

# PAS YISROEL LIST 5780/2019

The *Shulchan Aruch*<sup>1</sup> states that the custom of Jews is to be strict with Pas Yisroel bread products during the *Aseres Yemi Teshuva*<sup>2</sup>. We therefore provide you with this useful list of Pas Yisroel certified items. Please note, all Gluten-Free (*shehakol*) breads and rolls are not considered pas and do not pose any Pas Yisroel issues.



## OVK

1. **Toby's Challah House** - All items
2. **Elefant Pizza** - All items
3. **Breadsmith** - only those items produced in the store
4. **Kohn's** - Fresh bakery items only
5. **Cafe Couer** - All items
6. **Circle Cafe at Crown Center** - Breads: Honey Oat, French Peasant, New York Rye, Pizza crust, Fruit breads and Focaccia. Bagels: plain, sesame and everything. Coffee cakes.
7. During the *Aseres Yemi Teshuva* select bagels, breads and cookies at **Schnucks** (Ladue Crossing and Hilltown Village (Chesterfield)) will be marked as *Pas Yisroel*
8. During the *Aseres Yemi Teshuva* select honey and almond cakes at **Dierbergs** (Brentwood Pointe, West Oak, Market Place, Four Seasons and Heritage) will be marked as *Pas Yisroel*. Throughout the year Dierbergs (in the above-mentioned locations) carry Challah, Miami Onion Rolls and various Oberlander bakery products which are *pas yisroel*.

## OU

(select list of popular items available locally)

1. **Amnon's Pizza** - All varieties
2. **Angel's Bakery** - All products
3. **Bloom's** - All cookies
4. **Damascus** (pita & flatbreads) - Only those items which are marked Pas Yisroel
5. **Dr. Praeger's** - Fishies, Fish Sticks, Fish Cakes, and Pizza Bagels
6. **Gefen** - Crackers, Cookies, Whole Wheat Breadcrumbs, Matzoh

7. **Haddar** - All products
8. **Jason** - Breadcrumbs (plain, panko, flavored and coating crumbs)
9. **Kedem** - Cookies, Cereal bars, Tea Biscuits and Crackers
10. **Kemach** - Cookies and Crackers (when marked as Pas Yisroel)
11. **Kitov** - All products
12. **Macabee** - Pizza, Pizza Bagel, Breaded Eggplant, Breaded Mushrooms, and Mozzarella Sticks
13. **Manischewitz** - Tam Tams, Italian Coating Crumbs, Cake Mixes, and all Matzah products
14. **Miami Onion Rolls** - All products
15. **Natural Ovens** - Whole Grain-Right Wheat Bread, Whole Grain-Multi-Grain Bread, 100% Whole Grain Bread, Better White Bread, Oatmeal Bread. The Wheat Buns is pas yisroel according to cRc guidelines.
16. **Lily's Bakeshop** - All products
17. **Osem** - All products
18. **S. Rosen's - Mary Ann** - Breads, Buns & Rolls - according to the cRc guidelines.
19. **Trader Joe's** - Chocolate Babka, Mango Babka, Pumpkin Spice Babka, and Half Moon Cookies

## cRc

(select list of popular items available locally)

1. **Eli's Cheesecake**
2. "**Enjoy Life**" products are not made with the "five grains" therefore they are not considered *Pas*.
3. **Kronos Pita** - All varieties
4. **North Shore Bakery** - All products

5. **Pretzilla** - All varieties of pretzel buns
6. **Zelda's** - All products

## OK

(select list of popular items available locally)

1. **Aldi - Simply Nature** - Knock Your Sprouts Off - Sprouted 7-Grain Wraps
2. **Matt's Cookie** - Real Peanut Butter Cookies, Chocolate Chip Cookies, Cranberry Walnut Cookies, Chocolate Chip Pecan Cookies, Peanut Butter Chocolate Chip Cookie, Oatmeal Raisin Cookies, Fig Bars, Strawberry Bars, Whole Wheat Fig Bars
3. **Green's Bakery** - All products
4. **Trader Joe's** - Sprouted 7 Whole Grains Bread, Sprouted Rye Multigrain Bread, Sprouted Whole Grain Pizza Crust
5. **Sabra** - Pretzels that come with the following Hummus: Classic, Roasted Garlic, Roasted Red Pepper, Luscious Lemon and the Avocado Toast.
6. **Konto's** - All pita bread products marked as Pas Yisroel
7. **Wasa** - Crispbread: Fiber Rye, Flaxseed, Light Rye, Sourdough Rye, Whole Grain,

## Kof K

(select list of popular items available locally)

1. **Streit's** - All products
2. **Toffuti Cuties** - All varieties
3. **Gabila's Knishes** - All varieties
4. **Oberlander Bakery** - All items

## Star-K

(select list of popular items available locally)

1. **Chopsie's** - All products
2. **Benz's** - Kishka

<sup>1</sup> OC 603:1

<sup>2</sup> For a previous Voice of The Vaad article explaining this custom see <https://ovkosher.org/voice-of-the-vaad-1/>