



תודה לרב יהודה לנדי שסייע בתרגום

Shmittah Dates

// Dates for the beginning and end of kedushat shevi'it

// Dates for the beginning and end of sefichin prohibition



Compiled by a joint team, consisting of rabbinical staff and agricultural experts, members of the Institute. The team worked under the leadership of Dr. Moshe Zaks. Rav Shaul Reichenberg Shlit"a also participated in this project

Vegetables

NAME	KDUSHAT SHVI'IT BEGINS	SEFICHIN BEGINS	SEFICHIN OR K'DUSHAS SHEVI'IS ENDS
ARTICHOKE	19 CHESHVAN 5782, Oct 25, 21	NO PROHIBITION (1)	CHANUKAH. 5783, Dec 19, 22
ASPARAGUS	3 TISHREI 5782, Sept 9, 21	NO PROHIBITION (1)	
BANANA	5 TISHREI 5782, Sept 11, 21	NO PROHIBITION (1) (2)	11 TISHREI. 5783, Oct 6, 22
BEET (LEAVES)	3 TISHREI 5782, Sept 9, 21	19 TEVET 5782, Dec 23, 21	18 KISLEV 5783, Dec 12, 22
BEET (RED)	3 TISHREI 5782, Sept 9, 21	21 TEVET 5782, Dec 25, 21	CHANUKAH. 5783, Dec 19, 22
BROCCOLI	3 TISHREI 5782, Sept 9, 21	20 TEVET 5782, Dec 24, 21	CHANUKAH. 5783, Dec 19, 22
CABBAGE (CHINESE)	3 TISHREI 5782, Sept 9, 21	24 KISLEV 5782, Nov 28, 21	15 KISLEV. 5783, Dec 09, 22
CABBAGE (RED)	3 TISHREI 5782, Sept 9, 21	16 KISLEV 5782, Nov 20, 21	CHANUKAH. 5783, Dec 19, 22
CABBAGE (WHITE)	3 TISHREI 5782, Sept 9, 21	24 KISLEV 5782, Nov 28, 21	15 KISLEV. 5783, Dec 09, 22
CARROTS (3)	1 KISLEV 5782, Nov 5, 21	3 SHEVAT 5782, Jan 5, 22	CHANUKAH. 5783, Dec 19, 22
CAULIFLOWER	3 TISHREI 5782, Sept 9, 21	21 TEVET 5782, Dec 25, 21	CHANUKAH. 5783, Dec 19, 22
CELERY (LEAF)	3 TISHREI 5782, Sept 9, 21	4 SHEVAT 5782, Jan 6, 22	CHANUKAH. 5783, Dec 19, 22
CELERY (ROOT)	3 TISHREI 5782, Sept 9, 21	19 SHEVAT 5782, Jan 21, 22	CHANUKAH. 5783, Dec 19, 22
CORIANDER	3 TISHREI 5782, Sept 9, 21	29 TISHREI 5782, Oct 5, 21	9 CHESHVAN 5783, Nov 3, 22
CORN (FRESH)	3 TISHREI 5782, Sept 9, 21	10 TISHREI 5782, Sept 16, 21	CHANUKAH. 5783, Dec 19, 22
CHIVES	3 TISHREI 5782, Sept 9, 21	19 TEVET 5782, Dec 23, 21	8 KISLEV 5783, Dec 2, 22
CUCUMBER	3 TISHREI 5782, Sept 9, 21	19 KISLEV 5782, Nov 23, 21	14 CHESHVAN 5782, Nov 8, 22
DILL	3 TISHREI 5782, Sept 9, 21	2 KISLEV 5782, Nov 6, 21	18 KISLEV 5783, Dec 12, 22
EGGPLANT (4)	3 TISHREI 5782, Sept 9, 21	11 TEVET 5782, Dec 15, 21	CHANUKAH. 5783, Dec 19, 22
FENNEL	3 TISHREI 5782, Sept 9, 21	2 KISLEV 5782, Nov 6, 21	18 KISLEV 5783, Dec 12, 22
GAMBA	3 TISHREI 5782, Sept 9, 21	2 TEVET 5782, Dec 6, 21	CHANUKAH. 5783, Dec 19, 22
GARLIC (5)	18 ADAR II 5782, Mar 21, 22	18 ADAR II 5782, Mar 21, 22	18 NISSAN 5783, Apr 9, 23
GREEN BEANS	3 TISHREI 5782, Sept 9, 21	13 IYAR 5782, May 14, 2022	24 NISSAN 5783, Apr 15, 83
HORSERADISH (3)	3 TISHREI 5782, Sept 9, 21	19 TISHREI 5783, Oct 14, 22	CHANUKAH. 5783, Dec 19, 22
KOHLORABI	3 TISHREI 5782, Sept 9, 21	1 TEVET 5782, Dec 5, 21	20 KISLEV 5783, Dec 14, 22
LEEK	3 TISHREI 5782, Sept 9, 21	7 SHEVAT 5782, Jan 9, 22	CHANUKAH. 5783, Dec 19, 22
LETTUCE	3 TISHREI 5782, Sept 9, 21	14 CHESHVAN 5782, Oct 20, 21	14 CHESHVAN 5783, Nov 8, 22
MELONS (4)	3 TISHREI 5782, Sept 9, 21	6 TEVET 5782, Dec 10, 21	CHANUKAH. 5783, Dec 19, 22
OKRA (6)	3 TISHREI 5782, Sept 9, 21	NO PROHIBITION (6)	CHANUKAH. 5783, Dec 19, 22
ONION	3 TISHREI 5782, Sept 9, 21	30 SHEVAT 5782, Feb 1, 22	18 SHEVAT 5783, Feb 9, 23
PAPRIKA (7)	3 TISHREI 5782, Sept 9, 21	18 ELUL 5782, Sept 14, 22	24 AV 5783, Aug 11, 23
PARSLEY (leaves)	3 TISHREI 5782, Sept 9, 21	12 ADAR II 5782, Mar 15, 22	8 KISLEV 5783, Dec 2, 22
PARSLEY (roots)	3 TISHREI 5782, Sept 9, 21	19 SHEVAT 5782, Jan 21, 22	CHANUKAH. 5783, Dec 19, 22
PEAS IN POD	3 TISHREI 5782, Sept 9, 21	29 TISHREI 5782, Oct 5, 21	CHANUKAH. 5783, Dec 19, 22
PEPPER (4) (GREEN)	3 TISHREI 5782, Sept 9, 21	3 ADAR II 5782, Mar 6, 22	10 KISLEV. 5783, Dec 4, 22
PEPPER (HOT GREEN) (7)	3 TISHREI 5782, Sept 9, 21	19 TEVET 5782, Dec 23, 22	10 KISLEV. 5783, Dec 4, 22
PEPPER (HOT RED) (7)	3 TISHREI 5782, Sept 9, 21	3 SHEVAT 5782, Jan 5, 22	20 KISLEV. 5783, Dec 14, 22
PINEAPPLE	3 TISHREI 5782, Sept 9, 21	NO PROHIBITION (2)	
POTATO	16 KISLEV 5782, Nov 20, 21	4 SHEVAT 5782, Jan 6, 22	15 TEVET. 5783, (8) Jan 8, 23
PUMPKIN (9)	(3 TISHREI 5782, Sept 9, 21) 4 SHEVAT 5782, Jan 6, 22	30 NISSAN 5782, May, 1, 22	(1 SHEVAT 83, Jan 23, 23) 29 IYAR 5783, May 20, 23
PUMPKIN (SMALL)	(3 TISHREI 5782, Sept 9, 21) 4 SHEVAT 5782, Jan 6, 22	13 SHEVAT 5782, Jan 15, 22	15 TEVET 5783, Jan 8, 23

NAME	KDUSHAT SHVI'IT BEGINS	SEFICHIN BEGINS	SEFICHIN OR K'DUSHAS SHEVI'IS ENDS
RADISH (RED/ WHITE)	3 TISHREI 5782, Sept 9, 21	1 TEVET 5782, Dec 5, 21	15 KISLEV 5783, Dec 9, 22
RADISH (SMALL)	3 TISHREI 5782, Sept 9, 21	19 CHESHVAN 5782, Oct 25, 21	3 CHESHVAN 5783, Oct 28, 22
SCALLION	3 TISHREI 5782, Sept 9, 21	11 KISLEV 5782, Nov 15, 21	4 KISLEV 5783, Nov 28, 22
SPINACH	3 TISHREI 5782, Sept 9, 21	13 SHEVAT 5782, Jan 15, 22	18 KISLEV 5783, Dec 12, 22
SQUASH	3 TISHREI 5782, Sept 9, 21	19 CHESHVAN 5782, Oct 25, 21	9 CHESHVAN 5783, Nov 3, 22
STRAWBERRY	26 CHESHVAN 5782, Nov 1, 21	29 TEVET 5782, Jan 2, 22	26 CHESHVAN 5783, Nov 20, 22
SWEET POTATO	3 TISHREI 5782, Sept 9, 21	16 TAMMUZ 5782, July 15, 22	CHANUKAH. 5783, (12) Dec 19, 22
TOMATO (4)	3 TISHREI 5782, Sept 9, 21	19 ADAR I 5782, Feb 20, 22	15 KISLEV. 5783, Dec 9, 22
TURNIP	3 TISHREI 5782, Sept 9, 21	1 TEVET 5782, Dec 5, 21	15 KISLEV 5783, Dec 9, 22
WATERMELON (10) (11)	3 TISHREI 5782, Sept 9, 21	29 ADAR II 5782, Apr 1, 22	CHANUKAH. 5783, Dec 19, 22

(1) Majority comes from perennial plants which were planted before shmittah. Those are not sefichin.

(2) The tree bears fruit only after more than a year from its planting.

(3) These can be stored for extended periods. Thus, produce picked before Rosh Hashanah of the shmittah year can be on the market during the following year. This can cause problems during the post-shmittah year, beyond the cutoff date listed here.

(4) Some of the winter produce comes from the southern Aravah which is outside of Eretz Yisroel.

(5) Some garlic is planted and sprouts before Rosh HaShanah. It can be stored passed the dates listed here. Some produce is imported. It is easy to recognize the difference between old and new produce. The final sefichin date given here is for dry garlic. The final sefichin date for fresh garlic [with green leaves] is at the end of the winter 5783.

(6) Grown only by non Jews.

(7) This pertains to the fresh produce (paprika and hot peppers). However, paprika is marketed mainly in powder form. Forbidden paprika powder (sefichin) is marketed from the end of the shmittah year until a year later, while kedushas shevi'is begins already in Cheshvan of the shmittah year. The overwhelming majority of ground hot peppers is from imports.

(8) Around this time, shmittah produce is still available. During the transition period, one must distinguish between the old and new produce.

(9) While the majority of the produce is picked before Rosh Hashonah, some is picked after Rosh Hashonah, hence some of the produce available during the shmittah year has k'dushas shevi'is. The second set of dates refers to those planted later.

(10) Early watermelons come from the Aravah region. Some of these may come from the southern Aravah which is outside of the boundaries of Eretz Yisroel.

(11) Watermelons from other regions begin appearing from Iyar and on. Some of these come from fields of non Jews.

(12) Old produce can be stored beyond this date, and is forbidden because of sefichin.

NAME	K'DUSHAS SHEVI'IS BEGINS DURING SHMITTAH YEAR	KEDUSHAT SHVI'IT ENDS IN POST SHMITTAH YEAR
ALMOND (1)	24 AV 5782, Aug 21 ,22	4 ELUL 5783, (2) Aug 21, 23
APPLE (EARLY) (3)	13 IYAR 5782, May 14, 22	23 IYAR 5783, May 14, 23
APPLE	24 AV 5782, Aug 21 ,22	4 ELUL 5783, (2) Aug 21, 23
APPLE CACTUS (red, smooth)	28 KISLEV 5782, Dec 2, 21	15 KISLEV 5783, Dec 9, 22
APRICOT	14 NISSAN 5782, Apr 15, 22	24 NISSAN 5783, (4) Apr 15, 23
AVOCADO	23 TAMMUZ 5782, (5) Jul 22, 22	18 AV 5783, (5) Aug 5, 23
CARAMBOLA (STAR FRUIT)	24 CHESHVAN 5782, (6) Oct 30, 21	5 CHESHVAN 5783, Oct 30, 22
CAROB	21 AV 5782, Aug 18, 22	1 ELUL 5783, (2) Aug 18, 23
CHERRY/SWEET CHERRY	24 NISSAN 5782, Apr 25, 22	4 IYAR 5783, Apr 25, 23
CITRUS (ORANGE, TANGERINES ETC.)	24 AV 5782, Aug 21, 22	4 ELUL 5783, (4) (7) Aug 21, 23
CUSTARD APPLE	3 TAMMUZ 5782, Jul 2, 22	13 TAMMUZ 5783, Jul 2, 23
DATE	13 ELUL 5782, Sep 9, 22	23 ELUL 5783, (2) (7) Sep 9, 23
ETROG	24 SIVAN 5782, Jun 23, 22	4 TAMMUZ 5783, (4) Jun 23, 23
FEIJOA	13 ELUL 5782, Sep 9, 22	23 ELUL5783, Sep 9, 23
FIG	7 NISSAN 5782, Apr 8, 22	17 NISSAN 5783, Apr 8, 23
GRAPEFRUIT	24 AV 5782, Aug 21, 22	4 ELUL 5783, (4) (7) Aug 21, 23
GRAPES (FOR EATING)	28 ADAR I 5782, Mar 1, 22	8 ADAR 5783, Mar 1, 23
GRAPES (FOR WINE)	24 SIVAN 5782, Jun 23, 22	4 TAMMUZ 5783, (4) Jun 23, 23
GUAVA	23 SIVAN 5782, Jun 22, 22	3 TAMMUZ 5783, Jul 22, 23
HAZELNUT	8 AV 5782, (1) (2) (9) Aug 5, 22	3 TISHREI 5784, (1) (2) (9) Sep 18, 23
KIWI	24 AV 5782, Aug 21, 22	4 ELUL 5783, Aug 21, 23
KUMQUAT	13 CHESHVAN 5783, Nov 7, 22	23 CHESHVAN 5784, Nov 7, 23
LEMON (8)	23 IYAR 5782, May 24, 22	4 SIVAN 5783, (2) (4) (7) May 24, 23
LIME	13 SIVAN 5782, Jun 12, 22	23 SIVAN 5783, (2) (4) (7) Jun 12, 23
LITCHI	13 IYAR 5782, May 14, 22	23 IYAR 5783, (4) May 14, 23
LONGAN	24 SIVAN 5782, Jun 23, 22	4 TAMMUZ 5783, Jun 23, 23
LOQUAT	24 SHEVAT 5782, Jan 26, 22	4 SHEVAT 5783, Jan 26, 23
MANGO	20 SIVAN 5782, Jun 19, 22	30 SIVAN 5783, (4) Jun 19, 23
MACADEMIAN NUTS	13 AV 5782, Aug 10, 22	23 AV 5783, (1) (2) (9) Aug 10, 23
NECTARINE	30 SHEVAT 5782, Feb 1, 22	10 SHEVAT 5783, (4) Feb 1, 23
OLIVE (FOR OIL), OLIVE OIL	23 TISHREI 5783, Oct 18, 22	4 TISHREI 5784, Sep 19, 23
OLIVE (FOR PICKLING)	23 TAMMUZ 5782, Jul 22, 22	4 AV 5783, (4) Jul 22, 23
ORANGE	24 AV 5782, Aug 21, 22	4 ELUL 5783, (4) (7) Aug 21, 23
PEACH	30 SHEVAT 5782, Feb 1, 22	10 SHEVAT 5783, (4) Feb 1, 23
PEAR	16 SIVAN 5782, Jun 15, 22	26 SIVAN 5783, (2) (4) (7) Jun 15, 23
PECAN	22 TISHREI 5783, Oct 17, 22	3 TISHREI 5784, Sep 18, 23
PERSIMMON	24 AV 5782, Aug 21, 22	4 ELUL 5783, Aug 21, 23

NAME	K'DUSHAS SHEVI'IS BEGINS DURING SHMITTAH YEAR	KEDUSHAT SHVI'IT ENDS IN POST SHMITTAH YEAR
PISTACHIO	8 AV 5782, (1) (2) (9) Aug 5, 22	23 AV 5783, (1) (2) (9) Aug 10, 23
PITAYA (red, bumps)	24 TEVET 5782, Dec 28, 21	4 TEVET 5783, Dec 28, 22
PITAYA (YELLOW)	24 TEVET 5782, Dec 28, 21	4 TEVET 5783, Dec 28, 22
PLUM (EUROPEAN, PURPLE, LONG)	23 TAMMUZ 5782, Jul 22, 22	4 AV 5783, (4) Jul 22, 23
PLUM (JAPANESE, ALL TYPES OF PLUMS)	24 NISSAN 5782, Apr 25, 22	4 IYAR 5783, (4) Apr 25, 23
POMEGRANATE	16 TAMMUZ 5782, Jul 15, 22	26 TAMMUZ 5783, Jul 15, 23
POMELO (AND POMELIT)	24 AV 5782, Aug 21 ,22	4 ELUL 5783, (4) (7) Aug 21, 23
PRICKLY PEAR (SABRA)	26 KISLEV 5782, Nov 30, 21	5 KISLEV 5783, Nov 29, 22
QUINCE	4 TAMMUZ 5782, Jul 3, 22	13 TAMMUZ 5783, Jul 2, 23
WALNUT	22 ELUL 5782, Sep 18, 22	3 TISHREI 5784, (1) (2) (9) Sep 18, 23

(1) Almonds and all types of nuts can remain edible for long periods of time. Thus possible that they are marketed beyond the dates appearing here.

(2) It is impossible to pinpoint the exact day when the new produce arrives. However, it might be possible to distinguish between old and new produce.

(3) The early species cannot be refrigerated for extended periods.

(4) Some fruits undergo some of the following processes: refrigeration, canning, drying, pickling, squeezing to juice, crushing into sauce, processing with sugar, etc.. This enables such fruits to be marketed long after the picking season has expired. If fruits are marketed after the biur date, they may not be eaten.

(5) Avocado- it is possible that there are still Reed-variety avocados (round) in the stores at the beginning of the season, which are sixth-year fruits. Likewise the seventh year fruits can be marketed after the cutoff date.

(6) The early ones may have blossomed before Rosh HaShanah, and require T'rumos and Ma'as'ros.

(7) Old produce can be refrigerated for extended periods of time, and appear in the markets together with fresh produce form the following year. It might be possible to visually distinguish between the produce of different years.

(8) Green lemons sold from Nissan onwards should be treated with k'dushas shvi'is.

(9) The majority are imports. The dates here apply to local produce.





Grains and Legumes

NAME	KDUSHAT SHVI'IT AND SEFICHIN BEGIN DURING SHMITTAH YEAR	KDUSHAT SHVI'IT AND SEFICHIN ENDS
BARLEY ¹	15 SIVAN 5782, June 14, 22	4 TAMMUZ 5783, June 23, 23
BEANS (DRIED)	ALL IMPORTED	
BUCKWHEAT	ALL IMPORTED	
CHICKPEA (some produce imported)	15 TAMMUZ 5782, July 14, 22	4 AV 5783, July 22, 23
FENUGREEK	IYAR (almost all imported)	
GINGER		
KIMMEL		
LENTILS	ALL IMPORTED	
MUSTARD	ALL IMPORTED	
OATS	ALL IMPORTED	
PEANUTS	17 ELUL 5782, Sep 13, 22	4 TISHREI 5784, Sep 19, 23
PEAS (CANNED)	20 ADAR I 5782, Feb 21, 22	30 SHEVAT 5783, Feb 21, 23
PEAS (DRIED)	(almost all imported)	
POPCORN (some produce imported)	30 AV 5782, Aug 27, 22	18 ELUL 5783, Sep 4, 23
POPPY SEEDS	(NISSAN) (almost all imported)	(NISSAN)
PUMPKIN SEEDS	(almost all imported)	
SAFFLOWER (OIL)	15 SIVAN 5782, June 14, 22	4 TAMMUZ 5783, June 23, 23
SESAME (AND HALVAH)	(majority imports, or grown by non-Jews)	
SOY	ALL IMPORTED	
SUNFLOWER SEEDS	30 AV 5782, Aug 27, 22	18 ELUL 5783, Sep 4, 23
WATERMELON SEEDS	15 AV 5782, Aug 12, 22	3 ELUL 5783, Aug 20, 23
WHEAT AND WHEAT PRODUCTS	10 IYAR 5782, May 11, 22 (almost all imported)	19 IYAR 5783, May 10, 23

¹ Mostly imported. Part of local produce grown by non-Jews.

The following species do not grow in Eretz Yisroel, hence there is no possibility of them being shmittah produce. List compiled from various sources.

This list applies only to the species before processing.

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| BUCKWHEAT | LENTIL | SOY |
| CASHEW | MALT | SPELT |
| CHESTNUT | MOLASSES | SUGAR |
| CINNAMON | MUSTARD (seeds/oil) | TEA (black) |
| CLOVE | OATS | VANILLA |
| COCOA | PEARL BARLEY | |
| COCONUT | PEPPER (BLACK) | |
| COFFEE | PEPPER (ENGLISH) | |
| CORNSTARCH | PEPPER (WHITE) | |
| CUMIN | POPPY | |
| FLAX (and flax oil) | PUMPKIN SEEDS | |
| GINGER | RICE | |
| HAZELNUT | RYE | |
| HOPS | SAFFRON (dry, not fresh) | |
| KIMMEL | SESAME 90%, (10% grown by non-Jews) | |