code of Nov 18, 2023 (15 months after packing). Original Oatmeal has a code of Aug 13, 2024 (2 years after packing).

⚠ **Man Cookies and Wafers** are Yeshon under the hashgocho of Rav Landau of Bnei Brak.

⚠ **Manischewitz Pasta** Chodosh code Aug 27 2024 (2 years after packing).

⚠ **Manischewitz Cake Mixes** which are kosher for pesach are Yeshon under the hashgocho of the O-U.

⚠ **Manischewitz Soups.** With barley, the Chodosh code is August 10, 2024. With noodles or pasta, the Chodosh code is August 27, 2024. (2 years after packing).

ⓘ **Matzos** From our investigations it appears that chametz matzos and matzo meal, sold all year around is from winter wheat and is Yeshon. However, Pesach matzos are different. A few hand matzo bakeries have been using flour that may be Chodosh. Therefore, we suggest that you confirm with the mashgichim of Pesach matzos that their bakery only produces Yeshon.

⚠ **Matzos made in Israel.** All reliable hashgochos in Israel also take full responsibility to make sure that the items under their hashgocho are Yeshon.

⚠ **Maxi Health** Vitamin and nutrition products: The only products with potential chodosh problems are Naturemax and Fibermax powders. The Fibermax pills have no Chodosh ingredients. All other products no problem. For the above products use the date of 8-26 (this is Aug 2026) (4 years after packing).

⚠ **Maypo Oats** Chodosh code Aug 13, 2023 (1 year after packing). Cereals with wheat the code is Aug 18 23.

⚠ **Mazor Dough Products** Yeshon under hashgocho of Rabbi Moshe Bussu even without a label. In addition, the O-K Labs also certifies the Yeshon status if there is a Yeshon label on the package.

⚠ **McCain Spicy Fries** and other items containing wheat, the Chodosh date is Feb 18, 2024 written on the package as 18/02/24 using the European system of writing the day first. (18 months after packing).

⚠ **Meal Mart Frozen Foods** all Meal Mart products are Yeshon under the hashgocho of Rav Aharon Teitelbaum, the Nirbator Rav. This only applies to items made in the Meal Mart central kitchen. This includes Gani Kishke. Items made in local stores are not covered by this hashgocho for Yeshon. On those rare occasions when a problem develops the item will carry a Chodosh sticker. The same applies for Amazing Meals and Allie Processing made by Meal Mart.

⌘ **Mendelsohn's Frozen Products** are all Yoshon under the hashgocho for Yoshon of Rabbi Binyomin Gruber. This also includes items such as falafel balls and the line of "Mealtime Favorites". In addition, the pizza is also Yoshon under the O-U (including the malt.)

⌚ **Merlino's Pasta** Chodosh code 2394 (239-day of the year, 4-year of expiration).

⌚ **Miller Brewing Co** code=3 15 23 (3-Mar, 15-date, 23-year) this date is 4 months after packing).

⌚ **Millville Oatmeal** by Aldi has a production code on the package. Chodosh code ###081322(first 3 numbers not important)

⌘ **Mishpacha Products:** All Mishpacha products are Yoshon at this point produced under the Hashgocho of Rabbi Aaron Teitelbaum

I Modified Food Starch is usually made from corn and is not Chodosh according to the O-U

⌘ **Mon Cuisine Frozen Products**, see Meal Mart above.

⌚ **Morning Star Farms** Italian Sausage Style Crumbles, Chipotle Black Bean Crumbles, Chick'n Strips, Corn Dogs, Mini Corn Dogs, Corn Dogs, and 1/4-pound Meat Lover's Burgers contain wheat and have a code of AUG 18 23 (12 months after packing). Chik Patties Original, Buffalo Chik Patties, Original Chik'n Nuggets, BBQ Nuggets, Buffalo Wings, and Parmesan Garlic Wings contain wheat and have a code of NOV 18 23 (15 months after packing). Tomato Basil Pizza, Grillers Prime, Grillers Original, Breakfast Sausage Patties, Spicy Black Bean Burgers, Mediterranean Veggie Burgers, Bacon Strips, Veggie Dogs, and Sausage Links contain wheat and have a code of FEB 18 24(18 months after packing). Garden Veggie Burgers contain oats and have a code of FEB 13 24 (18 months after packing).

⌚ **Mother's Noodles and Pasta** Chodosh code 2394 (239-day of year, 4-year of expiration).

⌚ **Mother's Cereals**, see Quaker.

⌚ **Mother's Wheat Germ** has a Chodosh code of Feb 18, 2024. (18 months after packing).

⌚ **Mother's Graham Cracker Pie Crust.** Chodosh code 3230 (3-year of expiration, 230-day of the year).

⌚ **Mueller Co. Noodles:** All pasta, Chodosh code Aug 27, 24 (2 years after packing).

⌚ **Nasoya Food Co.** egg rolls and won ton wrappers have a Chodosh code Oct. 7, 2022 (50 days after packing).

⌚ **Nature's Bakery Fig Bars** have a Chodosh code 05/18/23. (9 months after packing).

⌚ **Nature Valley Granola Bars.** WARNING: Often the outside box that holds a number of granola bars which may have a different date on it than the individual bars inside. Each individual bar must be checked since the date on the bars, not the date on the outside package, is relevant. The Chodosh code for all "Crunchy" granola bars with oats in the ingredients, Chodosh code is Aug 20, 2023. (372 days after packing.). This may not hold with bars with Spanish print on them that are being produced in South America. Granola Bars made in Spain and sold in Israel are Yoshon under the OU.

⚠ **Nature's Path and EnviroKidz Cereals**, made in Canada with mixture of American and Canadian wheat. Chodosh date on the package: Smart bran, Canister Oats and Instant Oats, Feb 4, 2024 (540 days after packing). Millet Rice Flakes, Pumpkin Seed and Flax Granola, June 9, 2023 (300 days after packing). Heritage O's, Heritage Flakes, Multigrain Oat Bran Flakes, **Enviro kids** cereals and frozen waffles, August 13, 2023 (365 days after packing). Flax Plus Raisin Bran Flakes, Flax Plus Pumpkin Raisin Crunch, and Flax Plus Multigrain Flakes, Feb 9, 2023, (180 days after packing). Optimum Power Blueberry Cinnamon Flax Cereal, Flax Plus Red Berry Crunch and Flax Plus Maple Pecan Crunch May 10, 2023 (270 days after packing). Ancient Grains Granola, available at Costco, April 10, 2023 (240 days after packing).

⚠ **Near East Food Products**, cous-cous, kabuli-bulgur, brown rice pilaf with orzo as well as other mixes containing wheat: Chodosh code Aug 18, 23 (1 year after packing). Mixes containing barley have a code of August 10, 2022 (1 year after packing).

⚠ **New York Pretzels** have a Chodosh code of: Aug 18, 2023 (365 days after packing).

⚠ **New Mill Pasta** Chodosh code for egg noodles is Aug 27 24 (2 years after packing). For all other pasta use Chodosh code of Aug 27 25 (3 years after packing.)

⚠ **New York Select-Amnon** Frozen Pizza is Yoshon under the Hashgocho of the OU and KAJ.

⚠ **Norman's Dairy Products:** All Norman's product are Yoshon except those containing granola, under the Hashgocho of Rabbi Aron Teitelbaum, the Nirbater Rav.

⚠ **Nutri Grain** bars have a code of February 13, 2023. (6 months after packing).

⚠ **Oat Dream** liquid from the makers of Rice Dream. The Chodosh code is Aug 13, 23 (1 year after packing.)

⚠ **Oatly Oatmilk:** Chilled drinks sold in the refrigerated section of the store have a Chodosh code of November 21, 2022 (100 days after packing). Shelf stable drinks have a code of Aug 13, 2023 (1 year after packing).

⚠ **Oberlander Bakery:** The following products are Yoshon under the Hashgocho of the Kof-K: Hamantashen, Bowties, Chocolate Babka, Vanilla, Cinnamon, and Chocolate Buns, Chocolate Chip Cookies, Chocolate Dip Cookies, Chocolate Mandelbread, Cinnamon and Chocolate Rugale, Dreidel Cookies, Honey Cookies, Mini Cup Cakes, and Rainbow Cookies.

⚠ **Ocean Gourmet** Products are Yoshon under the Hashgocho of Rabbi Osher Eckstein.

⚠ **Of Tov Chicken Cutlets** Yoshon under the Hashgocho of the OU.

⚠ **Oreo Cookies** by Nabisco produced in the USA have a chodosh code of May 18, 2023 (9 months after packing)

⚠ **Oronoque Frozen Pie Crusts**, have a date that is 18 months after packing, code Feb 18, 2024.

⚠ **Osem Crackers** from Israel are Yoshon under the hechsher of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Osem Pasta** including the cous cous from Italy and elsewhere, is under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim, and is always Yoshon.

⌘ **Osem Bread Crumbs** produced in Israel are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Osem Cous Cous**, under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim is Yoshon.

⌘ **Osem Soups** when made in Israel are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Ostreichers Cookies**: Frozen dough is Yoshon. Cookies need a Yoshon label under the Hashgocho of Rabbi Wagschal

⌘ **Ovaltine beverage** contains malt. Chodosh code 3492 (349-day of year, 2-year).

⌘ **Pabst Brewing Co.** Chodosh code Mar1423 (17 weeks after packing).

⌘ **Pam Baking Spray** Some contain no flour. Check the ingredients. Some do contain flour. If they do, then the Chodosh code is Aug 18, 2024 (24 months after packing.)

⌘ **Panko Bread Crumbs** by Kikkoman have a code of 230BD (230-day of year, BD-year) or 18FEB24, (18 months after packing). Whole wheat bread crumbs have a code of 18AUG23

⌘ **Papouchado Cookies** from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Paskesz Items** under the hashgocho of Rabbi Westheim/Landau of Manchester are Yoshon even without a Yoshon label, including candies listed below.

⌘ **Paskesz Rice Cakes** Rice cakes under the hashgocho of Rav Westheim/Landau are always Yoshon.

⌘ **Paskesz Candy**: Award candy is made in Israel and is Yoshon. Paskesz Encore, licorice, Sour Ropes and Sour Sticks candy, are Yoshon under the hashgocho of Rav Westheim/Landau of Manchester. Other Paskesz candies may be Chodosh.

⌘ **Pasta La Bella**: Code for Egg Noodles is Aug 27, 2024 (2 years after packing). All other pasta has a code of Aug 27, 2025 (3 years).

⌘ **Peak Barley**, Chodosh Date August 10 23 (1 year).

⌘ **Pearl Milling Company** Pancakes and self rising flour code May 18, 2023 (9 months after packing, Original panckaes have a code of August 18, 2023 (12 months after packing).

⌘ **Pennant/Fresh Star Bakeries** French Puff Pastry Dough Chodosh code T2230 (2-year, 230-day of year).

⌘ **Pennsylvania Dutch Pasta** All Pasta Chodosh code Aug 27 24 (2 years after packing)

⌘ **Pepperidge Farm** Puffed Pastry sheets and other Frozen dough products have a code of Aug 19, 2023. (366 days after packing).

⌘ **Pereg Bread Crumbs** and Farro and all other products: code 220818#. (22-year, 08-month, 18-day). This code is the production date.

7 Pillsbury Flour: regular all-purpose white flour, self-rising flour, and bread flour for home use, Chodosh code Feb 18 2024 (18 months after packing.) Whole wheat flour has a Chodosh date on the package of Aug 18, 2023 (1 year after packing).

8 Popinsanity popcorn products containing wheat are Yoshon even without a Yoshon label under the Hashocho of the OU (Rabbi Juravel).

7Post Cereals come in a great variety. We are relying on you to check the ingredients to see if they contain oats, wheat, barley, or barley malt. The date on the package is 1 year after packing. Check the ingredients and use the earliest applicable cutoff code: The wheat flour is all Yoshon and does not need to be checked, except for Golden Puffs and Golden Crips, which have a code of Aug 18, 2023. Shredded Wheat, Wheat n' Bran, and Light Wheat Squares are always Yoshon. Wheat starch may still be a Chodosh problem. Barley (not malt) -Aug 10, 2023, oats-Sept 30, 2023, malt=Dec 15 23. The later oats date has been verified by the OU.

I Pretzels We have found that the situation for pretzels is far more complex. There are many different pretzel flours in use. We cannot recommend any pretzels as Yoshon unless specifically certified as such by the mashgiach.

8 Pride of the Farm Cookies and Cream Ice Cream and any other products with flour are Yoshon under the hashogho of the Star K.

7 Prince Pasta. Chodosh code for egg noodles and lasagna is Aug 27 24 (2 years after packing). For other pasta Aug 27 25. (3 years after packing).

7 Pringle Potato Chips with wheat products in the ingredients Chodosh code June 18, 2023. (10 months after packing).

I Professional Bakery Flour and other bakery ingredients Yoshon flour used by Yoshon bakeries, pizza shops and such for bread, challahs, rolls, coffee cake, pizza, etc. has been available one of three ways:

1. Yoshon wheat has been stored in separate silos, along the silos of Chodosh wheat. The Yoshon wheat has been sealed by the O-U and is only opened and ground into flour under the supervision of the O-U mashgiach. This Yoshon wheat would be milled each week and was shipped directly to the distributors and bakeries without the need to store flour before shipment. Therefore, this Yoshon flour has the same freedom from worms that the freshly ground flour has all year around. (This freshly ground flour has been only available in large 50 and 100-pound bags sold to bakeries. It was not sold to consumers.)
2. Flour made from winter wheat, which is always Yoshon and is freshly ground. Since such flour does not have a high enough protein level, the protein is increased by adding winter-wheat derived vital wheat gluten or some stored, Yoshon spring wheat. This year, once more, a version of this type of Yoshon flour is being produced under the hashgocho of the Kof-K.
3. The third approach is the one that was most often used in the past years and is still being used. The flour is produced at the end of the summer before the Chodosh wheat enters the mill. It is then stored and used on an ongoing basis until Pesach. If this flour is stored in cold storage, then the problem of worms developing in the flour is virtually zero.

7 Publix Pasta has a Chodosh code of Aug 27, 2024. (2 years after packing)

7 **Publix Flour** All Purpose self rising flour code August 18, 2023 (365 days after packing) Unbleached flour Feb 14, 2024 (545 days after packing).

7 **Publix Cereals** containing oats have a code of Aug 13, 2023. (52 weeks after packing) Those containing wheat, but no oats have a code of Aug 18, 2023. Those which have only malt have a code of Dec 15, 2023.

7 **Publix Waffles** have a code of Aug 18, 2023 (1 year after packing) Multigrain waffles contain oats and have a code of Aug 13, 2023. French Fries has a code of Feb 9, 2024 (540 days after packing).

7 **Puratos Bagel Improver** is a dough conditioner that is used by several bagel shops. Even though the company may claim that it is made from winter wheat, the Kof-K that provides the hashgocho for this product will not certify that claim. Therefore, as of a packaging date of Aug 18, this item may be Chodosh, code August 18, 2022, Yeshon stored supplies of this item are available from Velenti Co. 718-565-1300 speak to Bob Cory. Please check with your local bagel shops. Many may not be aware of the fact that this or other dough conditioners may be Chodosh!

7 **Quaker Oats Co. Barley** Chodosh code is Feb 1 2024 (540 days after packing).

7 **Quaker Cereals** (same for Mothers) come in a great variety. Because of the large amount of data, you need to take a multi-step process to find the Chodosh code.

(NOTES: All of this information also is valid for USA packed cereals sold in Israel. Quaker oats cereals made in England and sold in Israel and Europe are Yeshon under the hashgocho of the London Federation of Synagogues when bearing the KF symbol. [Note: Some people in Israel use the term “Quaker” to refer to all hot oats cereals that need to be cooked. In this Guide, the term Quaker is used to refer only to all products made by the Quaker Company, including cereals eaten with cold milk.] Dates given here do not apply to Quaker cereals sold in Canada. For cereals made in Canada and sold in the USA there is a special mention in the Quaker table. Also, hot and cold oat bran have different dates. Single serving packages of hot cereals have the same codes as the large packages.)

For Quaker cereals packed in the USA, the wheat may be Chodosh with a starting date of Aug 18th. Whole grain barley (not barley malt) may be Chodosh if packed August 10 or later. The oats may be Chodosh starting with the packing date of Aug 13. To help you translate these packing dates to the “best if used by” or shelf life dates on the packages, use the following system:

Steps to check for Quaker cereals:

- 1 Check the ingredients to see if they contain oats, wheat, barley, or barley malt.
- 2 Find the name of your cereal in the “Shelf-life” list below.
- 3 Then choose the earliest of the dates and the appropriate Chodosh package code from the Quaker table given here.

QUAKER AND MOTHERS SHELF LIFE LIST: CAUTION: This dating code list was given to us by Quaker. We have not checked the kashrus of each item! CHECK KASHRUS BEFORE USING! This information is to be used with the Quaker/Mothers brands.

180 Days: Breakfast Cookies – All; Chewy Granola Bars – 25% less sugar; Oatmeal to Go Granola Bars; Soft Baked Bars – All; Real Medleys Hot Cereals – All;

240 Days: Chewy Granola Bars; Chewy 90 Calories Low Fat Granola Bars; Granola Bites 90 Calories.

270 Days: Cocoa Bumpers; Graham Bumpers; Peanut Butter Bumpers; Toasted Oat Bran; High Fiber Instant Oatmeal Packets; Cap'n Crunch – All; Corn Bran Crunch; King Vitaman; Natural Granola; Oatmeal Squares –All; Oh!'s – All; Puffed Wheat; Quisp.

360 Days: Chocolate Chip Instant Oatmeal Packets; Life Cereal – All. Instant Oatmeal Packets – Original; Apples & Cinnamon; Fruit & Cream; Maple & Brown Sugar; Raisin, Date, & Walnut; Raisins & Spice; Lower Sugar – All;

540 Days: Oat Bran; Instant Oats; Rolled Oats; Old Fashioned Oats; Quick 1- Minute Oats; Steel Cut Oats; Consult the Quaker table given in the box for each of the categories listed above.

Quaker Shelf life Codes				
	Oats	Wheat	Barley	Barley Malt
180 days	Feb 9, 23	Feb 14, 2023	Feb 6, 2023	June 13, 2023
240 Days	April 10, 2023	April 15, 2023	April 7, 2023	July 13, 2023
270 Days	May 10, 2023	May 15, 2023	May 7, 2023	Sept 11, 2023
360 Days	Aug 8, 2023	Aug 13, 2023	Aug 5, 2023	Dec 10, 2023
540 Days	Feb 4, 2024	Feb 9, 2024	Feb 1, 2024	June 7, 2024
360 Days-Canada	09 24 P 2			
540 Days-Canada	09 24 P 2			

■ **Quality Flour** and High Gluten Flour in the brown bags are Yoshon with a Yoshon label only, under the Hashgocho of Vaad HaKashrus of Kiryas Yoel.

⚠ **Ralston Cereals:** Instant and Regular Ralston cereals the code for cold, ready to eat cereals is 1 year after packing and 18 months after packing for hot cereals. For oats products, code for cold cereals, Aug 13, 23, for hot cereals Feb 13 24. For cereals containing wheat, the code for cold cereals is Aug 18 23, for hot cereals it is Feb 18 24. When the only problem is malt, the code for cold cereals is Dec 15 23, for hot cereals it is Jun 15 24.

⚠ **Rhodes** frozen rolls and frozen dough have a Chodosh code May 18 23 (9 months after packing.)

⚠ **Rice Select Pasta** has a Chodosh code of Aug 27, 2025 (3 years after packing). Royal Blend Whole Grain With Texmati Brown & Red Rice contains barley and has a code of Feb 10, 2024. (18 months after packing). Royal Blend Whole Grain With Texmati Brown & Wild Rice contains wheat and has a code of Feb 18, 2024. Royal Blend Texmati Light Brown Rice With Flaxseed contains pasta and has a code of Feb 27, 2024.

⚠ **Rice Dream Beverages** Unsweetened Rice Dream no longer contains any Chodosh related ingredients. Other Rice Dream products are made with Barley Enzymes.

⚠ **Riverhead barley** has a code of Aug 10, 2023 (1 year after packing)

⚠ **Ronco Pasta.** All pasta, Chodosh code Aug 27 24 (2 years after packing).

⚠ **Ronzoni Pasta** made in the USA: Egg noodles, healthy harvest, garden delight: Aug 27 24, (2 years after packing.) Smart taste pasta contains oats and has a code of Aug 13, 24 (2 years after packing). For all other pasta use the date of Aug 27 25, (3 years after packing).

⚠ **Rorie's Gluten Free Dough Mix** has a chodosh code of Aug 13, 2025 for all products containing oats. (3 years after packing)

⚠ **Royal Gefilta Fish** is Yoshon under the Hashgocho of Rabbi Osher Eckstein

⚠ **Sadaf CousCous** and other pasta products have a code of Aug 27, 25 (3 years after production).

⚠ **Salad Mate** dressings with flour are Yoshon under the hashgocho of Tanipol Kosher.

⚠ **San Giorgio Pasta** Chodosh code for egg noodles is Aug 27 24 (2 years after packing). For all other pasta Aug 27 25. (3 years after packing).

⚠ **Sara's Muffin Mix:** corn muffin mix and bran muffin mix are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Savion Croutons** Chodosh code P2302 (P=not important, 230=day of the year, 2=year.)

⚠ **Savion Cous Cous**, kosher for Passover is made from matzo meal and is Yoshon.

⚠ **Schaefer Brewing Co.** Chodosh code=3 135 (3=year, 135=day of the year), 6 months after packing).

⚠ **Setton Farms:** The following products are Yoshon under the hashgocho of OK: Maple Pecan granola, Good Ol granola, Cinnamon Spice Almond granola, Morning Latte Crunch granola, Vanilla Almond Biscotti Granola, Cookie Bites.

⚠ **Sensible Portions Veggy Straws** and other items from this company, the package date is 180 days after packing. For items containing wheat, the Chodosh code is Feb 14 23. Some products contain oats and have a code of Feb 9, 2023.

⚠ **Shibolim Crackers and Crisp Breads** are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalaim.

⚠ **Shibolim Matzos** whole wheat, light whole wheat and spelt are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Shibolim Pasta:** orzo, croutons and other pasta products are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalaim.

⚠ **Shibolim Oats** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⚠ **Shibolim Matzo Ball Mix** is Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalaim.

⚠ **Shindler Fish Products** Yoshon under the Hashgocho of the OU with a Yoshon label only.

⚠ **Shneider Crackers** Yoshon under the hashgocho of Rabbi Schneeblag.

⚠ **Shoprite Pasta**, Chodosh code 08 27 24 (2 years after packing.)

⚠ **Shoprite Flour** Bowl and Basket flour has a code of August 18, 2022 (production date)

⚠ **Shoprite Cereals:** Due to inconsistencies in the dating codes used we are no longer able to provide codes for the Shoprite cereals – hot and cold. Please call customer service at 1-800-746-7748 and ask them when the package you have was produced. Please have the UPC code to give to the agent. If it contains oats and was produced before Aug 13, 2022, it is Yoshon. After that point, it may be Chodosh. For wheat use the date of Aug 18, 2022, for barley August 10, 2022 and for Malt use the date of December 15, 2022.

⚠ **Shoprite Canned Soups** Canned soups have a Chodosh code of Aug 18 24 (2 years after packing.) except tomato soup which has a Chodosh code of Feb 18, 24. Dry soup mixes have a Chodosh code of Feb 18 24, (both 18 Months after packing).

⚠ **Skinner Pasta** Chodosh code for egg noodles is Aug 27 24 (2 years after packing). For all other pasta Aug 27 25. (3 years after packing).

⚠ **Smackin Good Cereals** with the Unger label, use the information given in the Guide for Malt-O-Meal.

⚠ **Snack Factory Pretzel Crisps**, has a Chodosh code of Aug 18, 2023. (1 year after packing).

⚠ **Snappy Snax pretzels** without malt are Yoshon under the Hashgocho of Rabbi Baruch Teitelbaum.

⚠ **Snavely's Mills** Yoshon flour is available upon specific request from the Mashgiach, Rabbi Elazar Green.

⚠ **So Delicious** Ice Cream Sandwiches and Oatmilk Ice Creams have a code of Aug 13, 2024. (2 years after packing).

I SOY, TERRIAKI AND TAMARI SAUCES Summary: It would seem that soy, terriaki and tamari sauces that have wheat in the ingredients may be Chodosh. In fact, these are surely Yoshon at least up to the packing date of Jan 18 (5 months after Aug 18, the Chodosh date for wheat) and may be free of Chodosh problems completely. Even if one wants to be machmir on the Jan 18 packing date, whatever you find on the grocery shelves until at least mid February should still probably be all Yoshon.

Details: After being alerted by some mashgichim, we discussed the method of production of these sauces with expert chemists who actually produce them. Here is what we learned:

- All these sauces that contain wheat are fermented over a period of time that is 5 months or longer. All sauces that are produced in a shorter time do not contain any wheat.
- The flour when used may be from spring wheat that may be Chodosh.
- In the production of the fermented soy sauce, wheat flour and some spores are added at the same time to start the fermentation. The spores produce the fermentation, the wheat flour is added only to allow the spores to be more evenly distributed in the liquid and to do a better job. The wheat flour, which at the start is about 7% of the starting volume, is almost completely consumed during the fermentation.
- Terriaki sauce is produced the same way, except they start with only about 3.5% wheat.
- Tamari sauce uses much less wheat. From a halachic point of view, this production method seems identical to the question we raised many years ago regarding plain white household vinegar. The vinegar is produced from non-Chodosh alcohol. There, some barley malt plus other chemicals are used in combination to cause the alcohol to ferment into vinegar. In the process, the malt is virtually eliminated (much less than 1/60.). There we consulted several poskim who all ruled that the barley malt is botul.

Based on that we believe that in the case of these sauces, as well, the wheat flour may be botul. Please consult your own posek regarding the question of bitul. However, since it takes at least 5 months to complete the fermentation of these sauces, there cannot be any Chodosh problem before Jan 18, 2023 in any case.

7 **Stacy's Pita Chips:** Chodosh code Feb 16, 2023 (182 days after packing)

7 **Start Fresh Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon.

7 **Stella D'Oro Products:** Chodosh codes: Breakfast Treats, Toast, and Biscotti, Feb 9 23.(180 days after packing) Sponge-All, Swiss Fudge Cookies Dec 11 22 (120 days after packing). 100 Calorie Breakfast Treats, April 10 23. (240 days after packing).

7 **Stop & Shop Cereals.** Boxed cereals containing oats: Aug 13, 2023 (1 year after packing). Boxed cereals containing wheat, but no oats – Aug 18, 2023. Oatmeal: Aug 13, 2024. (2 years after packing).

7 **Stop & Shop Flour:** white all-purpose flour Chodosh code Feb 14 2024 (545 days after packing).

7 **Stop & Shop Pearled Barley,** Chodosh code Aug 10 23 (1 year after packing).

7 **Stop & Shop Pasta** Chodosh code Aug 27 24 (2 years after packing).

8 **Streits Matzo Products** including matzo crackers are Yoshon under the hashgocho of Rabbi Moshe Soloveichik and the Kof K. This includes the Foodman's Matzola Products.

8 **Streits Pasta** is Yoshon under the hashgocho of Rabbi Moshe Soloveichik and the Kof K.

2 **Streits Chow Mein Noodles** Anything available now is Yoshon under the Hashgocho of Rabbi Moshe Soloveichik

8 **Streits Soups,** soup mixes and cup soups Yoshon under supervision of Rav Moshe Soloveichik and the Kof K.

7 **Sturm and Village Farms** oats cereals and oatmeal in cans (quick and old fashioned) Chodosh packing code Aug 13, 24 (2 years after packing.) For Farina the Chodosh code is Aug 18 23. (1 year after packing.) Oatmeal packets Feb 13, 2024 (18 months after packing).

8 **Sweet N'Low Cookies.** Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

8 **Taaman Pasta Products** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

7 **Taanug Oats Cereals** have a code of Aug 13, 23. (1 year after packing.)

7 **Taanug Corn Flake Crumbs.** The only Yoshon problem is malt. The code is 22349 (22-year, 349-day of year).

7 **Tabachnick Soups** Chodosh code for frozen soups for wheat is 081824 (08-Aug, 18-date, 24-year) and for barley 081024, (2 years after packing).

7 **Target Market Pantry Flour:** All purpose unbleached flour is made of 100% winter wheat. Malt may be a problem after December 15, code Dec 15, 2023. Whole wheat flour and bleached flour has a Chodosh code of Aug 18, 2023. (1 year after packing).

κ=Yoshon with hashgocho, no checking of codes; ב=Yoshon with hashgocho must check details; ט=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

⚡ **Teriyaki and Tamari Sauces:** See Soy Sauce.

⚡ **Tofuti Cuties** have a Chodosh code of 22230 (22-year, 230-day.)

⚡ **Torula Yeast** has no known Chodosh problems.

⚡ **Trader Joe Potato Pancakes** are Yoshon under the hashgocho of Rabbi Yehuda Shain of Double U Kosher. This only applies to the plain potato pancakes and not to any other products such as the spinach pancakes.

⚡ **Trader Joe Flour** Trader Joe flours including white unbleached flour and white whole wheat unbleached flour have a Chodosh code of August 18, 2023 (365 days after packing).

⚡ **Trader Joe Cereals** Clusters Almond Granola Cereal has a code of May 13, 2023. (9 months after packing).

⚡ **Trader Joe Oat Milk**, Original and Chocolate flavor, have a code of ###22225. This code is found under the best by date. (The first 3 numbers are the product ID. The next 2 numbers are the year and the last 3 numbers are the day of year.)

⚡ **Trader Joe pasta** has a code of Aug 27, 2024. (2 years after packing). Note that since Trader Joes dates varies by region, we need to give a safe date of 2 years even though some packages are actually 3 years.

⚡ **Tradition Soups** are made from winter wheat and are Yoshon. This has been verified by the OU.

⚡ **Trinidad Barley:** Chodosh date: Aug 10 23 (1 year after packing)

⚡ **Triscuits Crackers** by Nabisco produced in the USA have a Chodosh code of March 18, 2023 (7 months after packing)

⚡ **Tuscanini Pizzas** are Yoshon under the Hashgocho of Rabbi Weissmandl and the Euro-K. Gnocchi is Yoshon as well.

⚡ **Tuv Taam Products** are Yoshon, with a Yoshon label only, under the hashgocho of the CRC and the OK Labs.

⚡ **Twin Marquis:** all products including egg rolls and won ton wraps have a Chodosh code of 08218. (08-month, 2-year, 18-day, date of manufacture).

⚡ **Twizzlers** uses winter wheat only. This has been verified by the OU.

⚡ **Uncle Sam Cereals** have a code 1 year after packing. For wheat, the code is Aug 18, 2023.

⚡ **Ungar Fish Products**, have a Chodosh code of AU2218 (AU-Month 22-year 18-day.)

⚡ **Unger Cereals** with oats the code is Aug 13 23 (1 year after packing). For wheat code is Aug 18, 23. Corn Flakes and other cereals where the only problem is malt, the code is Dec 15 23. If the cereal also has a Malt-O-Meal label, use the dates given for Malt-O-Meal.

⚡ **Unger's Barley** is Yoshon under the hashgocho of the Vaad HaKashrus of New Square .

⌘ **Unger's Bread Crumbs** (all Varieties), and corn flake crumbs are Yoshon under the hashgocho of the Vaad HaKashrus of New Square.

⌘ **Unger's frozen Filo Dough**, code FEB 25 2024 is still Yoshon, under the Hashgocho of the Vaad HaKashrus of New Square.

⌘ **Unger's Kishke** (Parve) Yoshon under the hashgocho of the Vaad HaKashrus of New Square.

⌘ **Unger's Matzo Meal**, Yoshon under the hashgocho of the Vaad HaKashrus of New Square.

⌘ **Unger's Pie Shells** Frozen, (all sizes), Yoshon under the Hashgocho of the Vaad HaKashrus of New Square.

⌘ **Universal Frozen Foods** under the Delectable Gourmet and Kosher'US Labels Yoshon under the CRC-Hisachdus.

I USA SPELT PRODUCTS NOT CHODOSH: There should be no Chodosh problem at all with spelt products produced in the USA based on the following facts:

1. The spelt s in the USA is always a winter crop and is Yoshon.

2. About 80% of the spelt grown in Canada is a winter crop, only about 20% is a spring crop that may be Chodosh. Most of the spelt in Canada is grown in Ontario, which is on the eastern part of Canada. This spelt is almost 100% winter crop. The climate in Ontario can support either winter or spring crops. However the winter crops usually yield a much bigger harvest. So Ontario will only produce a spring spelt under the rare occurrence of a failure of the winter crop. Factories that use spelt that are in the eastern half of the USA would most likely use either USA grown spelt or the spelt that comes from the nearby Canadian region of Ontario. In either case, this would be a winter crop. The 20% spring spelt is grown in Western Canada. Therefore, our conclusion that the spelt used in products made in the USA can be assumed to be free from Chodosh problems is based on the following. As always, for halacha, check with your own Rav or Posek.

1. It is quite likely that spelt products made in the USA should use locally grown spelt that is Yoshon.

2. Even if they use Canadian spelt, 80% of that is a winter crop and is Yoshon.

3. In the eastern part of the USA, it is probable that much more than 80% of the imported Canadian spelt should be Yoshon. This is because Ontario which is in the east part of Canada basically produces only winter spelt. The spring spelt is produced in Western Canada almost exclusively.

4. Even if the Canadian spelt should be a spring crop, it may be last years and would be Yoshon. We would like to thank Rabbi Norman of the COR in Toronto and Rabbi Jaffee of the kashrus organization in Montreal who pointed out that our assumptions about Canadian spelt being mostly Chodosh may not be correct. We were able to confirm their information independently from industry and university sources.

⌘ **Utz Honey Wheat Pretzels** Chodosh code Dec 8 2022(16 weeks after packing). Sourdough pretzels have a code of Dec 22, 2022 (18 weeks after packing).

⌘ **Vered Cereals** from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘=Yoshon with hashgocho, no checking of codes; ⌘=Yoshon with hashgocho must check details; ⌘=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

⚠ **Village Farm Oatmeal** - See Sturm above

⚠ **Villa Maria Pasta** has a Chodosh code of 08/27/2022. (date of manufacture).

⚠ **Vitacost Grain Products:** Items containing oats have a code of Aug 13, 2024 and those containing wheat but no oats have a code of Aug 18, 2024. (2 years after packing).

⚠ **Vitelli Noodles and Pasta** Chodosh code Aug 27 2024 (2 years after packing.)

⚠ **Wacky Mac Macaroni and Cheese** from New World Pasta has a Chodosh code of August 27, 2023, (1 years after packing). Note that this product is not Chalav Yisroel.

⚠ **Walmart Great Value Flour** with a W in the code before the best by date is 100% winter wheat and is Yoshon. This has been verified by the OU.

⚠ **WalMart Great Value Pasta:** Spaghetti and macaroni Chodosh code Aug 26, 2024 (730 days after packing)

⚠ **WalMart Great Value Products:** Oats in 10 oz containers have a code of 1AA08182 (1AA not important, 08-August 18-day, 2-year) Bran Flakes Aug 13, 2023 (360 days after packing), for other items call the company at 877-505-2267. Have the product UPC code to give to the agent and ask for the package code for Aug 13 for oats cereals or Aug 18 for wheat.

⚠ **Wan Ja Shan Soy Sauce** has a Chodosh code of 18/AUG/26, 4 years after packing.

⚠ **Wasa CrispBread** Multigrain Chodosh code August 13, 2023 (12 months after packing). Light Rye, Sourdough, Chodosh code Oct 18, 2023 (14 months after packing).

⚠ **Weetabix cereals** with oats, the code is Aug 18, 2023 (1 year after packing.). The wheat in all non-organic cereals is winter wheat and is Yoshon. Barley, Aug 10, 2023. For organic cereal the Chodosh code for the wheat is Aug 18, 2023 (1 year after packing.) The malt in all organic cereals is Yoshon. For non-organic cereals, malt may be a problem starting with a code of Dec 15 23.

⚠ **Wegmans Oatmeal:** Instant oatmeal original flavor has a code of Feb 11, 24, (547 days after packing).

⚠ **Wegmans Pasta** in the red boxes: Chodosh code August 27, 2024. (2 years after packing).

⚠ **Wegmans White Whole Wheat Flour** as well as Regular Whole Wheat Flour have a code of Aug 18, 2023 (1 year after packing).

⚠ **Weight Wise by Rokeach** rice cakes check list of ingredients. Those which do not list any Chodosh grains as ingredients are Yoshon.

I WHEAT STARCH: Wheat starch is used in many cereals, some cookies and other products. In the past we assumed that wheat starch can be made from spring wheat as well as winter wheat. Therefore, we advised that one should be machmir and assume that starting with a packing date shortly after the start of the spring wheat harvest, all wheat starch may be Chodosh. This is still advisable lechatchila when possible. Since wheat starch is used in so many products and in so many ways, that it is often not possible to be certain that the wheat starch is vadai Yoshon. When such certainty is not possible, we were advised that it is permitted to be maikil and assume that all wheat starch is Yoshon. This assumption is based on the following arguments:

(1) There is no advantage in making wheat starch from spring wheat over winter wheat.

κ=Yoshon with hashgocho, no checking of codes; ב=Yoshon with hashgocho must check details; ט=No hashgocho, check codes; נ=Chodosh; ו=sofek, uncertain I=Information

(2) About 70% of all wheat grown in the USA is winter wheat. This makes winter wheat certainly the rove of all wheat available. (However, this winter wheat cannot be used by bakeries for breads, challahs and many other products. Those need spring wheat flour.) It also makes winter wheat cheaper.

(3) We apply the sfek sfeika of the Rema since the wheat starch could be from last year. Even if it were freshly manufactured, it is more likely to come from winter wheat which is Yoshon. We consulted the following Rabbonim Shlita who agreed that since it is not possible to clarify the matter beyond what is written above, that it is justified to be makil on wheat starch. (Names in alphabetical order) Harav Hagoan Yisroel Belsky ZT”L, Harav Hagoan Moshe Heinemann Shlita, Harav Hagoan Shmuel Kaminevsky and Harav Hagoan Shlomo Miller, Shlita. This will be the policy of the Guide. For those who wish to be machmir, the chumra packing date for wheat starch would be Aug 18, 2022. As always, consult your own Rav or posek.

⚠ **Wheatena** cereal has a code of Feb 18, 24 (18 months after packing).

⚠ **Winco Crackers:** Saltines-All, Crispy Snack Crackers -All, Crispy Veggie Crackers, Woven Wheat Crackers-All, Gourmet Crackers-All, Chicken Crisp Crackers 7.5 oz, Dairy Oyster Crackers, Dairy Crackers-All, Chodosh code: March 18, 2023 (7 months after packing). Granola Bars-All, Chodosh Code May 13, 2023 (9 months after packing).

⚠ **Winco All Purpose Flour:** Chodosh code Aug 18, 2023 (1 year after packing)

⚠ **Winco Pasta Products:** Chodosh Code August 27, 2024 (2 years after packing)

⚠ **Winco Pearled Barley:** Chodosh Code August 10, 2023 (1 year after packing)

⚠ **Winco Cereals:** For oats the code is Aug 13, 2023, For wheat the code is Aug 18, 2023 (1 year after packing) Oatmeal-All varieties Chodosh code: Feb 13, 2024 (18 months after harvesting).

⚠ **Winco Ice Cream Cones:** Sugar Cones contain oats code: Aug 13, 2024 all other cones Aug 18, 2024 (2 years after packing)

⚠ **Winco Cookies:** Vanilla Wafers, Animal Cookies, Iced Oatmeal Cookies, Old-Fashioned Oatmeal Cookies, Sugar Cookies, Cookies Ginger Snaps, Mint Creme Cookies, Chocolate Cream Cookies, Chocolate Double Cream Cookies, Clear Savings Cookies – All, Chocolate Chip Cookies -All Chodosh code: March 18, 2023 (7 months after packing) Lemon Shortbread Cookies, Fudge Graham Cookies, Coconut Caramel Fudge Cookies, Fudge Striped Shortbread Cookies May 18, 2023 (9 months after packing).

⚠ **Winco Snacks:** Pretzels: Chodosh code: Dec 18, 2022 (4 months after packing) Potato Chips: Feb 18, 2023 (6 months after packing).

⚠ **Winco Frozen Products:** Frozen Waffles, Frozen Molten Lava Cakes Aug 18, 2023 (1 year after packing). Frozen tarts contain oats and have a code of Aug 13, 2023.

⚠ **Wise Potato Chip Products.** Some flavored potato chips have flour listed in the ingredients. This may be spring wheat flour. Chodosh packing date is Aug 6. 1.25 and .75 oz. bags Chodosh code is Jan 5, 2023 (20 weeks after packing) For 3.25 oz. bags the code is Dec 1, 2022 (15 weeks after packing). For the 8.75 oz bags the code is Nov 10, 2022, (12 weeks after packing).

⚠ **Won Ton Food Co.:** Won Ton Crackers Chodosh Code of 81822AAAA (8-month, 18-day 22-year, Letters following are packing and shift info).

κ=Yoshon with hashgocho, no checking of codes; ב=Yoshon with hashgocho must check details; ט=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

⌘ **Yosi's Kitchen:** Falafel and other products as well as catering is Yoshon under the Hashgocho of Rabbi Rubin.

⌘ **Yamasa** Soy Sauce, Yoshon under the Hashgocho of the OU.

⌘ **Yehuda Matzos**, Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.

⌘ **Yoni's Pretzel Challah** is Yoshon with a Yoshon label only under the Hashgocho of the Star K.

⌘ **Zerega Pasta**, Chodosh code 2392 (239=day of year, 2=year.) Some products have a best if used by date. For egg noodles, whole wheat noodles and whole grain noodles the code is Aug 27 23 (1 year after packing). For all other pasta the code is Aug 27 24 (2 year after packing).

⌘ **ZonePerfect Bars** by Abbot Nutrition have a date of Aug 18, 23 for Wheat (12 months after packing).

Section 4.2. ESTABLISHMENTS AND SERVICES

Please note that many Hashgochos did not submit their information. Therefore, many listings are missing. See preface for more information.

DISCLAIMER: The Guide to Chodosh does not give hashgochos for kashrus or Yoshon. The listing of any facility in this Guide does not mean that we investigated its kashrus. For kashrus and Yoshon assurance, look for the certification by responsible kashrus organizations or individual mashgichim.

WARNING: One time it was found that a bagel bakery was making regular bagels from Yoshon flour and whole wheat bagels from Chodosh flour. Bagels have to be cooked before baking. It was found that the Yoshon bagels were being cooked in the same utensils that were being used each day to cook the Chodosh whole wheat bagels. The problems at this bakery were corrected, under the guidance of the responsible hashgocho organization. However, there is no guarantee that such problems were unique to this bakery alone. Mashgichim and consumers who deal with bagel bakeries making both Yoshon and Chodosh bagels must make sure that the same boiler is not used for both.

SPICY FRIES WARNING: Many restaurants, pizza shops and similar establishments offer fried foods. The menu of fried foods includes fried potatoes. Many of the “spicy fries” and some of the regular french-fried potatoes contain flour that may be Chodosh. The same oil is used to fry other items including falafel balls. Ask your posek or Rav whether those careful about Yoshon are allowed to eat these other fried foods that are inherently not Chodosh but are fried in the same oil as the fries that contain possibly Chodosh flour. It should be noted that many such establishments have double fryers. This means that the pot of oil may have two baskets immersed in it at the same time. So therefore, it is possible that the questionable fried potatoes and the other non-Chodosh item share the same oil at the same time. Unless certified otherwise, all fried items have this suspicion. We thank Kehilah Kashrus for originally pointing out this problem.

WARNING: Some tuna fish and tuna fish salads used in restaurants contain bread crumbs or flour. Care must be taken to make sure that such ingredients are Yoshon.

4.2.1 New York City

⌘ **Ave M. Bagels**, Yoshon under the Hashgocho of Kehilah Kashrus of Flatbush.

⌘ **Ave. P Appetizer**, 1348 Coney Island Ave., Yoshon under the Hashgocho of JSOR.

⌘ **Beigels Bakery Products** Yoshon with Yoshon label under the hashgocho of the O-K Labs and the CRC. This includes Frozen Ready to Bake Doughs. Products sold individually from big boxes in stores Yoshon even without a Yoshon label.

⌘ **Chantilly Bakery** or the World of Chantilly in Brooklyn is Yoshon under the hashgocho of the OK. All Yoshon products will also have a Yoshon label.

⌘ **Eat and Run Café**, Yoshon under the Hashgocho of the Kehilah Kashrus of Flatbush.

⌘ **Fifteenth Ave Food Corp**, selling baked goods in groceries under the names of Korn, Sterns, Kohen, and New York Kosher, Laromme baked items are Yoshon. The whole wheat bread and the 12-grain bread are also Yoshon. There are NO exceptions. Yoshon items under the hashgocho of the OK Labs and the CRC.

⌘ **Glick's Bakery** items in bakery as well as packaged items with a Yoshon Label, Yoshon under the hashgocho of the OK-Labs.

⌘ **Green's Baked Products** Yoshon with a Yoshon label, as well as products sold in their bakery under the Hashgoho of the OK.

⌘ **Gotta-Getta-Bagel** baked products with a Yoshon label are Yoshon under the hashgocho of the OK Labs.

⌘ **Jack's Cuisine**, Yoshon under the Hashgocho of Kehilah Kashrus of Flatbush.

⌘ **Jerusalem II Pizza**, 1312 Ave J, Yoshon under the Hashgocho of Kehillah Kashrus of Flatbush.

⌘ **Kids N Action** 1149 McDonald Ave, Brooklyn, Yoshon except spicy fries.

⌘ **Kohen Baked Products**, see Fifteenth Ave Food Corp.

⌘ **Kol Yaakov Hall**, Hayat Catering is Yoshon under the Hashgocho of Rabbi Asher Addes.

⌘ **Korn Baked Products**, see Fifteenth Ave Food Corp.

⌘ **Kosher Bagel Hole** – both locations, Yoshon under the Hashgocho of Kehilah Kashrus of Flatbush.

⌘ **Kosher Deluxe Restaurant**, 10 West 46th St, New York City, All Items produced in store are Yoshon under the Hashgocho of Rabbi Amrom Roth.

⌘ **Kosher Hut**, Yoshon under the Hashgocho of the Kehillah Kashrus of Flatbush.

⌘ **L'Esti's Desserts** 180 27th Street, Brooklyn, Yoshon under the Hashgocho of Rabbi Yechiel Babad and the OU.

⌘ **Mechy's**, Yoshon under the Hashgocho of the Kehilah Kashrus of Flatbush.

⌘ **Meisner's Catering and store**– Yoshon under the Hashgocho of Rabbi Nesanel Sommer.

⌘ **Muffins and More/Hoing Food Corp.** Yoshon if they have a Yoshon label plus the OK kashrus symbol.

⌘ **New York Kosher** baked products, see Fifteenth Ave Food Corp.

⌘ **Oh! Nuts** Packaged products with the OK Kosher symbol and Yoshon label are Yoshon under the Hashgocho of the OK.

⌘ **Palace Café**, 2605 Nostrand Ave, Pizza only is Yoshon under the Hashgocho of Kehillah Kashrus of Flatbush.

⌘ **Perizia** – all locations, Yoshon under the Hashgocho of Kehillah Kashrus of Flatbush.

⌘ **Pita Express Pita**, Pita is Yoshon under the Hashgocho of the OU.

⌘ **Pizza Professor**, Yoshon under the Hashgocho of the Kehillah Kashrus of Flatbush.

⌘ **Pomogranate**, 1507 Coney Island Ave, Bakery only is Yoshon under the Hashgocho of Kehillah Kashrus of Flatbush.

⌘ **Reisman Bakery** (Brooklyn) All baked products are Yoshon. Under the hashgocho the CRC and Rabbi S. Stern.

⌘ **Say Bagel and Cheese**, 1304 Ave M, Brooklyn, All items cooked and baked in store are Yoshon under the Hashgocho of the Bais Horoah D'Flatbush.

⌘ **Schreiber's Homestyle Bakery** – all locations, Yoshon under the Hashgocho of Kehillah Kashrus of Flatbush.

⌘ **Sophie's Bistro** Yoshon under the Hashgoch of Kehillah Kashrus of Flatbush.

⌘ **Sprinkles Ice Cream Store**, Brooklyn, is Yoshon under the hashgocho of the Tartikover Beis Din.

⌘ **Steinberg's Bakery** 20 Atlantic Ave, Oceanside. Items are Yoshon if they are sealed with a Yoshon label plus the OK kashrus symbol, under the hashgocho of OK Labs.

⌘ **Stern's Baked Products**, see Fifteenth Ave Food Corp.

⌘ **Uman Pizza**, Yoshon under the Hashgocho of Kehilah Kashrus of Flatbush.

⌘ **Urban Pops**, Brooklyn All products with a Yoshon label are Yoshon under the Hashgocho of the OK. Please note many of these pops do not have any problematic ingredients.

⌘ **Weiss Kosher Bakery**, 5011 13th Avenue, Brooklyn (718) 438-0407 Yoshon under the hashgocho of the OK Labs with a Yoshon label.

⌘ **Zami Caterers**, Yoshon under the Hashgocho of Rabbi Nesanel Sommer.

4.2.2 Kew Gardens, Kew Gardens Hills, Other Queens and Long Island

⌘ **Zomick's Bakery**, 444 Central Ave, Cedarhurst. All items are Yoshon under the hashgocho of OK Labs. Products will also have a Yoshon label.

4.2.3 Five Towns, Long Island

⌘ **Zomicks**, 85 Inip dr., Inwood -Yoshon under the hashgocho of the OK. Multigrain bread is Yoshon.

4.2.4 Monsey

⌘ **Ateres Charna**, Yoshon under the Hashgocho of the Vaad HaKashrus of New Square.

Chai Pizza 94 Rt. 59 is Yoshon under the Hashgocho of Rabbi Chaim Yaakov Horowitz.

⌘ **Eli's Bagels** is Yoshon under the Hashgocho of Rabbi Mordechai Unger.

⌘ **Evergreen Kosher Market Bakery**, Fish Department, Glatt Geshmak Takeout and Catering on Rt. 59 is Yoshon under the Hashgocho of Rabbi Duvid Babad.

⌘ **Monsey Take Out** is Yoshon under the Hashgocho of Rabbi Mordechai Unger.

⌘=Yoshon with hashgocho, no checking of codes; ⌘=Yoshon with hashgocho must check details; ⌘=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

⌘ **Pitaland** Rt. 59 at Collage Road, Monsey is Yoshon under the Hashgocho of Rabbi Chaim Yaakov Horowitz.

4.2.5 New Jersey

⌘ **Balagan Kosher**, Yoshon under the Hashgocho of the JSOR.

⌘ **Crafts Cut Butchery**, Yoshon under the Hashgocho of the JSOR.

⌘ **Dougie's BBQ**, Teaneck Yoshon under the Hashgocho of the RCBC.

⌘ **Nahum Grill**, Yoshon under the Hashgocho of the JSOR.

⌘ **Pollak's Heimishe Kosher Bakery** All Packaged goods are Yoshon with OK Hashgocho and Yoshon on the label.

⌘ **Poppy's Bagels Pizza and TCBY**, 204 West Englewood Ave, Teaneck NJ, 201-862-0800. All baked items are Yoshon under the Hashgoho of the RCBC.

⌘ **Retro Grill**, Yoshon under the Hashgocho of the JSOR.

⌘ **Sarah's Tent**, Deal, NJ, Yoshon under the Hashgocho of the JSOR.

⌘ **Slices Pizza**, 250 Norwood Ave, Deal, Yoshon under the Hashgocho of the JSOR.

⌘ **The Butcher's Steakhouse**, Yoshon under the Hashgocho of the JSOR.

4.2.6 Lakewood

Local Contact: Rabbi Yoseph Greenfeld, 1172 Tiffany St, Lakewood, (732) 364-1979 and Rabbi Shimon Greenfeld, 1 Kew Gardens Rd, (732) 364-7576.

KCL Hashgocho: All establishments in Lakewood under KCL hashgocho are Yoshon except for Glatt Bite listed below.

⌘ **Glatt Bite**, Lakewood, is **NOT** Yoshon.

⌘ **Hershy's Bakery**, Yoshon under the Hashgocho of Rabbi Yehudah Shain.

4.2.7 Baltimore

Local contact: Star-K of Baltimore, (410)484-4110.

⌘ **Caramel's Pizza Store**, 700 Reisterstown Road, (410) 486-2365. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Catering by Alan Weiss**, 6505 Baythorne Road, Baltimore. (443) 394-8338. Yoshon upon request. Hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Catering by Yaffa**, (410)486-3325. Yoshon is available on request. Yoshon hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

- ⚡ **Chef on Call/Chef Dan**, All Pizza is Yoshon. Inquire in store about other items, under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Cocoaccinos/Pie 18**. All Pizza and Pasta is Yoshon, Inquire in store about other items. Under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Delightfully Sweet** - Yoshon available upon Request. Under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Dougie's BBQ**, Yoshon available upon Request. Under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Goldberg's New York Kosher Bagels**, Bagels, Bialys are Yoshon. Inquire in store for other items under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K). Note: The store in Timonium **is not** under this hashgocho for Yoshon.
- ⚡ **Kosher Bite/KB Szechuan**, 6309 Reisterstown Road, (410) 358-6349. Yoshon available by request only. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Mama Leah's Gourmet Pizza**. At this time, all items are Yoshon. However, a sign will be posted as items become unavailable as Yoshon. Refer to this sign for up-to-date information on non-Yoshon items. Under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Market Maven Bakery and Takeout**. All products are Yoshon under the Hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Milk & Honey Bistro**, 1777 Reisterstown Road, (410) 486-4344. Only the following items are Yoshon: cheese blintzes, French toast, pizza, pasta, soups, waffles, pancakes, assorted kugels and soufflés. Other items are available as Yoshon upon request. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **O'Fishel Catering** (410) 764-3474. Ask for Fishel Gross. Challah, rolls, and cholent are Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Pariser's Bakery**, 6711 Reisterstown Rd. (410) 764-1700. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Pearlstone Conference & Retreat Center**, 5425 Mt. Gilead Rd, Reistertown, MD 21136, 410-429-4400. Yoshon available on request. Under the hashgocho of the OU.
- ⚡ **Rosendorff's bakery**, wholesale, as well as the bakery in 7-Mile Market, Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Royal Restaurant**, 7002-A Reisterstown Road, in the Colonial Village Shopping Center. Baltimore. (410)484-3544. Yoshon available on request. Under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).
- ⚡ **Seven Mile Market**, Dairy, Deli and Fish Departments: Check product labels and signs in store for Yoshon status under the Hashgocho of the Star K of Baltimore.
- ⚡ **Sion's Bakery**, 302 Reisterstown Road, Baltimore, MD, (443) 548-0370.. Yoshon under the hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

▣ **Sweet and Good Catering**, Yoshon available on request. Yoshon hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

▣ **Ta'am Thai** 1500 Reisterstown Rd Baltimore, Inquire in store for Yoshon status, under the Hashgocho of the Vaad Hakashrus of Baltimore (Star-K).

⌘ **Yesh**, Baltimore, All products are Yoshon under the Hashgocho of the Vaad Hakashrus of Baltimore (Star-K)

4.2.8 Boston area

No information was submitted for this location at the time of printing.

4.2.9 California

▣ **Delice Bakery** Yoshon except the Muffins under the Hashgocho of OK Kosher West.

▣ **Schwartz Bakery**, 441 N. Fairfax Ave. and 8616 W. Pico Blvd. (313)653-1683, Yoshon except the Muffins. Under the Hashgohco of OK Kosher West.

4.2.10 Cleveland area

▣ **Grand Coffee** 1873 N. Tayler Road, Cleveland Heights, All baked goods are Yoshon under the Hashgocho of Cleveland Kosher.

▣ **Unger's Kosher Market**, bakery department only, 1831 South Taylor road, Cleveland Heights, Ohio, telephone number 216-321-7176. Yoshon under the hashgocho of Cleveland Kosher.

▣ **Kinneret Kosher Restaurant**, 1869 S. Taylor Road, Cleveland Heights, is Yoshon under the Hashgocho of Vaad HaRabonim HaCharreidus of Cleveland, Rabbi Mordechai Kaplowitz, except for the spicy fries.

4.2.11 Chicago

Local contact: Chicago Rabbinical Council cRc (773) 465-3900. (Note this cRc should not be confused with the CRC, Central Rabbinical Congress-Hisachdus, located in Brooklyn.)

⌘ **Chalavi – Main Pizza**, 2931 West Touhy, Chicago, 773-338-9640 is Yoshon under the Hashgocho of the cRc – Chicago.

▣ **EJs Kosher Pizza**, 9149 N. Gross Point Road, Skokie, IL, 224-534-7215. Pizza, cheese pretzels, calzones, pizza sticks, Stromboli, pita, and falafel are Yoshon under the Hashgocho of the cRc-Chicago.

▣ **Emma's Bagel Cafe**, 9306 Skokie Blvd, Skokie, IL 60076 (847) 673-3030., Bread and Bakery items are Yoshon under the hashgocho of the cRc. (Chicago). This does not include pastas and items fried in non Yoshon fryer.

⌘ **North Shore Bakery**, 2919 W. Touchy, 773-262-0600 is Yoshon under the Hashgocho of the cRc-Chicago.

4.2.12 Detroit, Oak Park, Southfield MI

Local contact: Rabbi Berel Broyde, 15130 Burton, Oak Park, MI, (248) 968-3057. Hashgocho for Yoshon: Vaad Harabonim of Greater Detroit (COR) 248-559-5005

Note: All the following under the hashgocho for Yoshon of the Vaad Harabonim of Greater Detroit (COR) 248-559-5005 for the items listed.

▣ **Jerusalem Pizza** - 26025 Greenfield Rd. (248)552-0088. Only the plain pizza (white flour, without toppings) and white flour bagels (not whole wheat) are certified as Yoshon.

⌘ **Kaplan Cakes** – 24650 Sussex Street, 248-797-8491, All products are certified as Yoshon.

⌘ **Spreads Bagels & Café** – 15600 W. 10 Mile Road. 248-905-3717. All products are certified Yoshon.

▣ **The Grove Kosher Food Market** 25155 Greenfield Road, Southfield. (248) 569-5000. Fresh Bakery Department: Products are Yoshon except items listed on signs posted at store. Pizza Department: Only items listed on sign posted at store are Yoshon.

▣ **The Bake Station Bakery** - 30760 Southfield Rd. (248)723-9000. Products are Yoshon except items listed on sign posted at store.

⌘ **Yodels 'n More** – 248-252-4367, All products are Yoshon.

▣ **Zeman's New York Bakery** - 25258 Greenfield Rd. (248)967-3905. Products are Yoshon except items listed on sign posted at store.

4.2.13 Phoenix, Arizona

No information was submitted for this location at the time of printing.

4.2.14 Waterbury, CT

⌘ **Waterbury Kosher World**, 701 Cooke St., All Takeout food and items baked in store are Yoshon under the Hashgocho of Rabbi Yerachmiel Karr.

4.2.15 Washington DC, Silver Springs area

Rockville/Potomac Locations:

No information was submitted for this location at the time of printing.

Silver Spring Locations:

No information was submitted for this location at the time of printing.

4.2.16 Massachusetts

⌘ **Rosenfeld Bakery**, 1280 Centre St, Newton. 617-926-8080 Yoshon under the KVVH.

4.2.17 St. Louis

No information was submitted for this location at the time of printing.

4.2.18 Israel

Food exported by Israel

Food produced in Israel under hashgochos considered reliable for kashrus are also always Yoshon. In addition, all items produced under the hashgocho of the Badatz of Yerushalayim are also always Yoshon, even if they are packed outside of Israel.

Food imported to Israel

Many of the American-brand-name food items that are sold in Israel and other countries are produced under contract outside of the USA. The information printed in this Guide should not be assumed to apply to any food items purchased outside of the USA, unless you have a clear indication that that item was indeed produced in the USA. This Guide cannot vouch for the relevance of information printed in the Guide for such items produced in other countries.

⌘ Kedassia, London. Everything with this hashgocho on it Yoshon everywhere in the world.

⌘ Kellogs Cereals manufactured in Europe and sold in Israel and Europe are Yoshon under the Hashgocho of the Manchester Beis Din, besides for the Kellogs All Bran Original that is Safek Chodosh.

⌘ London Federation of Synagogues advised that to their knowledge all crackers and biscuits produced in Europe are Yoshon. Obviously not all of these are under the hashgocho of the Federation. All packaged products with the Federation's KF symbol are always Yoshon, whether sold in Israel or elsewhere.

⌘ Morning Flakes oats cereal sold in Israel and Europe is Yoshon under the hashgocho of the Manchester (England) Beth Din.

⌘ Quaker cereals sold in Israel have the same codes and dates as the listing for the same items sold in the USA, as stated in Section 4.1 of this Guide. Quaker oats cereals made in England and sold in Israel and elsewhere in the world are Yoshon, under the hashgocho of the London Federation of Synagogues, if there is a KF symbol on the package. (Note: Some people in Israel use the term "Quaker" to refer to all hot oats cereals that need to be cooked, regardless of the company which manufactures it. In this Guide, the term Quaker is used to refer only to products made by the Quaker Company, including cereals eaten with cold milk.)

⌘ Rabbi Westheim/Landau. Everything under his hashgocho is always Yoshon everywhere in the world. This includes Bobbie's fish products sold in Europe.

⌘ Speedycook Oats manufactured in Ireland are Yoshon under the Hashgocho of the Manchester Beis Din.

IMPORTANT NOTE: As mentioned above, food produced in Israel itself under reliable hashgocho is always Yoshon. However, we have ample evidence that many packaged goods are being imported to Israel with no concern about the possibility that they may be Chodosh. Importers often paste their own labels, in Hebrew on such packages, describing the foreign kashrus organization that vouches for the kashrus, but not the Yoshon status, of the contents. The general public in Eretz Yisroel is more strict about Chodosh than the majority of people in Chutz L'Aretz. Nevertheless, this public is often not aware that some of the hashgochos in Chutz L'Aretz are not usually actively avoiding Chodosh. We are warning our brothers and sisters in Eretz Yisroel about this problem and we urge our readers to also spread the word.

⌘=Yoshon with hashgocho, no checking of codes; ⌘=Yoshon with hashgocho must check details; ⌘=No hashgocho, check codes; n=Chodosh; o=sofek, uncertain l=Information

4.2.18 Elsewhere in the world

Antwerp, Belgium

The locally grown wheat is always Yoshon. The bakeries use local wheat flour for breads and challahs, making these Yoshon. Some of the bread-like cakes, such as yeast cakes may be Chodosh. For pasta, ask for Israeli products, which are always Yoshon. Barley that is locally grown is Yoshon. However, apparently, during some years, most of the barley used for cholent comes from North America and may be Chodosh. For up to date information, contact Rabbi S. Golovenshitz, 011-323-230-8537. We are not aware of any facilities producing Yoshon under hashgocho in Antwerp.

Canada

Toronto

Local contact: COR, Rabbi Yehoshua Norman (416) 635-9550. The COR publishes several Chodosh Bulletins during the season. Consumers in Canada should contact the COR directly for copies of these bulletins. Bulletins are also available online at www.COR.ca.

Montreal

For Chodosh information about Canada in general and Montreal in particular, contact Rabbis Peretz Jaffee or Y. Wenger of the Jewish Community Council of Montreal, 5491 Victoria Ave., Montreal, (514)739-6363. This organization publishes several Chodosh Bulletins during the season. Contact this organization directly for copies of these bulletins.

England

London

Local contact: Rabbi Michoel Scharf of Kedassia. Office phone: 011-44-208-800-6833, Fax: 011-44-208-809-7292

All packaged items, under the hashgocho of Kedassia are certified Yoshon. Most bakeries are Yoshon. The season starts in Nov. or later. Contact them for updated bakery lists.

Federation of Synagogues, London. Telephone number 011- 44 - 208 - 202 - 2263. Dayan Moshe Elzas. All packaged products with the Federation's KF symbol are always Yoshon, whether sold in Israel or elsewhere.

London Beth Din, Rabbi Gershon Feinsilver. Telephone number 011 - 44 - 208 - 343 - 6253. Contact them for some Yoshon information.

Manchester

Local contact: Manchester Beth-Din, 00-44-161-740-9711 Many services are Yoshon under the Beth Din, check with them.

Gateshead

Local contact: Rabbi Elozor Lieberman, 37 Grasmere St West, Gateshead. Telephone 011-44-191-477-1598. All food establishments in Gateshead, England are Yoshon under the hashgocho of Rabbi Lieberman.

Johannesburg, South Africa

Up to date Yoshon information is available from the UOS, The Union of Orthodox Synagogues of South Africa in Johannesburg. Their Yoshon Bulletin may be accessed on the Web at the address www.uos.co.za. Look for the Kashrus Guide. Under that look for Yoshon Update. You can also call them at 011-27-11-485-4865.

Melbourne, Australia

For local information, contact Kolel Bais Hatalmud, 362A Carlisle St. Balaclava, Melbourne (3183). Due to a much later harvest in the Southern hemisphere, the Chodosh season only lasts about 3 months in total.

Section 4.3: Index by Subject

Airline Meals

‣ Fresko Airline Meals, 27

Baby Food

‣ Gerber Baby Food, 28

Baked Goods

‣ 24/6 Foods, 22
 ‣ Barth's Kimmel cookies, 23
 ‣ Bella's, 27
 ‣ BluPantry Smackers, 24
 ‣ Brooklyn Kosher Bakery, 27
 ‣ Fifteenth Ave Food Corp, 27
 ‣ Gattegno Brothers Cookies, 27
 ‣ Gefen Products Made in Israel, 28
 ‣ Hadar, 29
 ‣ Haddar Honey wheat pretzels, 29
 ‣ Home Style Cookies from Israel, 30
 ‣ Kedem Baked Products, 30
 ‣ Kemach Cones, 31
 ‣ Korn's, 27
 ‣ Kosher Select, 22
 ‣ Lasova Bakery, 33
 ‣ Man Cookies and Wafers, 34
 ‣ Nitzy's, 27
 ‣ Osem Crackers, 37
 ‣ Papouchado Cookies, 37
 ‣ Pomodori, 22
 ‣ Shibolim Crackers and Crisp Breads, 41
 ‣ Shneider Crackers, 42
 ‣ Stern's, 27
 ‣ Sweet N'Low Cookies, 43
 ‣ Bessy's Famous biscotti, 24
 ‣ Beigel's Cookies, 24
 ‣ Blooms Cookies, 24
 ‣ Challah By Robin Tobias, 25
 ‣ Elite wafers and other products, 26
 ‣ Gedilla Products, 27
 ‣ Green's Baked Products, 49
 ‣ Just Baked NYC, 30
 ‣ Kemach Cookies and Crackers, 31
 ‣ Landau Whole Wheat Crackers, 33
 ‣ Liebers Cookies, 33
 ‣ Oberlander Bakery, 36

‣ Ostreichers Cookies, 37
 ‣ Yoni's Pretzel Challah, 48
 ‣ Kingsway Pita Products, 32
 ‣ Baker's Harvest Graham Crackers and saltines, 23
 ‣ Fiber Gourmet Crackers, 27
 ‣ Glick's Graham Cracker Pie Crust, 28
 ‣ Keebler's Pie Crusts, 30
 ‣ Kontos, 32
 ‣ Kravy Dip Dip Crackers, 32
 ‣ New York Pretzels, 36
 ‣ Oreo Cookies, 37
 ‣ Pennant/Fresh Star Bakeries, 38
 ‣ Snappy Snax pretzels, 42
 ‣ Stacy's Pita Chips, 43
 ‣ Stella D'Oro Products, 43
 ‣ Triscuits Crackers, 44
 ‣ Wasa CrispBread, 46
 ‣ Winco Cookies, 47
 ‣ Winco Crackers, 47
 ‣ Won Ton Food Co, 48
 ‣ Ezekiel bread, 26

Baked Products

‣ Pretzels, 38

Baking Spray

‣ Baker's Joy Baking Spray, 22
 ‣ Crisco Baking Spray, 26
 ‣ Glick's Baking Spray, 28
 ‣ Pam Baking Spray, 37

Barley

‣ Benz's Pearled Barley, 24
 ‣ Gefen Barley, 27
 ‣ Jack and the Beanstalk, 30
 ‣ Unger's Barley, 45
 ‣ C & F Barley, 25
 ‣ Goya Barley, 29
 ‣ Jack Rabbit Barley, 30
 ‣ Peak Barley, 37
 ‣ Quaker Oats Co. Barley, 39
 ‣ Riverhead barley, 41
 ‣ Stop & Shop Pearled Barley, 43
 ‣ Trinidad Barley, 44
 ‣ Winco Pearled Barley, 47

‣=Yoshon with hashgocho, no checking of codes; ‣=Yoshon with hashgocho must check details; ‣=No hashgocho, check codes; ‣=Chodosh; ‣=sofek, uncertain ‣=Information

Barley Malt

⌘ Barley Malt, 23

Beer

⌘ Beer, 24
 ⌘ Budweiser Beer, 25
 ⌘ Coors Beer, 25
 ⌘ Heiniken Beer, 29
 ⌘ Miller Brewing Co, 35
 ⌘ Pabst Brewing Co., 37
 ⌘ Schaefer Brewing Co, 41

Bread Crumbs

⌘ Btam Bread Crumbs, 24
 ⌘ Gefen Bread Crumbs, 27
 ⌘ Lieber's Bread Crumbs, 33
 ⌘ Osem Bread Crumbs, 37
 ⌘ Unger's Bread Crumbs, 45
 ⌘ Kineret Bread Crumbs, 32
 ⌘ Chef's Quality Panko Bread Crumbs, 25
 ⌘ Jason Bread Crumbs, 30
 ⌘ Kellogs Corn Flake Crumbs, 30
 ⌘ Panko Bread Crumbs, 37
 ⌘ Pereg Bread Crumbs, 38
 ⌘ Taanug Corn Flake Crumbs, 44

Cake Mixes

⌘ Gefen Cake and Cookie Mixes, 27
 ⌘ Manischewitz Cake Mixes, 34
 ⌘ Sara's Muffin Mix, 41
 ⌘ Betty Crocker Cake Mixes, 24
 ⌘ Duncan Hines, 26

Candies

⌘ Gross Chocolate Leaves, 29
 ⌘ Jolly Ranchers, 30
 ⌘ Le Chocolate, 33
 ⌘ Darell Lee Licorice, 26
 ⌘ Joray Fruit Rollups, 30
 ⌘ Twizzlers, 44

Candies

⌘ Oh! Nuts, 50

Cereals

⌘ Kedem Cereal Bars, 30
 ⌘ Kosher Mills Hot and Cold Cereals, 33
 ⌘ Shibolim Oats, 41
 ⌘ Vered Cereals, 46
 ⌘ Gefen Cereal, 28
 ⌘ Kemach Cereals, 31
 ⌘ Alpen Cereal, 22
 ⌘ Arrowhead Mills Cereals, 22

⌘ Arrowhead Mills Vital Wheat Gluten, 22
 ⌘ Attune Foods Cereals, 22
 ⌘ Barbara Cereals, 23
 ⌘ Bear Naked Granola, 24
 ⌘ Bob's Red Mills Cereals, 24
 ⌘ Cascadian Farms Cereals, 25
 ⌘ Cream of Wheat Farina, 26
 ⌘ EnviroKidz Cereals, 26
 ⌘ Farina Mills, 27
 ⌘ Fiber1 Chewy Snack Bars, 27
 ⌘ Gold Confections Granola Bars, 29
 ⌘ Good N' Hearty Cereals, 29
 ⌘ Hodgson Mills Cereals, 30
 ⌘ Hodgson Mills Vital Wheat Gluten, 30
 ⌘ Kashi Cereals, 30
 ⌘ Kellogs Cereals, 30
 ⌘ KIND Healthy Grains Granola Bars, 32
 ⌘ Krasdale Oats Cereal, 33
 ⌘ Kretschmer Wheat Germ, 33
 ⌘ MadeGood Granola Products, 34
 ⌘ Maltex Cereals, 34
 ⌘ Malt-O-Meal Cereals, 34
 ⌘ Maypo Oats, 35
 ⌘ Millville Oatmeal, 35
 ⌘ Mother's Cereals, 35
 ⌘ Mother's Wheat Germ, 35
 ⌘ Nature Valley Granola Bars, 36
 ⌘ Post Cereals, 38
 ⌘ Publix Cereals, 39
 ⌘ Quaker Cereals, 39
 ⌘ Ralston Cereals, 40
 ⌘ Shoprite Cereals, 42
 ⌘ Smackin Good Cereals, 42
 ⌘ Stop & Shop Cereals, 43
 ⌘ Taanug Oats Cereals, 43
 ⌘ Trader Joe Cereals, 44
 ⌘ Uncle Sam Cereals, 44
 ⌘ Unger Cereals, 45
 ⌘ Village Farm Oatmeal, 46
 ⌘ Vitacost Grain Products, 46
 ⌘ Wacky Mac Macaroni and Cheese, 46
 ⌘ Weetabix cereals, 46
 ⌘ Wegmans Oatmeal, 46
 ⌘ Wheatena, 47
 ⌘ Winco Cereals, 47
 ⌘ ZonePerfact Bars, 48
 ⌘ General Mills, 28

⚡ Nature's Path and EnviroKidz Cereals, 36

⚡ Sturm and Village Farms Cereals, 43

Dough Conditioners

I Dough Conditioners, 26

⚡ Puratos Bagel Improver, 39

Flour

I Baking Flour, 23

I Professional Bakery Flour, 38

⚡ General Mills Cake Flour, 28

⚡ Kemach All-Purpose Flour, 31

⚡ Kemach High Gluten Flour, 31

⚡ Kemach Whole Wheat Flour, 31

⚡ Quality Flour, 40

⚡ Snaveley's Mills, 42

⚡ All Trumps Flour, 22

⚡ Arrowhead Mills Organic Pastry Flour, 22

⚡ Arrowhead Mills Whole Wheat Flour, 22

⚡ Bay State Bouncer Flour, 23

⚡ Ceresota White Flour, 25

⚡ Ceresota Whole Wheat Flour, 25

⚡ Clover Valley, 25

⚡ Eden Foods Whole Wheat Flour, 26

⚡ Giant White Flour, 28

⚡ Gold Medal Bread Flour, 28

⚡ Gold Medal Whole Wheat Flour, 28

⚡ Good & Gather, 29

⚡ Heckers White Flour, 29

⚡ Heckers Whole Wheat Flour, 29

⚡ Hodgson Mills Flours, 30

⚡ Kansas Diamond Flour, 30

⚡ King Arthur Special for Machine Bread Flour, 32

⚡ King Arthur White Flour, 32

⚡ King Arthur Whole Wheat Flour, 32

⚡ Krasdale All Purpose flour, 33

⚡ Pillsbury Flour, 38

⚡ Publix Flour, 39

⚡ Shoprite Flour, 42

⚡ Stop & Shop Flour, 43

⚡ Target Market Pantry Flour, 44

⚡ Trader Joe Flour, 44

⚡ Trader Joe White Whole Wheat Flour, 44

⚡ Walmart Great Value Flour, 46

⚡ Wegmans White Whole Wheat Flour, 46

⚡ Winco All Purpose Flour, 47

Food Starch

I Food starch, 27

I Modified Food Starch, 35

Frozen Products

⚡ A & B Famous, 22

⚡ Angel's Bakery, 22

⚡ Bartenura Gnocchi, 23

⚡ Blinzi, 24

⚡ Chef Tzali, 25

⚡ Chef's Kingdom, 25

⚡ Fine Frozen Pastry Products, 27

⚡ Fresh and Frozen Gefilta Fish, 27

⚡ Gefen Puffed Pastry, 28

⚡ Golden (Old Fashioned Kitchen, Co.), 29

⚡ J&J Products

 Cheese blintzes and Potato Blintzes, 30

⚡ Kineret Cookie Dough, 32

⚡ Kineret Onion Rings, 32

⚡ Kleins Ice Cream, 32

⚡ Mazor Dough Products, 35

⚡ Ocean Gourmet, 36

⚡ Of Tov Chicken Cutlets, 37

⚡ Pride of the Farm, 38

⚡ Tuscanini Pizzas, 44

⚡ Unger's Kishke, 45

⚡ Unger's Pie Shells, 45

⚡ Universal Frozen Foods, 45

⚡ B'Gan, 22

⚡ BenZ's Parve Kishke, 24

⚡ Chopsie's Frozen Products, 25

⚡ Meal Mart Frozen Foods, 35

⚡ Mendelsohn's Frozen Products, 35

⚡ Mon Cuisine Frozen Products, 35

⚡ New York Select-Amnon, 36

⚡ Trader Joe Potato Pancakes, 44

⚡ Tuv Taam Frozen Products, 44

⚡ Shindler Fish Products, 42

⚡ Apollo Filo dough, 22

⚡ Ben and Jerry's Ice Cream, 24

⚡ Birch Benders Pancake Mixes, 24

⚡ Eggo Waffles and pancakes, 26

⚡ Gefen Egg Roll Wraps and Won Ton Wraps, 28

⚡ Kroger Frozen Bread Dough, 33

⚡ Lightlife, 34

⚡ Macabee Frozen Pizza, 34

⚡ McCain Spicy Fries, 35

⚡ Morning Star Farms, 35

⚡ Nasoya Food Co, 36

7 Oronoque Frozen Pie Crusts, 37
 7 Pearl Milling Company, 37
 7 Publix Waffles, 39
 7 Rhodes, 40
 7 Royal Gefilta Fish, 41
 7 So Delicious, 42
 7 Tofuti Cuties, 44
 7 Twin Marquis, 44
 7 Ungar Fish Products, 45
 7 Winco Frozen Products, 48
 o J&J, 30

Maltodextrin

I Maltodextrin, 34

Matzo

I Matzos, 34
 8 Carmel Matzo Co. Crackers, 25
 8 Kemach Matzo Meal, 31
 8 Kemach Matzos, Matzo Meal, 31
 8 Matzos made in Israel, 34
 8 Shibolim Matzo Ball Mix, 41
 8 Shibolim Matzos, 41
 8 Streits Matzo Products, 43
 8 Unger's Matzo Meal, 45
 8 Yehuda Matzos, 48

Packaged Goods

8 Chewzy, 25
 8 Gefen Cups of Soups, 28
 8 Golden Fluff Products, 29
 8 KJ Poultry Ready Meals, 32
 8 Laish Croutons, 33
 8 Salad Mate, 41
 8 Yosi's Kitchen, 48
 7 Bob's Red Mill, 24
 7 Courtelyou Snacks Corp, 25
 7 Kemach Pie Crusts, 31
 7 Klein's Naturals, 32
 7 Norman's Dairy Products, 36
 7 Paskesz Candy, 37
 7 Paskesz Items, 37
 7 Setton Farms, 41
 7 Streits Soups, 43
 7 Anderson's Pretzels, 22
 7 Carb for Life, 25
 7 Celestial Seasoning Teas, 25
 7 Cliff Bars, 25
 7 Eden Foods, Edensoy, 26
 7 E-Z Gourmet, 26

7 Food Should Taste Good Company, 27
 7 French's French Fried Onions, 27
 7 Fresh Gourmet Crispy Onions, 27
 7 Gefen Chicken and Bar-b-q Seasoning, 27
 7 Golden Bowl Won Ton Wraps, 29
 7 Herr's Honey Wheat Pretzels, 29
 7 Kitov and Matamim Products, 32
 7 Landau Whole Wheat Pretzels, 33
 7 Lipton Herbal Teas, 34
 7 Mother's Graham Cracker Pie Crust, 35
 7 Nature's Bakery Fig Bars, 36
 7 Near East Food Products, 36
 7 Nutri Grain Bars, 36
 7 Oat Dream, 36
 7 Oatly Oatmilk, 36
 7 Ovaltine beverage, 37
 7 Pringle Potato Chips, 38
 7 Rice Dream Beverages, 41
 7 Rorie's Gluten Free Dough Mix, 41
 7 Savion Croutons, 41
 7 Sensible Portions Veggy Straws, 41
 7 Snack Factory Pretzel Crisps, 42
 7 Trader Joe Oat Milk, 44
 7 Utz Honey Wheat Pretzels, 46
 7 WalMart Great Value Products, 46
 7 Wise Potato Chip Products, 48
 7 Dr. Prager's Sensible Foods Products, 26
 7 Pepperidge Farm, 38

Pasta

8 BluPantry Pasta, 24
 8 Osem Cous Cous, 37
 8 Osem Pasta, 37
 8 Shibolim Pasta, 41
 8 Streits Pasta, 43
 8 Taaman Pasta Products, 43
 7 Gefen Pasta and Noodle Products, 28
 7 Greenfield Noodles, 29
 7 Kemach Chow Mein Noodles, 31
 7 Kemach Pasta, 31
 7 Landau Pasta, 33
 7 Streits Chow Mein Noodles, 43
 7 American Beauty Pasta, 22
 7 Anthony noodles, 22
 7 Barilla Pastas, 23
 7 Catella Whole Wheat Macaroni, 25
 7 Columbia Pasta, 25
 7 Creamette Pasta, 26

- ⌘ C-Town Pasta, 26
- ⌘ De Boles Organic Whole Wheat Pasta, 26
- ⌘ De Cecco Pasta, 26
- ⌘ Fiber Gourmet Pasta, 27
- ⌘ Goodman's Rice with Vermicelli, 29
- ⌘ Hodgson Mills Pasta, 29
- ⌘ Hodgson Mills Whole Wheat Cous Cous, 30
- ⌘ Light N'Fluffy Noodles, 34
- ⌘ Luxury noodles, 34
- ⌘ Manischewitz Pasta, 34
- ⌘ Merlino's Pasta, 35
- ⌘ Mother's Noodles and Pasta, 35
- ⌘ Mueller Co. Noodles, 35
- ⌘ New Mill Pasta, 36
- ⌘ Pasta La Bella, 37
- ⌘ Pennsylvania Dutch Pasta, 38
- ⌘ Prince Pasta, 38
- ⌘ Publix Pasta, 39
- ⌘ Rice Select Pasta, 40
- ⌘ Ronco Pasta, 41
- ⌘ Ronzoni Pasta, 41
- ⌘ Sadaf, 41
- ⌘ San Giorgio Pasta, 41
- ⌘ Savion Cous Cous, 41
- ⌘ Shoprite Pasta, 42
- ⌘ Skinner Pasta, 42
- ⌘ Stop & Shop Pasta, 43
- ⌘ Trader Joe pasta, 44
- ⌘ Villa Maria Pasta, 46
- ⌘ Vitelli Noodles and Pasta, 46
- ⌘ WalMart Great Value Pasta, 46
- ⌘ Wegmans Pasta, 46
- ⌘ Winco Pasta Products, 47
- ⌘ Zerega Pasta, 48
- ⌘ La Choy Chow Mein Noodles, 33

Rice Cakes

- ⌘ Kosher Mills Rice Cakes, 33
- ⌘ Paskesz Rice Cakes, 37
- ⌘ Blooms Rice Cakes, 24
- ⌘ Landau Rice Cakes, 33
- ⌘ Start Fresh Rice Cakes, 43
- ⌘ Weight Wise by Rokeach, 47

Snacks

- ⌘ Popinsanity, 38

Soups

- ⌘ Kemach Soups, 31
- ⌘ Osem Soups, 37
- ⌘ Kedem Soup Mixes, 30
- ⌘ Manischewitz Soups, 34
- ⌘ Shoprite Canned Soups, 42
- ⌘ Tabachnick Soups, 44
- ⌘ Tradition Soups, 44

Soy Sauce

- I Soy, Terriaki and Tamiri Sauces, 42
- ⌘ Yamasa, 48
- ⌘ Kikkoman Soy Sauce, 32
- ⌘ Wan Ja Shan Soy Sauce, 46

Spelt

- I USA Spelt Products, 45

Viniger

- ⌘ Heinz Specialty Vinegars, 29

Vitamins

- ⌘ Freeda Vitamins, 27
- ⌘ Maxi Health, 34

Wheat Starch

- I Wheat Starch, 47

Yeast

- I Audolized yeast, 22
- ⌘ Baker's Yeast, 23
- ⌘ Torula Yeast, 44
- ⌘ Brewer's Yeast, 24

From:

Project Chodosh

C/O Mrs. C. Rosskamm

963 Armstrong Ave.

Staten Island, NY 10308

To: